The Cabot Chronicle

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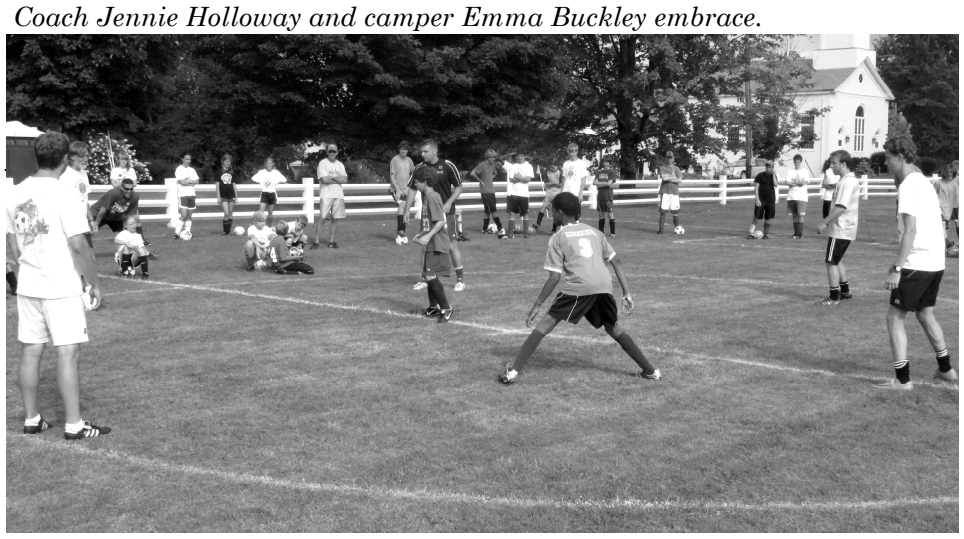
Big Hosmer Soccer Camp Report

Coach Jennie Holloway and camper Emma Buckley embrace.



Coaches and campers enjoy a 5v2 game.

Submitted by
Big Hosmer Soccer Camp

140 campers and 17 coaches enjoyed a great week of soccer this past week at Big Hosmer Soccer Camp. World Cup fever permeated the camp as the camp shirts and balls that each camper received reflected. Vuvuzelas could be heard for miles whenever important matches were played and World Cup trivia quizzes were a daily treat.

Washington Northeast Supervisory Union Welcomes New TLC Project Director

Article submitted by the Washington North Supervisory Union

The Twinfield and Cabot School Districts are pleased to again be offering the TLC after-school program at both schools. Anthony Willey has been hired as the Program Director and brings a wealth of experience and knowledge with him to his new position with The Learning Center.

The program will offer a variety of opportunities for students in grades K-12 ranging from additional help with school work to adventure-based learning, help with the college search and application process to learning the harmonica. Having Willey as Program Director will help assure a high quality, engaging and productive program at both schools.

Willey's experience with after school programs began when he was a student of Hazen Union High School in Hardwick, Vermont. Anthony participated in an adventure-based program that involved learning about group dynamics and leadership. He traveled as a state delegate for the Presidential Summit for America's Future, where people from around the country met and shared their thoughts on how to further enrich the experience of youth through their school and community.

Willey worked in summer camps as assistant director, lead counselor, and program coordinator, as well as in schools as a classroom counselor, enrichment specialist, substitute teacher and mentor. In January of 2009 he joined TLC as a Secondary Programs Coordinator and has been deeply involved with the program. Most recently, Willey graduated with a B.S. in Mountain Recreation Management with a concentration in Adventure Leadership from Lyndon State College.

Anthony Willey has been hired as the Program Director of the Twinfield and Cabot School Districts TLC programs. Photo courtesy of WNESU.

"I am excited for this opportunity, The Learning Center is an important place in our community, providing a safe, exploratory and interactive space for students after school," Willey said, recently.

Watch for flyers to be distributed at area stores and in mailings. For information on the TLC program, contact Jill Dunkling at 454-9924.

Energy Audits for Cabot Buildings

By Nancy Nottermann

As part of the Willey Building energy audit, a Blower Door Test was performed by closing all the exterior doors, except for the main back entrance. The doors were locked for about 45 minutes on August 9 as the fans drew air from the back door. Auditors then checked for draft and air leaks around doors and windows. (Typically, a small smoking pen is held near suspect areas.) This test determines the air infiltration rate of a building.

Do you wonder about the details of an energy audit and how that could save you money? The Central Vermont Regional Planning Commission (CVRPC) has provided free energy audits for your Masonic Hall, the Willey Building and the Waste Water Treatment Plant with the results available by the end of August. If your town chooses, the certified auditors (Building Energy) will hold a public meeting to discuss the results. Attending the energy audit on August 9th was Michael Socks, a Cabot resident with an interest and expertise in energy issues, and Irene Nagle, who is assisting the Planning Commission with the Town Plan update. Also in attendance was Nancy Nottermann, CVRPC Energy Coordinator.

In addition to providing energy audits to towns, CVRPC has support available to help town Energy Committees. The job of the CVRPC Energy Coordinator, Nancy Nottermann, is to work with town energy committees on energy awareness, savings, issues, projects at the grass roots level and sustainability of town energy committees. Although Cabot does not currently have an energy committee, a number of residents have expressed an interest in energy issues. Central to the formation and work of an energy committee is for it to determine its own direction and goals.

An energy audit always includes a visit to the attic and roof, often an interesting and challenging experience. The auditors are looking for opportunities for air to pass from the heated space into the attic, such as around wiring, pipes or through non or poorly insulated walls. These need to be sealed to decrease the heating loss. Surprisingly, many folks think windows are the biggest culprit for heat loss, but in truth, it is any open pathway from a basement to the attic, or from a heated space to the attic or roof, that provide the greatest heat loss.

The full audit report includes the prioritized findings, including the projected costs and savings for weatherization measures and electric efficiencies, savings in the form of reduced electricity use, and decreased fuel bills. So far, the CVRPC energy audits in eight other towns totaling 77,753 square feet of municipal building space, show opportunities for saving 56,867 kWh and 12,248 gallons of fuel oil, amounting to approximately $45,092 in savings.

All in all, an energy audit is an essential tool for your town to make sound money saving decisions and an energy committee can play an important role in guiding a community and providing information for its citizens. If efficiency measures are implemented, the building(s) can serve as a model for the rest of your community. Please do not hesitate to call Nancy at CVRPC at 229-0389 with questions or ideas.

The Cabot Chronicle

Our calendar has a new look and new location. Check it out on page 6.

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Mt. Washington Observatory is Unique Vacation Experience

By Sue Freeburn

One of the very coolest vacations I have ever taken (and I take some pretty cool vacations), is to spend a week atop Mt. Washington living in the Observatory quarters. As a member of the Mt. Washington Observatory, this is one of the unique perks that is offered with membership. I was fortunate enough to get this opportunity in July.

Mt. Washington has always played a pivotal role in any vacation I have taken in New England. It is either an integral part of the trip, as in hiking or motoring up, or, at the very least, it is often in the distance; a backdrop for any outdoor activity in New Hampshire and beyond. I was thrilled to be able to live at the top for a week as an integral part of the Observatory team.

There are six regular employees of the Observatory in the summer, including three meteorologists (two on day shift, one on the night shift), one weather/IT expert, two interns, and one person to staff the museum gift shop. Everyone works a 12-hour shift every day, so at the end of a 12-hour workday, it's good to have dinner waiting on the table. That is the job of the volunteers (usually two), as well as light cleaning of the living quarters. The volunteers may also be asked to pitch in with other odd jobs during the week, such as painting, office work, or helping in the gift shop.

It's an odd lifestyle for the "Obs crew": eight days on and six off. Impossible to have pets or even plants, and they really lead two lives, with the crew at the top being their family for half the time. The Observatory is manned year-round, and the meteorologists take readings every hour, 365 days a year.

The Obs crew and the volunteers head up to the top in a van every Wednesday morning. The staff meets with the previous week's crew in meetings until mid-afternoon, as the out-going volunteers show the incoming pair the ropes. Many volunteers return year after year, so no orientation is necessary. Since we were there for the first time, we got the grand tour, mostly of the kitchen and living quarters. We meet Marty the cat, who lives on the top with the Obs crew. There is a well-stocked pantry: fresh food is brought up each week with the new crew, and staples are brought up once a month. This week's treat was New Jersey tomatoes.

The living quarters are ample and efficient. Everyone sleeps in bunk beds (I got the top), and there is one bathroom for the group. The living room is roomy with three couches, cable TV, and high-speed internet on a shared laptop computer. The kitchen is equipped with two refrigerators, two chest freezers, a large pantry, a new stove, and a dishwasher.

The observatory does not observe Daylight Savings Time, so all the clocks are off by an hour from "valley time".

We left hot, humid weather, mid-80's, and I was looking forward to cooler air at the top. I was not disappointed; the temp was a cool 54 degrees. Interestingly, the temperature does not vary much from morning till night: for the entire week the temperatures stayed between 45 and 55 degrees. When we arrived there were doors and windows open in the living quarters; between the winds and the low temperatures, it's unusual for them to get fresh air.

We sat down to plan the menu for the week, working with what's in the pantry, and making sure there are no food allergies or special dietary needs. The staff seemed very easy-going, very appreciative of our efforts, and not too picky about meals. The first night, dinner was meatloaf and macaroni and cheese, made with Cabot cheese (of course).

Thursday, day two: Up at 6:00 a.m., I awoke to a beautiful clear morning. I carefully climbed out of my top bunk, grabbed my camera and headed to the observation deck to see the views. Marty the cat followed. There were clouds below us blocking some of the vistas, but it was crystal clear and warm already. There were some hikers already up top. It is usually cloudy and foggy atop the peak, and even when you do get a clear view, it doesn't last long.

We decided to go hiking, to take advantage of the clear weather. We hiked down Crawford Path 1½ miles to the Lakes of the Clouds AMC hut. While it's only 1½ miles, it was very tough going because the paths are so rocky. There are really no flat surfaces to walk on, so walking involves stepping between boulders and rocks. Even a short walk is challenging, and of course the steep elevation contributes to the difficulty.

The Lakes of the Clouds hut has 96 beds, also bunk-beds, and they are booked solid for most of the summer. We met a couple of the kids who work at the hut all summer. Since it is closer to the top than the bottom, provisions for this hut are driven to the top, and then carried down. These strong young folks hike to the top several times a week with trash, then reload with 60 to 80lbs. on their backs and hike back down these rocky trails.

We hiked from early morning till about 2:00 p.m., more than enough for these old bones. Around 3:00 p.m., we start doing dinner prep. I made dessert first, a rhubarb cake (with my homegrown rhubarb), and a dinner of pork chops, buttered noodles, and green beans. We tried to preplan our menus, and brought up anything that wasn't on the stocked pantry list. After dinner is usually a movie, and most of the help turns in early, myself included.

Friday, day three: I slept in today; guess I needed to catch up. Sleeping in the top bunk kept me awake the first nights, but I guess I got used to it.

Today is warm again, 60 degrees, but windier: gusts of 35 mph. First thing this morning was quite foggy, no views at all. I did my tour of the obs deck, without Marty this time, then came back downstairs to the living quarters and helped make pancakes for breakfast. Since it's too foggy to hike, I ventured to the museum shop to help out for a bit of dusting and re-stocking. One of the fun things about working in the gift shop is talking to the customers, finding out where they're from and how they got to the top.

The Mt. Washington Observatory Tower on the "Rockpile." Photo courtesy of Sue Freeburn.

By the time I got back outside, the wind had blown away much of the fog, and the views went in and out. It was still windy, and the summit was quite crowded. Winds gusts were up to 66 mph, about 40 sustained, and then it started to rain. I entertained myself by sitting up in the main area talking to the tourists.

You can tell who hiked up because they are soaked to the skin. Having done the hike in sunshine, I imagine those rocks would be very slippery and dangerous underfoot in the rain.

Dinner tonight was chicken enchiladas, one of the crew made sangria, and we had brownies for dessert.

