

The Cabot Chronicle

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June 2012

Cabot Village Store “Your Local Grocer”



Signs in the window of Cabot Village Store promote Cabot Cheese, Green Mountain Coffee Roasters and "Buy Local"

By Alyssa Bernadino

Just about a year ago, Cabot was ravaged by torrents of vicious water. Main Street buckled and buildings were badly damaged as floodwaters invaded the village.

One of those hardest hit: The Cabot Village Store, owned by Bobby & Steph- any Searles. Twelve months later, a look inside this iconic store shows little evi- dence of those devastating days. What it does show is hope for the future, and the strength, determination and resiliency of a family dedicated to community.

This may look like any other general store offering basic groceries, a deli and a place to keep up on local gossip. Look closer, and you will see the Searles fam- ily give the slogans ‘Buy Local’, ‘Neighbor to Neighbor’ and ‘Farm to Ta- ble’ a tangible definition. From produce to greeting cards, the Cabot Village Store, employing nine Cabot residents, sells products from more than twenty small businesses throughout Vermont. Those businesses employ more than fifty of our family members, friends and neighbors.

Cabot Creek Creations
(Cabot)

The Jones family takes pride in creating quality products, and expands their line each year. The toiletries section holds lip balm, lotion balm and, their newest product, Lotion One.

Talbert’s Maple Products
(Cabot)

As long as there have been Talberts in Cabot, they’ve made maple syrup, right at the base of Bothfeld Hill.

Rhapsody Natural Foods
(Cabot)

Organic Egg Rolls and Tempeh, hand- crafted on Danville Hill, contain only wholesome ingredients.

Kingdom Creamery of VT
(East Hardwick)

Five delicious flavors of ice cream and six luxurious yogurts. Maple Ice Cream,

crafted with maple syrup and maple sugar (instead of cane sugar), is the most popular.

Red Door Bakery
(Marshfield)

That delicious ice cream may be best paired with a mocha brownie with the Red Door logo. Located just five miles south of Cabot, the bakery offers fresh home-baked goods, such as bars, cookies and granolas.

Burt’s
(Cabot)

You can find local eggs and a variety of apples branded with the well-known Burt’s ‘B’.

Amanda’s Greenhouse
(Cabot)

In season, you can find the freshest flow- ers grown right on Cabot Flats. Follow your nose to the produce section and you may find herbs cultivated in Cabot, too.

Dancing Carrot Farm
(Cabot)

For almost two years, Dancing Carrot Farm has been delivering non-certified organic produce directly from the farm to the Cabot Village Store.

Country Made Essentials
(Cabot)

These handcrafted bath and body prod- ucts emit a relaxing aroma in the Ver- mont Gifts section.

Old Crow Farm
(Cabot)

A long-time Cabot resident takes great pride in her candles of all shapes, sizes and fragrances.

Cellars at Jasper Mines
(Greensboro)

Although not a regular product, on occa- sion you will find a small selection of cheeses aged to perfection in the hills of Greensboro.

(see “Cabot Village Store”, page 3)

Blurbs From The Blogosphere Our First Day in Aluze, France



Gwen and Robin Considine in the “goathouse” at Le Chevrerie les Filletieres in Aluze, France.

This is an excerpt from a blog of im- pressions by Cia Considine, on assign- ment in Europe for the Chronicle, to report on the Cabot-initiated, ‘Must Love Goats’ Project. For more information about the project or to link to more of this blog, go to: <http://mustlovegoats2012.blogspot.com/2012/05>.

This morning we learned that the owner of Le Chevrerie des Filletieres in Chekov's would expect the girls (Gwen and Robin) at 4:00 p.m. for introduc- tions to their internship. We had most of the day to become accustomed to the village of Aluze (sometimes referred to as the ‘Light of Burgundy’). The girls and I took a walk about the village, through narrow cobbled alleys and steep switchbacking streets, but we were back to the house we are staying at in time for the daily delivery of the fresh bread from the baker in the next vil- lage. Each day, the baker comes by an- nouncing her presence on the mix of streets with a long loud toot of the horn. We heard the baker’s approach just after 11:00 a.m.. Gwen and Robin

bought a croissant and baguette right from the back of the baker van and I just giggled and took photos of this charming ritual.

So, we feel that we are a part of this community and truly have arrived.

The Goathouse (as they call it in English), Le Chevrerie les Filletieres, is about a 25 minute drive and, contrary to our understanding, the owner does NOT speak English. Thankfully, there is a worker there who will help with translation. Philippe and Mathi’, our host’s parents and neighbors here in Aluze, have been wonderfully helpful and really go out of their way to help us make connections here. In fact, another couple living here are from England, and arrangements were made for them to accompany us to the farm, since they were interested to see the goat farm and to help possibly translate any direc- tions.

We began our tour with the farm owner Michel Lacharme. The farm was very clean and situated in the centre of (see “Our First Day”, page 3)

School Choice in Vermont

By Brigitte M. Codling

Webster’s Dictionary defines “School” as an organization that provides in- struction and “Choice” as the power of choosing. When these two words are put together as School Choice, they tend to evoke a variety of thoughts and emo- tions.

The concept of school choice has been around for a very long time. Before the mid-1800s, elementary and second- ary education was based entirely on parental choice. However, time passed, local populations changed, the structure of schools changed, and ideas related to schooling changed along with it. By the early 1900’s, all public schools, includ- ing the one-room school houses, were regulated by state government.

Parents have always had the right to home school their children, but not all parents can, are comfortable doing so,

or even want to; but they do have that choice. "The fundamental theory of lib- erty upon which all governments of this Union repose excludes any general power of the state to standardize its children by forcing them to accept in- struction from public teachers only. The child is not the creature of the state." [Pierce v. Society of the Sisters, the U.S. Supreme Court ruling].

“America’s founders did debate a bit as to whether or not to force children to attend schools, and they decided to leave such decisions to individual fami- lies and local and state governments. The words "education" and "school" ap- pear in none of our founding docu- ments, such as the Declaration of Inde- pendence, the Constitution, or the Bill of Rights. Some of our most famous inventors, writers, and politicians were self-taught, learning through mentoring (see “School Choice”, page 3)

Inside this issue

Features: Page 1-2
Obituaries: Page 4

Graduation Pages: Page 6-7
Classifieds: Page 12

Directory: Page 12
Calendar: Page 5

THE FLYING FARMER

Lost and Found, Old Tools



An old picture of me with Tom & Jerry in the mid 1980's. The sheds are in the background.

By Will Ameden

My friend Rollin sent me a photo recently of an old grease gun he found on his nearby family farm, with the caption, “I can see Dad now”.

We now live in a throw-away society, where durable goods just need to last ten years; where it is cheaper to go buy a new grease gun than fix the plunger on an old one. The problem I run into here on the farm is this; with many helping visitors, the kids doing their chores, and a “too many places at once” farmer, tools are lost, misplaced, or are simply not kept track of.

Up to the time of my Grandfather’s generation, tools on the farm (this went for everything in life as well from milk cans, to sewing machines, ovens and automobiles) were treasured and well taken care of possessions which were passed down through the generations. Thinking about Rollin’s found grease gun, and the use of well designed and long lasting tools, sparked a memory from my childhood.

We had an “ell” on our dairy barn, which was a series of sheds: one for sawdust, two for tools and equipment and the one on the end was an old ice house.**

I was in my teens and digging around in the dirt in the floor next to the ice house (I cannot remember why) when my shovel struck something rounded and hard. The spring ground was still frozen, but I was intrigued and determined to figure out what this was.

After repeated trips to the milk house for hot water and much prying with a crowbar, I unearthed a beautiful and ornate chain-binder. Chain-binders are used to take up slack in a chain that is binding down a load.....logs, equipment being the most common in my case.

It was buried vertically for some reason, so the round part I first found was the very end of the handle. After a day of soaking in diesel fuel, much time on a wire brush and a shiny coat of red paint, it was as good as new. I used it drawing out wood with my team of Belgians, and it still hangs in my Dad’s shop today.

It is so important for our farm viability to not only have tools and equipment that are built well and designed to last, but to put that thought and care into the things we produce, as well. We need to have a “farm infrastructure” that is based on those same principals: well designed, built to last, well taken care of, and hopefully, if misplaced, found and restored to good use.

