



The Cabot Chronicle

FREE
Serving Cabot
& Surrounding
Communities

Non-Profit Org.
U.S. Postage
PAID
Permit #9

Postal Patron
Cabot, VT 05647

First Established 1920
Re-Established 2008

Vol. 5, No. 10

P.O. Box 245, Cabot, Vermont 05647

October 2012

Vermont's Newest Brewery Is In Cabot

An open house in early September celebrated the first release of beer produced in a very small scale "nano-brewery" in a garage in Cabot, which focuses on bringing the wide range of quality flavors available from dark ales. Although technically not yet open, all licenses have been secured.

Located at 2211 U.S. Route 2 in Cabot, Ricky McLain is the proprietor, and hasn't given up his day job, yet. He's most likely to be available week-nights and weekends to welcome visitors to the brewery, and plans to attend local farmers markets to sell the beer. He offers Growlers (64 ounce glass containers) of beer, and you can buy one of theirs or bring your own. The growler fills are \$10, and an empty growler is \$5.

Ricky is planning a bulletin board at the brewery for other local businesses to use for free advertising—he wants to



encourage as much local buying as possible. To take advantage of his advertising offer, see the brewery and buy some beer, it might be a good idea to check before you go. His phone number is 802-249-4092, and his email address is gratefulhandsbrewing@gmail.com.

LIVING WITH INTENT Headwaters Garden & Learning Center



Little House on the grounds of the Headwaters Garden and Learning Center.

By Ben Hewitt

From the junction of Headwaters Lane and Danville Hill Road, barely a half-mile from Cabot's Main Street, there's little indication that one of Vermont's most progressive communities is taking root on this mostly-wooded hillside. It's called Headwaters Garden and Learning Center, and once the vision of founder Gwendolyn Hallsmith is fully realized, it will encompass eight housing units perched on 14 acres of common land, each owned and occupied by residents living a low-impact life amongst a tightly knit community of like-minded friends and neighbors.

If all this is rather, well, communal, resident Cyrus Pond agrees. Communal, yes; "commune," no. "This is all about living in a rural community with like-minded people consciously making an effort to step outside the box. Not in a trippy-hippie way, but in practical ways," says Pond, a 33-year old hardwood flooring installer. "Really, we're just average blue collar people."

Well, yes, but if so, average blue collar people that inhabit 500-square foot homes that can be heated through a long Vermont winter on only a cord of wood, as does Pond. Or like Matt and Christyn King, who, along with three-year-old daughter Sage, live in a recently-constructed circular house with foot-thick insulation in the ceiling and walls, a water heating loop through their wood stove, and a floor that is made of clay, sand, and horse manure (the enzymes in the manure act as a binding agent).

Like Pond and founder Hallsmith, who currently lives in Montpelier,

where she serves as Director of Planning and Community Development, the Kings endeavor to live close to nature and on a low-energy budget. They grow a good portion of their own food in the copious Headwaters community garden, and they appreciate the opportunity to reside in close proximity to people with similar values. "When we first started looking into this, we were thinking of doing more of a homesteader thing by ourselves," says Matt King, who moved with his family from Oregon to be part of Headwaters. "But the more we considered it, the more it felt isolating and daunting. Here, we can share the work and share tools."

Cyrus Pond agrees. "Like most people, I've got a job that keeps me pretty busy. By myself, I wouldn't be able to accomplish a fraction of what we've been able to do together."

Thus far, two of the home sites have been established (there are a total of seven official home sites, plus a model "tiny house" that is available for short-term rental and guests); five remain on the market. According to Hallsmith, interest has been considerable, in part because a key Headwaters tenet is affordability. "A lot of intentional communities are out of the reach of average people," she says, noting that other communities often charge upwards of \$100,000 for a bare house lot. "We have a real commitment to affordability." A lot at Headwaters, which includes water and sewer hookups at the road, along with power to the site, costs \$30,000. It includes the footprint of the house, plus a 25-foot circumference (See page 2, Headwaters Garden)

BEER LINEUP...

COMMON SENSE: BLACK IPA COURAGE: ROBUST PORTER

SPARE CHANGE: AMERICAN STOUT TIME: AMERICAN BROWN ALE

Vermont Council on Rural Development presents:

Cabot Community Meeting

Thursday, October 25th 2012

6:30-9 p.m.

Willey Building, 3rd floor

Everyone is welcome and encouraged to attend!

This meeting will build on ideas, challenges and opportunities presented at the September Community Visit Forums.

Join Us and Help Shape Cabot's Future!

- Consider Challenges and Opportunities
- Discuss and Prioritize them
- VOTE
- And Take Steps Toward Action

This is the second event in the 3-month **Community Visit** process of building priorities and accessing resources to help Cabot take action on common goals. VCRD serves as a neutral facilitator. Everyone is welcome and encouraged to come!

For more information about Cabot's Community Meeting call VCRD at 802-223-6091 or visit www.vtrural.org

CONCERNED ABOUT CRIME IN CABOT??

Lieutenant Paul White, Middlesex State Police, will attend the next Select Board Meeting

to discuss crime in Cabot and its affect on our community.

What can we do to curb this growing trend? It's time we all take a stand against criminal activity in our Town—Let's start discussing how...

**Cabot Select Board Meeting - October 3, 2012, at 7:00PM
Willey Memorial Building**



SCHOOL PLANT REPORT

**Meeting October 10
7:00 p.m.**

The Cabot School Board will hold a meeting on Wednesday, October 10, at 7:00 p.m. to inform interested community members of the findings of a recent assessment of the school's physical plant. If you are interested in learning about the condition of the school's various buildings, please attend this meeting in the Cabot School library. If you have questions, please call Chris Tormey at 563-2842.

Cabot Apple Pie Festival

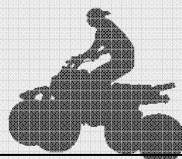
**SATURDAY,
OCTOBER 13, 2012**

9:00 a.m. to 3:00 p.m.

**For more information,
see our ad on page 2.
[http://www.cabothistory.com/
apple-pie-festival](http://www.cabothistory.com/apple-pie-festival)**

GENERAL ELECTION TUESDAY, NOVEMBER 6, 2012

See Election Information on Page 3



Special Informational Meeting Monday, November 5, 2012

7:00 P.M. Willey Building Auditorium

Informational meeting on Australian Ballot item on Cabot ATV Ordinance

Inside this issue

Features: *Page 1-2*

School Page: *Page 11*

Election Page:

Page 3

Classifieds:

Page 12

Directory:

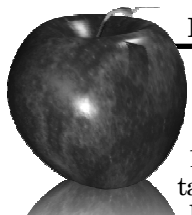
Page 12

Calendar:

Page 6

As American As Apple Pie?

By Todd Parlo



The term "as American as Apple Pie" arose in the 1940's, defining a certain wholesomeness and hominess that surrounded the classic American family. It conjured visions of Thanksgiving dinners and character filled diners serving pies with cream after a handcrafted meatloaf dinner. Then came the modern age of food in America. Never has something defined its culture so perfectly, and then defied it so completely. Processed in a chemical stew and pre-packaged in little boxes with plastic windows sits our symbol of America. There is little in this age that escapes the hunger for immediacy, and for the ordinary.

There is an oft quoted statistic that 14,000 apple varieties were available (trees for sale) in U.S. nurseries around the year 1900. We have collectively whittled that down to a tiny fraction today. Why is such a large variety of apple trees important? To preserve genetic diversity, promote the cultural importance of each fruit, or maybe it is simply to be able to make the best apple pie.

Whose pie gets the vote for the best pie you've tasted? Grandpa's? Aunt Arlene's? Those pies tasted like no others. The fruit was likely an heirloom variety

that they cherished as children. The apples came from the tree you kids climbed when you came to visit. The fruit and the pie were personal, individual and special. You didn't just have a slice of pie you had an experience and created a memory. Remember?

So, with a recipe for apple pie, let's slow things down...

Plant a few apple trees

Have your neighbors do the same

Wait several years (no need to stand there the whole time, go about your business)

Harvest hundreds of apple varieties with your neighbors and choose your favorites

Slice apples, bury them in two blankets of butter or lard slathered crusts

Eat, with complete self righteousness and self satisfaction

To the point. There are apples that taste like cherries, like bananas, like licorice. Varieties that stand up or ones that get creamy. Cultivars 500 years old or born last year. Seek out this diversity and cook it slow, by planting a tree for yourself, your culture, and future generations. When it is ready, eat what it produces with your family and friends, and for goodness sake, take your time.

Todd Parlo and his family run Walden Heights Nursery in Walden.

The Cabot Chronicle Submission Guidelines

The Chronicle welcomes letters written with an economy of words. The maximum length is recommended to be no longer than 400 words. Letters may be edited for clarity and length or returned to the author with suggestions for re-submittal. All letters and commentary published in The Cabot Chronicle represent the opinions of the authors and not necessarily the opinions of staff.

The Cabot Chronicle reserves the right to reject letters that may contain unsuitable material for our readers. Letters will not be considered for publication unless signed and accompanied by a phone number. We will gladly consider articles and photographs for publication.

The Cabot Chronicle is not responsible for errors in submitted material. Nor does The Cabot Chronicle assume responsibility for claims arising in connection with products or services advertised on these pages.

If you have editorial questions or would like advertising information, call our office at 563-3338, visit our website, www.cabotchronicle.org or email us at inbox@cabotchronicle.org. Letters and other inquiries can also be sent to: The Cabot Chronicle, P.O. Box 245, Cabot, VT 05647.

Headwaters Garden

(Continued from page 1)

beyond the house. The remainder of the land is shared use. The organizing principle, says Hallsmith, is based on the condominium model. "This is really just a condo development. It's just a different type of condo."

There is no official application process to become part of Headwaters, although there are some restrictions on house design (for instance, homes must be less than 1800 square feet) and potential community members are required to stay for at least a week and attend one of the monthly community meetings. "It's not like you can go into a realtor's office and buy a lot here," notes Oliver Welters, who recently moved into the home he built at Headwaters

with his wife Jana, and his sons Marco and Luca. "We are open to everyone, but we are also looking for people with similar values and goals."

For now, the list of regulations governing life at Headwaters is short and relatively malleable, but that may change as more families move in. "It has been super simple so far, because there's not a lot of people here," says Welters. "It will probably have to become more structured as more people come along."

While that may present some challenges, it is also what Headwaters is all about. "The hard part of living in a rural setting is that you can get isolated," notes Cyrus Pond. But here you're both isolated and connected. It's the best of both worlds."