Saturday, day four: Today dawned foggy (of course), temp about 55, winds about 40. They told us that the winter months are the most coveted for volunteers, but I would think you'd get a case of cabin fever, with short days and less outdoor time, also no tourists to chat with.

Chicken enchiladas last night were a big hit. Tonight was going to be pulled pork, but there are no rolls up here. Then I found out Mike, on the night shift, has made rolls from scratch before. So our planned menu was on track after all. There's no running out to the grocery store; we use what we have, and improvise the rest.

I walked all around the upper area several times today. The valley temperatures were in the 80's and sunny, but we had mid-50's and fairly windy. There was not a vacant seat in the entire restaurant area; lots of dogs here today, and motorcycle riders.

Crews are scraping the paint off the handrail in the tower, albeit slowly. The obs tower has a circular metal staircase, which must have about 50 years of paint on it. They are scraping it by hand through many layers, but the top coat is red, so there is red dust all throughout the stairwell……..and on us when we use it.

Steve, one of the obs staff, gets the award for the most bizarre lunch of the week: leftover meatloaf sandwich with peanut butter and BBQ sauce. Wow!

Sunday, day five: Last night we had a very special experience. We had a thunderstorm pass directly through us. At about 9:00 p.m., after we'd eaten dinner, played a board game and giggled a lot, Mike went up to the obs office to do his hourly reading, and came back to tell us that a thunderstorm was approaching. We all made our way to the office upstairs, and turned out the lights for the full effect. We could see the lights of towns in the distance, and lightning on the horizon. Slowly, over the course of the next hour or so, the storm made its way towards us; the town lights started disappearing under the rain and the lightning was frequent. It lit up the sky between the earth and the clouds as if a giant flash bulb went off. Every so often we saw the actual outline of a lightening bolt. The lightening strikes were quite frequent, about every two to five seconds. Then about 10:00 p.m., the wind really picked up, the rain reached us, and the fog blanketed us in. We turned on an outside spotlight and we could see horizontal rain/hail. The instruments recorded a wind spike of 83mph. As quickly as it came, it continued along and left us. It was very exciting. Mike, the meteorologist on night duty, said it was the "best" lightning storm he'd seen in the three years he's been here. You must remember we were living with "weather geeks".

Today we have company, some friends driving up the auto road to visit. I awoke to a foggy, cool (48°), windy (sustained wind of 55 mph) day; even though the valley is clear. We all got a tour of the obs equipment room, and went up to the top

(See Washington Observatory, Page 3)

The Cabot Chronicle

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The Cabot Chronicle is distributed the first day of the month and is provided *locally* free of charge.

~ Mission Statement ~

The mission of The Cabot Chronicle is to regularly publish local news for the residents of the Cabot Area. Our purpose is to share information that will help readers become better involved in their Community.

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Washington Observatory

(Continued from page 2)

tower. This puts us higher than the official 6288 ft. elevation of Mt. Washington. Unfortunately, there were no views from the top, and our friends came and went without seeing much but fog.

There was conversation among the Obs crew and State Park employees about a fatality yesterday. Apparently a young man left the path on Tuckerman's Ravine trail to see a waterfall, and fell 300 ft. to his death. His body was carried off the mountain. There is a plaque at the entrance of the Visitor's Center listing fatalities on the mountain, sobering thoughts, but it is a very difficult climb, and the most extreme weather conditions in the world. People don't realize how challenging and dangerous the trails can be. We take a radio whenever we leave the top, and are instructed to pack food, water, warm clothing, a compass, and a whistle. I would rather have them and not need them, than need them and not have them.

Monday, day six: Views were great, so I went out early and got in a short hike, about a mile total. There are beautiful tiny alpine flowers growing between the rocks, even though we are well above the treeline.

The obs crew asked if we could provide lunch for some VIP guests of the Observatory. Fortunately, we had leftovers from last night, chicken cordon bleu, so it was impressive (at least we thought so).

Tuesday, day seven: I couldn't believe it was our last full day on top of the "Rockpile". We spent some time cleaning; dumping or labeling leftovers so the next crew knows what's what, and light cleaning of the living quarters.

The day dawned fairly clear, so we decide another hike was in order. We hiked down Crawford Path, across the Gulfside Trail, and back up to the top via the Trinity Heights Connector. A fairly short hike, but it was enough to give us some exercise, and enjoy the clear views.

Last dinner, and we were out of menu plans. So we made a huge pasta dish, that seemed like it will last forever, and enough cookies and dessert snacks to last a while (we think).

Wednesday, day eight: We got up early, and got our things together in preparation for the trip down the mountain: packed our bags, gathered all dirty linens, recycling and trash packed up, and everything ready to go in the upstairs hallway. We eventually brought all the bags out to the front door, where we formed a human chain between the luggage pile and the van to both unload the incoming luggage and load up all our things to go back down the mountain. Then the meetings began between the outgoing and incoming staff.

Our replacement volunteer had been here before, so we didn't need to show him around. During the course of the day, the huge pasta dish we had left over disappears, as do the cookies and snacks we thought would last for days. It's devoured for both breakfast and lunch by both the outgoing and incoming group. Note to self, make a big dish on the last night.

The van ride back down the mountain seemed anti-climactic, but the views were still stunning and I still held my breath around some of the hairpin turns. The temperature got warmer with each bend in the road, the foliage more lush, and the trees more numerous. Our week atop the Rockpile was over, but we met some fine folks and had a truly unique experience.

Cabot Across the Globe

A Note From Cabot's Anne Perry Daniels

G'day! Anne Perry Daniels here, former Cabot resident living in the land down under. I first came to Australia in July 2006 for a University Semester Abroad, then again in June 2009 to live for a while. I've always wanted to visit Australia, the huge Continent across the World, with its unique flora and fauna. I really have always wanted to hug a koala. As I walked off the plane, I saw a big "G'day mate! Welcome to Australia!" sign and I was sold. As my time in Australia continued, I learned that greeting isn't as common as Paul Hogan would like us to believe, but Australians definitely use the term "mate" to mean "friend" very often, something I still love. The real phrase Aussies curse Paul Hogan for is "put another shrimp on the barbie." I have yet to find an Australian who is a fan of that phrase. Australians don't even use the term shrimp but "prawns", and I have yet to see any on a barbecue. But, that said, I still find myself saying it. It's just so catchy, sorry Australia.

Since coming to Australia, I have participated in many touristy activities that I recommend to everyone. I have chased Wallabies (which is not smiled upon), held koalas, been stung by jellyfish while snorkeling on the Great Barrier Reef, have survived a panic attack after realizing I wasn't stung by one of Australia's deadly jellyfish (to the amusement of the handsome Aussie captain), zip-lined through Australia's northern Rainforest, climbed the Sydney Harbor Bridge (in a stunning onesie safety suit), have learned to surf, and I have seen a performance in the Sydney Opera House (which at the time had bright pink seat cushions, to my surprise).

Through my adventures here I have met so many people. The belief that Aussies are easygoing friendly folk is not farfetched. I found that most Australians are thrilled when they hear my foreign accent. It's a great conversation starter, and most 20-year-old Australians have been or plan to visit America in the near future. Most of their destinations include LA, Vegas, NYC, or Miami. It's rare for Vermont to be mentioned. I was stunned one day when I met an 87-year-old Aussie woman who told me she had visited and loved Vermont. I was skeptical until she told me it was still the greatest foliage she had ever seen.

"He loves me!" Photo courtesy of Anne Perry Daniels.

I currently live in a beach town with palm trees, which is a nice change, but I definitely missed Vermont's fall last year (or autumn as the Aussies call it). One disheartening difference, the cheese here has nothing on Cabot's. I plan to gorge myself when I return home. Also, they pretty much look at you like you are crazy when you order a plain cheese pizza. Aussies like their meat on pizzas, for breakfast, in mini-pies. At the local lawn bowling club they have a meat raffle every Friday. Winners of the raffle take away trays of meat; the place literally clears out when that last tray is claimed.

My eating habits aside, Australia and the US are very similar in many ways. Both are industrialized modern countries with people that speak English who love material goods and holidays. I currently live in a small beach town. I say small but there are probably 27,000 people in Thirroul. It is a suburb of the large city Wollongong, located about an hour down the coast from Sydney. Thirroul does have a great small town feel, which I appreciate, coming from Cabot. "Downtown" has a row of shops and bakeries ending with the town library. The town post office workers all know me by name, and our neighbours are all on friendly terms.

I have greatly enjoyed my time in Australia. I don't plan to live here forever; it's too far away from my family and friends. I have learned that I want to keep travelling. There is more of Australia to explore, and I want to use it as a gateway to the Pacific Islands and Asia. I recommend a trip to Australia to anyone looking for an adventure. The people will welcome you, the kangaroos are as common as Vermont deer, and you can do and see so much. If you are still looking for reasons to visit, the accents sure don't hurt.

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802·917·2614

Community Commentary

Greetings~

As most of you know, the Green Mountain Transit Agency (GMTA) and Rural Community Transportation (RCT) began operating the new US 2 commuter service to provide connecting service between Washington and Caledonia counties. When we started this service, the hope was to meet the first year goal of 37 boarding per day. Now after reviewing only the first two complete months of ridership, the route has already nearly met this goal with a recorded 36.6 riders/day. GMTA's portion of the route is exceeding the original year one ridership goal of 18.5 boarding per day with a recorded 20 riders/day. In other words, we are on track for a very successful route.

So, as the summer passes and we move into the school and work schedule, I hope you encourage those in your community to start or continue using this great alternative mode of transportation. And don't forget…we cut our fares by 50 per cent in July, offering even greater financial benefits to using the service. For a complete schedule and fare information, check out gmtaride.org or call 223-7287.

Please feel free to contact me with any questions, comments or suggestions. And thanks so much for all of your continued support.

Warm regards-
Tawnya Kristen,
Community Relations Manager
Green Mountain Transit Agency

To the Editor!

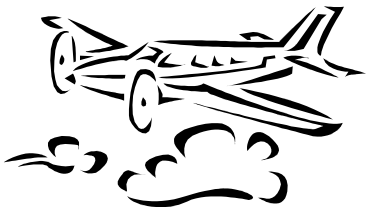
Please renew two subscriptions of "The Cabot Chronicle!" My brother, Pliny Smith and I have enjoyed speaking to each other of the news of Cabot throughout the year.

Nelson Pliny Smith would have graduated from Cabot High School in 1966 if our parents had not sold the Burbank Place and returned to Minnesota.

I, Sarah Smith Joslin, would have been in the class of 1969. I, through a number of years, have attended the Cabot Alumni Association meeting lunch. It is always great to chat with our former neighbors, Blanche Lamore, Mrs. Perry, and the Bothfelds!

Sincerely,
Sarah Smith Joslin

FLYING SOUTH FOR WINTER?



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CABOT CAMEOS

THE ORIGINAL Original FACEBOOK

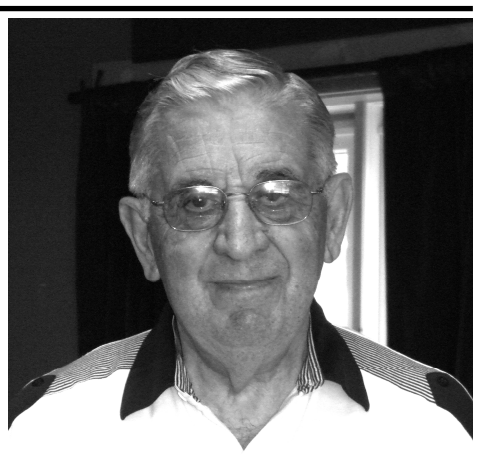
Cabot Cameos from Cabot Alumni By Cia Considine

(l-r: Anna Greaves, Becky Pinette and Dot Pike Lawson)

Anna Greaves:
Fondest memory: Loved all of it – the friendly teachers and co-students. Graduated 1940
Where did you live then? On the farm, 3 miles from school.
Where do you live now? Still Cabot.
Why do you enjoy coming back to Cabot? Furthest I ever lived away was Walden for a few years.
What advice do you have for the new principal? I'm sure you'll be happy here. We're lucky to get you --.