I will check in with Rollin to see if he has grease flowing in his lost and found tool yet.

***This old ice house had double walls filled with sawdust and a cement floor. My grandfather would cut ice blocks from the pond during the winter, pack them in sawdust which would keep the ice frozen through much of the summer. This ice was used to cool the milk, and in ice box in the house to cool food until electricity came to the farm and refrigerators could be used.*



Tebbett’s Grease Gun



These are some old tools my brother dug out of my grandfather’s shop. There are 2 chain-binders on the left.

Proposed Town Plan Headed to Select Board Public hearing

By Gary Gulka

The Cabot Select Board has completed review of the proposed Town Plan presented by the Cabot Planning Commission. Some minor modifications have been made and the proposed Plan will be noticed for a public hearing on June 28. The Planning Commission held its required hearing on the proposed plan December 15. The Plan contains ten sections on topics that include natural resources, historic resources, housing, land use, energy, economic development, transportation, and community facilities and services. The Land Use section, in particular, contains recommendations for changes to zoning regulations and a recommenda-

tion to establish subdivision regulations. The Town Plan itself cannot amend zoning regulations. The Planning Commission intends to begin work on zoning revisions once the Town Plan is adopted, and this will be a public process with meetings and hearings. Zoning regulations cannot be amended unless the town has an up to date Plan.

The Town Plan may be adopted by the Select Board after public hearing with or without modifications. If significant modifications are made to the Plan, then the Select Board must hold another public hearing before considering adoption. Copies of the proposed Plan will be available at the Town Clerk’s Office and Library and will be made available on the Town’s web site.

Vermont Council on Rural Development: Community Visit Program - Is Cabot a Candidate?

Paul Costello, Executive Director of Vermont Council on Rural Development (VCRD) in Montpelier, met May 24 with a diverse group of Cabot residents to talk about the Council’s Community Visit Program. The Council is meeting with representatives of a few communities to set their work plan for the coming year.

Cabot Community Association and UDAG invited VCRD to Cabot to learn more about the program and for Costello to assess Cabot’s readiness to make full use of it. The Community Visit program is a way for towns to engage and bring together their residents, set common goals and directions in a neutral and facilitated structure, and access resources that will help them take action on those

goals. The Community Visit Program, provided at no cost to communities, gets citizens engaged in working for their communities and connects them to the resources they need to be successful.

The group will be asking the Cabot Select Board to make an official invitation to VCRD to consider Cabot for the Community Visit Program, at the next Select Board meeting at 7:00 p.m. on June 7. For more information, come to the Select Board meeting, or go to www.vtrural.org and click on the Community Visits box. Reports from other communities will illustrate what has been accomplished in the twenty communities that have been visited since 1996.

Cabot Traffic - Corridor Revitalization Committee

When Cabot received a Transportation Enhancement Grant, a group of residents concerned with traffic, bike and pedestrian issues pulled together a group called the Cabot Corridor Revitalization Committee to oversee the grant and work together on Main Street safety issues that can be improved locally.

The group’s first responsibility was to manage the process for requesting proposals from engineers to conduct a bike and pedestrian scoping study and develop recommendations for bicycle and pedestrian safety and beautification. The first meeting was held April

26, and meetings continue on the first and third Thursdays each month at 5:00 p.m., prior to the 7:00 p.m. Select Board meetings. A request for proposals was issued, and the results will be discussed on June 7.

The group is also independently working on projects to address safety and noise concerns citizens have voiced. Topics discussed include creating a safe path for students to get from school to the recreation field, a pedestrian bridge across Route 215 at the intersection of Route 215 and South Walden Road, speed-triggered flashing lights, speed bumps, trees and bump-outs.

The Cabot Chronicle Submission Guidelines

The Chronicle welcomes letters written with an economy of words. The maximum length is recommended to be no longer than 400 words. Letters may be edited for clarity and length or returned to the author with suggestions for re-submittal. All letters and commentary published in *The Cabot Chronicle* represent the opinions of the authors and not necessarily the opinions of staff.

The Cabot Chronicle reserves the right to reject letters that may contain unsuitable material for our readers. Letters will not be considered for publication unless signed and accompanied by a phone number. We will gladly consider articles and photographs for publication.

The Cabot Chronicle is not responsible for errors in submitted material. Nor does *The Cabot Chronicle* assume responsibility for claims arising in connection with products or services advertised on these pages.

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~ Mission Statement ~

The mission of The Cabot Chronicle is to regularly publish local news for the residents of the Cabot Area. Our purpose is to share information that will help readers become better involved in their Community.

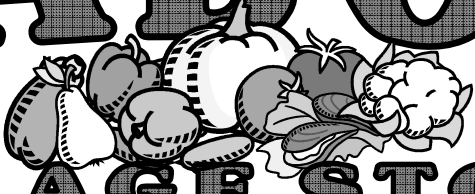
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CABOT

Fresh Produce,
Fresh Meats,



Always Fresh
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VILLAGE STORE

CONGRATULATIONS 2012 GRADUATES

**BEST OF LUCK TO THE
SURROUNDING TOWNS OF...**

CABOT CALAIS

DANVILLE WOODBURY

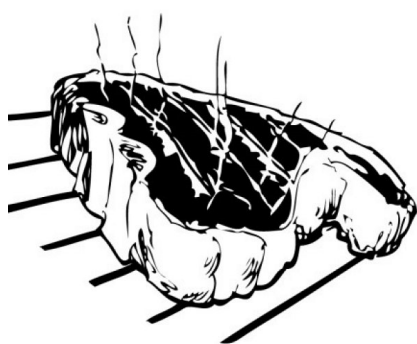
MARSHFIELD WALDEN

SPEND IT HERE

BUY LOCAL

KEEP IT HERE

**BUYING LOCAL KEEPS MONEY
IN OUR COMMUNITY!**



**BBQ SEASON
IS HERE,
PLEASE
CHECK OUT
OUR MEATS
CUT FRESH
DAILY.**

THANKS FOR LETTING US SERVE YOU
The Searles Family
3109 Main Street, Cabot, Vermont ~ (802) 563-2438

Cabot Village Store

(continued from page 1)

And there's still more:

Lindsey Perry: cards etc. - "Z"
Leonard Spencer: Cabot Churches history
Laura Shaw: paintings
Shirley Paire: produce
David Carpenter Farm: produce
Sarah's: baked goods
Molly Markwell: soap
Dawn Haycook: painting, stained glass, etc.
Gina's Brookside Bakery: baked goods

There is nothing general about this marketplace of local wares. The Searles family has created a small showplace where other businesses can grow.

Renovations to the Cabot Village Store are complete and a new 900 square foot retail space has been created. Plans for this space are not final and leasing it to a new business could be an option. August 9, 2012, will mark the sixth year Bob & Stephany have owned the store.

Our First Day

(Continued from page 1)

Chenoves along a well-travelled road for locals and tourists. The farm had a small sign and it was very much a farm, not dressed up to attract tourists, but clearly welcoming visitors, since their cheese shop was open all the time. This was interesting and pleasingly less touristic. Perhaps there was not a need to solicit shoppers of cheese, since we learned that this Chevrerie has attained many awards both in Burgundy and in all of France for their cheese.

We bought and we tasted. There were these tiny thimble-sized cheese bites, complete with their own young rind. They were really different and tasted a bit like Halvah to me. There were both soft 'frais' cheese, aged only 1 to 2 days and there were small hockey puck cheeses that were very hard and aged about 5 months. This chevrerie did not have any cheeses mixed with herbs or other varieties, except that which was traditional to Burgundy. Remember, this is largely wine country, and honestly, what could possibly be

wanting of an excellent pairing of Burgundy wine and cheese?

The beginning work schedule was planned. The girls will work all day at the farm beginning tomorrow in the cheese creamery. They will be milking and also selling and delivering to the main market in Chalon-sur-Saone over the weekend. There is also a festival early next week that they will attend in Buxy/Montagny.