CRAFTERS STILL NEEDED FOR APPLE PIE FESTIVAL



**Prime space still available
Please call Martha Foster at
563-2526**

to reserve your space

An opportunity like this happens only once a year!



Cabot Apple Pie Festival

SATURDAY, OCTOBER 13, 2012

Always the Saturday immediately following Columbus Day

Location: Cabot School Gym, Main Street (Route 215) in the village of Cabot

9:00 a.m. to 3:00 p.m.

Free admission ~ Free parking ~ Handicapped accessible

Adult and junior apple pie baking contests

with prizes for best homemade pies

Raffles ~ Craft Show ~ Silent Auction

Pies and Lunch for sale

Pie contest entry deadline is 10:30 a.m.

After judging, entered and donated pies will be sold

All proceeds benefit the Cabot Historical Society

Telephone info: 802-563-3396

To reserve craft tables: 802-563-2526

Websites include baking contest rules and information about craft tables:

<http://www.nek4u.net/cabothistory/ApplePie.html>

<http://www.cabothistory.com/apple-pie-festival>

HOW YOU CAN HELP:

- **Donate apple pies to sell at Apple Pie Festival. Apple pies, whole and by the slice, are the heart of APF and we need a LOT! Please call Cheryl Bell at 426-3713 to let her know how many pies you can donate.**
- **Donate Silent Auction items. Call Marvie Domey at 426-3281 or email mvgdomey@fairpoint.net to donate items.**
- **Cook or donate lunch items for sale: Chili and Maple Baked Beans are critical. We need 48 quarts of chili and six pounds of baked beans. Plus 200 hot dogs, 100 hamburgers, and six gallons of cider. Please contact Jeanne Johnson at JeannieJCabot@yahoo.com or 563-3147.**
- **Volunteer to help out with the many tasks at Apple Pie Festival on October 13 – many hands make light work, and increase the fun! Contact Joanne Luce at jmbknt@charter.net or 563-2723 or Bonnie Dannenberg at bonni-esd@Together.net or 563-3396.**

The Cabot Chronicle

E-mail: inbox@cabotchronicle.org

Phone: 802-563-3338

DEADLINE: 15th of the month prior

Publisher: Cabot Community Assoc.

Coordinators: Jeannie Johnson

Cia Considine

Design/Pagination: Todd Jones

Web Master: Fred Brown

Send Ads to: ads@cabotchronicle.org

Find current news, great links to your community,

discussion forums and more about our paper on

the web at www.cabotchronicle.org

The Cabot Chronicle is distributed the first day of the month and is provided *locally* free of charge.

~ Mission Statement ~

The mission of The Cabot Chronicle is to regularly publish local news for the residents of the Cabot Area. Our purpose is to share information that will help readers become better involved in their Community.

Phone: 802-563-3338 • Email: inbox@cabotchronicle.org

Web: www.cabotchronicle.org • P.O. Box 245, Cabot, Vermont 05647

Printed in Vermont ~ Copyright 2011 by The Cabot Chronicle

All Rights Reserved ~ ISSN# 1942-0943

No part of this paper may be reproduced without express written permission from Cabot Chronicle. Publisher is not responsible for typographical errors. Acceptance of advertising is contingent upon publisher's approval and agreement by advertiser to indemnify publisher from loss or expense on claims based upon contents of advertising. Publisher does not assume liability for errors in any advertising beyond the cost of space occupied by individual item in which the error appeared.

Subscriptions available \$15 per year

Contact above for more information

019
Cabot
Caledonia-Washington

OFFICIAL VERMONT GENERAL ELECTION BALLOT
NOVEMBER 6, 2012

INSTRUCTIONS TO VOTERS

- Use BLACK PEN or PENCIL to fill in the oval.
- To vote for a person whose name is printed on the ballot, fill in the oval ☐ to the right of the name of that person.
- To vote for a person whose name is not printed on the ballot, write or stick his or her name in the blank space provided and fill in the oval ☐ to the right of the write-in line.
- Do not vote for more candidates than the "VOTE for NOT MORE THAN #" for an office.
- If you make a mistake, tear, or deface the ballot, return it to an election official and obtain another ballot. DO NOT ERASE.

FOR PRESIDENT AND VICE-PRESIDENT OF THE UNITED STATES Vote for not more than ONE	FOR LIEUTENANT GOVERNOR Vote for not more than ONE	FOR STATE SENATOR Vote for not more than THREE
ROSS "ROCKY" C. ANDERSON, Utah ☐ and LUIS J. RODRIGUEZ, California ☐ Justice	CASSANDRA "CASS" GEKAS ☐ Burlington Progressive/Democratic BEN MITCHELL ☐ Westminster Liberty Union PHIL SCOTT ☐ Berlin Republican (Write-in) ☐	BERNARD "BUDDY" BARNETT ☐ Barre City Republican ANN CUMMINGS ☐ Montpelier Democratic WILLIAM "BILL" DOYLE ☐ Montpelier Rep/Dem/WF JEREMY HANSEN ☐ Berlin Independent
GARY JOHNSON, New Mexico ☐ and JAMES P. GRAY, California ☐ Libertarian	FOR STATE TREASURER Vote for not more than ONE	DEXTER LEFAVOUR ☐ Middlesex Republican ANTHONY POLLINA ☐ Middlesex Prog/Dem/WF (Write-in) ☐
PETA LINDSAY, California ☐ and YARI OSORIO, New York ☐ Socialism and Liberation	JESSICA "JESSY" DIAMONDSTONE ☐ Dummerston Liberty Union BETH PEARCE ☐ Barre City Democratic/Working Families DON SCHRAMM ☐ Burlington Progressive WENDY WILTON ☐ Rutland City Republican (Write-in) ☐	FOR STATE REPRESENTATIVE Vote for not more than ONE
BARACK OBAMA, Illinois ☐ and JOSEPH R. BIDEN JR, Delaware ☐ Democratic	FOR SECRETARY OF STATE Vote for not more than ONE	CATHERINE "KITTY" TOLL ☐ Danville Democratic (Write-in) ☐
MITT ROMNEY, Massachusetts ☐ and PAUL RYAN, Wisconsin ☐ Republican (Write-in) ☐	JAMES C. CONDOS ☐ Montpelier Dem/Prog/WF/Rep MARY ALICE "MAL" HERBERT ☐ Putney Liberty Union (Write-in) ☐	FOR HIGH BAILIFF Vote for not more than ONE
FOR US SENATOR Vote for not more than ONE	FOR AUDITOR OF ACCOUNTS Vote for not more than ONE	MARC POULIN ☐ Barre Town Democratic/Republican (Write-in) ☐
PETE DIAMONDSTONE ☐ Brattleboro Liberty Union CRIS ERICSON ☐ Chester United States Marijuana LAUREL LAFRAMBOISE ☐ Chelsea VoteKISS JOHN MACGOVERN ☐ Windsor Republican PETER MOSS ☐ Fairfax Peace and Prosperity BERNIE SANDERS ☐ Burlington Independent (Write-in) ☐	DONALD HOFFER ☐ Burlington Democratic/Progressive VINCENT ILLUZZI ☐ Derby Republican/Working Families JERRY LEVY ☐ Brattleboro Liberty Union (Write-in) ☐	TOWN OF CABOT OFFICIAL GENERAL ELECTION BALLOT NOVEMBER 6, 2012 TO VOTE FOR A PERSON WHOSE NAME IS PRINTED ON THE BALLOT, MARK A CROSS (X) IN THE SQUARE AT THE RIGHT OF THE PERSON'S NAME. TO VOTE FOR A PERSON WHOSE NAME IS NOT PRINTED ON THE BALLOT, WRITE HIS OR HER NAME IN THE BLANK SPACE PROVIDED FOR THAT PURPOSE.
FOR REPRESENTATIVE TO CONGRESS Vote for not more than ONE	FOR ATTORNEY GENERAL Vote for not more than ONE	FOR JUSTICE OF THE PEACE VOTE FOR NOT MORE THAN SEVEN
JAMES "SAM" DESROCHERS ☐ Milton Independent MARK DONKA ☐ Hartford Republican ANDRE LAFRAMBOISE ☐ Chelsea VoteKISS JANE NEWTON ☐ Londonderry Liberty Union PETER WELCH ☐ Norwich Democratic/Working Families (Write-in) ☐	ROSEMARIE JACKOWSKI ☐ Bennington Liberty Union JACK MCMULLEN ☐ Burlington Republican WILLIAM H. SORRELL ☐ Burlington Democratic ED STANAK ☐ Barre City Progressive (Write-in) ☐	CEDRIC ALEXANDER, DEMOCRATIC ☐ SUSAN CARPENTER, DEMOCRATIC ☐ FREDERICK DUCHARME, DEMOCRATIC ☐ CARLA PAYNE, DEMOCRATIC ☐ CALEB PITKIN, DEMOCRATIC ☐ JUDY PRANSKY, DEMOCRATIC ☐ LARS HASSELBLAD TORRES, DEMOCRATIC ☐ _____ WRITE-IN _____ WRITE-IN _____ WRITE-IN _____ WRITE-IN
FOR GOVERNOR Vote for not more than ONE	Town of Cabot – Official Ballot Tuesday, November 6, 2012 INSTRUCTIONS TO VOTERS: Vote YES or NO for the proposed Article. Mark a cross [X] in the square under your choice. Act 1. Shall the voters of the Town of Cabot advise the Cabot Selectboard to adopt an ordinance regulating the operation of all-terrain vehicles (ATV's)? YES NO ☐ ☐	

VERMONT
VOTER RIGHTS

✓ YOU MAY SEE A
BALLOT IN ADVANCE

- Your town clerk has sample ballots for you to see at least 10 days before the election

✓ YOU HAVE A RIGHT
TO ASSISTANCE

- Bring the person of YOUR CHOICE into the voting booth with you to help you vote. (Not your employer or union representative.)
- You can get help marking the ballot. Ask an election official for assistance.
- Two election officials will help you.
- (No one can tell you how to vote!)
- Bring a magnifying glass or other device to help you vote.
- If you are disabled or ill, you may ask the election officials to bring a ballot out to your car
- Bring a list of candidates into the voting booth to help you vote.
- (You may not show your list to other voters or leave it in the booth.)

✓ YOU CAN VOTE EARLY
OR VOTE FROM HOME

- You can vote at the town clerk's office or take a ballot home to vote anytime 30 days before the election.
- Call the town clerk or sign a request form and the clerk will send you a ballot by mail.

✓ YOU CAN GET A NEW
BALLOT IF YOU MAKE
A MISTAKE

- If you give your first ballot to an election official you can get another ballot to vote.
- You can get up to three ballots.