Becky Pinette:
Fondest memory: Lots of great memories – cheerleading, plays, chorus!! Attended 1960-1964
Where did you live then? Walden Heights.
Where do you live now? Kingsland, Georgia.
Why do you enjoy coming back to Cabot? Seeing friends and relatives.
What advice do you have for the new principal? Have faith and persevere!

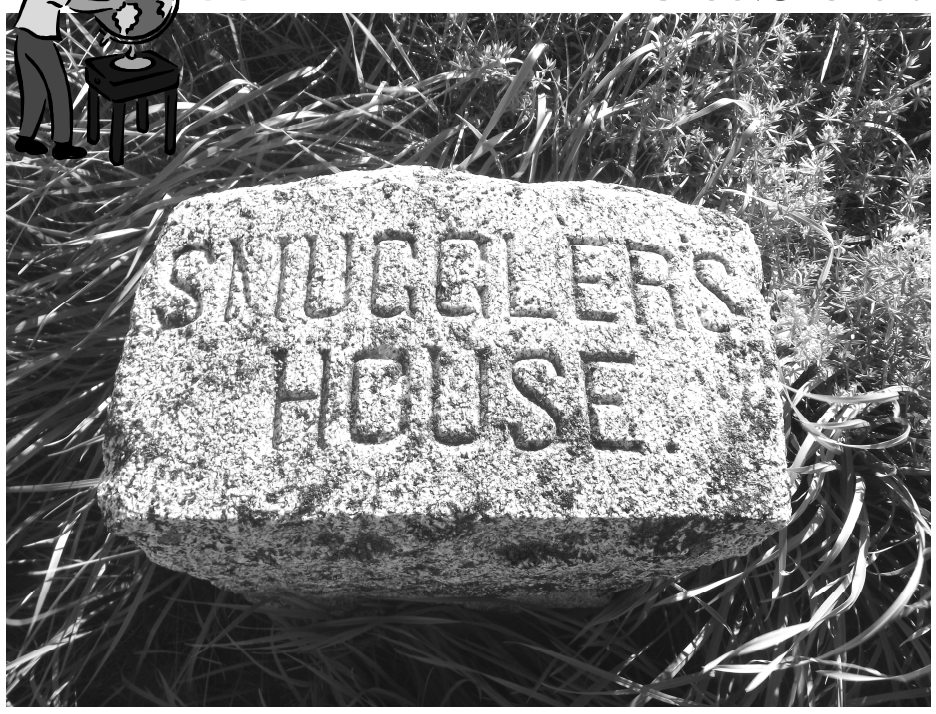
Dot Pike Lawson:
Fondest memory: Friends. Attended 1940-1944
Where did you live then? Pike Farm – South Walden Road.
Where do you live now? Wolcott, Vermont.
Why do you enjoy coming back to Cabot? Friends and relatives.



Bob Abbott:
Fondest memory: Friends. Attended 1946-1950
Where did you live then? Whittier Hill.
Where do you live now? Cabot Plains Road.
What advice do you have for the new principal? Keep children in school.

Mary Golden:
Fondest memory: Many Friends. Attended 1936-1942.
Where did you live then? West Hill Road.
Where do you live now? Gorham, Maine.
Why do you enjoy coming back to Cabot? I enjoy it very much.
What advice do you have for the new principal? Best Wishes.

Where In Cabot?



Where in Cabot Is This? **Answer: page 10**

Staff photo.

YOU DIDN'T HEAR IT FROM ME...

Submitted By Jeannie Johnson

Alan Huntley suffered a serious hit and run collision while on his bicycle. If you have any information, please call Vermont State Police Middlesex barracks at 1-802-229-9191 or Central Vermont Crime Stoppers toll-free anonymous tip line at 1-800-529-9998. Also, cards can be sent to P. O. Box 14, Cabot 05647. Just a reminder that, while Vermont highways are beautiful, they can also be dangerous.

ARE YOU GETTING YOUR CHRONICLE? Chronicle staff has heard from a number of Cabot residents who are not receiving their paper. If you live in Cabot , no matter which post office delivers your mail, you should be getting your paper. Please call 563-3338 if you are not receiving yours on the first of every month (or within a couple of days if you receive your delivery from the Marshfield Post Office), and make sure we are using the correct address.

Fox 44 and WCAX both sent crews here in early August to cover installation of new cell phone tower equipment at the Bolton Farm. It looked like big doin's in town at the time. But did YOU see it on the news? We didn't.

Congratulations to Dylan Abare – Cabot High School class of 2004 - for passing the Vermont Police Academy admissions test. A significant accomplishment.

BACK TO SCHOOL – School is back in session, and start time is 8:20 a.m. Be sure to watch for kids on the road, and adjust your commute time if you want to miss those buses during the hour before.

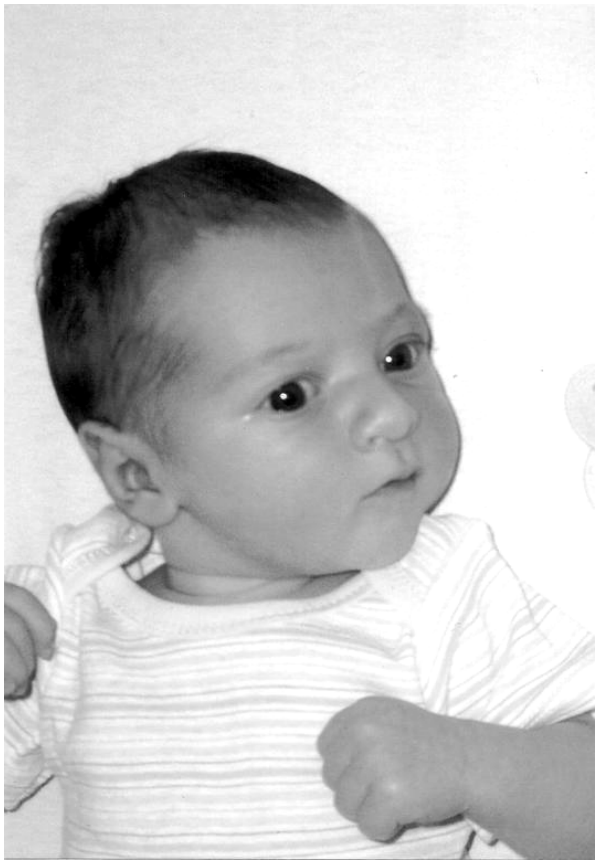
Thank you to Michele Delaney and Laura and Rebecca Nally for running soccer camp for Cabot kids the week of August 2-6 on the Cabot Recreation Field. There is already a rumor that it will be expanded next year – the signup sheet is even now filling up.

And kudos to Caleb Domey for good energy- working hard all day at Hosmer Soccer Camp and still playing soccer with the Cabot kids on the recreation field in the evening.

If you have a contribution for future "YOU DIDN'T HEAR IT FROM ME", please give us a call at 563-3338 or email Inbox@cabotchronicle.org. We want your insights, not your name!

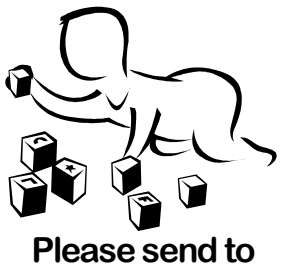
BIRTHS

Chandler Raymon Bothfeld



It's a Boy!
Chandler Raymon Bothfeld was born July 29, 2010 to Raymon and Amber Bothfeld. He weighed 6 lbs. 15 oz. and was 20 inches long.

Remember Birth Announcements in The Cabot Chronicle are FREE!!



Please send to inbox@cabot chronicle.org

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Kitty Beattie Toll

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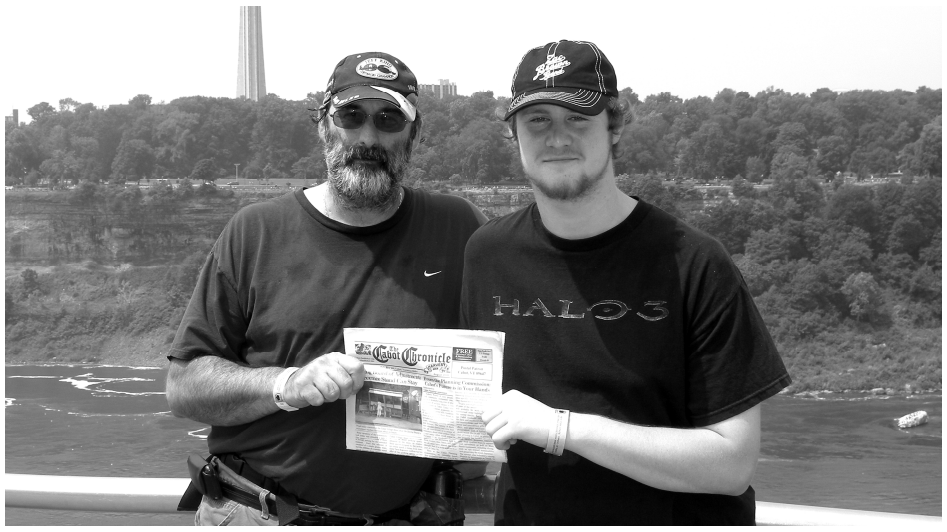
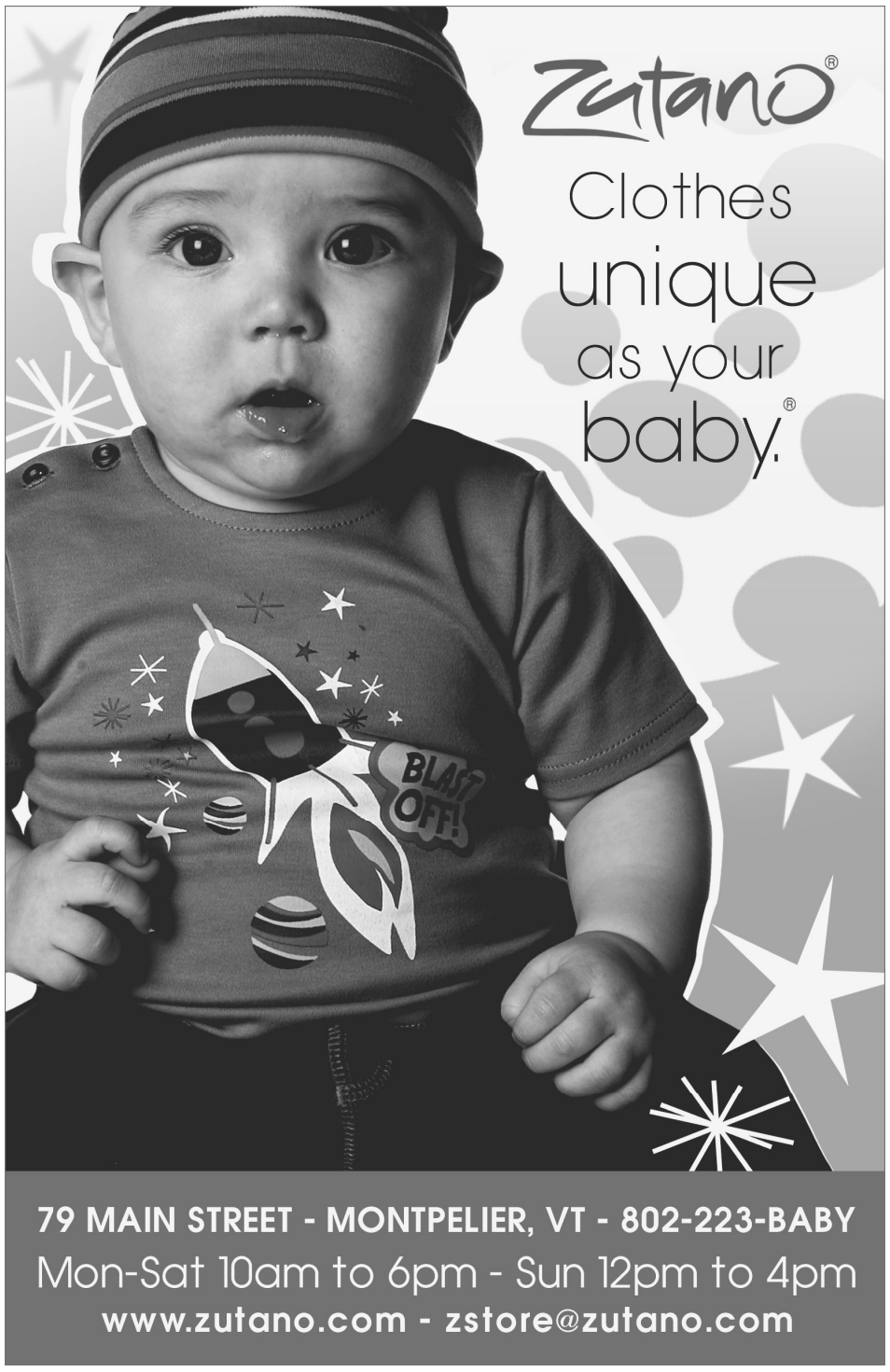
Paid for by KITTY TOLL FOR VT HOUSE, Marty Beattie, Treasurer, P.O. Box 192, Danville, VT 05828

Where Is The Cabot Chronicle



The Domey family took the Chronicle with them to Niagara Falls in August.