I will be driving them, exploring on my own and then returning to get them in the evening. This area has miles and miles of a 'Great Wine Route' posted everywhere as you drive. The roads (some only suitable for tractors it seems - like Vermont), meanders for miles and miles through small villages, each with their own wine makers and caves. The road also criss-crosses actual vineyards. Imagine the backdrops of old, old stone villages and houses - some in disrepair—and miles of hedges and stone walls that line the fields. So many pictures and so little internet power to load them all

School Choice

(see "School Choice", page 3)

or apprenticeships, conversation and reading, and this route to adulthood continues today" [Plent, 1999 & Gordon, 1990]

Currently, there are two versions of School Choice in Vermont; Regional High School Choice and Statewide High School Choice.

MEETING WITH SCHOOL BOARD JUNE 11

Cabot Residents are invited to join the CABOT SCHOOL BOARD on June 11, 2012, 6:00 p.m. at the CSPAC Building in Cabot, VT, solely to discuss parental concerns, possible issue resolutions, and potential for improvements to communication. If you are concerned about Cabot School please attend and be heard!

AUGUST 11 & 12, 2012 NEK's BIGGEST LAWN SALE EVENT OF THE SUMMER



Mark Your Calender, Rain Or Shine!
Cabot Community Association proudly
sponsors LAWN SALE 2012

Your \$10 fee gets you:

- advertising in at least 10 local newspapers
 - advertising on at least three community radio stations
 - your location and contact info included on the official lawn sale map
 - town-wide signs directing drivers toward your sale
- Make your sale the most effective ever:
Move your junk, Make some cash**

~~~~~ SIGN ME UP!!!! Deadline: JULY 25 2012 ~~~~~

Name: \_\_\_\_\_  
Physical Address: \_\_\_\_\_  
of Lawn Sale: \_\_\_\_\_  
Your Mailing Address: \_\_\_\_\_  
Your Phone: \_\_\_\_\_  
Your Email Address: \_\_\_\_\_

Remit this form with a check for \$10 made out to the Cabot Chronicle,  
LAWN SALE 2012, P.O. Box 245, Cabot, VT 05647  
Call (802)563-3338 for more information.

# Legislative News

By Kitty Toll



The 2012 Legislative Session came to a close on Saturday, May 5, one week earlier than scheduled. I continued my work this year on the House Appropriations Committee. This committee is responsible for the state's yearly budget, and this year was charged with solving a \$60 million gap. Substantial increases in spending due to the destruction caused by Tropical Storm Irene resulted in the state budget exceeding \$5 billion. This is the largest budget in the state's history. Approximately 50% of the increases in budget expenditures were caused by the tropical storm. Additionally, provisions were made in this year's budget for potential surpluses; 25% of surpluses will be put into a true "rainy day" fund, 25% will be reserved to help replace future federal cuts, and 50% will be allocated to the education fund to help reduce pressure on the property tax. The budget passed both the House (113-18) and the Senate (25-3), with support from all political parties.

Similar to the state budget, Tropical Storm Irene damages greatly impacted the state's transportation budget. The state's transportation infrastructure continues to be repaired and rebuilt following the tremendous devastation from the storm. The \$658 million budget is the largest in history, but will be significantly funded with federal dollars to help pay for the storm's unexpected damage. Transportation budget highlights include the following:

- ◆ \$104 million for paving projects
- ◆ \$102 million for interstate and bridge work
- ◆ \$133 million for all town highway programs
- ◆ \$66 million for roadway construction

The most contentious bill this year was S.199 – The Immunization Bill. As passed by the Senate on a vote of 25-4, the bill removed the philosophical exemption which allows parents to opt out of some or all vaccinations before entering school or a licensed day-care facility. The House version kept the philosophical exemption intact, but required educational information for parents detailing the risks of not immunizing. This version was not accepted by the Senate and the bill was referred to a Committee of Conference. The committee is made up of three members of the House and three members of the Senate to create a solution that a majority of the House and Senate members could support. At the end of the session, a bill passed that kept the philosophical exemption with educational materials for parents seeking the exemption, added reporting requirements concerning immunization rates for schools, and an

additional provision allowing students with immune system deficiencies to attend a different school with a higher rate of immunization.

This year's Capital Bill was designed to invest in our recovery from Irene. Funds are allocated for the creation of a new system of mental health care to replace the Vermont State Hospital, and are also dedicated to the restoration and re-use of part of the Waterbury State Office Complex. Together, these investments will improve the future delivery of services. These facilities will be used to care for Vermonters who need help, to keep our communities safe, and to ensure the efficient operation of state government.

Tropical Storm Irene did what many Vermonters had wanted to do for several years – it closed the Vermont State Hospital in Waterbury. The storm also made available a capital funding opportunity to repair and rebuild affected state infrastructure. As a result, legislation was passed to strengthen Vermont's existing mental health care system with a new hospital to replace the lost Waterbury facility, enhance community and peer services and add acute inpatient beds throughout the state. Included are:

- ◆ 14-bed unit within the Brattleboro Retreat
- ◆ six-bed unit within Rutland Regional Medical Center
- ◆ temporary contract for 7 to 12 inpatient beds at Fletcher Allen Health Care
- ◆ inpatient services at a temporary location in Morrisville
- ◆ new 25-bed acute care inpatient hospital in central Vermont
- ◆ secure five-bed residential facility

Last month's issue outlined the process of redistricting Vermont's legislative districts, also referred to as reapportionment. Cabot, Danville and Peacham will continue to make-up the Caledonia-Washington-1 district. The Legislature set a goal to honor overwhelming public sentiment to make as few changes to districts as necessary and avoid splitting towns and villages. By constitutional mandate and state statute, reapportionment must maintain equality of representation as nearly as is practicable based on the 2010 census numbers. Difficult decisions were made to balance these goals. Because population has shifted northward, Burlington was given an additional seat, eliminating one from a southern area of the state with population decline. Fifty districts had absolutely no change, with the exception of a possible name change.

For complete information on all bills and actions, visit the State of Vermont website at [www.leg.state.vt.us](http://www.leg.state.vt.us), or contact me at [kittytoll@live.com](mailto:kittytoll@live.com) or by phone at 684-3671 or 563-2627. I want to thank the voters of Cabot, Danville and Peacham for giving me the opportunity to represent our communities in Montpelier. It is an honor to serve as your State Legislator.

# OBITUARIES & MEMORIALS

## Elizabeth P. Hatch

Elizabeth "Betty" Pike Hatch, 91, a Walden resident, died Wednesday, May 16, 2012, at her home. She was born April 19, 1921, in Roxbury, MA, the daughter of the late Clarence Alden Pike and Emily May (Tiffany) Pike. She graduated from Lyndon Normal School in Lyndon Center.

On January 13, 1945, she married Lee Brewster Hatch III. She was an elementary school teacher for more than 17 years. She taught school in several communities. She later assisted her husband on the family dairy farm.

She was a member of the Walden United Methodist Church. She was chairwoman of the Walden Historical Committee, co-author and editor of the Walden 200 historic publications, co-author of a history of Walden, chairwoman of the Northeast Kingdom Fall Foliage Festival, founder and president of the Walden Home Demonstration Group, 4-H leader and a correspondent for the North Star, Caledonian-Record and Hardwick Gazette.

Survivors include three daughters, Judith Clifford of Walden, Janet McKinstry of Middlesex, and Joanne Foster of West Danville; seven grandsons; 16 great-grandchildren; and several nieces and nephews. She was predeceased by her husband in 1995 and a sister, Anita Clark.

Arrangements were handled by Northern Vermont Funeral Home in Hardwick. Funeral services were held May 21, 2012, at the Walden United Methodist Church in Noyesville.

In lieu of flowers, contributions in her memory may be made to the Walden School for the education and enrichment of students, c/o Judith Clifford, PO Box 54, West Danville, VT 05873.

## David A. Ross



David Allen Ross passed away on Sunday, May 6, 2012, at his home in Cabot. David was born in St. Johnsbury on February 21, 1947, to Guy

"Buster" Ross and Dorothy "Dot" Ross. David worked for the State of Vermont Agency of Transportation for over 20 years. David was an avid fisherman and, among his many talents, was an excellent wood craftsman. Always quick with a joke, David will be missed.

David is survived by his sister, Bonnie Ross, of Baldwinsville, NY; his son and daughter-in-law, Justin and Kelly Ross, of St. Albans; along with his grandson, Andrew Ross.

Friends and family met on Saturday, May 12, in Barnet for a gathering. Donations can be made to the humane society in David's honor.

## Gerald L. Smith

Gerald L. Smith, age 75, of Stratford, CT, beloved husband of Dolores Kafara Smith, passed away peacefully on May 5, 2012, in Bridgeport Hospital with his loving family by his side. Gerald was born on October 28, 1936, in Cabot, VT, and was the son of the late Murdo and Marion Morrison Smith. He worked as a senior buyer for Harvey Hubbell for 40 years. Gerald enjoyed golfing, traveling to Vermont, spending time with his family, especially his cherished grandchildren. Gerald is survived by his loving wife of 50 years; two sons, Jeff Smith and wife Susan of Orange and Gregory Smith and wife Dana of Orange; one daughter, Sharon Talbott and husband William of Ft. Collins, Colorado; four grandchildren, James Smith, Jacob Smith, Alec Smith and Meghan Smith; two sisters, Joyce Drummond of New Hampshire and Virginia Buck and husband Thomas of Lyndonville, Vermont; one sister-in-law, Irene Smith of Lyndonville, Vermont; lifelong friend George Dreyer; and several nieces and nephews. He is predeceased by two brothers, Murdo Smith and Fred Smith. Funeral services were held on Thursday May 10, 2012, in St. Joseph's of Stratford National Catholic Church followed by interment in St. Joseph's Cemetery. In lieu of flowers, those who so desire may contribute to St. Joseph's of Stratford National Catholic Church, 1300 Stratford Road, Stratford, CT 06615.