✓ YOU MAY WRITE-IN
A CANDIDATE

- Write the name of the candidate on the write-in line.
- Place a sticker with the candidate's name on the write-in line.

✓ YOUR BALLOT
IS PRIVATE

- No one has the right to see how you voted or to ask you how you voted. Cast your ballot by either folding and placing your ballot in the ballot box or by inserting your ballot into the voting machine.

✓ PLEASE ASK
QUESTIONS

- Election officials are here to help you understand how to vote. They cannot help you decide who to vote for and they may not tell you candidate names or party designations
- If you are not sure that you are being properly assisted, ask to speak to the presiding officer.

For more information please call the
Secretary of State's Office
at 1-800-439-VOTE (8683)
or email derossman@sec.state.vt.us.

GENERAL ELECTION
TUESDAY, NOVEMBER 6, 2012

Polls open at 10:00 a.m. and close at 7:00 p.m. ~ Polling Place: Cabot School Gym

Offices to be elected:

U.S. Senate (Sanders), Representative to Congress, Governor, Lieutenant Governor, State Treasurer, Secretary of State, Auditor of Accounts, Attorney General, State Senators, State Representatives, High Bailiffs and Justices of the Peace.

~~Special Item: Cabot ATV Ordinance~~

Last day to register to vote in General Election: Wednesday, October 31

Haunted Cabot: The River Boy

The Ghost Tree

By Todd Jones

Some communities are the last places you would expect to be the settings for stories of the paranormal. However, every town, no matter how serene, picturesque or quaint, holds its own set of unexplained phenomenon. Our own little Cabot is no exception. “The Danville Hill Ghost” is a gossamer woman who may be seen on certain nights at the old Main Street with a knife sticking out of her chest. “Little Feet” are small, photophobic creatures with voracious appetites that are reported to live in the woods of Cabot. “The Doctor, The Nanny and the Child?” involves a doctor who hires a nanny to raise his child, but the child is not what he appears to be. And “The Wailing Sisters” are the ghosts of two crying sisters whose mournful wailing is said to drive those who hear them to suicide. Finally, here we present another legend that worms its way through Cabot. For those of you who have not heard the tale, it begins with a warning.

“If you’re out behind *Butters, on a cold stormy night, and you hear a boy calling who’s just out of sight, Don’t go to the river to seek the boy’s call For the child you’ll find is no child at all.”

*(*This part of the legend appears to be centered around what is currently Butters restaurant - formerly Goldie’s and at one point an inn.)*

It was a different time, prior to the invention of cell phones, computers or even television - kids had to come up with their own forms of entertainment. In Cabot, one of the most favored activities during a hot summer afternoon was to take a dip in the river. This continues to be a favorite activity in Cabot to this day. So was the case for the Jonah brothers (No, not the Jonas brothers!).

Little William and his older brother Noah were inseparable. They could be seen nearly every day in town and had a reputation of being extremely helpful; carrying messages for townsfolk (there were no phones yet), delivering groceries to older town residents, etc.

The boys spent a great deal of time in town to avoid being at home. Home was not always the most pleasant place for

them. Their father, a salesman, was away much of the time, leaving his young wife to care for their two sons. As much as the mother doted on William, she held nothing but contempt for the older brother, Noah. Noah would often be blamed for everything, from ‘coons getting into the chicken house to milk spoiling. Noah did his best to cover the bruises and scrapes that he got from his mother, but everyone in town knew what was going on.

One cloudy autumn afternoon, the mother discovered chickens roaming the yard, and immediately started screaming for Noah. Hearing the rage in their mother’s voice, Noah sent his brother to the river, where they often played, and told him that he would be down soon. William made his brother promise that he would come. Noah agreed, and hurriedly sent his brother away.

Their mother immediately sought out Noah, who was waiting in the kitchen. Before even uttering a word, she struck the boy, as she had done many times before. Noah reeled from the blow, his head struck the corner of the counter, and he fell to the floor. His mother screamed at him about the chickens, but Noah didn’t move. After continuing to berate him for several more minutes, the mother came to the cold realization of what had happened.

Meanwhile, William remained at the riverbank. As the clouds grew darker and the wind stronger, William maintained his vigil, assured that his beloved brother would soon arrive. As the rain continued to fall, William remained, calling for his brother.

Following the storm, William’s body was discovered far down river, near what is now known as Butters Restaurant, and Noah’s body was discovered by his father at home.

As the legend goes, on cold, stormy nights, especially in the fall, you can hear the river boy calling for his brother. It is said that, if you go to the river boy and he discovers you are not Noah, you will never find your way back to the land of the living.

So, whatever happened to Noah’s promise? It is also rumored that on those same nights, on the back roads of Cabot, you may find a wandering youth. If confronted, he will not answer, but will instead fade from sight.

By Joe Rankin

When we bought the old farm two decades ago, the Ghost Tree came with it. He was an old sugar maple with a knothole face, tears in the trunk and branch stubs. He looks like one of the Ents, the walking trees in the Lord of the Rings movies.

The Ghost Tree stands at the edge of an old pasture, inside a stone wall. Both sides of the road and driveway and adjacent stone walls were once lined with his kin, probably planted at the same time in the decades before the Civil War. It must have looked impressive. Today, fewer than a dozen of these mighty maples are left. Every few years we have to turn one into firewood.

We decided early on to leave the Ghost Tree alone. Massive as he was, there wasn’t a heck of a lot of good firewood there. He didn’t pose a danger to buildings or utility lines. His hollow trunk was home to many creatures. And he was beautiful, despite the decay.

There are lessons here in impermanence and equanimity; also, a firsthand look at how trees decay. Kevin Smith, a scientist with the US Forest Service’s Northern Research Station in Durham, New Hampshire, told me that it can take a huge sugar maple like the Ghost Tree 60 to 80 years to decompose, from the time it really starts to go downhill until it’s a pile of humus.

Smith was a student of Alex Shigo, an eminent forest pathologist who developed the “expanded concept” of tree decay: that trees react to injury and decay by walling it off, or compartmentalizing it. Humans repair injuries: bones knit, cuts heal, skin regrows. Trees, faced with a broken branch or a scrape, use chemicals to wall off the injury. Then the tree’s outer living tissues grow around it.

While the forest often seems peaceful and quiet to us, it can be less idyllic for a tree. High winds, ice storms, gnawing animals, woodpeckers, insects, people with heavy machinery. Rare indeed is the tree that doesn’t start collecting injuries as a sapling.

Some species, like aspens and birch, are poor compartmentalizers and thus don’t tend to live very long. Others, like sugar maples, osage oranges, and giant sequoias “invest a lot in chemicals to resist decay,” said Smith. “But part of the beauty of nature is that eventually some fungus or a group of fungi will be able to break the defenses down.”

An unseen cloud of micro-organisms and fungal spores swirls around every tree in the forest, waiting for their moment. First on the scene of a wound are non-decay organisms hungry for sugars in exposed sap. They’re followed by bacteria and wood decay fungi armed with



special enzymes to break down cell walls to get at the locked-up carbohydrates.

Decay can involve many types of microorganisms. Some work at the same time, some follow one another. Some are specific to particular species, others are generalists. They’re often aided by insects, animals, or birds. At some point, the tree can’t summon enough energy to take care of the living tissues it’s responsible for, and an inexorable decline begins.

The Ghost Tree has definitely deteriorated in the 20 years since we became part of the scenery. When we first made his acquaintance, he had no top, but did have a couple of living limbs – each perhaps 18 inches or more through – that jutted out from the trunk then up, and looked like arms. Combined with his “face,” he looked like he was perpetually startled by something he saw coming down the road.

One arm dropped off a few years ago and the other is now dead. More of the top part of his massive trunk has disappeared. He is only a shell of his former self. The only green he wears is a toga of Virginia creeper.

He’s no longer a living tree, since he has no leaves to process sunlight into energy. But he’s alive in another sense, Smith told me. “If you count all the fungi, bacteria, and insects, and birds, and whatever else uses a dead standing snag, you’ll find that there’s more life associated with a dead tree than there is with a sound, healthy, living tree.”

Joe Rankin is a former newspaper reporter who lives in Central Maine, where he writes on forestry topics, keeps 70 hives of bees, does market gardening, and walks his dogs in his 70-acre woodlot. The illustration for this column was drawn by Adelaide Tyrol. The Outside Story is assigned and edited by Northern Woodlands and reprinted with permission.



Let’s Help Bernie & Peter RE-ELECT

Anthony Pollina Washington County State Senator

Senator Bernie Sanders Says....
“Anthony provides the leadership in the Senate we need in these difficult times.”

Governor Peter Shumlin Says....
“Anthony is a compassionate, effective, inclusive force in the Vermont Senate. I’m proud to support him. I hope you will help re-elect Anthony.”

Republican Senator Kevin Mullin told the Senate....
Anthony is the “moral voice for the Senate.”

Let’s keep Anthony Pollina working with - and for - the Cabot community.



Read more ★ Help out ★ Donate ★ www.pollinaforstatesenate.com 802-229-5809

Hardware Store Not Ready To Reopen



On August 15, Harry's Hardware Store changed hands from Julie and Walter Ackermann to David Spooner.

David Spooner is the owner of Spooner Specialties, a full-service shop for woodworking tools and accessories, from glue to air purifiers, for hobbyist to industrial applications. Located on Route 2 (River Street) in Montpelier, it is run by David and his son Lowen. They sell stationary machines, new and used, hand tools, and saw blades. The brands they carry include Festool, Porter & Cable, Powermatic, Delta, and Bosch.

Asked about plans for Harry's Hardware Store on Main Street,

Cabot, the Spooners explained they are still in the planning stages. This is the busy season at the Montpelier shop, and a closing date is pending financing. There is still a lot of work to do before they are ready to announce plans for Cabot.

Having grown up in Marshfield and Cabot, David Spooner is familiar with the area and this particular store, and knowledgeable about the hardware industry. The Spooners' love for the tool business shines through, and they are looking forward to developing a Cabot base. They promised to share their plans as soon as possible, so stay tuned.

Plainfield Health Center Expansion



On September 17th, Senator Bernie Sanders participated in a dedication ceremony for a \$1.2 million expansion of the Plainfield Health Center. "As chairman of the subcommittee on primary health care, I am proud that we have helped lead the fight for more than double funding for community health centers to address the primary health crisis in Vermont and America," Sanders said.

Sanders secured \$12.5 billion in the Affordable Care Act to expand health centers across the country, deploy more doctors, dentists and other health care professionals in underserved areas and double, to 40 million, the number of patients who have access to affordable primary care, dental care, mental health counseling and low-cost prescription drugs.