Concerning Education

WNESU Schools Plan For The Future

By Nancy Thomas,
WNESU Superintendent

As a new superintendent facing many changes of leadership in both the Cabot and Twinfield schools as well as the central office, I am very fortunate to have a dynamic Administrative Leadership Team working hard together, preparing for the start of an exciting new school year. Our team has a blend of those with experience in our communities and those who bring years of experience from other Vermont (and neighboring New Hampshire) schools.

In addition to new Cabot Principal Karen Stewart, and me being new to the role of Superintendent, Twinfield welcomes back Christine Barnes as Interim Principal and Carol Amos as Interim Associate Principal. Christine was previously principal and co-principal and Carol has been both teacher and teacher leader there. At the WNESU office, Laurence Carnahan started in July as the new Special Services Director. He comes from northwest Vermont where he has been Special Services Director for BFA St. Albans High School. Amy Sykas is the Special Services Manager, assisting Laurence. We welcomed Pat Johnson Knoerl to the team on August 1, as our Curriculum, Assessment and Professional Development Coordinator. She is from Calais and has been consultant with the Department of Education for 19 years, most recently as School Improvement Coordinator, helping teams of educators work together on a variety of school improvement projects.

The Administrative Leadership Team attended the Vermont Principal Association's annual summer Leadership Conference in early August. One theme we took away from the conference was thinking about 21st Century Learning in terms of competencies rather than the 20th century focus on only content. The four C's, *Critical Thinking, Communication, Creativity and Collaboration* will be a guide for our work with teachers and students. While success in reading, math and other content areas remains essential, our students will also need these other abilities in order to become successful adults.

This year, we are collaborating to start the new school year with the staffs of both Cabot and Twinfield coming together on the first day of the Teacher Inservice on August 26. This will be an opportunity to welcome new staff, celebrate successes and begin to work together to address the future needs of our students. As resources become scarce, it will be through innovative use of technology, collaboration and creativity that Cabot and Twinfield will be able to continue to provide and expand on the excellent educational opportunities that have been provided.

As we get ready for school to begin, we are also preparing to work with the changes in state law that will effect all schools. Act 153 is the "Voluntary Merger" bill. It requires supervisory unions to consider becoming or joining with other districts to become Regional Education Districts. There are financial benefits for those districts that do join the regional districts. The most immediate benefit, however, will be the opportunity for our boards to look at how districts might work more collaboratively to benefit the education of the students in times of reduced financial resources.

The second part of the bill addresses increased responsibilities of the Supervisory Union Board and the superintendent, responsibilities previously handled primarily by local schools. These include provision of special education, financial and student data management, contract negotiations, transportation, curriculum and professional development and changes in some hiring practices. These changes go into effect July 1, 2012, giving boards and administrators some time to prepare.

Act 146 is the Challenges for Change bill that addresses many areas of state services. In education, the goals are: to increase distance and electronic learning, increase graduation rates, increase aspiration and completion in post-secondary, increase administrative efficiencies, increase cost effectiveness in special education, and increase the use of early intervention strategies. The target is to reduce state "Ed Spending" by $23.2M in FY 2012, which is the next school year. The language in the law is not mandatory, but requires supervisory unions to report to the Commissioner of Education on December 15, 2010 whether they will be able to meet their respective targets.

On January 15, 2011, the Commissioner will notify the legislature of the responses from the boards and "present a plan to achieve prescribed reductions not realized through district board proposals". All schools received their targets in the week of August 2. WNESU targets were: Cabot, $48,329; Twinfield, $103,916 and WNESU $14,490. Within a day of receiving the targets, the US Senate passed the Education Jobs and Medicaid bill, giving a $19M infusion to Vermont to save teachers' jobs. The House returned to Washington and passed the bill the next week. Our hope is that this money will substantially limit the anticipated need for many of the cuts in the coming budget season. We are all awaiting news from Montpelier as to how this money will be used and what our next steps will be.

We cannot avoid the fact that our state resources will be severely restricted in the next two to three years, but the federal money should soften the blow in the near future. I will work with the boards to share information with the communities as we receive it from Montpelier and Washington.

ALCOHOL SCREENING.ORG — How much is too much?

AlcoholScreening.org is a free service of Join Together, a project of the Boston University School of Public Health. AlcoholScreening.org helps individuals assess their own alcohol consumption patterns to determine if their drinking is likely to be harming their health or increasing their risk for future harm. Through education and referral, the site urges those whose drinking is harmful or hazardous to take positive action, and informs all adults who consume alcohol about guidelines and caveats for lower-risk drinking.

Since the launch of AlcoholScreening.org in April 2001, over one million people have completed the screening questionnaire and received scientifically-based feedback on their drinking patterns.

Community Calendar

Wednesday, 9/1

Outdoor Sculpture Show , Downtown Stowe, 8:00 a.m. through 8:00 p.m , free. Tour Stowe downtown while enjoying great artwork, featuring 20 individual outdoor sculptures. Information: 253-8358.

Wednesday, 9/1-4

The Sound of Music @ Stowe Theatre Guild, Stowe, 8:00 p.m., $20/$10. This dramatic tale of Stowe's most famous family, the von Trapps, will be told for the first time this century by the Stowe Theatre Guild. Sept. dates are: 1, 2, 3, 4. Information: 253-3961 or www.stowetheatre.com

Wednesday, 9/1-5

Vermont Festival of the Arts, Warren. One of the most diverse art festivals in New England that has daily exhibits, workshops and demonstrations by a variety of artists, also many children's events from Sugarbush Resort to Mad River Valley. Check the website for specific times and locations. Information: 496-6682 or www.vermontartfest.com.

Wednesday, 9/1-6

Champlain Valley Fair, Essex Junction, $10/$5, Come see farm animals, educational petting zoo, circus acts, local music, meet Batman, shop, 40 midway rides, including kiddie rides area, Old McDonald's Farm, giant sand sculpture, 4-H kids events, horse shows, motorcycle stunt show, demo derby. Information: 878-5545 or www.cvexpo.org.

Saturday, 9/4

Burke Mountain Bike Race. Do you have what it takes to race to the summit of Burke Mountain? Information: 626-7300.

Saturday, 9/11

Plainfield Old Home Day, church yard sale 8:30 a.m. - 3:00 p.m., parade 11:00 a.m., followed by firefighters chicken BBQ, games at the recreation field. Information: 454-8404 or mermo@charter.net

Sunday, 9/12-26

State of Craft Showcase Event, The Artisans Hand, Montpelier, free. Information: 229-9492.

Wednesday, 9/15

Cabot Playgroup, 9:30 through 11:00 a.m., Cabot United Church basement, free, ages 0-4. Snacks provided, all are welcome. Information: 563-2184 or 563-2034.

Thursday, 9/16-19

139th Tunbridge World's Fair, admission. Thrills, amusements, food, shopping, livestock shows and Antique Hill. Information: 889-5555 or tunbridgefair.com.

Saturday, 9/18

1st Annual Vermont Soberfest, 5-11 p.m., the Barre Auditorium in Barre, Vermont. Hosted by Friends of Recovery-Vermont. Featuring: bands and solo performers, dancing, music for all tastes, guest speakers, support groups, information booths, food vendors, childrens's activities.

Wednesday, 9/22

High Mowing Organic Seeds Trials Garden Tour, Wolcott, 4:00 through 6:00 p.m., free. The focus on this session will be winter squash, carrots, beets, leeks, onions, lettuce and root crops, attendees will learn about growing, handling pests and diseases, and get a sneak preview of new varieties. Information: highmowingseeds.com or 472-6174.

Friday, 9/24

Swing Band Concert, Valley Players Theater (4254 Main St.), Waitsfield, 7:30 p.m., Donation. Big band music of the swing era in a benefit concert for music scholarships for central Vermont students. Information: 229-9496.

Sunday, 9/26-10/2

NEK Fall Foliage Festival, Taking place in: Walden, Cabot, Plainfield, Peacham, Barnet, Groton and St. Johnsbury. Local crafts, hymn sings, band concerts, church suppers, historical tours and, of course, the most beautiful fall colors there are! Information: nekchamber.com. (See ad below).

CABOT FOOD SHARE DATES:

Wednesday, Sept. 8th
from 12:00 - 2:00 p.m.
(Please note the time change)

Thursday, Sept. 23rd
from 1:00 - 3:00 p.m.

Food is distributed at the Cabot Mason Lodge on Main Street. All families and individuals who are in need of food are welcome.

For more information, call: Bill Cobb at 563-3322 or Kathleen Hoyne at 563-3338

Ongoing:

Danville Farmer's Market, every Wednesday 9:00 a.m. through noon. Many local gardeners and farmers will be set up every week with fresh vegetables, most picked that day. Others sell donuts and bread that they have made, yarn that they have woven, maple syrup they have processed and goat's cheese that they have made. This year the new product is Vermont made wine, you can even sample it before you buy! New vendors and new shoppers always welcome. Town Green, Danville, VT

Concert in the Park in Lyndonville, every Wednesday evening from 7:00 till 9:00 p.m., starting in June and running through the summer. Bandstand Park in Lyndonville, VT.

Hardwick Farmer's Market, Fridays from 3:00 through 6:00 p.m. Buy Local! Produce, baked goods, fresh bread, ethnic foods, soy products, meat, eggs, maple syrup, jams & jellies, cold drinks, free spinal screenings, composting worms and castings, cut flowers, and garden plants (annuals, vegetable, fruit-bearing, trees, shrubs, perennials and houseplants) and entertainment! Come join the fun! Rte 14 & 15 between Aubuchon's and Greensboro Garage in Hardwick, VT.

St Johnsbury Caledonia Farmers Market, Saturdays from 9:00 a.m. till 1:00 p.m. Locally grown, homemade baked goods, Vermont made crafts and more. Downtown St. Johnsbury on Pearl St. behind Bank North.

Volunteer Work Day at Kingdom Trails, the first Sunday of every month (June-October) we meet at the Darling Memorial Park at 9:00 am for a day of trail maintenance. You can get to the park by driving through the village of East Burke, north on VT Route 114, about 1/4 mile past the village on the left you will see the playground and parking area. Dress appropriately and bring plenty of water. We supply tools, but bring along one of your own if you want. We usually wrap up the day around 1:00 p.m. or so. Phone: 802-626-0737.

The Great Vermont Corn Maze open for the 2010 Season, Danville. Information: 748-1399.

UNITED CHURCH OF CABOT HARVEST SUPPER

The Harvest Supper will be held Thursday, September 9th, at the United Church of Cabot.
There will be one seating at 5:30pm.
Donations of food and vegetables will be auctioned off after the dinner.

NATIONAL IMPAIRED DRIVING CRACKDOWN

Labor Day Weekend August 20, 2010 To September 6, 2010

If you are one of the 84% of Americans who want to work to keep their community drug-free, join the

CABOT COALITION

at our next meeting. Tuesday, Sept. 21 6:00 p.m. Masonic Hall Call 563-3338 for more information.