## Northern Vermont Funeral Service

60 Elm Street  
Hardwick, VT  
05843-0063

802-472-6861

Dian R. Holcomb  
Funeral Director



## Celebration of Life!



The family of  
**HARRY**  
**"NOOKIE"**  
**FOSTER JR.**

Invites you to Old Crow Farm,  
Route 215 in Cabot, on Sunday,  
**June 3, at 1:00 p.m.,**  
to gather and celebrate his life.

## The Cabot Chronicle Oops!

### Corrections to May edition:

Page 3, Celebration of Life for Harry "Nookie" Foster; the correct date is Sunday, June 3, 2012.

Page 4, SASH Program, the correct phone number is 595-3323.

Page 10, Happy and Healthy Prom 2012, sponsored by Heating & More LLC and Lenny Van Riper at the Financial Marketplace, Inc.



# COMMUNITY CALENDAR

~ JUNE ~

## Wednesday, 6/6

**Smart Meters and You**, Jaquith Public Library, Marshfield, 7:00 p.m. Ray Pealer will talk about the reports of health problems, billing errors, and security concerns that others have reported about smart meters. Information: 426-3581.

## Thursday, 6/7

**Green Mountain Care Listening Session**, St. Johnsbury Catamount Arts, 6:00 - 8:00 p.m. The Agency of Administration is seeking input from the public on the benefits to be included in the design of Green Mountain Care, the single payer health care system for Vermont. All are welcome and encouraged to attend.

## Saturday, 6/9-10

**Vermont Day**: Vermont State Park day areas, state-owned historic sites, and the Vermont History Museum will be open at no charge all weekend. Information: Vermontdays.com.

## Saturday, 6/9

**Free Fishing Day**, the one day in the year when residents and nonresidents may go fishing without a fishing license. For information: [http://www.vtfishandwildlife.com/fish\\_familyfishing.cfm](http://www.vtfishandwildlife.com/fish_familyfishing.cfm).

**The Children's Parade**, Hardwick Chiropractic (the old school) to the First Congregational Church, 11:00 a.m., free. Decorated bikes, floats, wagons, plus live music and a plant swap at the grange hall. Information: 472-6021.

## Sunday, 6/10

**Village Harmony Concert and Folk Dance**, Fritz's barn in Marshfield on McCrillis Rd. 7:00 p.m. Village Harmony veterans perform traditional songs from South Africa, the Balkans, Ukraine and Georgia, folk dancing will follow this concert. \$10/\$5 for students, \$20 families. Information: 426-3581.

## Wednesday, 6/13

**Summer Film Series: Beauty and the Beast**, Jaquith Public Library, Marshfield, 7:00 p.m. 1946, this black and white film is the best, original film version of the story, with subtitles. Information: 426-3581.

## Thursday, 6/14

**Author Bethany Dunbar: Reading & Book Signing**, Galaxy Bookshop, Hardwick, 7:00 p.m., free. This guidebook to Northeast Kingdom farms and restaurants showcases the best of our region's locally produced and prepared foods. Reservations required: 472-5533.

## Sunday, 6/17

**4th Annual Vermont Invitational Lumberjack Competition**, 11:00 a.m., Burke Mountain Ski Area. Log Rolling, Ax Throwing, Underhand Chop, 2 Man Cross Cut, Stock Chainsaws, BBQ, chairlift rides and a pancake eating contest! Information: 626-7300 or [www.skiburke.com](http://www.skiburke.com).

## Wednesday, 6/20

**Summer Solstice Herb Walk with Anne Reed**, Jaquith Public Library, Marshfield, 6:30 p.m. Learn about edible plants on a lovely evening plant walk on the Old Schoolhouse Common nature trail. Information: 426-3581.

## Thursday, 6/21

Free Lunches for Kids at Cabot United Church, 11:00 a.m.-12:30 p.m. No reservation required.

## Tuesday, 6/26

Fundraiser Dinner 5:30-7:00 p.m. Cabot United Church, eat-in or take out. Reservations appreciated but not required. Call 426-3281 for information.

## Wednesday, 6/27

**Container Gardening with Ed Smith**, Jaquith Public Library, Marshfield, 6:30 p.m. Information: 426-3581.

## Thursday, 6/28

Free Lunches for Kids at Cabot United Church, 11:00 a.m.-12:30 p.m. No reservation required.

~ JULY ~

## Wednesday, 7/18-28

**The Yeoman of the Guard**, Unadilla Theater, East Calais, tickets \$20, 7:30 p.m. Produced and directed by Caleb Pitkin, considered to be Gilbert and Sullivan's darkest libretto. Information: 456-8968.

~ AUGUST ~

## Friday, 8/17 & 18

Tenth Annual Manifestivus, August 17 & 18, Pransky Road, Cabot. Advanced price (until June 15) tickets on sale now: [www.manifestivus.com](http://www.manifestivus.com).

~ ONGOING ~

**Bingo!** Every Friday, Old Schoolhouse Common, Marshfield, 1:00 p.m. Come join us for friendly fierce competition and laughter. Sponsored by Twin Valley Seniors.

**Cabot Recreation Dept** monthly meeting, second Tuesday of each month, Willey Building, 6:00 p.m.

**Cabot United Church** services are every Sunday at 10:00 a.m. To reserve the church for a function or any other reason call 563-2278.

**Danville Farmer's Market**, Wednesday's 9:00 a.m.-1:00 p.m., Route 2. Buy local!

**Diabetes Discussion Group**, 6:30 p.m. on the 3rd Thursday of the month at The Health Center of Plainfield, free and open to anyone with diabetes and their families. Information: 322-6600 or [dgrabowski@the-health-center.org](mailto:dgrabowski@the-health-center.org).

**Dungeons & Dragons**, Cabot Public Library, School Fridays from 3:00 to 5:30. All are welcome.

**Family Contra & Square Dance**, First Friday of each month. Danville Town Hall, 8:00 p.m., donation requested. Chip Hedler will do the calling and David Carpenter will lead the band. The dances are taught and are easily learned by young and old. Information: 563-3225 or email [samly-man@sover.net](mailto:samly-man@sover.net).

**Fiddle lessons** with Katie Trautz, Monday afternoons in Cabot, all ages and abilities, call 802-279-2236. Group Fiddle Lessons with Katie Trautz, Monday evenings 6:00 p.m.: \$20/class, every Monday, advanced beginner, adult class. Call 802-279-2236 for more information.

**Hardwick Farmer's Market**, Fridays 3:00-6:00 p.m., 150 Granite St. Buy local!

**Healthy Living Gentle Exercise Program**, every Monday, Wednesday, Friday, Old Schoolhouse Common, Marshfield, 10:45 - 11:45 a.m., free. Come join us for a free exercise program that strengthens bones and builds balance, strength and endurance. All levels welcome. Wheelchair friendly. Sponsored by Twin Valley Seniors.

**Knit & Crochet group**: meets the third Sunday afternoon of every month, 2:00 p.m. All skill levels welcome. Bring yarn, hook, or needles. Information: 563-3396 or e-mail [bonniesd@Together.Net](mailto:bonniesd@Together.Net)

**Medicare & You**, Free workshops 2nd & 4th Tuesdays of month, 3 - 4:30 p.m., Central Vermont Council on Aging, 59 N. Main Street, Suite 200, in Barre. Call 479-0531 to register.

**Movie Matinee**, every Monday, 1:00 p.m., Twin Valley Senior Center, Old Schoolhouse Common, Marshfield.

**Story Time**, Mondays at 10:00 a.m., Jaquith Public Library, Marshfield. For children birth to age six, and their grown-ups. Information: 426-3581.

**Tai Chi**, sponsored by Twin Valley Seniors, free, Mondays 1:00-2:00 p.m. Tai Chi will help you reduce stress, increase balance & flexibility, feel relaxed, and improve your overall mind, body and spirit. Must register: 426-3447. A medical release will be required.

**Twin Town Homemakers**, second Tuesday of each month, Cabot United Church, 7:00 p.m. Social activities, community service. Call for info: Cindy at 456-1361.

**Yoga & Wellness Classes**, Mondays 6:00-7:30 p.m. with Alicia Feltus. For more information contact Alicia: 802-563-3220 or [aliciafeltus@gmail.com](mailto:aliciafeltus@gmail.com).

## CABOT FOURTH OF JULY!

The Cabot PTSO is looking for new volunteers to help with the annual Fourth of July events. As most of you know, this is one of the town's biggest celebrations, and it takes a lot to put it on.

We need a few community members to help with the preparations, the set up, and the clean up.

As always, we are also looking for new ideas.

If you are interested in helping keep the Fourth of July Celebration alive, please contact Wendy Barnett at 563-9907.

Thanks,  
the Cabot PTSO



## Cabot Select Board Meeting Minutes

Are available on our website at [www.cabotchronicle.org](http://www.cabotchronicle.org)

Available for Cabot Residents

## MARSHFIELD FOOD DROP SATURDAY, JUNE 9

Second Saturday of every month.

Food pick up at 8:00 a.m.

Schoolhouse Common in Marshfield.

The Food Drop is open until all the food is gone - which is usually by 9:30 a.m., so do come at 8:00 a.m.

## NEEDED:

Volunteers for the Marshfield Food Drop, 2nd Saturday of every month - 7 AM - 9:30 AM. All ages welcome. This would be a good school community service project! Call Winnie (426-3254) for more details or just show up at the Schoolhouse Common in Marshfield on the 2nd Saturday of each month. Thank you!

## PLEASE NOTE:

Our new e-mail address is: [admin@fiancp.org](mailto:admin@fiancp.org)



## FAITH IN ACTION

Northern Communities Partnership, INC  
Phone: (802)563-3322

## CABOT JUNE FOOD SHARE DATES:

Wednesday, June 13, noon - 2 p.m.

Thursday, June 28, 2 p.m. - 4 p.m.

Cabot Mason Hall  
3339 Main Street



## Cabot's Annual July Fourth Celebration Maintaining Tradition Held on July 4<sup>th</sup>, as always!



8:00 a.m.-2:00 p.m. Rummage Sale, Cabot School Gym

8:30 a.m.-2:00 p.m. Open House, Cabot Historical Society Museum

11:00 a.m. Fourth of July Parade Down Main Street

Noon Chicken BBQ on the Recreation Field

1:00 p.m. Lumber Jack demo on the Recreation Field

## The Heart of Vermont Chamber of Commerce



## THIRD ANNUAL ROUTE 15 DUCK RACE

August 11, 2012

ducks dropped in the Lamoille, Hardwick 9 AM!

1st Prize: \$2,500  
2nd Prize: \$500  
3rd Prize: Apple IPAD (approx. \$500 value)  