The Health Center of Plainfield was awarded \$988,700 in federal funds to cover most of the \$1.2 million construction project. A new building expanded the center's mental health practice from

three to seven offices. The federal money also helped build a garage for a mobile dental unit which serves patients in Plainfield and four other community health centers in Vermont.

In the past decade, Vermont has gone from having two Federally Qualified Health Centers to eight, including 47 sites where more than 120,000 Vermonters get primary health care, dental care, mental health counseling and low-cost prescription drugs.

Nearly one in five Vermonters now get primary care from a community health center. Vermont ranks second only to West Virginia in the share of the states' populations cared for at health centers.

Open to everyone, the centers provide high-quality, cost-effective care to patients regardless of their ability to pay, whether they are covered by Medicaid, Medicare, private insurance, or no insurance. Payments are on a sliding scale, so people with low or moderate incomes can afford the services.

CABOT commons

Independent Living Senior Apartments



The Cabot Commons offers beautiful apartments for seniors, located at 36 Glinka Road, just a short walk from the Village Main Street. The Commons is comprised of, six one-bedroom units and two two-bedroom units. Completed in 2005, these handicapped-accessible units aim to give Cabot residents, former long-term residents or anyone interested in small-town living, an opportunity to continue to live in a home of their own in Cabot during their senior years. The rent includes electricity, heat, hot water, trash and snow removal and 24-hour emergency maintenance service. For more information contact the Central Vermont Land Trust (802)476-4493 or <http://www.cvclt.org/apartments/cabot-apartments/>

Doctor Joins Hardwick Chiropractic

Hardwick Chiropractic is pleased to announce that Dr. Allison Bogan has joined the practice. Dr. Bogan graduated Magna Cum Laude from Life Chiropractic College West in California. As the recipient of the Life Chiropractic College Clinical Excellence Award, Dr. Bogan offers heartfelt insight and sincere dedication to helping people figure out the source of their body's symptoms and find effective ways of regaining their health. She is currently accepting new patients at Hardwick Chiropractic.

With Dr. Bogan's advanced training in Bio-Geometric Integration (BGI), she assists people in finding and feeling a greater freedom in their bodies, and thus finding greater health and flexibility in their lives. Hardwick Chiropractic's founder, Dr. Grace Johnstone, shares, "Allison's background in BGI and Network chiropractic make her a perfect fit for our office. We have been working together for several weeks now, and she has been very well received by our established patients." Dr. Bogan believes optimum health and vitality in both body and mind are achievable for everyone at any age.

Dr. Johnstone founded Hardwick Chiropractic 19 years ago. Presently,



the practice serves patients mostly from central and northern Vermont and northern New Hampshire. Doctors at Hardwick Chiropractic use a gentle, low velocity approach called Bio-Geometric Integration. Learn more at www.HardwickChiropractic.com or call 472-3033 to schedule a visit.

Birth Announcement

Alexandria Rose Bothfeld



Alexandria Rose Bothfeld was born September 4, 2012, to Raymon and Amber Bothfeld. She was 8 lbs. 3 oz. and 21 inches long.



Poetry Corner

Loyal Citizens

By Bill Cobb

Subducting,
like the Earth's crust
with far wider devastation
the floor of life's promise
has been slid
out from under our feet.

Loyally have we answered
every call for dues or service.
Not perfectly, but honestly
and simply we've tried
to construct balanced lives
of work, hope and prayer.

Imperceptibly at first
now in feeding frenzy
the trolls, who live under
the bridges of our decency,

Have chosen to ignore
our foundational bargain
of fairness, honesty and transparency
leveraging, cranking, sliding the floor,
our founding communal compact
into the insatiable
fires of debilitating debt.

Momentarily warming themselves
around the burned up lives and dreams
of those who'd given them
the freedom to deceive,
while we now huddle under the rusting bridges
of their Godlessness, greed and arrogance.
The home of the brave and the land of the free.



COMMUNITY CALENDAR

~ OCTOBER ~

Monday, 10/1-9

Fall Foliage Festival: six unique festivals are held over six consecutive days, now more than 50 years running. The communities of Walden, Cabot (see next), Plainfield, Peacham, Barnet and Groton invite you to come celebrate rural Vermont in all of its splendor. October 1 Walden, October 2 Cabot, October 3 Plainfield, October 4 Peacham, October 5 Barnet, October 6 Groton. Information: NEKChamber.com

Monday, 10/1-6

Fall Foliage Festival: six unique festivals are held over six consecutive days, now more than 50 years running. The communities of Walden, Cabot (see next), Plainfield, Peacham, Barnet and Groton invite you to come celebrate rural Vermont in all of its splendor. October 1 Walden, October 2 Cabot, October 3 Plainfield, October 4 Peacham, October 5 Barnet, October 6 Groton. Information: NEKChamber.com

Tuesday, 10/2

Fall Foliage Festival in Cabot: Breakfast available 8:00 a.m. at Butters Restaurant. Coffee begins at 9:00 a.m. in the Cabot School Gym. Make a day touring old school houses, craft shops, the Public Library and Cabot Creamery. Crafts available in the gym from 9:00 a.m. to 3:00 p.m. In the afternoon, enjoy a hayride to a sugarhouse, afternoon musical and play performances, and hike to Nichols Ledge. Lunch at Cabot Church, dinner at the Cabot School Gym. Ticket reservations for luncheon and dinner: 563-2715.

Wednesday, 10/3

Local Poet/Author Reading: Author **George Longenecker**, Jaquith Public Library, Marshfield, 7:00 p.m. Information: 426-3581.

Saturday, 10/6-7

Fall Open Studio Weekend 2012. Most Vermont craftspeople work in studios located in or close to their residences. Over 150 locations statewide. Information: 223-3380.

Saturday, 10/6

Fall Foliage Craft Fair, Hardwick Elementary School, 9:00 a.m.-5:00 p.m., free. Candles, jewelry, pottery, quilts, handmade greeting cards, and other fine arts and crafts, food. Information 472-5906.

Sunday, 10/7

Giant Pumpkin Regatta, Burlington Waterfront, 10:00 a.m.-3:00 p.m. Race of giant hollowed out pumpkins on Lake Champlain, also food, craft vendors, kids' activities, pie eating contests, and a fall inspired pet costume contest!

Autumn on the Green, Danville, 10:00 a.m.- 4:00 p.m. Artisans, crafters, cottage industries and businesses amidst the spectacular views and color of autumn in Danville. Information: travelthekingdom.com.

Wednesday, 10/10

Classic Film Night with Rick Winston and Tom Blachly, Jaquith Public Library, Marshfield, 7:00 p.m. Information: 426-3581.

Cabot Worx meeting, 7:00 p.m., Select Board meeting room at Willey Building.

Saturday, 10/13

Cabot Apple Pie Festival, Cabot School Gym, 9:00 a.m. - 3:00 p.m., free. There will be adult and junior contests with prizes for the best homemade pies, raffles, a craft show, and a silent auction. Pies and lunch for sale. Pie contest entry deadline is 10:30 a.m. All proceeds benefit the Cabot Historical Society. Information: 802-563-3396, to reserve craft tables: 802-563-2526, also: <http://www.nek4u.net/cabothistory/ApplePie>.

Apple Tasting Extravaganza and Fruit Growing Workshop, Walden Heights Nursery & Orchard, Walden, 11:00 a.m.- 4:00 p.m. Taste apples, tour the farm, sample cider. Workshop at 2:00 p.m. Information: 563-3012 or Waldenheightsnursery.com.

Wednesday, 10/17

Song Circle: Community Sing-A-Long with Rich and Laura Atkinson, brilliant song circle leaders, Jaquith Public Library, Marshfield, 6:45 p.m. No experience is necessary and song books will be provided. Information call: 426-3581.

Wednesday, 10/24

Cosmic News: Astrology for 2012 and Beyond, Jaquith Public Library, Marshfield, 7:00 p.m. Kelley Hunter, Ph.D. discusses astrology, the science of cosmic cycles. Information: 426-3581.

Wednesday, 10/31

Deadline to register to vote in the General Election on November 6, 2012. Contact town clerk.

~ NOVEMBER ~

Tuesday, 11/6

General Election, 10:00 a.m. to 7:00 p.m. Cabot School Gym. Federal and state positions, Cabot justices of the peace and Cabot ATV ordinance. Information: Cabot Town Clerk at 563-2279.

Wednesday, 11/7

Classic Film Night with Rick Winston and Tom Blachly, Jaquith Public Library, Marshfield, 7:00 p.m. Information: 426-3581.

~ ONGOING ~

Bingo! Every Friday, Old Schoolhouse Common, Marshfield, 1:00 p.m. Come join us for friendly fierce competition and laughter. Sponsored by Twin Valley Seniors.

Book Group for Adults, fourth Mondays at 7:00 p.m. starting in October, Jaquith Public Library, Marshfield. Information call: 426-3581.

Cabot Recreation Dept monthly meeting, second Tuesday of each month, Willey Building, Cabot, 6:00 p.m.

Cabot United Church services are every Sunday at 10:00 a.m. To reserve the church for a function or any other reason call 563-2278.

Diabetes Discussion Group, 6:30 on the 3rd Thursday of the month at The Health Center of Plainfield, free and open to anyone with diabetes and their families. Information: 322-6600 or dgrabowski@the-health-center.org.

Dungeons & Dragons, Cabot Public Library, Fridays 3:00-5:30 p.m. Join the group, conquer the obstacles, and get out of the dungeon alive! All are welcome.

Family Contra & Square Dance, First Friday of each month. Danville Town Hall, 8:00 p.m., donation requested. Chip Hedler will do the calling and David Carpenter will lead the band. The dances are taught and are easily learned by young and old. Information: 563-3225 or email samlyman@sover.net.

Fiddle lessons with Katie Trautz, Mondays, all ages and abilities. Call 802-279-2236 for more information.

Healthy Living Gentle Exercise Program, every Monday, Wednesday, Friday, Old Schoolhouse Common, Marshfield, 10:45 - 11:45 a.m., free. Come join us for a free exercise program that strengthens bones and builds balance, strength and endurance. All levels welcome. Wheelchair friendly. Sponsored by Twin Valley Seniors.

Knit & Crochet group: meets the third Sunday afternoon of every month, 2:00 p.m. All skill levels welcome. Bring yarn, hook, or needles. Information: 563-3396 or e-mail bonniesd@Together.Net.

Movie Matinee, every Monday, 1:00, Twin Valley Senior Center, Old Schoolhouse Common, Marshfield.

Story Time and Playgroup, Wednesdays from 10:00 to 11:30 a.m.: Jaquith Public Library.