ANNUAL NORTHEAST KINGDOM FALL FOLIAGE FESTIVAL

Monday, September 27	Walden
Tuesday, September 28	Cabot
Wednesday, September 29	Plainfield
Thursday, September 30	Peacham
Friday, October 1	Barnet
Saturday, October 2	Groton

For more details, contact:
Northeast Kingdom Chamber of Commerce
1-800-639-6379, 802-748-3678
www.nekchamber.com, nekinfo@nekchamber.com
The complete calendar can be found on the chamber's web site
Betty Hatch, Fall Foliage Festival Chair, 802-563-2472

CABOT DETAILS – TUESDAY, SEPTEMBER 28:

Make a day touring old school houses, craft shops, the Public Library, Cabot Creamery and Historical Building.

8:45 a.m.	Welcome and Coffee Hour in the Cabot School Gym.
8:30 a.m. to 3 p.m.	Crafts available in the Cabot School Gym
11:30 a.m., 12:30 & 1:15 p.m.	Beef Stew Luncheon at Cabot Church
2:00 p.m.	Enjoy a hayride to a sugarhouse and hike to Nichols Ledge
5:00 and 6:30 p.m.	Turkey Dinner at Cabot School Gym
7:15 p.m.	The day ends with a musical program by local players at Cabot Church

For reservations:

Beef Stew Luncheon (adults $5, children $2.50) Rose Bothfield 802-563-2715
Turkey Dinner (adults $10, children $5) Blanche Lamore 802-563-2457
Tickets for luncheon, dinner and tour can be purchased at the same time
For details, contact Fall Festival Chairman Blanche Lamore, 802-563-2457

COMMUNITY NEWS

Middle School Students Kick Some Butts

By Mariah Nunn

The Campaign for Tobacco Free Kids has selected a skit, written by local Cabot youth, as the winner of the nation's first annual Kick Butts Day contest.

Kids in Action Empowering Our World (KAPOW!) are Cabot middle school students who work with the Cabot Coalition to educate themselves, their peers and others about the harmful effects of alcohol, tobacco and other drugs (ATOD). This past year KAPOW! members created several projects to educate elementary students with the hope that they will stop ATOD use before it starts. They submitted two ideas to the contest and their skit took the top prize.

Kick Butts Day is an annual celebration that encourages youth to speak up and take action against tobacco use. Students from schools across the country hold different events and activities that call attention to the problems caused by "Big Tobacco" and its attempts to market tobacco products to those too young to legally purchase them.

Each year the Campaign for Tobacco-Free Kids publishes a guide with event ideas and instructions for planning and preparing for Kick Butts Day. This year, to refresh this guide, the Campaign for Tobacco-Free Kids invited youth groups from across the country to submit events and presentations they had done in the past year.

KAPOW!'s winning submission was a script for a skit that they presented to Cabot School first through sixth graders in May. The skit featured fun characters like Kick Butts Man, the villain Tobackinator", mad scientists and our "mad" rap group.

While the "Tobackinator," played by Becky Blaisdell, tried to lure kids into smoking or chewing, Ian Nally, as our caped superhero, Kick Butts Man, revealed that his super power was not necessary to fight tobacco use. "Being Kick Butts Man is a hard job, but guess what? It's a job that anyone can do. Helping to rid the world of the Tobackinator starts with you. Once you know the harmful effects that tobacco products can have on your body, you will say NO to tobacco too!"

Hugh Burke and Nell McQueeney demonstrated the incredible toll tobacco use takes on the lives of Americans Approximately 1,096 people die EVERY day from tobacco related illnesses, more than the number of all other substance use related deaths combined.

Our KAPOW! mad scientists, Wesley Ameden, Maya Morse and Lyrica Stelle, dissected a cigarette to show the audience some of the over 4,000 dangerous chemicals that are contained in cigarettes or second hand smoke, like formaldehyde, arsenic, nicotine and lead. Our bio-hazard team properly disposed of the materials.

KAPOW! also thought it was important to talk about the myths about tobacco use. Cabot School SAP Counselor, Jody Phillips, investigated some of those myths with the audience and Jonah Jarvis, master of ceremony for the event, talked about one of the most common tobacco myths.

"Just because tobacco comes from plants, some people think it is natural and therefore harmless. But the truth is that just because something is natural doesn't mean it's good for you. In fact, did you know that even touching the tobacco plant makes you sick? It's called green tobacco sickness and its makes you throw up and can even put you in the hospital. And that's before they put in any of the thousands of nasty chemicals that go into making a cigarette!"

The group closed their presentation with a foot stomping rap song about staying drug-free, written and performed by Nell McQueeney with the rest of KAPOW! as her back up performers.

The presentation was a great success, with rave reviews from many students and teachers. Here are a few words from students who enjoyed the presentation:

"I liked the part when Kick Butts Man jumped onto the stage."

"Thank you for teaching us about tobacco and smoking."

"Thank you for telling us about smoking. I liked the song at the end! I will never start smoking because it's bad for me!"

"I'll never start smoking because it can kill you dead."

As the winner of the Kick Butts Day contest, KAPOW!'s script will be featured on the event's website, KickButtsDay.org, and they received Kick Butts Day gear for next year.

Other youth participating in the Kick Butts Day program were Olivia Bellavance, Donovan Bigelow, Lars Hammer, Heath Hanson, Ashley Maurice and Emma Stecker. The youth group received assistance from their fearless youth advisor, Meriah Nunn and tech advisors Tim Considine, Brian Boyes and Timothy Mueller-Harder.

The flea market at Old Home Days in Cabot. Staff photo.

Coming September 13, Visioning For Cabot

Submitted by the Cabot Planning Commission

On the evening of Monday, September 13, all Cabot residents will have an opportunity to contribute to the creation of a vision for Cabot, through discussion and group activities hosted by the Cabot Planning Commission and facilitated by a team assembled by Bill McMaster, Community Resource Development Specialist with the University of Vermont Extension.

All Cabot residents are invited to this event, which will be held at the Willey Building from 5:00 to 9:00 p.m. A dinner buffet will be served beginning at 5:00 p.m., and the meeting will begin at 6:00 p.m. Child care will be available.

The "vision" is what residents want Cabot to look like in the future. It is central to the Town Plan, and is what guides the plans of action contained in the document. In developing the vision, residents will need to determine which aspects of Cabot should be maintained, and what should be improved or changed.

A number of residents have already begun the preliminary work of developing a vision by responding to the Cabot Community Planning Survey. They have begun to identify the features of Cabot that are valued most, as well as areas where the town needs improvement. A hard copy of the complete survey results is available for review at the Town Clerk's office and a digital version is available through the town's website: cabotvt.us.

In order to properly plan for food and child care, the Planning Commission requests that residents who plan to attend either call the Planning Commission at 472-1810, or Gary Gulka, Planning Commission Chair, at 563-2284 , or email cabotplanning@gmail.com. Please indicate the number attending and, if child care is needed, the ages of the children.

Don't miss this opportunity for an evening of food, conversation, and envisioning the future of Cabot.

SAVE THE DATE!

What: A Vision for Cabot's Future
Where: Willey Building
When: Monday, September 13
5 p.m. (dinner)
6 p.m. – 9 p.m. (meeting)

RSVP by September 5th with number attending and child care needs

via email: cabotplanning@gmail.com
via phone: 472-1810

The Tragedy of Drunk Driving

Most police officers never get used to the sorrow of being called to the scene of a crash where a young person has died due to impaired driving. Yet this senseless loss of human life is a daily reality all over America — year after year.

Imagine the public outrage if 29 jumbo jets — each carrying about 400 people — crashed every year in America, killing all on board. That's the equivalent of the toll our country suffers annually due to impaired driving. But where's the indignation over this catastrophe?

The fact is that impaired-driving deaths *did* decline dramatically during the 1980s through the early 1990s. Social activism, including the rise of organizations such as MADD, led to tighter laws that helped bring the death toll down. During that period, every State — plus the District of Columbia — made it illegal to drive with a blood alcohol concentration (BAC) of .08 grams per deciliter or above. In addition to that, the legal drinking age was raised from 18 to 21.

Although data show that impaired driving fatalities across the country have declined by almost 10 percent in the last year, the numbers are still too high. In 2008 alone, the latest year for which we have data, nearly 12,000 people died in crashes in which a driver or motorcycle rider was at or over the legal limit (BAC of .08 g/dL or higher), according to the National Highway Traffic Safety Administration.

Because Vermont is committed to ending this tragedy, police agencies statewide will join with others throughout the Nation during the coming Labor Day holiday for an intensive crackdown on impaired driving. This nationwide enforcement campaign is aimed at the most likely offenders, 21- to 34-year-old males. It runs from August 20 through September 6.

The message during this crackdown and all year long is clear and unwavering: *Drunk Driving. Over the Limit. Under Arrest.* With stepped-up law enforcement coast to coast — including sobriety checkpoints and saturation patrols — if caught driving drunk, serious consequences will result.

DRUNK DRIVING
OVER THE LIMIT. UNDER ARREST.

Media Tool Offers Adults Ideas For Communicating With Teens

Going back to school signifies a time of new beginnings - new friends, more difficult classes and exciting experiences. It can also be a challenging time, with added peer pressure when it comes to teen drug and alcohol use.

Today's teens juggle all these responsibilities and, as new research shows, many are consuming up to eight hours of entertainment media and technology daily. That adds up to 53 hours per week. Parents report being concerned that with so much teen immersion in technology, it's difficult for them to break through the media noise and make their voices heard.

While nothing takes the place of a face-to-face conversation, texting can help parents reach reluctant teens in a non-confrontational way to discuss sensitive topics, like drug use and drinking.

Parents and adults who work with teens have a new, free, downloadable source to help harness the power of media and technology to improve parent/child communication, "Time To Text." Sponsored by A&E Network, Comcast, Consumer Healthcare Products Association, The Hershey Company, King Pharmaceuticals, Inc., Major League Baseball Charities, Major League Baseball Players Association, Pfizer Consumer Healthcare and Yahoo!, this easy-to-use tool offers tips on how to text, suggests examples of different messages to send to teens and even provides a cheat sheet parents can keep in their wallet. Visit TimeToTalk.org to learn more today.

RECREATION NEWS

Hike #4 Worcester Mtn: Project SPEWCH

By Cynthia Russell

Here is the 4th article in a series of hiking adventures with Cabot Connects mentor Cynthia Russell and mentee Amber Graves. Their goal is to hike six peaks this summer: Spruce, Pisgah, Elmore, Worcester, Camel's Hump, and Hunger.

The view from the top of Worcester was spectacular. A clear day and low humidity allowed for visibility as far as Mt. Washington, the most distant of the velvet sea of peaks, a few cloaked in cloud shadows. For Amber and Cynthia, Project SPEWCH travelers, it was well worth the two hour climb. After three stops at three different town stores (Maple Corners, East Calais and Worcester)- each with the scent of home made doughnuts - to assemble the perfect lunch, the two arrived at a small field designated as parking. It was 9:06 on August 7. This, their fourth hike in the series, was the most challenging.

They hiked steadily up a long, gentle incline to the harmony of burbling, babbling and bubbling of what they surmised was Minister Brook, the name of the road they had taken to the trailhead. Perhaps, they speculated, it was named after the "Minister of Nature" that flowed through this "outdoor chapel". Occasionally the brook crossed the trail, giving the hikers a chance to marvel at its color, which coincidentally, was amber. It also gave them pause to contemplate the inspiration of Amber's name.

The trail was well cleaned, having had several inches of rain wash earlier in the week. In some areas, dense clay was exposed; in others, it was down to pebbles or rubble that may have once comprised a stream bed. Walking over shaky rocks became more difficult as they progressed upward.

Flower variety was minimal, but one was prolific: Northern Bedstraw, a weedy looking plant with scrawny branches and a delicate white flower, that when analyzed through a microscope, is stunning. (Cynthia carries a Hastings triplet 14x magnifier. It turns even the homeliest specimen into a beauty.)

Cynthia found her thoughts drifting to numbers, Zen counting prompted by the rhythm of her steps - how many to the top? How many steps in a mile, and ratios - leg length of Amber to Cynthia - eight to seven; ages of the two hikers - three to ten; amount of time traveled to total predicted distance, varying at any given point. She began to feel like an abacus, a trail name she recalled from many days spent on the Long Trail.