4th Prize: \$200 and more!

**\$5/ticket - Only 5,000 tickets sold!**

For more information and to buy tickets online go to [www.rt15duckrace.com](http://www.rt15duckrace.com).

To Buy tickets locally: Aubuchon Hardware, Hardwick / Bucks Furniture, Wolcott / Cabot Community Association, Cabot / Connies Kitchen, Hardwick / Hardwick Kiwanis - Connie Bellevance / Merchants Bank - Pat Lemay, Hardwick

To buy from Cabot Community Association, call 563-3338 or stop in at the CCA/Coalition office.



# CONGRATULATIONS TO THE GRADUATING CLASS OF 2012



Ashley Abare



Willa Burke



Caleb Domey



RaShawnna Downing



Mike Garfield



Patrick Houston

**Edward Jones** Joe Malboeuf ~ Essex Jct.

*These businesses support parents in the Cabot community helping kids make good choices.*

**HAVE A HAPPY  
AND HEALTHY  
2012  
GRADUATION**



**LENNY VAN RIPER**  
THE FINANCIAL MARKETPLACE INC.

**HEATING & MORE LLC.**

**Talk to your teen in advance  
about underage drinking.**

Want more information?  
The Vermont Department of Health can  
help. Visit [www.parentupvt.org](http://www.parentupvt.org) or dial 211  
for tools and resources for being direct  
and straightforward with your teen.

Teens, too nervous to talk to your parents  
about alcohol? Talk things over with the  
Headrest Teenline, 1-800-639-6095.

**MAKE HAPPY MEMORIES FOR EVERYONE.**

**SUNWISE SURVEYING**

**Butter's Restaurant  
& The Linkovich Family**

**Hardwick Chiropractic**



Kelly Gochey



Aren Keene

Congratulations to the Class of 2012 from



**The Cabot Chronicle**  
staff and advertisers

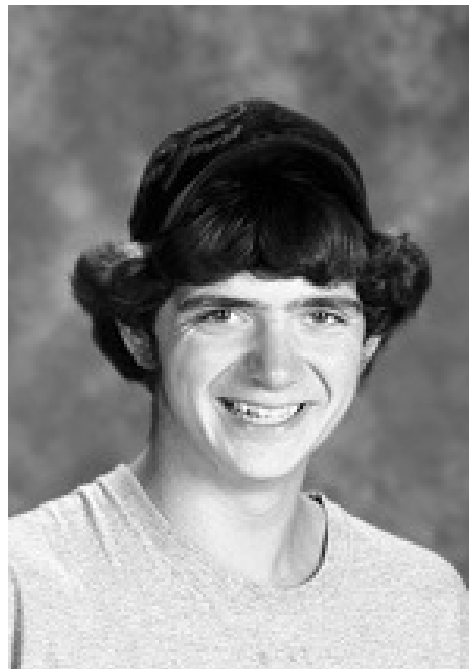


*Caleb -  
Congratulations on a job well done.  
We're so proud of you. And just think -  
you've only just begun!  
Mom and Dad*





# CONGRATULATIONS TO THE GRADUATING CLASS OF 2012



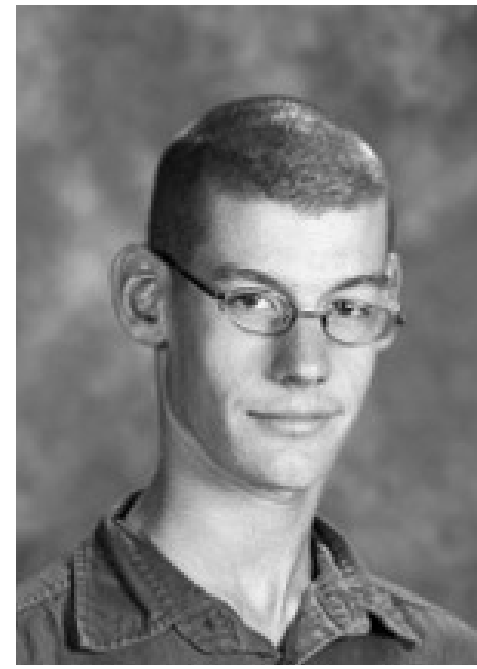
Bradley LaPan



Brandon Lamphear



Corey Magoon



Matthew Nally



Steven Ridge

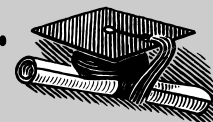
Congratulations and best wishes to Caleb from New Jersey. Good job.  
Grandma Johnson



**Hey Caleb! Great Job !**  
Can't wait to see you this summer.  
Uncle Chris and Barb in Virginia Beach



**CONGRATULATIONS ON YOUR GRADUATION AND  
GOOD LUCK AT CHAMPLAIN COLLEGE.  
GRAMMA AND BUPPA**



Rebecca Rossell



Christopher Schumacher

**Congratulations, Caleb.**  
We love you - Aunt Lyndy and Uncle Harry



## AND CONGRATULATIONS TO THE CLASS OF 2016

*Congratulations to Megan and her 8th grade class upon your graduation. Thank you to all the parents, teachers, and community members who helped you along the way.*

*Love, Anne, Tim, and Abigail Walker.*



LeeAnn Wootton

**"Welcome back from Washington, D.C., class of 2016!**

Trusting you all have wonderful memories of your trip! Remember the lesson you learned in middle school about reaching your destination-just as important is "enjoying the journey" on your way there! Congratulations!

*The Maxfield Family*

Best Wishes for high school to the Class of 2016 from

**The Cabot Chronicle**

staff and advertisers

WHEN YOU BUY FROM A MOM OR POP BUSINESS YOU ARE NOT HELPING A CEO BUY A THIRD VACATION HOME. YOU ARE HELPING A LITTLE GIRL GET GIRL DANCE LESSONS, A LITTLE BOY GET HIS TEAM JERSEY, A MOM OR DAD PUT FOOD ON THE TABLE, A FAMILY PAY A MORTGAGE, OR A STUDENT PAY FOR COLLEGE. OUR CUSTOMERS ARE OUR SHAREHOLDERS AND THEY ARE THE ONES WE STRIVE TO MAKE HAPPY. THANK YOU FOR SUPPORTING OUR SMALL BUSINESS!

# CABOT

## VILLAGE STORE

"Your Local Grocer"



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# TWIN VALLEY SENIOR CENTER



Seniors participating in our first Tai Chi class which concluded May 7th. Additional classes are scheduled. See accompanying article.

By Betsey Bolt

TVSC wants to thank all the businesses and individuals who donated plants and baked goods for the Center's Fourth Annual Perennial Plant and Food Sale on May 12. To all who stopped by and purchased items, a very grateful thank you for helping us raise money for the operation of the center.

We could not have had such a successful sale without Cheryl Bell, Joyce Fowler, Linda Fowler, Tom & Jackie DiMatteo, Sue Remington, Ellen Nolan, Goddard & Suzy Graves, and above all, Todd Berte of Lucky Day for allowing us to use his place of business to host the event.

Our first Tai Chi class ended May 7 and another began May 25, which will run six weeks, into the first week in July. This class is a "seated" variety that is well suited for people with knee and balance issues. Class instructor is Mary Beth Churchill from the Neighbor to Neighbor/Americorps programs, in conjunction with the Council on Aging and the Arthritis Foundation. It will overlap with a third class beginning later in June. Please contact Rita at TVSC for details, 426-3447. Those who participated in the first class are anxious to begin another. Join us!



The Second Annual Lasagna Dinner for the benefit of TVSC will be on June 16 at the Plainfield Fire Department from 4:00 p.m. to 7:00 p.m., with eat in or take out. The price is \$10, which includes meat or vegetarian lasagna, green salad, garlic bread & dessert. Call the center at 426-3447 for additional information.

Foot Clinics continue through the summer months: June 1, July 2 (Monday), July 25, August 15.

Remember to call CVHHH for an appointment. You will need to have your own equipment, so ask one of the providers for the particulars. Their number is 802-223-1878.

## Cabot Worx: Projects and Developments

In the last article about Cabot Worx, we touched on the group's identity and projects under way or completed. We also presented some of the questions we feel need exploring to direct Cabot's present and future development.

Part of the Cabot Community Association (CCA), our group wants to help get things moving and done. Too often, where organizations are concerned, great ideas are presented and talked about – with little progress made.

To prevent this, a core group has become as a kind of "steering committee", which will serve in the role of project management. The group will provide coordination, planning, and task accountability for all the projects that community members would like to see completed. This way, (hopefully) projects won't fall through the cracks and get hung up in "limbo". The projects themselves will be based on ideas from community members. Some will be short-term and easily completed, others will take a bit of planning, muscle, and funding to accomplish.

This is where the whole Cabot community gets enlisted. We need your ideas – and we will need bodies to complete them! We know meetings aren't for everyone, but we hope community members are willing to at least share their ideas and donate time to see a pet project become a reality. So, if there are any community projects you would like to see take shape – ones you are *most* passionate about and are willing to volunteer some time to help get done – let us know! We are currently working on the overall project schedule now and

will share the list in an upcoming article so we can see what ideas the community as a whole decides to support going forward. To volunteer ideas or your time, email [Cabot.Development@yahoo.com](mailto:Cabot.Development@yahoo.com), or call 563-3338.

Small steps reap big rewards, and working on projects this way can let everyone impact the overall community vision and feel good about playing a part in building Cabot's future. A win-win scenario for everyone!

**Support Your Local Newspaper!**  
When you advertise with  
**The Cabot Chronicle**  
You support your community!

Each month the Cabot Chronicle gives local businesses the opportunity to reach local buyers. But advertising in the Cabot Chronicle does more than that. It helps support local community and that's a message that isn't lost on your customers.

**The Cabot Chronicle**  
563-3338

Or email us at  
[inbox@cabotchronicle.org](mailto:inbox@cabotchronicle.org)

## TWIN VALLEY SENIOR CENTER

### 2ND ANNUAL LASAGNA DINNER

**DATE: JUNE 16TH**

**Place: PLAINFIELD FIRE DEPARTMENT**

**TIME: 4:00PM TO 7:00PM**

**EAT IN OR TAKE OUT**

**PRICE: \$ 10.00**



**MENU:**

**MEAT OR VEGETARIAN LASAGNA**  
**GREEN SALAD**  
**GARLIC BREAD**  
**DESSERT**

## 2ND ANNUAL FLEA MARKET

**SPONSORED BY TWIN VALLEY SENIOR CENTER**

**Date: Wednesday, July 4th**

**Location: Rte 2, Plainfield Hardware Store**

**Time: 9:00 a.m.--3:00p.m.**

**RESERVE A TABLE (\$20.00 EACH)**

**AND SELL YOUR TREASURES**

**RSVP TO Cheryl Bell @ 802.426.3713 By JUNE 29TH**



## Cabot Recreation Department

By Libby Hale (for the last time)

Little League is well under way. This spring we have a T-Ball team and a Farm team. We are lucky to have knowledgeable and fun-loving folks eager to coach and teach our kids about baseball. We would like to thank Chuck Talbert, (town Little League Rep. and coach), Brad Alexander and Ry Hoffman (both coaches) for volunteering their time and energy to allow baseball to happen in our town. This is all volunteer effort and it takes time and energy to keep things running.

The Recreation Department will run its summer soccer camp in the first full week of August. We will offer half-day camp for the younger kids and a full day camp for the older ones. Please watch for more information on this next month and through the Friday information from the school. Contact Rebecca Nally at 563-3503.

The next season always seems to come along sooner than we expect. With this in mind, please look for sign-ups for fall soccer during the summer. Because sign-ups need to happen before school starts, we can't count on Friday folders to get the information to you, so please reach out a bit for information. When the time is right, we will have registration forms for camp and fall soccer in the School Office and at the Town Clerk's Office.