Tai Chi, sponsored by Twin Valley Seniors, free, Mondays 1:00-2:00 p.m. Tai Chi will help you reduce stress, increase balance & flexibility, feel relaxed, and improve your overall mind, body and spirit. Must register: 426-3447. A medical release will be required.

Twin Town Homemakers, second Tuesday of each month, Cabot United Church, 7:00 p.m. Social activities, community service. Call for info: Cindy at 456-1361.

CABOT ZONING BOARD OF ADJUSTMENT HEARINGS



**Select Board meeting room in Willey Building
7:00 p.m.**

October 8 - Appeal #248: Requesting a conditional use permit to operate a brewery and tasting room/growler sales in the garage. **Appellant: Richard and Joy McLain.**

October 15 - Appeal #249: Failure to enforce known zoning violations. **Appellant: Jules and Kate Chatot.**

*Your neighbors are talking.
Join the conversation.*

Sign up today for
Front Porch Forum

Now in Cabot!
Neighbors joining daily.

- Report a break-in.
- Find your lost cat or dog.
- Recommend a babysitter.
- Sell a bike or canoe.
- Organize a community party.
- Connect with your neighbors.

Go to FrontPorchForum.com

Already a member? Then recruit your neighbors, and post your 2¢!



CABOT SEPTEMBER FOOD SHARE DATES:

**Wednesday,
OCTOBER 10
Noon-2:00 p.m.**

**Thursday,
OCTOBER 25
2:00 - 4:00 p.m.**

**At the Cabot Masonic Hall
3339 Main Street**



**Available for Cabot Residents
MARSHFIELD FOOD DROP
SATURDAY, OCTOBER 13**

**Second Saturday
of every month.**

**Food pick up
at 8:00 a.m.**

**Schoolhouse Common
in Marshfield.**

The Food Drop is open until all the food is gone - which is usually by 9:30 a.m., so do come at 8:00 a.m.

PLEASE NOTE:
Our new e-mail address is:
admin@fiancp.org



FAITH IN ACTION

**Northern Communities
Partnership, INC
Phone: (802)563-3322**

VOTING DEADLINES



October 31 (Wednesday)

Last day, until 5:00 p.m., to apply for addition to the checklist in order to vote in the general election. Town Clerks' offices must be kept open from 3:00 p.m. to 5:00 p.m. to receive applications (17 V.S.A. § 2144(a)).

November 5 (Monday)
Voters, family members, authorized persons, or health care providers may request early or absentee ballots until 5:00 p.m. or closing of the town clerk's office (17 V.S.A. § 2531(a)).

Voters unable to vote on Election Day—Tuesday, November 6—for any reason may request an early or absentee ballot. Contact the Town Clerk's office at 563-2279 or stop in at the Willey Building.

**DO YOU KNOW
A CABOT RESIDENT
NOT RECEIVING**

The Cabot Chronicle



**Please email
inbox@cabotchronicle.org
or call 563-3338
so that it can be corrected**

Vermont's Northeast Kingdom Annual Fall Foliage Festival October 1-6, 2012

MONDAY, OCTOBER 1, WALDEN

Join us for Walden's Country Fair! Our day begins with registration at 9:00 a.m. at the Walden Methodist Church with coffee and donuts. Enjoy the signs and sounds of country life, the small town friendly atmosphere, and the display of traditional action exhibits, crafts and interacting with a myriad of farm animals, large and small. The folks of Walden will share country music and small home businesses nestled in the wooded hills. A homemade soup and sandwich lunch will sustain you for an afternoon of tours to a dairy farm, horse farm and our rural school, with a little dancing and a snack thrown in. A family-style Barbecue Beef Supper will be served with mashed potatoes, veggies and home baked pies, beginning at 5:30 p.m., \$12. For supper reservations call 802-533-7122. For information, contact Judy Clifford, 802-563-2777 (evenings).

TUESDAY, OCTOBER 2, CABOT

Welcome! Coffee Hour begins at 9:00 a.m. in the Cabot School Gym. Make a day touring old school houses, craft shops, the Public Library and Cabot Creamery. Crafts available in the gym from 9:00 a.m. to 3:00 p.m. In the afternoon, enjoy a hayride to a sugarhouse, afternoon musical and play performances, and hike to Nicols Ledge. Corn chowder and chili luncheon (adults \$6, children \$2.50) at Cabot Church at 11:30 a.m., 12:30 p.m. and 1:15 p.m. Turkey dinner at 5:00 and 6:15 p.m. (adults \$10, children \$5) at the Cabot School. Ticket reservations for luncheon and dinner can be made at the same time by calling Rose Bothfeld at 802-563-2715. For details contact Blanche Lamore at 802-563-2457 or Tara Rogerson at 802-917-2992.

WEDNESDAY, OCTOBER 3, PLAINFIELD

A full day of activities begins with Coffee Hour at 9:00 a.m. and registration at Grace United Methodist Church. Foliage tours available at 10:00 a.m. and 1:00 p.m. Tours telling the history of the Barre granite quarries, see glass blowers at work, taste wine at Grandview Winery, scenic spots and a hike to Owls Head with a bag lunch. Other points of interest will be offered throughout the day. Crafts, baked goods and jewelry will be for sale, along with other items of interest for everyone. Cafeteria-style luncheon from 11:30 a.m. to 1:00 p.m. for \$5. Entertainment in the afternoon. Barbecued Chicken, Mostaccioli and Baked Bean Supper at 5:00 and 6:00 p.m. for \$12. For reservations, contact Joanne Martin at 802-454-7301 or Joyce Fowler at 802-454-8306.

THURSDAY, OCTOBER 4, PEACHAM

Registration and arts and crafts sale 9:00 a.m. to 3:00 p.m. at the Peacham Town Hall. Tickets for lunch, ghost

walk and dinner can be picked up. Exhibits at the Blacksmith Shop and Historical House (Homemade treats served). Peacham Library book sale from 9:00 a.m. to 4:00 p.m. Scenic bus tour at 10:15 a.m. \$3. Lunch at Peacham Elementary School 11:00 a.m. to 1:30 p.m. \$6. Northern Skies Observatory open 11:00 a.m. to 2:00 p.m. Ghost walk at 2:00 p.m. \$4. Harp music in Church sanctuary 4:00 p.m. to 6:00 p.m. Dinner at church, seatings at 5:00 and 6:30 p.m. (Spaghetti supper – vegetarian and meat sauces, salad, garlic bread, homemade apple crisp with ice cream) adults \$10, children \$5, under 6 free. Tickets available at door. Coordinators are Marilyn Magnus, 802-592-3320, Sally Goss, 802-563-3113, Sharon Fuehrer, 802-592-3326.

FRIDAY, OCTOBER 5, BARNET

Come to the Barnet Center vestry at 8:00 a.m. to 12 noon for pancake breakfast including Vermont maple syrup and sausage. Arts and crafts will be in the vestry and surrounding grounds all day. Wagon rides starting at the vestry will be given, weather permitting. A bus tour between Ben Thresher's Mill, the Sunset Alpaca Farm, the Walter Harvey Meeting House and traveling scenic back roads. Arts and crafts are also at the McIndoes Church, with a soup and sandwich lunch served starting at 11:30 a.m. A European Coffee Hour will be from 1:00 to 4:00 p.m. at the West Barnet Church. Enjoy a Ham Dinner at the Barnet Center vestry, starting at 4:00 p.m. and continuing until all are served (\$10). For reservations, contact Bob Gibson at 802-633-2242. For information the day of the event, call 802-633-4397.

SATURDAY, OCTOBER 6, GROTON

Join us in Groton for our Festival Day. Start with a Lumberjack Breakfast at the Methodist Church from 7:00 to 10:00 a.m. Visit our Library, where there will be a book sale throughout the day. McLure's Band will perform at the Bandstand at 11:00 a.m. Boy Scout Troop #702 will serve a light lunch at the Food Court. Our Annual Parade starts at 1:30 p.m. Browse in the Peter Paul Historical House anytime during the day. Participate in the Old Fashioned Hymn Sing at the Methodist Church at 8:00 p.m. to close the day. Serving times for our World Famous Chicken Pie Supper at 4:30, 5:30, 6:30 and 7:30 p.m. Tickets available at \$10 for adults, \$5 for children under 12. You must make reservations. Contact Peter Lyon at 584-3020. Takeout reservations are also available.

For more details or lodging list, contact Northeast Kingdom Chamber of Commerce at 1-800-639-6379, 802-748-3678 or www.nekchamber.com, or nekinfo@nekchamber.com.



Where in the World is the Chronicle?



Lela Jones and the Chronicle visit our nations capital in Washington D.C., and are seen here in front of the Lincoln Memorial with the reflecting pool and Washington Monument in the background.

CABOT FIRE DEPARTMENT Emergency Flood Damage Grant



By Walter Bothfeld, Jr., Fire Chief

The Cabot Fire Department received a grant for \$5,000 to repair damage to a pond in which the department has a dry hydrant for water supply. The pond is owned by Tim and Gail Greaves, located on VT Route 215 North, close to the Cabot-Walden town line. It is a very important water source for the department, covering the north end of Route 215 and the Bayley Hazen Road. The pond received a lot of sediment from the heavy rains of tropical storm Irene.

With this grant, we were able to clean out the pond and repair the dry

hydrant strainer and inlet pipe, which were not working because they were covered by silt and mud. When the pond refills itself, the department should have a bigger and more reliable water supply.

The grant was made possible by the Vermont Rural Fire Protection Task Force, part of the Northern Vermont Resource Conservation and Development Council. Thanks to the Task Force for all their help. They have provided resources to improve water supplies for fire fighting in many Vermont towns in the past 15 years.

RESTAURANT

TUESDAY, OCTOBER 2
IS CABOT'S FALL FOLIAGE FESTIVAL
WE WILL BE OPEN FROM 8AM TO 12PM
ON THAT DAY SERVING OUR REGULAR
BREAKFAST MENU AS WELL AS SOME
DELICIOUS SEASONAL SPECIALS!
STOP IN TO ENJOY AN AMAZING BREAKFAST
OR JUST TO TAKE A PEEK INSIDE!

**WE WILL
BE CLOSED
NOVEMBER
3RD & 9TH**

Main Street, Cabot ~ 802.563.2422
Questions? Suggestions? e-mail us at buttersrestaurant@yahoo.com

Main Street Cabot Corridor Revitalization Committee Update



Our group will be busy on scoping study activities this month. We will be meeting with the Dubois Consulting team on October 1, 2012, at 6:00 p.m. in the select board meeting room in the Willey Building to review the outcome of the Visual Workshop held last month, and to brainstorm and review alternatives for our Main Street. These will include addressing safety problems, looking at ways to keep traffic moving at a safe speed through the village, and making our Main Street a more beautiful place with enhance-



10.★

21.★

12 CABOT

COMMUNITY WIDE

SUNDAY

October 21, 2012

11:00AM to 2:00PM

CHILI

THEROW

DOWN

ON THE COMMON

In the village heart

Try 10 great chili recipies for 1 price!