Each was on her own trek, due to the aforementioned ratios, as well as to the facts of life. They converged at resting spots along the way to compare perspectives and to rehydrate. They've noted that appetites on vigorous hikes are diminished. (They make up for it later.)

In addition to a triple waterfall on the way up, a waterfall of another ilk festooned the top: a cascade of quartz, a bright, reflective vein that seemed to flow along the open granite of the highest points. At that level, wild blueberry bushes and low spruce indicated they'd entered another zone of vegetation. An Inukshuk greeted them near the top - stones piled to resemble a human, often used by the Inuit to show direction or mark a good hunting spot.

On the way down, they were happy to encounter fellow Cabotians and travellers, the Pitkin family, minus Rachael. Susan had read of their adventures, which was affirming and heartening. Amber admired their trendy footgear.

Cabot Recreation Department News

Submitted by the Recreation Committee

Summer has flown by for all of us and as we go to press, Soccer season is right around the corner.

Things got started early with Michelle Delaney leading the Rec Dept.'s first Soccer Camp. We had a great group of kids ranging in age from 4 to 14 -years-old, working hard on their skills and having a blast in the sun, wind and rain. Special thanks should go to Michelle for her knowledge, organization and patience. She made the week a great experience for everyone.

As for elementary soccer, initial registrations have already been held, but if any elementary school player is still interested in participating, just give a call. Registration cost is $10 per player. We are still looking for referees and parents who want to help make this a successful season. For any soccer information, please contact Rebecca Nally at 563-3053.

Some folks may have noticed the new trail signs on South Walden Road, marking the entrance to the Cabot Trails through the Town Forest. Following up on the work started by the VYCC, Matthew Nally built the signs and led a group of local Scouts to clear trails throughout one of Cabot's hidden resources. While the trail building is still ongoing, Matthew invested many hours toward the completion of his Eagle Scout responsibilities to create a viable place for everyone in Cabot to enjoy, so please check it out. Hearty thanks to everyone involved.

The next meeting of the Recreation Department will be Tuesday, September 14 at 6:00 p.m. in the Willey Building. Please join us.

LIBRARY CORNER

From The Cabot Public Library

By Kathleen Hoyne and Anne Walker

Book Group: This year's Fall Book Discussion Group is participating in the Vermont Humanities Council series about Immigrants Coming to America. The programs are being moderated by Fran Cerulli and will be held on Monday evenings at 6:00 pm in the Library. They are free and open to all.

The first book is **Letters from Rifka** by Karen Hesse. A review of the book by *Publisher's Weekly* and taken from Amazon reads, in part, "Twelve-year-old Rifka's journey from a Jewish community in the Ukraine to Ellis Island is anything but smooth sailing. Modeled on the author's great-aunt, Rifka surmounts one obstacle after another in this riveting novel...trials, including a deadly storm at sea and a quarantine, do not faze this resourceful girl. Told in the form of "letters" written by Rifka in the margins of a volume of Pushkin's verse and addressed to a Russian relative, Hesse's vivacious tale colorfully and convincingly refreshes the immigrant experience." This book is recommended for readers aged 9 to 12.

Vermont Reads: Together, the Cabot Public Library and the Cabot Public School have applied for and been awarded 50 copies of Katherine Paterson's new book, The Day of the Pelican, by the Vermont Humanities Council's 2010 Vermont Reads program. Vermont Reads brings communities and people of diverse ages, abilities, and experiences together in reading and discussing a book of high quality and acclaim. The program promotes community building, open dialogue, intergenerational exchange, a focus on the humanities, and literacy. Stay tuned this fall for a listing of events for the entire community/school to enjoy together.

Adventure Book Discussion & Hiking Group: We are going to start a book group for the 8 to 12 year olds. The first book is **My Side of the Mountain** by Jean Craighead George. We will discuss the book and go outside for hikes. The Amazon review describes the book by saying, "Every kid thinks about running away at one point or another; few get farther than the end of the block. Young Sam Gribley gets to the end of the block and keeps going--all the way to the Catskill Mountains of upstate New York...a spellbinding, touching, funny account, Sam learns to live off the land, and grows up a little in the process...No reader will be immune to the compulsion to go right out and start whittling fishhooks and befriending raccoons."

Book Reviews: Part of our reading program was the option to write a book review. There are several reviews for you to read and enjoy the artwork, in the children's area of the library.

The following is a book review by Ethan Socks, age 8.

"The Elements, by Theodore Gray: In this photo-illustrated encyclopedia, the variety of the elements is brought to your eyes, from natural reactive hydrogen to synthetic radioactive fermium. It features a large picture of the pure element on the left hand page and its uses, history, properties and states of matter on the right. This book is chemist heaven. A beautiful book, Mom says Mr. Gray is a genius and I believe her."

Automation News: We are now live with our automation system. Please be aware that the check-out time may initially be slower due to our getting used to the system and because we may need to add your patron information. As we get better at it, the check-out time will shorten.

We wish to extend a hearty thank you to the following:

To the Friends of the Cabot Public Library for their major donation towards the Humanities Council Book Discussion series of Immigrants Coming to America.

To Warren Walker for photographing the Summer Programs and for donating The Nature Conservancy 50th anniversary edition of the book, **Places to Walk, Paddle and Explore in Vermont**. It is a beautifully illustrated, concise, and easy to use guidebook. It contains several photographs by Warren.

To Kathleen Higbee and the Mangan Family for helping us with our teetering piles of books to be carded and shelved. We greatly appreciate it. We'd be buried in books without your generous donation of time.

To Darcy Allen for help with the carding and shelving, but mainly for her tremendous work on shifting our audiobook and nonfiction book collections. Each book had to be moved and the actual shelves had to be repositioned.

To the Mueller-Harder Family for your outstanding work on the automation project, your attention to detail and consistency has made the project go smoothly and quickly.

To all our patrons who donated money towards the Libri Grant books. We received over $100 dollars towards our goal.

See you at the Library.
Kathleen Hoyne and Anne Walker

CABOT Public Library Programs & Reminders

Cabot Library Programs:

Mon, September 13,
at 6:00 pm, Book Group;
Letters From Rifka by Karen Hesse

Tuesdays, Sept. through Nov.,
3:00-4:00; Adventure Book Discussion & Hiking Group
Look for the Date for the upcoming Earthwalk Survival Skills by Eric Guillard

The schedule for the Book Group series is:
September 13 Letters from Rifka
October 4 In the Year of the Boar and Jackie Robinson
October 25 An Island Like You : Stories of the Barrio
November 15 Yang the Youngest and His Terrible Ear

Cabot Library Reminders:

- Closed for Labor Day on Sat, Sept. 4th
- *Story Hour returns on Tuesdays, starting Sept. 7th at 10:30 am
- Fall Hours will start August 31st
  Tue 9-6 *, Wed 2-6, Thu 11-6, Sat 9-2
  Closed Sunday, Monday, and Friday
- State Parks, Historic Sites, Echo, and Historical Society Passes available to borrow
- Listen UP! VT!
  Online, downloadable audiobooks for free
- MP3 Players to borrow (thanks to the Friends of the Cabot Public Library)
  We will load the audiobook for you from the Listen UP! VT! Website.

Friends of Cabot Library News

Summer is swiftly drawing to a close, and the Friends have been busy as bees. In fact, you may have seen us recently at the Old Home Days celebration with our selection of books, DVDs, and our ever popular book bags. The Friends wish to extend a big 'thank you!' to everyone for the wonderful donations, which made this year's Old Home Days' book sale an overwhelming success.

As always, proceeds from this and all other events are used to supplement activities, equipment, and programs for Cabot's library. Currently, donations are waiting to fund some well-deserved equipment at the library that will make everyone's visit a much better experience. Stay tuned for details in an upcoming issue of the *Cabot Chronicle*.

As we begin our seemingly rapid descent into fall, we are again looking for donations of books, movies, or audio books to add to our collection for the upcoming Apple Pie Festival on October 16. If you wish to donate, please call the library to arrange for us to come by your home to do a book review and pick-up. We will be glad to help you weed through your collection anytime.

Lest you forget, Friends meetings are in full swing the second Saturday of each month in the Willey Building meeting room. Our gatherings are a time to brainstorm and plan potential fundraising events, as well as enjoy some laughs and camaraderie with other Friends we don't often see between meetings. We would love to have you stop by to share your ideas, and are always happy to welcome new members to join the fray. We especially need people who are willing to contribute an hour (or three) to help us both in the planning phase and at the events. So, please come join your other community members and make new and/or long-lasting friendships.

SENIOR NEWS

Twin Valley Senior Center

"Alone we can do so little; together we can do so much." Helen Keller

Twin Valley Seniors, Inc.
Old Schoolhouse Common
PO Box 143
Marshfield, VT 05658

Well, the summer's winding down, but Twin Valley Senior center is gearing up for fall. Come join us for those late summer picnics! The food is great and the laughter is contagious. Our **free exercise program** is running strong, with more and more seniors building bone strength, stretching those joints, and strengthening balance, so very important for avoiding falls. The stamina of our group increases weekly and participants are amazed at the increased activities they can do. There's free door to door transportation for anyone who wants to come check out our program. We suggest you talk to your doctor about the exercise program - I just bet they'll encourage you to participate. Remember, it's every Monday, Wednesday, and Friday at 10:45 here at the Old Schoolhouse Common in Marshfield. You're always invited to join us for a tasty and nutritious lunch after. A $4 donation is requested for our meal, but no senior in our six towns will go hungry for a lack of that $4!

COME CHECK OUT TWIN VALLEY SENIOR CENTER ON FACEBOOK!! Just type in "Facebook.com" into your computer. When the site comes up, type in Twin Valley Senior Center in the search box and click your 'enter' key. Our new site is loaded with pictures and news of the center. For people with their own Facebook page, we encourage you to 'friend' us and 'like' us so that you can receive news of upcoming events, see pictures of our activities, give suggestions about how we can serve you better, and tell us activities you might want to see. As a note, if there are any tech-savvy people who can tell us how to upload our newsletter to the site, please contact us!

Don't forget to check out **Twin Valley Seniors at Plainfield Old Home Day on September 11th**. We'll be riding on a float in the parade and singing. We're having another of the world's greatest yard sales at Lucky Day, on Rte 2, directly across from Tim's Convenience Store from 9 until 2. Down in the recreation field will be a table where we're going to be collecting and making cards for soldiers who are deployed around the world. Kids and adults alike are encouraged to send heartfelt wishes to our troops by making/signing cards for them. And don't forget - we'll have tickets available for our fabulous quilt raffle, cookbooks for sale, and a group of old and new quilts from our members. See you there!

A Life in the Community for Everyone
SAMHSA
Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services

SAMHSA's National Helpline,
1-800-662-HELP
(800-662-4357)
offers 24-hour free and confidential information on substance use disorder issues and referral to treatment,
in English and Spanish, 800-487-4889 (TDD),
http://www.samhsa.gov

FARM TO SCHOOL

Cabot Farm To School News

By Amy Hornblas,
Farm to School Coordinator

Lunch surveys and free and reduced lunch applications have gone out, and are rolling back in. Thank you to everyone who has sent theirs. If you haven't finished it yet, there is still time. In fact, families can apply for the lunch program at any point during the school year. By applying now, you could help Cabot School qualify for grants and food service programs.

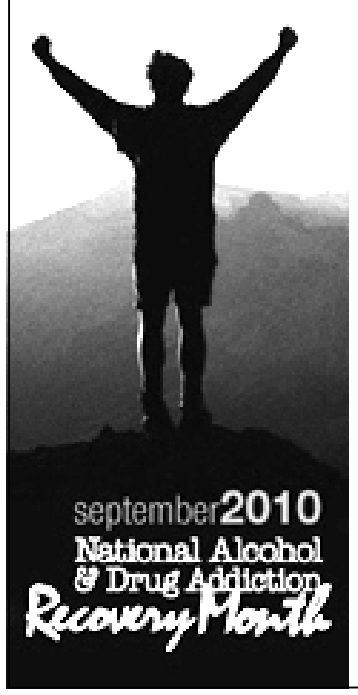
The Fresh Fruits and Vegetables Program will be starting up at Cabot in September. This program will offer free fresh snacks to all students in the elementary school. Plans are underway, and volunteers (adult and youth) to help prepare the food are welcome. It will be prepared and served on Tuesdays and Thursdays, and volunteers can call the food service director, Scott St. John, or the Farm to School coordinator, at the school. Contacts with more local food producers who grow fruits and vegetables are also needed.