We have heard about an interest in creating a skate park in Cabot and it seems to be gaining momentum. Please contact Rebecca Nally at 563-3503 or

Amber Bothfeld at 563-2147 to share thoughts about this idea.

We are planning an equipment sale just before school starts in August, so please save your usable sports stuff to donate for the sale. All types are welcome, but must be in usable condition. Watch for more on this next month, too.

As always, your ideas and participation are welcome and appreciated. Recreation Department meetings are the second Tuesday of the month at 6:00 p.m. in the Willey Building. All are encouraged to attend and be a part of the fun!

Thank you to –

- Amber Bothfeld for stepping up to many administrative tasks
- Michael Socks for taking over the trails
- Chuck Talbert for taking on Little League
- Karen Alexander for taking on soccer
- Susie Socks for doing the ice rink
- Lynn Lehoe for taking over scheduling of games the unknown one who will take on basketball
- and, of course, Rebecca Nally, who has kept us on course for the past (many) years with her good sense and chronological excellence, and put up so graciously with my lack of memory and (lack of) diplomacy
- AND thank you all for the opportunity to contribute to this very special community through this department and for all the support you have given over the years. Signing off...Libby

## FAREWELL AND SPECIAL THANKS TO THE HALE FAMILY

For your friendship and community service over the years.

Cabot is most grateful, and we will miss you.

Best wishes on the next phase of your lives—we hope we see you often.



# FROM THE CABOT PUBLIC LIBRARY

Please join us for the Cabot Public Library's Summer Reading Program! Children of all ages are welcome to sign up as soon as school is out. We'll help them keep track of the books they've read and win t-shirts and prizes! Last summer, ten youth participated in the Thousand Page Club and read over 24,330 pages! Read to young children over the summer months – it will help them maintain and improve their reading skills. Encourage older children to spend time this summer reading – we also have a wide selection of audio books for your car rides!

People of any age – please consider submitting a "This I Believe" essay – see an example in this issue of the Chronicle – thanks!

**Programs – please see our Dream Big – READ! lineup of summer programs in this issue of the Chronicle.**

**Yoga & Wellness Classes - Mondays 6:00-7:30 p.m.** with Alicia Feltus. For more information contact Alicia: 802-563-3220 or [aliciafeltus@gmail.com](mailto:aliciafeltus@gmail.com).

**Dungeons & Dragons – Fridays 3:00-5:30pm on school days.** Join the group, conquer the obstacles, and get out of the dungeon alive! All are welcome.

**Universal Class -** Universal Class is an educational service providing high quality online courses for patrons interested in the lifelong pursuit of knowledge for either personal or professional reasons. Over 500 online Continuing Education courses are available for free. These classes are provided by Recorded Books, Vermont Department of Libraries, and the Institute of Museum and Library Services. For info on register-

ing, stop by the library, call us at 563-2721, or email at [cabotlibrary@yahoo.com](mailto:cabotlibrary@yahoo.com)

**Thank You!** Thanks so much to **Heidi Crossman** for teaching us how to make delicious Austrian tortes and strudels. Many thanks go to **Jon Vara** for his thoughts on luck in our first in a series of "This I Believe" essays. Thanks also to **Shirley Ducharme** for always doing an amazing job of cleaning the library for us.

## Cabot Library Reminders:

**HOURS**

- Tuesday 9:00 a.m.-6:00 p.m.
- **\*\*Story Hour 10:30-11:30 a.m.\*\***
- Wednesday 2:00 a.m.-6:00p.m.
- Thursday 11:00 a.m.-6:00p.m.
- Saturday 9:00 a.m.-2:00p.m.
- Closed Sunday, Monday & Friday

**Echo Pass** - Allows up to 2 adults and 3 youths, \$4 each admission price, entrance into the ECHO Lake Aquarium and Science Center in Burlington. From April 14<sup>th</sup> to September 3<sup>rd</sup>, ECHO will be hosting **Our Body: The Universe Within**, which features plasticized anatomical specimens exploring the wonder of the human body. Due to contractual arrangements with the exhibitor, they will need to charge an additional \$8-\$10 for admission to this exhibit.

**See you at the Library!**  
Kathleen Hoyne and Anne Walker

## This I Believe - A Public Dialogue About Belief One Essay At A Time

**Featuring Jon Vara**

I believe that we know a lot less than we think we do. Consider something simple, like telling the difference between good luck and bad luck. You'd think that this should be obvious to everyone, but that's not the way it works.

True story: Quite some time ago, I went on a weekend fishing trip to Massachusetts with two friends, who I'll call "Ken" and "Caleb." At some point, Ken's new nine-foot surf fishing rod got closed in a car door, cleanly snapping off several inches at the tip. Bad luck. But being a resourceful guy, Ken found a nail in one of his pockets, filed off the head, and stuck it into the hollow center of the rod as a splint, then wrapped the area with electrician's tape.

Fast forward to another trip with the same cast of characters, twelve or fifteen years later. This time, we were fishing on a tidal inlet in Maine, from a small, unreliable boat with a small, unreliable outboard motor. When the propeller shear pin unexpectedly snapped, we looked desperately around us for a small metal rod we could use in its place to get us to safety. (The fact that we were only a hundred yards from shore at the time is unimportant—it could easily have been much further.)

Things were looking bleak until Ken realized that he was still using the taped fishing rod that had been broken and repaired so many years before. Unwrapping the tape, he pulled off the rod tip, and extracted the nail. We soon had the motor running again. Good luck.

Of course, luck doesn't always reveal its true nature so clearly, or after the passage of so much time. Much more

often than not, in fact, it never reveals itself. That painful blister that cut your hiking trip short a few years ago probably didn't prevent you from being hit by lightning. Or did it? Think of the number of small misfortunes—and even some bigger ones—that you've experienced in life. How many of them weren't what they seemed at the time?

*This I Believe* is an international project engaging people in writing, sharing, and discussing the core values and beliefs that guide their daily lives. As part of the Cabot Public Library's Summer Reading Program, Dream Big – READ, we invite people of any age to participate – here are some suggestions to guide you through the process:

- Tell a Story – be specific. Your story need not be heartwarming or gut-wrenching – but it should be real. Consider moments when your belief was formed, tested, or changed.
- Be Brief – 350-500 words.
- Name your belief – Consider focusing on one core belief rather than writing a list.
- Be Affirmative – say what you do believe- not what you don't believe.
- Be Personal - Make your essay about you; speak in the first person. Edit and simplify it until you find the words, tone and story that truly echo your belief and the way you speak.

For examples of essays, visit [www.thisibelieve.org](http://www.thisibelieve.org) Please submit to the Cabot Public Library, either in person or by mailing to Cabot Public Library, P. O. Box 6, Cabot, VT 05647, or emailing to [cabotlibrary@yahoo.com](mailto:cabotlibrary@yahoo.com) And thanks for participating!

## Cabot Public Library – Summer Programs 2012

# Dream Big READ!

Please join us for the Cabot Public Library's Summer Reading Program! This summer's theme is about all things nocturnal, - dreams, stars and planets, bats, owls, spooky stories, and more. The programs are free and open to children of all abilities.

### EVENING PROGRAMS:

**Tuesday, June 27—6:00-8:00 p.m.**

#### Murder Mystery

Gather clues and test your detective skills at this special murder mystery event. Designed for youth aged 10 and up.



**Tuesday, July 3—7:00-8:00 p.m.**

#### Shivery Tales!



Join funny, scary guys Ron Lay Sleeper and Russ Brown around the campfire for tales to make your bones shiver! Afterward, we'll make our own Tie Dye T-shirts. Bring a T-shirt or buy one for \$1 at the library.

**Tuesday, July 10—9:00 p.m.**

#### It's a Star Party!

Join our Cabot stars, Chip Taylor, Paul Wade and John Hammer, for an evening of stargazing at the night skies. We'll meet at the Cabot Plains Cemetery. Back-up evening in case of stormy weather will be the following Tuesday, July 17. Remember—Keep looking up!



**Tuesday, July 24—6:30 p.m.**

#### Chuck Meese and the Red Wing Puppet Theater



Look forward to a fast-paced blend of music, stories, physical comedy and puppetry. This summer's show will feature "goodnight songs" by folk song writer Woody Guthrie, known for his funny songs about trying to get kids to fall asleep.

**Wednesday, August 1—6:30 p.m. sharp!**

#### Owls and their Calls at the Jaquith Public Library

This program by VINS—Vermont Institute of Natural Science—features two live owls, along with a presentation that includes owl calls for the local owls of Vermont and touchable artifacts. Discover the incredible adaptations owls have that enable them to be fierce predators in our nighttime skies.