Vote for Best Chili in three categories:

MEAT VEGGIE FLAVOR

\$5/person

\$15/family



TOWNWIDE

LAWN SALE

Seeking Suggestions for Next Year

What did you think?

Did the Townwide Lawn Sale work for you?

Did you participate? If not, why not?

Is August the right month?

Did two days work?

How could it have gone better?

Give us your input now

To make next year's event better

Call 563-3338 or

Email Cabot.Development@yahoo.com

Minutes of the Cabot Select Board (SB) Meeting September 5, 2012

The Cabot Board of Selectpersons did meet as warned at the Willey Building on September 5, 2012 at 7:00 pm. Attending were: Caleb Pitkin (Chair), Fred Ducharme (Vice-Chair), Ted Domey, Dan Dunham, Tara Rogerson (Town Clerk), Jan Westervelt, Ben Davis, John Cookson, Bill Walters, Rusty Churchill, Karen Deasy, Dexter Lefavour, Peter Dubray, Ron Forant Jr. and Kate Chatot.

Agenda Item (AI) 1 –Call Meeting to Order. Caleb called the meeting to Order at 7:04 PM.

Agenda Item (AI) 2 – Adopt the 9/5/2012 meeting agenda. Agenda item was passed over.

Agenda Item (AI) 3 - To approve the meeting minutes of July 30, 2012 and August 1, 2012. Fred made a motion to amend the minutes of July 30, 2012 to include the liquor license for a wine tasting event permit from Joe Buswell. Ted Seconded. No Discussion. Amendment passed unanimously. Fred moved to approve the minutes of July 30, 2012. Caleb seconded. No Discussion. July 30, 2012 minutes approved unanimously. Fred moved to approve the minutes of August 1, 2012. Dan seconded. No discussion. Minutes of August 1, 2012 approved unanimously.

Agenda Item (AI) 4 – Public Comment.
AI 4 a. - Ben Davis, Cabot's NEKSWD representative, update the select board on the following:

Vermont mandatory recycling goes into effect in 2015 and Town should think about expanding current facility size. Discussion ensued about combining it with a new Town garage.

Site drainage by the door needs work before winter and John Cookson is applying for a UDAG grant to do this work.

Town may want to consider a locked gate at both drives of the facility.

AI 4 b. - Dexter Lefavour, candidate for Washington County Senate, introduced himself. Discussed contractors insurance and was looking for other hot topics in the area. No other public comment.

Agenda Item (AI) 5 – Administrative Duties

AI 5. a. ATV Ordinance public survey and postcard. Peter Dubray and other land owners on Dubray Rd. expressed interest to allow the use of ATVs on Dubray Rd. for both the Class III and Class IV portions. Suggestion that ordinance contains language that land owners and invited guest have use of road only in ordinance. The SB asked Ted to draft up a letter and postcard for mailing to receive public input. Caleb and Tara to work on merging a mailing list. No further discussion. No further action taken.

AI 5. b. Zoning Board of Adjustment (ZBA) – meeting and membership. Karen Deasy asked if ZBA has enough members for a quorum. Newly appointed members by the SB make a quorum. Previous permits were discussed awaiting ZBA action. Meeting was tentatively set of 9/17/12 at 7:00PM but would depend after contacting all of the ZBA members. No further discussion. No further action taken.

AI 5. c. Status of Dog Complaint. Richard Scheiber sent a letter to SB Chair regarding Gary Smith's dog excessive noise. Caleb read the letter to the SB. SB instructed Town Clerk to send Gary Smith a letter regarding the Dog Ordinance and associated penalties which may be waived if owner registers dogs with the Town Clerk. No further discussion.

AI 5. d. Mack Mountain RD. Structures Grant. Original State grant amount has been reduced due to the Town not currently having an Environmental Assessment. VLCT provides these for towns upon request. No further discussion. No further action taken.

AI 5. e. Personnel Policy Review by VLCT. SB decided to have VLCT review the Town's personnel policy and make recommendations. No further discussion. No further action taken.

AI 5. f. ICS Training follow-up. SB passed over this agenda item. No discussion. No action taken.

AI 5. g. Town Audit – Possible Bid 2012 - SB passed over this agenda item. No discussion. No action taken.

AI 5. h. Lister's Errors & Omissions. Dan moved to revise the tax bill of Parcel 11-035.00 due to lister's error. Fred seconded. Discussion ensued regarding to combing of the parcels but a tax bill had been generated for two individual parcels. Motion passed unanimously. No Further Action Taken.

AI 5. i. Sheriff's hours/funding/management. The budget for this item is over budget. Discussion ensued regarding the need for law enforcement in Town. SB instructed Ted to call the Washington County Sheriff and get something set up for the rest of the FY. No Further Discussion. No further action taken.

AI 5. j. Well closure request – follow-up on final closure. ANR and Johnson Company recommended that the request for a final test be rescinded due to the data values showing a steady decline and no available data since 2007. Cost of \$800.00 for the testing was considered. The SB determined that no further testing was necessary and that the 4 monitoring wells will be closed in the spring of 2013 as soon as they are accessible. No Further Discussion. No further action taken.

AI 5. k. Jill Alexander hearing request – discussion. The Town received Cabot Creamery's minor adjustments ACT 250 hearing request documents from Jill Alexander. No Discussion. No action taken.

AI 5. l. November 2012 Election and Special Warning. The Town Clerk presented the Special meeting Warning for November. SB discussed it contents and decided to postpone this agenda item until the next SB meeting on 9/19/2012. . No Further Discussion. No further action taken.

AI 5. m. Hazard Mitigation Grant Program (HMGP). Ted moved to have the SB sign the HMGP document. Ted seconded. Discussion ensued regarding the content and responsible parties. Motion passed unanimously. SB signed HMGP document. No Further Action Taken.

AI 5. n. Road crew workers rate of pay and benefit. SB to set rate of pay for new hire on road crew. Fred made motion to set rate of pay for Keith at \$14.84 per hour. Caleb seconded. Discussion ensued regarding pay rate. Motion passed unanimously. No Further Action Taken.

Agenda Item (AI) 6 Administrative Duties (ongoing).

AI 6. a. – 2012 Budget – Town Clerk handed out copies of the current 2012 budget. SB decided to postpone this until next meeting on 9/19/2012. No Action Taken.

AI 6 b. – Public Works Ordinance – SB determined that this was a major

(See Select Board Meeting, Page 9)

TWIN VALLEY SENIOR CENTER

By Rita Copeland,
Executive Director

Our Editor in Chief for the Twin Valley Seniors Newsletter & Facebook page is Betsey Bolt. Words cannot tell you the deep appreciation that we have for the fantastic job she does getting our news and other information out to you. The work that Betsey does is all volunteer. She spends many hours a month coordinating the monthly news, researching important information that relates not only to the elderly in our area, but information that may assist you in many different ways. Betsey uses her computer to the fullest, right down to submitting the newsletters electronically to Copy World in Barre from her home in Plainfield.

Betsey is a pleasure to work with and a great asset to the center. She attends weekly, participates in exercise programs, uses the WiFi and gives a helping hand in the dining room, assisting where needed. Betsey communicates with me regularly regarding any opportunities or information that may help the Center. Her volunteerism and donations to the Center are so very much appreciated, and when it is said "You can make a difference", then that is Betsey!

ANNOUNCEMENT: TVSC has begun selling raffle tickets for an Echo CS-550P chainsaw with either a 16" or 18" blade. The tickets are \$5 and the drawing will be October 12. The saw is graciously donated by Guy's Repair of Barre. TVSC thanks him for his generosity.

Help Wanted!

Volunteer Fundraising Chair:

The fundraising chair is responsible for overseeing the organization's overall fundraising projects, and can work alone or set up a fundraising committee. To accomplish this, the Chair should work with staff and the Board of Directors to establish a fundraising plan to raise money for TVSC, a non-profit organization. The Chair would solicit involvement of all people necessary to carry out the fundraising goals, including but not limited to telephone calls, support at the function or selling of tickets in the case of raffles (etc), securing items for events, making posters, securing advertisements on the radio and in local papers.

Select Board

(continued from page 8)

undertaking and may require a special work meeting to go through the document of combining the Water and Waste Water Ordinances. Agenda Item postponed until a work meeting date can be set.

AI 6 c. – Marijuana Dispensaries possible ordinance discussion. Agenda item was passed over.

Agenda Item (AI) 7 Officer Reports:

AI 7 a. – Ennis Road Bridge Project Final Inspection Status & FEMA Paperwork. Town Clerk reported that a grant inspection team came to review paper work and all was good. Ted said he looked at the bridge and was satisfied. No further discussion. No Action Taken.

AI 7 b. – Mack Mountain Road Structures Grant. See AI 5 d.

AI 7 c. - Driveway permits – Ted reported he had two. One being approved the other denied based on request for town to relocate a culvert on West Shore Road.

AI 7 d. – Main Street Culvert & Paving Update – None.

Agenda Item (AI) 8 Correspondence– Cabot Health Officer form. Fred made



Other aspects include monitoring fundraising efforts, ensuring donors are acknowledged appropriately and that fundraising events are cost-effective for the organization. In place already are some annual events, such as: Hunter's Breakfast, Twinfield Christmas Fair, Perennial Plant (and now Food as well) Sale, 4th of July Flea Market, Lasagna Dinner, as well as raffles which, in the past, have included firewood/pellets, firearms, quilts and now a chain saw. There is already some leadership inherent in these annual events, including the Hunters' Breakfast & Perennial Plant & Food Sale. Energy & attitude (and a place to store stuff!) are key.

Part-Time Bookkeeper:

If you have a couple of hours free weekly, then please contact TVSC at 426-3347 and speak with Rita. This person should have the following skills set: basic bookkeeping utilizing software, as well as preparing payroll and some tax background. This is the perfect **part-time job for someone who wants to work from home and earn some extra money.**

Hospitality Volunteer:

Please call Rita at 426-3447 if you could spare two to three hours on Wednesdays and would be interested in volunteering at the Center in our Volunteer Dining Room.