Plan to see Farm to School at the Cabot School varsity basketball games this winter. We will be offering hot meals-on-the-go for attendees of the games. A schedule and menu will be publicized soon. There will also be a Farm to School fundraising table at the Apple Festival and Fall Foliage events. Stop by and see what's fresh!

The Cemetery Commission has hired Cabot Heights Cleaning and Property Maintenance to powerwash the headstones at the three Cabot Cemeteries. Seen here is Kent of Cabot Heights Cleaning, powerwashing at the West Hill Cemetery, adjacent to Bothfeld's Turkey Farm. The powerwashing does an excellent job in removing grime and lichens, which can damage headstones over time.

8th Annual Recovery March & Candlelight Vigil

St. Johnsbury, VT
09/02/2010



4 p.m. - Pizza & sign-making, tours of Dr. Bob's Birthplace & Childhood Home, including the re-creation of Dr. Bob's childhood bedroom & the new Dr. Bob Resource Library

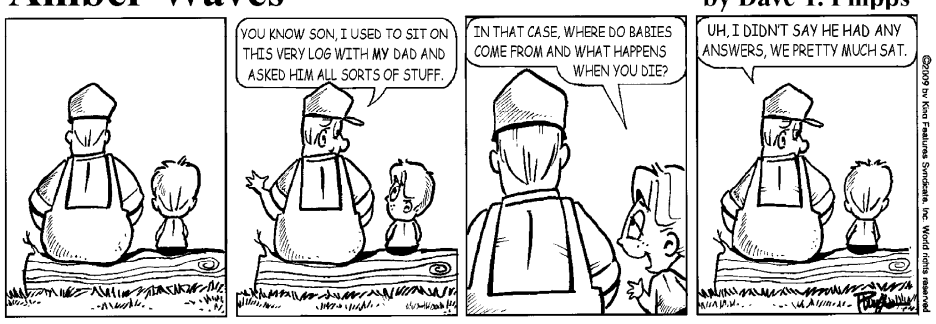
5 p.m. Marching down Main St. to the Court House Park for Recovery Month Proclamation, speeches, awards & recovery messages, ending the evening with a candlelight vigil in memory of those we have lost, also remembering there is hope for the future. Light Refreshments, Memory Board, Literature tables & Voter Registration

Kingdom Recovery Center
297 Summer St.
St. Johnsbury, VT 05819
For more information contact: Nancy Bassett, Coordinator
Kingdom Recovery Center, (802) 751-8520 or (802) 535-4617. n.bassett@hotmail.com

FAMILY FUN PAGE

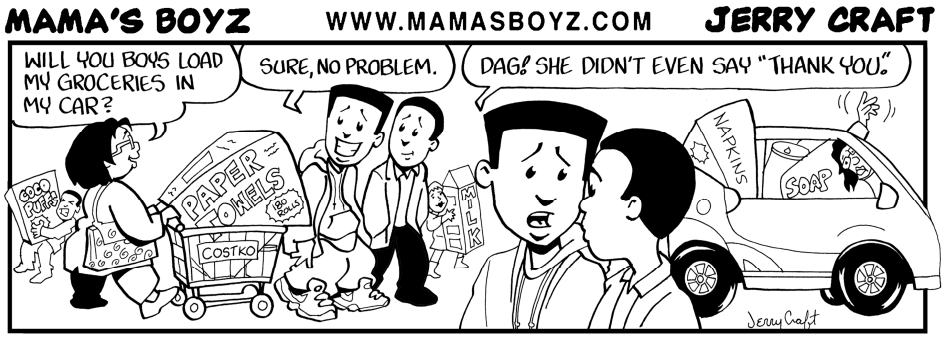
Amber Waves

by Dave T. Phipps



MAMA'S BOYZ

WWW.MAMASBOYZ.COM JERRY CRAFT



Where In Cabot?

Answer from page 4

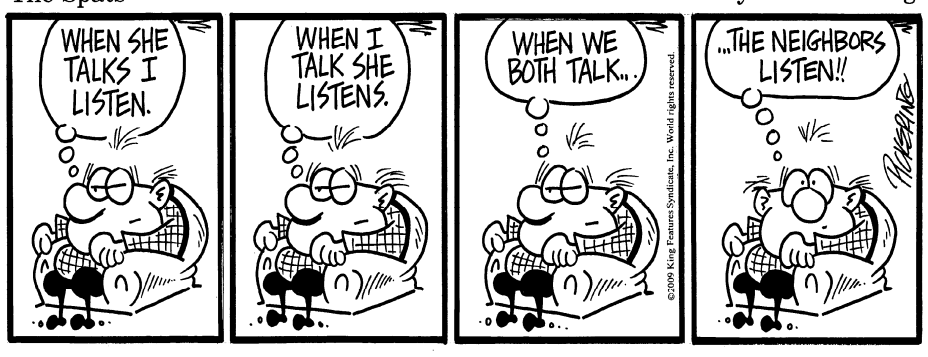
Cabot Plains Road

This smuggler's house marker is across the road from the Cabot Plains Cemetery

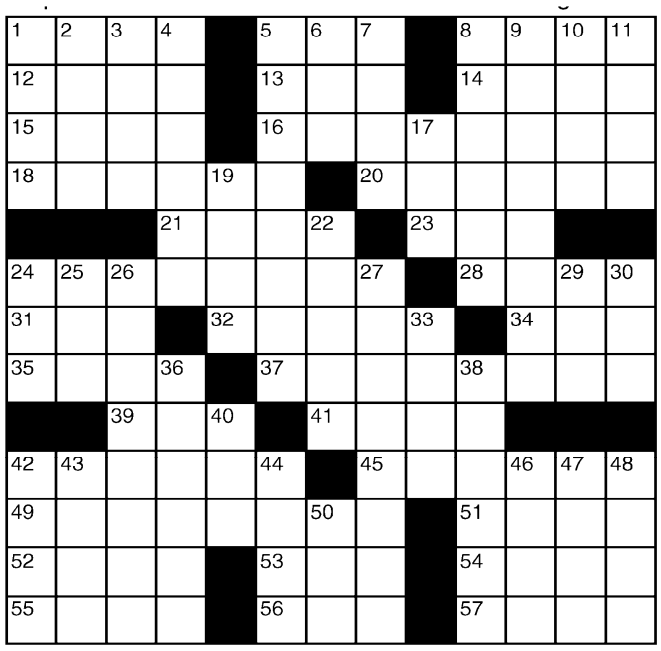
Staff Photo.

The Spats

by Jeff Pickering



King Crossword



ACROSS

1 Scolded
5 Young lion
8 Skaters' venue
12 Dorothy's destination
13 Work with
14 Mideast port city ...
15 ... and a dweller therein
16 Soft fabric
18 Grayish red
20 Long, harsh speech
21 House section
23 Cauldron
24 Heavy military footwear
28 Makes a hole
31 Rowing prop
32 Missionary Junipero
34 Unit
35 Commandment pronoun
37 "Sinker"
39 "That tastes awful!"
41 Infamous lyre player
42 Damage
45 Household linens
49 Agree
51 Pelvic bones
52 Evidenced a pinprick
53 Frank McCourt book
54 — and void
55 "— Breckinridge"
56 Type squares
57 Mirth

DOWN

1 African nation
2 Circle dance
3 Mosque VIP
4 Go ashore
5 Repeated monotonously
6 Mex. neighbor
7 A-number-1
8 Rifleman's tamping device
9 Act of thinking
10 Dweeb
11 Leg joint
17 With it
19 Weeps loudly
22 Dunderhead
24 Make marginal notes
25 "That feels good"
26 Casino employee
27 Actuality
29 Wildebeest
30 Prepared
33 Taj Mahal city
36 Kampala's country
38 Optimistic
40 Toper's interruption
42 Cold War weapon (Abbr.)
43 Magical herb of myth
44 Ceremony
46 Hebrew month
47 Anger
48 Harvard's rival
50 Poorly lighted

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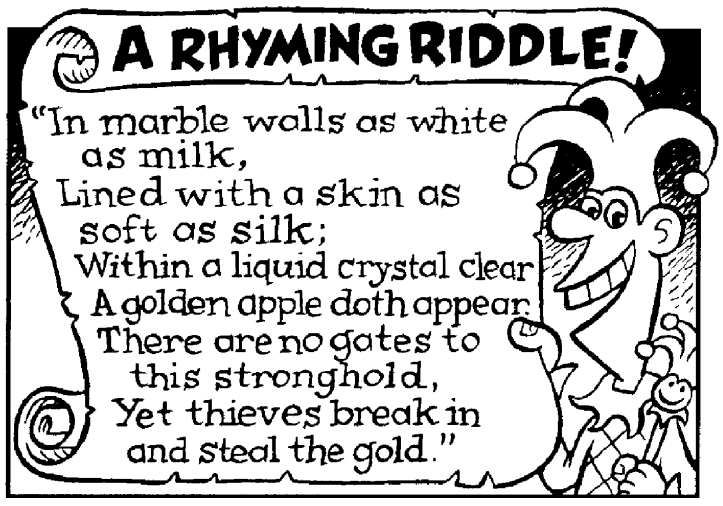
Solution on page 12

A RHYMING RIDDLE!

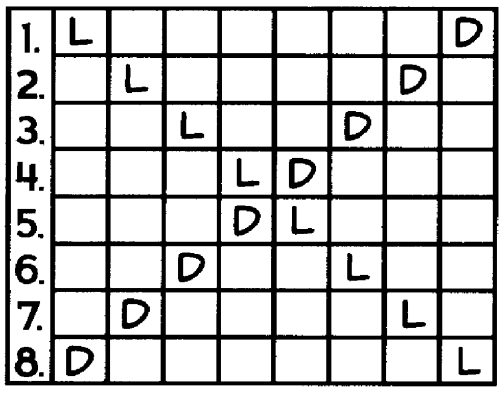


CAN YOU FIGURE OUT the answer to the Jolly Jester's Rhyming Riddle!

Answer: He's talking about an egg.

Junior Whirl

by Charles Barry Townsend



FIND THE BIG WORDS!

Using the definitions and the anagrams below, you must find the eight eight-letter words that fit into the framework pictured on the left. For each definition, the letters in the two anagram words must be unscrambled and used to form the word asked for.

DEFINITIONS:	ANAGRAM:
1. What the shipbuilder did.	hand + clue
2. Found in toothpaste.	dour + file
3. Used to reckon time.	land + acre
4. A large kettle.	laud + corn
5. Found in newspaper.	nail + heed
6. Campers need them.	orbs + dell
7. Eccentric people.	dabs + doll
8. A wooden interlocking joint.	viol + date

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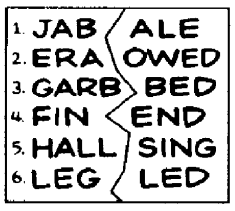
Answers: 1. Launched. 2. Fluoride. 3. Calendar. 4. Cauldron. 5. Headline. 6. Bedrolls. 7. Oddballs. 8. Dovetail.

CAN YOU EXPLAIN how a baseball pitcher could win a nine-inning game without once pitching to a batter?

Answer: He could if he were a substitute pitcher brought into the game at the top of the ninth inning with the score tied, two outs, and a man on first base. If he then picked the man off at first base, the side would be retired and his team would come to bat. If his team then scored the winning run, in the bottom of the ninth, he would be the winner without ever having pitched to a single batter.

Illustrated by David Coulson

LINK-UPS! Here's a list of 12 short words, divided into two columns. Turn them into six longer words by linking them together. To do this, draw a line from one word in the left column to one word in the right.



Answers: Jabbed, erasing, finale, garbled, hallowed, legend.