### STORY HOUR PROGRAMS:

**Tuesday, June 27—10:30-11:30 a.m.**

#### Shadow Puppet Theater



Come join us in making our own shadow puppets and theater. Afterward, we'll perform *Where the Wild Things Are*, by Maurice Sendak.

**Tuesday, July 3—10:30 a.m.**

#### Dream Big at the Beach!

Come dressed to get wet. We'll start with beach stories and end up outside with beach volleyball, bubbles, water games and cold treats!



**Tuesday, July 10, 10:30 a.m.**

#### Follow Your Dreams—Super Heroes!



Come dressed as your favorite Super Hero—we'll read super hero stories and make our own super hero challenges and Bat Mobiles.

**Tuesday, July 17—10:30 a.m.**

#### It's a Pajamarama!

Come dressed in your favorite pajamas and bring your favorite stuffed animal for the best bedtime stories and songs ever. We'll have bedtime snacks and make our own dream catchers.



**Tuesday, July 24—10:30 a.m.**

#### Creatures of the Night



Get lost in wonderful adventures of bat friends in these fun stories of these fascinating mammals whose forelimbs form webbed wings capable of flight.

**July 27—10:30 a.m.**

#### Bats at the Library—at the Jaquith Public Library

Jerry Schneider, a Vermont native, has performed nature programs for the past ten years using wonderful slide photographs by Merlin D. Tuttle and Bat Conservation International. This program introduces audiences to local and tropical bats. Audiences learn about bats in our attics, building bat houses, vampire bats, migration and hibernation.



**Tuesday, July 31—10:30 a.m.**

#### Look Whoooo's Reading



We'll read about adventures with owls and about three owl babies on their own in the middle of the night.

*We are once again gratefully collaborating with the Jaquith Public Library in Marshfield and many thanks to the Cabot Creamery for their ongoing sponsorship of the Cabot Public Library Summer Programs.*

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# Under Orion Farm



## The Hardware Store - A Letter To The Community

By Julie Ackermann

We found ourselves at a crossroad and came to the conclusion it just didn't make sense to continue. Thank you for understanding how difficult this decision was.

Looking ahead, it's awful to think this wonderful building could stay shuttered up. In the spirit of keeping Main Street viable, discussions have sparked some interesting ideas for this space besides a hardware store:

- Shipping & receiving center
- Fax, phone, copy and free wifi availability
- Coffee shop
- Welcome center
- Public restrooms
- Showcase for local goods and services
- Laundromat
- Bottle redemption center
- Year-round display of historical memorabilia
- A collaborative effort

- A community store

Whatever it may be, the broader the offering, the more folks it will serve. This location can continue to be a place in common where friends and neighbors stay connected.

The hardware store is for sale. Contact BCK Realty for details. Matt Lumsden can be reached at 802-279-5957, or visit BCKrealestate.com. An open house is scheduled for Saturday, June 2, from 10:00 a.m. to noon.

You may also contact the Cabot Community Association at 563-3338 to learn more about Cabot UDAG funds and other valuable resources to put a plan into action.



The hardware store in the early 1900's. Jane Brown remembers buying men's jeans in the late 40's from owner Paul Hopkins and altering them because nobody manufactured women's jeans. During WWII, photos of all the service men and women from Cabot were displayed in the front windows.

## Our Pets - Flea Myths

By Andrea Gilbert, DVM

Here are some common misperceptions about fleas and flea control that we hear frequently.

**"I only see 1 or 2 fleas, so I do not have a flea problem."**

One adult flea can lay 2,000-3,000 eggs. So, even one or two fleas can turn into a big infestation quickly when conditions are right. The correct conditions are warm weather, some humidity and a host (your pet).

**"Flea drops last 3 months."**

One dose lasts one month. It comes in a three-pack, which is treatment for one animal for three months. One dose does not last three months.

**"Only the dog has fleas, the cat is not itchy. So, I only have to treat the dog."**

Fleas will jump and feed on both animals. And the untreated flea is laying 2,000-3,000 eggs, whether it is on the dog or the cat. Cats might be less itchy and they groom themselves well and remove the evidence of the fleas. But fleas are on both animals. You have to treat all animals in the house monthly to get on top of your flea problem.

**"I see worms on my animal's rear end. I do not know why they keep appearing."**

Pets get small white 'worms,' which are actually the egg packets, by eating a flea. If you see tapeworm, you most likely have fleas - even if you do not see fleas.

**"It is cold outside, so the flea season is over."**

Don't forget, it is warm in your house, and the flea season continues inside. Eggs can hatch in your house year round if conditions are right. They do not hatch as readily in winter when it is dry. But they lie there and will hatch the second the conditions are right.

**"My dog is itchy, he must have allergies."**

He could have allergies, but he could have a few fleas that you do not see. If you go to a Dermatologist to investigate allergies, the first thing the doctor will do is treat the animal for fleas. Some dogs

can have severe reactions to the flea's saliva. And it takes only one bite to set them off. So, treat fleas before trying to figure out the potential allergen. Changing one thing at a time can make the problem easier to figure out.

**"Topical treatments are waterproof."**

While the products do not wash off in the water, frequent baths, swims and even UV light exposure makes the product less effective. There are oral options for flea control that might be better for animals that get frequent baths or swim daily.

**"The flea drops I bought at the hardware store are the same as the more expensive ones."**

Maybe, maybe not. Topical products usually contain something to kill the adult fleas and something to inactivate the eggs. Some cheaper products only contain the product to kill the adults. It can be hard to control your flea problem by only attacking the adults.

Read the ingredients and compare products.

**"I can take a little of the dog's drops and use it on the cat."**

Be careful. These products are chemicals. And cats are sensitive. Some dog products are very bad and will kill your cat. The emergency vet visit will cost more than the savings you got by sharing the product between your pets.

**"I am a week late with my flea treatment. No big deal."**

It depends on your specific situation. If you have an active flea infestation, the week is a big deal. Back to the 2,000-3,000 eggs an adult flea can lay. During that week, all the adult fleas are untreated and their eggs will hatch. So, it will take you even longer to get your flea infestation under control.

There are new options for flea control. Talk to your veterinarian about what is best. It is much easier to prevent a flea infestation than to eradicate fleas once they have settled in your house and yard. But eradication is possible with the newer products.

## Vermont's Health Care Reform Listening Sessions on Benefit Design

This spring, the Agency of Administration is seeking input from the public on the benefits to be included in the design of Green Mountain Care, the single payer health care system for Vermont. Under Act 48 of 2011, the Shumlin Administration will recommend benefits as part of the financing plans to be considered by the legislature in 2013. Approval of the Green Mountain Care Board also is required for the benefit recommendations.

The format for the listening sessions will be similar to the format used for the financing listening sessions last fall/winter. The presentation will include information about current benefit design, the charge in Act 48 regarding benefits, and the process for designing the care and benefits provided by Green Mountain Care. Participants will use the informational presentation and their own experiences to offer input on the potential impact of different benefit designs.

Listening sessions were held earlier this spring in Brattleboro, Burlington, and Rutland. The Agency of Administration will host three more listening sessions around the state. In addition, the Administration will hold a joint public hearing with the Green Mountain Care Board. All are welcome and encouraged to attend.

**June 7, 6:00-8:00 p.m.**  
St. Johnsbury at Catamount Arts,  
115 Eastern Ave.

**June 13, 6:00-8:00 p.m.**  
Bennington, Firehouse,  
130 River St.

**June 20, 6:00-8:00 p.m.**  
White River Junction at Hartford  
High School, 37 Highland Ave.

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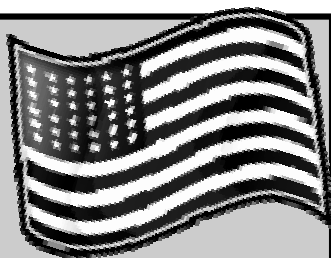
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## Flag Day

Inspired by three decades of state and local celebrations, Flag Day - the anniversary of the Flag Resolution of 1777 - was officially established by the Proclamation of President Woodrow Wilson on May 30th, 1916. While Flag Day was celebrated in various communities for years after Wilson's proclamation, it was not until August 3rd, 1949, that President Truman signed an Act of Congress designating **June 14th** of each year as **National Flag Day**.



### THE PLEDGE OF ALLEGIANCE

*I pledge allegiance to the flag of the United States of America  
And to the Republic for which it stands, One Nation under God,  
Indivisible, with liberty and justice for all.*



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