Host/Hostess:

Position involves setting up for lunch, helping people get their snacks upon arrival, pouring beverages, serving those who can't manage self-serve and being welcoming and friendly to all: old, new and those just testing the waters.

motion for Caleb to sign the Cabot Health officer form. Ted seconded. Motion passed unanimously. Caleb signed said form. No further action taken.

Agenda Item (AI) 9 Legal – None.

Agenda Item (AI) 10 Other Business.

AI 10 a. - Request from scoping committee for \$400.00 for public meeting dinner on 9/25/2012. SB determined to take it out of the SB fund and Freed to send of Date and what the \$400.00 limit would cover. No further discussion. No further action taken.

AI 10 b. – Rusty informed the SB that he had been approached by the school for the purchase of diesel fuel. Discussion ensued. SB decided to allow the school to get their diesel fuel from the town garage pump and reimburse the town. No further discussion. No further action taken.

AI 10 c. – FEMA and FHWA reimbursement funds. Discussion ensued regarding how the funds could be used. No action taken.

Agenda Item (AI) 11 – Adjourn meeting. Fred moved to adjourn the meeting; Dan seconded. No discussion, motion passed unanimously. Meeting adjourned at 9:40 pm

Respectfully submitted:

Ted Domey, select board clerk.

Hiking With Dogs: New Educational Videos Released by Green Mountain Club



The Green Mountain Club released a four-part educational video series with expert advice on Hiking With Dogs. With cooler weather just around the corner, many hikers will want to take their dogs with them when they hit the trails this fall and the club wanted to provide practical information.

In addition to basic tips, such as what to bring on a day hike and when to leash a dog, the series covers training, what to do if you lose your dog on the trail, protecting your dog's health, and how to take longer backpacking trips with a dog along. "For people who have been thinking about bringing their dog with them when hiking, we provide a lot of helpful information to get them started," says Richard Windish of Reading, Vt., former Green Mountain Club president who hosts the video series with his dog Jack. "The videos also have plenty of tips for people who have some experience hiking with a dog, but would like to get into more advanced aspects of it, such as staying at Long Trail shelters overnight, and trail etiquette for dogs and dog owners."

Interviews in the series include veterinarian Paul Alfarone of Bear Swamp Veterinary Service in Middlesex; dog trainer Kasandra Fleury of the Central

Vermont Humane Society in East Montpelier; and Grant Gunther of the Outdoor Gear Exchange in Burlington, who discusses outfitting your dogs with appropriate gear like fleece jackets and backpacks.

"In the video series, the experts who we interviewed are all hikers themselves, so their advice is trail-tested and very practical," says Windish. "We also talked with several Green Mountain Club caretakers about what they see out on the trails every day, and what dog owners should be doing to both protect the environment and make hiking with dogs enjoyable for everyone."

"This video series is a very important educational resource for hikers," said Will Wiquist, executive director of the Green Mountain Club. "Believe it or not, we might get more questions about hiking with dogs than any other – with the exception of how to get to the trailhead. We encourage all hikers who have dogs to view this informative four-part series."

The videos are available now on the Green Mountain Club's YouTube channel, at <http://www.youtube.com/user/GreenMountainClub/featured>.

Contact: Will Wiquist or Megan Duni (802) 244-7037

Advice From The Tree Warden: Pruning Trees

By Roland (Slim) Payne,
Cabot Tree Warden

Fall is here, and it is time to care for your trees and shrubs. Here is a little information on pruning and how to make the cuts without damage to the tree. Be careful not to spread disease or insect infestation. Wash your tools after you finish one tree and before you start another one, using denatured alcohol.

WHY WE PRUNE TREES

Properly pruned trees are not only more aesthetically pleasing, but stronger. Pruning young trees can significantly reduced the likelihood of limb or structural trunk failure as the tree matures. This means a longer life span for the tree and a better return on your investment. Before you prune, always have an objective in mind. Consider the following reasons to prune your tree:

Safety: Remove branches that could fall and cause injury or interfere with utility lines, roads.

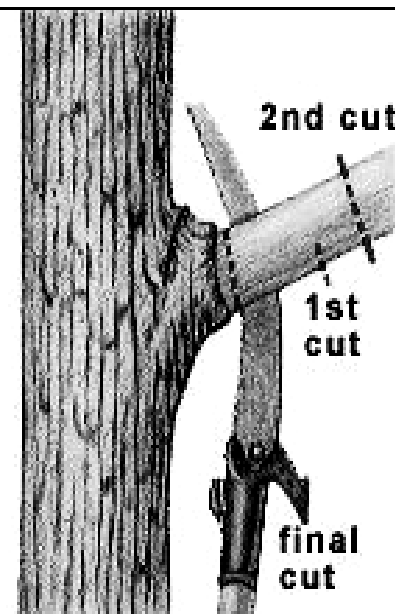
Health: Remove disease or insect infected wood, improve structure, and reduce likelihood of damage during storms.

Fruit Production: Increase light and air circulation.

Appearance: Control plant size and form, enhance views.

WHERE TO MAKE THE CUT?

Pruning cuts should be made outside the branch collar. The branch collar is made up of trunk tissue and, if left intact, will seal off the pruning wound. The cut should start at the branch bark ridge. The photo illustrates where to make the proper cut.



For large branches, make a three-part cut to prevent bark ripping. This photo illustrates the three-cut pruning method for branches larger than one inch in diameter. The first partial cut is made from below to prevent the bark from tearing. The branch is removed with the second cut. The third cut removes the stub cleanly and without damaging the branch collar or any bark on the trunk.

WHEN TO PRUNE?

The ideal time to prune trees is during the winter months when trees are dormant. Avoid pruning just after leaf emergence and just before leaf fall. Although branches that are dead, diseased or damaged can be removed anytime. To reduce the stress on newly-planted trees, pruning should not begin until three years after planting. Spring flowering trees and shrubs, like lilac, redbud and dogwood, should be pruned immediately after flowering to preserve this year's flower crop.

I will have more on this next time. Enjoy the fall; it will be winter before we know it.

FROM THE CABOT PUBLIC LIBRARY

By Kathleen Hoyne and Anne Walker

What is *Universal Class*? Recorded Books' *Universal Class* is an educational service providing high quality online courses for patrons (generally high-school age and older) interested in the lifelong pursuit of knowledge for either personal or professional reasons. Patrons register online, participate in the classes online at their own pace, correspond with instructors online and have up to six months to complete an individual class. *Universal Class* supports lifelong learning and enhances not only social inclusion, active citizenship and personal development, but also employability. Class content covers a wide range – from hobbies (arts and crafts, dog training, photography) to job skills (writing improvement, medical billing, computer programming, domestic violence counseling) to education and test preparation (writing for children, general science, Algebra, Homeschooling Strategies) – and much more! Our library is now able to offer more than 500 online courses to patrons.

To register for a class, go to: vermontstate.universalclass.com/register.html and type your patron barcode in the format of: 205647000XXXX in which the XXXX's represent your patron number. Call us if you have any questions.

Looking Back at Vermont: Farm Security Administration Photographs in Vermont, 1936-1942 – Tuesday, October 2, 10:00 a.m. - A Vermont Humanities Council Program for Cabot's Fall Foliage Festival

This abundantly illustrated talk by historian, author, and editor Nancy Price Graff examines this famous government project in Vermont. Over a seven-year period during the Great Depression, nine photographers working for the Farm Security Administration's Historical Section visited Vermont to document its rural culture. Each had a unique assignment, and each had a unique way of looking at Vermont. This slide lecture presents some of the 1,600 photographs taken by these artists from the perspective of the times and from the perspective of Vermont's evolving image.

Cabot Library Open House Fall Foliage Festival– Tuesday, October 2, 10:00 a.m. – 3:00 p.m.

Come visit our library and see a display of favorite reads from the 1920's to the present day.

A Gathering of Poets – Tuesday, October 9, 7:00 p.m.

Poet's choice – come listen to a selection of poetry from each of the following local artists: Fran Cerulli, Barry and

Lorrie Goldensohn, Bob Greener, Sherry Olson, and Ellen Bryant Voight. There is sure to be something for everyone.

Book Discussion Group – Monday, October 15, 7:00 p.m.

Every three weeks, beginning September 24, the Vermont Humanities Council sponsored Book Discussion group will meet to discuss the new series, *Canadian Cultural Diversity*, facilitated by Cynthia Russell. Please visit the library to pick up a copy of these books.

- Roy McGregor, *Canoe Lake*
- Alistair MacLeod, *Island this month's featured read*
- Antonine Maillet, *Pelagie-La-Charrette*
- Alice Munro, *Lives of Girls and Women*

Yoga & Wellness Classes – Mondays at 6:00 p.m.

Welcome the changing seasons! Nourish your body, mind and spirit! Yoga is an amazing practice to help with the transition of changing seasons! Please contact Alicia Feltus for info about yoga. 802-563-3220 or aliciafeltus@gmail.com

Dungeons & Dragons – Fridays 3:00-5:30 p.m.

Join the group, conquer the obstacles, and get out of the dungeon alive! All are welcome.



Cabot Library Reminders:

- HOURS**
 - Tuesday 9:00 a.m.-6:00 p.m.
 - Wednesday 2:00 a.m.-6:00p.m.
 - Thursday 11:00 a.m.-6:00p.m.
 - Saturday 9:00 a.m.-2:00p.m.
 - Closed Sunday, Monday & Friday
- **Story Hour back again****
****in September!****
- **Echo Pass** – Allows up to 2 adults and 3 youths, \$4 each admission price, entrance into the ECHO Lake Aquarium and Science Center in Burlington. **Vermont State Parks Pass** – Allows free entry into State Park day areas for up to 8 people in one vehicle. Go to www.vtstateparks.com for more info.
- **Historic Sites Pass** – Allows free entry into the Vermont State Historic Sites for one family or groups of up to 8 people. Go to www.historicsites.vermont.gov for more info.
- **New this summer – Vermont History Museum Pass** – Allows free admission for one family to the Vermont History Museum located in Montpelier in the Pavilion Building.

Cabot's After School Program Enjoys Final Days of Summer

By Anthony Willey and Lucy Remington

The kids at TLC, Cabot School's After School Program, are taking the opportunity to enjoy the last few weeks of warm weather. Students and instructors put their photography skills to the test by taking beautiful photos of flowers and other interesting objects around town (see photo by Julia Hoffert). Hiking has also been on the agenda the last few weeks. TLC students are regulars on the backwoods trails that circle the town of Cabot and beyond. With binoculars in hand, students traverse the trails carefully and quietly in hopes of spotting wildlife.