CABOT AND BEYOND

Red Pine, Not Your Sexy Softwood

By Dave Mance

There's an artificial quality to a red pine plantation that you don't find elsewhere in Vermont and New Hampshire, a vibe that stems from the fact that all the trees were put there, by people, deliberately. Whereas an uneven-aged hardwood forest offers an organic mosaic of layers and life; whereas a re-growing clearcut provides a chaotic testament to 'survival of the fittest' – tree whips locked in mortal combat with one and other as they strain with almost palpable tension towards the sun; the red pine plantation offers an orderly testament to man's geometric spirit – the biological equivalent of a cemetery or a trailer park.

Many ecologists find plantations distasteful. Nature thrives on disorder, and so these sterile, planned environments are marked by a lack of plant and animal diversity. Many red pine plantations were planted a bit too claustrophobically back in the day, and the deep shade limits both the health of the trees and the plant life on the forest floor. Over time, fallen pine needles form a deep duff layer, further limiting the ability of other species' seeds to germinate.

One could also resent the trees based on their lack of value. While well-formed, mature red pine is coveted, overcrowded plantation pine is not. Most wood-savvy landowners, if given a choice, would prefer dense stands of spruce, hemlock, cedar, really any softwood to red pine. If white pine – the King's pine – evokes stately ship masts and wide plank flooring, red pine evokes telephone poles slathered up in creosote. It's just not a sexy softwood.

Still, many a humble barn has been built from rough-cut red pine lumber, and ecological limitations aside, there's something endearing about these stands. They're often quiet, dark places – maybe not as somber as a hemlock or spruce grove, but still contemplative enough. Poets can point out that the forest looks disarrayed from most angles until you step into a row and the trees suddenly reorganize themselves into perfect lines – a marked burst of clarity in an otherwise haphazard landscape.

How did these plantations come to be in a place where foresters don't typically plant forests? Sixty two thousand men worked for the Civilian Conservation Corps in Vermont and New Hampshire between 1933 and 1942, and they planted hundreds of thousands – if not millions – of red pine seedlings that became the trees we see today. (Nationwide, CCC crews planted 3 billion trees, though not all red pine.) The government further subsidized red pine seedlings throughout the twentieth century as a way of providing hill farmers with a future cash crop that would grow on otherwise played-out soil. Red pine seemed the perfect candidate for this, as it's fast growing and susceptible to fewer serious enemies than most pine species. (White pine can be bedeviled by white pine weevil and white pine blister rust – neither of which affect red pine.)

In retrospect, the "cash" part of "cash crop" proved a bit optimistic on most sites, and today, many of these plantations are coming down as landowners seek to either improve the value of their timber stock or improve the value of their wildlife habitat (unless they're managing exclusively for red squirrels).

I'm keeping a small corner of the red pine plantation on my own woodlot intact as a nod to history, and I'm releasing a few pole-quality specimens to flourish, but the rest is scheduled to be aggressively thinned, a thinning that probably won't generate much, if any, profit. In the meantime, my family and I have been felling, limbing, and peeling some logs to use as cabin poles. This time of year, the bark is relatively easy to remove with a bark spud, as the tree's cambium is slimy with sap and ooze. When the tree stops growing in autumn, the dry cambium will bond to the wood and stripping the bark will be near impossible.

After the saws stop whining on our woodlot, peeling the cabin logs becomes quiet, meditative work. Despite the summer sun, it's cool under the heavy forest cover; the fallen pine smells nice. At the end of the day, the stripped logs lie in naked repose, pale and shining upon the forest floor. Light filters through the holes in the canopy above, and it's easy to imagine the next generation of seedlings that will soon spring forth to seize their own 70-year moment in the sun.

Dave Mance III is the editor of Northern Woodlands magazine. The illustration for this column was drawn by Adelaide Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and is sponsored by the Wellborn Ecology Fund of New Hampshire Charitable Foundation: wellborn@nhcf.org

Keep Your Most Precious Passengers Safe

Motor vehicle crashes are the leading cause of death for children age 3 to 6 and 8 to 14. Parents and caregivers are urged to make sure car seats and booster seats are properly installed to prevent injuries and deaths amongst their children

During the **2010 CHILD PASSENGER SAFETY (CPS) WEEK**, parents and caregivers are urged to verify that their child safety seats are properly installed and correctly used.

There's nothing more important than keeping our children safe. Although every year children are injured or killed in car crashes, proper use of child safety seats can help keep our children safe. As a parent, you may find it difficult to sort out conflicting or confusing car safety seat information as your child develops and grows. Child safety seats work best when used correctly. But how do you know what's correct?

Vermont's child safety seat law defines age limits but not weight and height. It also states that a child must be "properly" secured in the vehicle. For example, you may believe your 8-year-old daughter is big enough to graduate from her booster seat because of her age. But your daughter may be small in stature, and when you put her in the car's seat belt, the shoulder belt rides up on her neck. This means that she is improperly secured and she should stay in a booster seat longer.

Vermont's ***Be Seat Smart*** campaign and National Child Passenger Safety Week are designed to draw attention to the importance of child safety seats and to help parents understand the 4 Stages of Seat Safety that every child progresses through. See which stage your child is in below and find out how to buckle your kids in their car or booster seat safely. Certified safety technicians are available to help you at free special Child Safety **Seat Checks** and **Fitting Stations** throughout Vermont.

5 STEP TEST

Take the 5 Step Test to determine if your child is ready for a seat belt

1. Does the child sit all the way back against the auto seat?
2. Is the lap belt below the stomach, touching the thighs?
3. Is the shoulder belt centered on the shoulder and chest?
4. Do the child's knees bend comfortably at the edge of the auto seat?
5. Can the child stay seated like this for the whole ride?

"For more information about Vermont fitting stations, seat checks or proper use of child safety seats, please go to www.beseatsmart.org and www.nhtsa.gov/Safety/CPS#."

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dbp@charterinternet.com
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www.cabotheights.com
Mark & Brigitte Codling, Owners
10/10

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802 586 2857.
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VETERINARY

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Andrea Gilbert, D.V.M
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Hardwick, Vermont 05843
(802) 472-8400
info@hardwickvet.com
After care hours (802)863-2387 or
(802)888-7911
www.hardwickvet.com
Open Tuesday - Saturday
8/11

CABOT SOCCER SCHEDULE

CABOT BOYS VARSITY SCHEDULE
~ 2010 ~
AUGUST 23RD PRACTICE CAN BEGIN

SEPT 8TH CANAAN @ CABOT-
GIRLS 3:00, BOYS 4:30

SEPT 9TH DANVILLE @ CABOT-
BOYS 4:30

SEPT 16TH CABOT @ CONCORD
GIRLS 3:00, BOYS 4:30
BUS @ 1:45

SEPT 18TH CONCORD @ E. BURKE
GIRLS 12:00, BOYS 2:00
BUS @ 10:30

SEPT 22ND WHS @ CABOT
GIRLS 3:00, BOYS 4:30

SEPT 25TH CRAFTSBURY @ CABOT
BOYS 1:00

SEPT 28TH TWINFIELD @ CABOT
BOYS 4:30

SEPT 30TH CABOT @ CANAAN-
BOYS 4:00 GIRLS 4:00
BUS @ 1:00

OCT 5TH CABOT @ TWINFIELD
BOYS 4:00 GIRLS 4:00
BUS @ 3:00

OCT 8TH CABOT @ UCA
BOYS 4:00
BUS @ 2:30

OCT 12TH CABOT @ CONCORD
BOYS 4:00
BUS @ 2:45

OCT 16TH CABOT @ WHS
BOYS 1:00, GIRLS 11:00
BUS @ 9:30

OCT 18TH UCA @ CABOT
BOYS 4:00

OCT 20TH CABOT @ CRAFTSBURY-
BOYS 4:00
BUS @ 2:45

CABOT GIRLS VARSITY SCHEDULE
~ 2010 ~
AUGUST 23RD PRACTICE CAN BEGIN

SEPT 8TH CANAAN @ CABOT-
GIRLS 3:00, BOYS 4:30

SEPT 11TH TWINFIELD @ CABOT-
GIRLS 11:00

SEPT 16TH CABOT @ CONCORD
GIRLS 3:00, BOYS 4:30
BUS @ 1:45

SEPT 18TH CABOT @ E. BURKE
GIRLS 12:00, BOYS 2:00
BUS @ 10:30

SEPT 22ND WHS @ CABOT
GIRLS 3:00, BOYS 4:30

SEPT 25TH CABOT @ CRAFTSBURY
GIRLS 1:00
BUS @ 11:45

SEPT 30TH CABOT @ CANAAN
GIRLS 4:00. BOYS 4:00
BUS @ 1:00

OCT 5TH CABOT @ TWINFIELD
GIRLS 4:00, BOYS 4:00
BUS @ 3:00

OCT 8TH UCA @ CABOT
GIRLS 4:00

OCT 12TH CONCORD @ CABOT-
GIRLS 4:00

OCT 16TH CABOT @ WHS
GIRLS 11:00, BOYS 1:00
BUS @ 9:30

OCT 18TH CABOT @ UCA
GIRLS 4:00
BUS @ 2:30

OCT 20TH CRAFTSBURY @ CABOT
GIRLS 4:00

OCT 23RD CABOT @ WAITSFIELD
GIRLS 1:00
BUS @ 11:15

BOYS COACH: PETER STRATMAN
802-563-2289 EXT 229

GIRLS COACH: MICHELLE DELANEY
802-563-2427

ALL SCHEDULES ARE SUBJECT TO CHANGE

CLASSIFIEDS

Classified ads are 10 cents per word, for a minimum of $2 (not including help wanted or employment classifieds).
For full details, see our media kit at www.cabotchronicle.org or contact us at 563-3338.

HELP WANTED

Wanted-
Ambitious, driven self-starter to sell advertising for the Cabot Chronicle. Retirees fine, particularly anyone with some experience in sales. Must have own car and be able to govern your time independently. This is a commissioned position. Please send a brief resume to cabotcoalition@fairpoint.net.

Wanted-
Experienced, talented writers to write articles for the Cabot Chronicle. Knowledge of Associated Press style a definite plus, functional literacy a must. May waive experience qualifications with high-quality writing sample submissions. Ability to express yourself clearly is the most important thing. This is a freelance job. Please send a brief resume to cabotcoalition@fairpoint.net.

HELP WANTED

Wanted-
Youth Group Advisor with the Cabot Coalition. Part-time school year position responsible for coordination & management of the high school & middle school prevention groups; assisting with implementation of in school prevention curriculum; recruiting youth and assisting them in the organization of prevention activities and education programs. Candidates must possess knowledge of prevention and alcohol and other drug use issues, experience working with adolescents, teens and families, ability to facilitate teams & work collaboratively among all constituents of the Cabot community, and have experience initiating and managing programs. Complete background check and fingerprinting required. Call 563-3338 or email cabotcoalition@fairpoint.net for more information.

HELP WANTED

Wanted-
Assistant Coordinator with the Cabot Coalition. Part-time full-year position responsible for assisting in all Cabot Coalition operations and activities. Qualifications include a clear commitment to substance abuse prevention; ability to work cooperatively with youth, parents and community members; experience recruiting, training, and working with volunteers; ability to facilitate meetings & teams; ability to work independently and to initiate new programs; experience with community collaboration with an understanding of the local community; excellent communication and administrative skills; strong organizational skills and commitment to accurate record keeping for evaluation needs. Complete background check and fingerprinting required. Call 563-3338 or email cabotcoalition@fairpoint.net for more information.

FOR SALE

Firewood - Green.
Delivery within 10 mi. of village. $165/cord . 563-2369.

WANTED

Wanted Model Trains- Used, new or broken. I am a model train recycler and buy and sell model Trains. Any donations of unwanted trains are a tax-deductible donation. Send to P.O. Box 134, Cabot, VT 05647. Call 802-563-3208. Email graybuddybear@fairpoint.net.

Wanted: Regular weekend and weekday fill-in caregiver for Cabot senior, paid through Vermont Choices for Care program. Light duties, primarily homemaking. Please call Mike at 365-4478 if interested.