We are all very excited to start the new school year at TLC. We have many fun and educational activities planned, and we hope that more students will join us as we enjoy the several great opportunities that TLC offers. Also very exciting this year: **TLC will provide care for TLC and non-TLC enrollees on early release days**, which occur approximately once per month throughout the school year. Contact our office at 802-563-2289 ext. 233. We are located in the Cabot School cafeteria to the right of the kitchen.

Cabot School Board Meeting Minutes September 4, 2012

Call to order: The regular meeting of the Cabot School Board meeting was called to order at 6:05 on 9/04/2012 in Cabot School Library by Chris Tormey, Chair.

Present: Board members: Chris Tormey, Paul Stecker, Sharon O'Connor, Ry Hoffman, Absent Jacki Folsom. Administration: Nancy Thomas, Superintendent; Karen Stewart, Principal; Pat Johnson Knoerl, Curriculum Director, Peter Ackermann, Facility Director

Consent Agenda

The minutes of the previous meeting were unanimously approved as distributed.

Reports:

a. Superintendent Report: See WNESU meeting of 8/23/12 attachment.

b. Facility update: The Board walked around the high school to see the improvements and repairs needed in the future. Peter Ackermann discussed high school drainage issue and the work completed this summer. Peter reported on reorganization of main office for maximum efficiency, monitor hung in place for the front and library doors, card access and security for the new doors. The halls were cleaned up for student safety, classrooms changed around to reflect new team teaching. Painting was done in CSPAC and in the high school. In replacing carpeting in the Humanities section, asbestos was found in the underlying tiles and was removed by specialists. Some items were removed for safety reasons on the playground. Parking lot issues are continuing to be addressed. The hope is for less risk during dismissal. Peter discussed the need for a drainage system next to cafeteria and between CSPAC. Peter talked about seeking a grant for roofing and other improvements on the high school. Town of Cabot has approved purchasing fuel at the Cabot town shed versus driving to Twinfield for this.

c. Principal Report: See attached. Sharon questioned the paragraph about guidance, and the need for a guidance page on the web site, possible protocols for career and college preparation with links as well. She is asking for more depth in the help process. Karen suggested asking parents what resources they thought would be helpful. Nancy suggested modeling Twinfields' website.

Board Discussion:

a. Parent and Senior Surveys: Senior survey: Pat thought overall students were satisfied, however 73% of seniors did not see a connection between academics and career paths. Seniors thought that teachers were expecting higher standards. About 50% of the students felt like they didn't challenge themselves. General consensus of the board was that the survey math did not add up. More time to study the survey needed.

b. Parent Survey: The survey spans all grades, several people indicated it was hard to complete if they had both elementary and high school on one form. This was a broad spectrum survey and thoughts on improvements. The challenge with this survey is only getting about 30% of the group: hearing from the really satisfied or really unhappy parents. The Board discussed a potentially better time for a survey, and asking more specific questions. It was suggested a more grade specific chunk of questions, to know where the strengths and weaknesses are. This may lead to the parents feeling more involved. The board discussed

the need to structure the questions for constructiveness rather than complaints. Karen asked for a model policy for chain of command so parents and guardians understand the process, she is happy to clarify the chain of command. Karen will have a policy that she worked on at a previous school. A policy approval would take about a month.

c. Communication Plan:

Current items: Syllabuses were due and distributed on the first day of high school classes. Elementary grades will have theirs ready for Open House. Open house night: September 11, 5 pm dinner and then time for visits to the teachers in their classrooms and sharing information regarding the syllabuses. The Board discussed fingerprinting and background check for volunteers. The board asked for information to be sent to parents as soon as possible.

Other ways to increase communication: utilizing Power Announcements (robo calling) for upcoming events. The suggestion was made to place events calendar in the Cabot Chronicle. The suggestion was made to contact Will Walters regarding announcements on the newswire?

Students to serve on the school board: Students would have to be voted in. Discussion was for a junior/senior rep as well as a freshman/sophomore rep. The student will need to have a plan for how they will represent the two classes. Ry was questioning how the students will discuss the current issues for agenda. Possible mandatory 1 meeting out of 2 per month, be up to date on the agenda and maybe work the slot into the high school schedule on the Thursday before the board meeting. The student reps will bring a report of student interests and concerns for the board. Nancy discussed the regularity of the students on the Twinfield board. Interested students will write a letter of intent to the board. Final decision will be by vote of the students. A draft will be sent to the English dept advertising the need for 2 student reps. The board thought this would provide a valuable perspective of students needs and concerns. Revitalizing YATST: This group will be open to all students, not just the 5 students currently attending. Make sure the leadership group is happening every Monday afternoon, and that any concerns are being brought to the school board by the student reps. The students facilitated the healthy start meeting, and remarked on the need for feeling like a community. The Board also discussed students giving feedback to teachers on a regular basis, frequency to be determined.

Agenda for Next Meeting:

Revisiting the surveys and reviewing the Staff survey. Plan process for community involvement in planning the future of the school. Bread oven update.

Executive Session for legal and negotiation update. The Board entered executive session at 8:12 pm. and came out at 8:22 pm. No action was taken.

Adjournment: The Board adjourned at 8:25 pm.

The next regular meeting will be at Cabot School Library on September 17, at 6:00pm.

Minutes respectfully submitted by: Stephenie Manning

An Adventurous Start Back To "School"

by *Kassandra Morse, Kyle Celley, Brooke Ann Foster, Mark Schumacher, Billie Jean Rowe, Megg Colbeth, and Seth Herrick*

Cabot High School students started out the school year with a three-day overnight leadership retreat at Siskin Ecological Adventures, based at Coutts Moriarty 4-H camp in Derby, Vermont. Devoted to building a better school community, the trip provided students with opportunities for leadership and allowed for a smooth transition from summer back into the school year.

From August 29 - 31, students confronted challenges such as the high ropes course offered by Siskin, as well as workshops offered by their peers and teachers. James Haugland, the new high school chorus and theatre instructor, dropped by the campfire the first night with a bag of props and improvisation games. The next day, Geof Hewitt, Vermont's reigning Slam Champion, came for the day to run several poetry and writing workshops. In the evening, Cabot students and teachers gathered 'round the campfire again for a poetry slam, a lively contest in which competitors perform, in no more than three minutes, their original work. (See sidebar for samples.)

Retreat facilitator David Schilling says that the retreat was "far from a 'summer camp' experience. The skills learned at an intensive retreat such as this are essential for college and beyond. I firmly believe the Siskin retreat contributes to creating prepared citizens who are better equipped to handle real-world challenges."

"The purpose of the retreat was to build relationships and visualize the school year in order to make it a great one," commented Bill Tobin, the high school math teacher. "It went really well, and everybody had a great time."

The retreat also featured discussions about what the students wanted the school year to look like as students establish a leadership group that speaks with the combined voices of students and teachers.

"The retreat helped all of us realize we are all human, and no one is just 'a teacher' or just 'a student,'" Ella Malamud, a high school science teacher, said. "I got to know the students a little better."



"It eliminates the awkwardness of the school year," senior Maelily Robison says. "I personally think the purpose was to help us students have time to catch up with each other, have fun, and help us build the community. Hopefully, the school will keep doing this every year."

Workshops introduced students and teachers to many different skills and games, from Scottish country dancing to a rousing game of Werewolves, a traditional Russian game, and students and teachers alike expressed almost unanimous approval of all aspects of the retreat.

"Everyone was together working in groups to solve problems at school. We also shared the chores equally," junior Olivia Bellavance said. "I thought the purpose of the trip was to introduce us to the themes and expectations of the year to come."

When asked her opinion on the retreat, principal Karen Stewart commented that she "was very impressed with the maturity level of the students. They built relationships and formed a stronger community. It was just a magnificent way to begin a new school year together."

Students and teachers also found that the retreat was an excellent way to introduce new students to Cabot School. Through the leadership opportunities, workshops and campfire activities, students learned to trust each other and take advantage of the many skills, talents and interests that exist within the school community.

"I think that this was a very positive experience; it was a fun and educational way to get us back into the school mindset without going straight into classrooms," commented sophomore Lyrica Stelle. "This trip brought us closer together as a school community and gave us a chance to get to know everyone better."

The Lost Photograph

by *Kassandra Morse*

The lost photograph was not actually an image. Contrary to popular belief, it was just a bunch of words. There were about a thousand of them, all strung together into a story that made sense.

Not a fictional account, either. It was a story of me, a story of an experience that would stay with me forever, in more ways than one.

I kept seeing it, lying around, staying where I put it, smiling vaguely and waiting for me to put it somewhere else. Preferably the corner of my computer's hard drive labelled "Travel Writing." A place where I'd forget about it, but where it could be found if I wanted or needed to have it back.

But for now, it was safe enough where it was. Still smiling, its title mysterious and a little annoying, so that nosy hackers just had to look at it.

Until I went through the necessary process to make the smiling story safe, it just stayed there in the little yellow document. Waiting.

Waiting. I found out a month later, to escape. The words I had so carefully cho-

sen and typed, my fingers frozen in a hotel room, my mind dashing around itself, mired in chaos— those words had apparently developed legs and run away.

Naturally, I was pretty upset. When I wrote those words, they had been important, my link with this one-in-a-lifetime experience. They were going to help me remember what I did while I was exhausted and my memory worked only enough to get me off at the right metro stops. They were important!

But everything happens for some reason; whether it's good or not is debatable. Because now, several months later, realize that the words and phrases that wandered back to me were actually fictional. The things I remember from the trip, the important things, weren't written into that lost photograph. Those important words were sterilized for the public. Any emotions I felt were written into three layers of snark, so as not to display any weakness.

I thought that words might be able to capture the experience better than a camera, but the words I wrote were only photographs of what I might have felt. Photographs only show things on the outside.

WANTED: LOCAL GHOST STORIES

One of the Cabot High School classes would like to collect local ghost stories for a possible radio broadcast or magazine publication. If you know of any haunting or ghost sightings in Cabot or nearby towns, please contact Julia Hewitt or Jennifer Lindert at Cabot School 563-2289, extension 230 or 242, to arrange for an interview.



You may also email your story to us: jlindert@cabotschool.org or jhewitt@cabotschool.org or mail to us at Cabot School, 25 Common Road, Box 98, Cabot, VT 05647

I Don't Want to Be in a City

I don't want to be in a city,
all the non-stop noise piercing my ears,
the blinding light that never gets turned off,
the sirens that never stop.

I don't want to be in a city.
I would much prefer miles of untouched woods
full of free-roaming wildlife,
a place where I can hear myself think,
without the distractions.

I don't want to be in a city
car horns honking
people yelling from windows far above.
Every step I take, I'm plowing through
a never-ending sea
of unfamiliar faces.

I don't want to be in a city.

Walking through thick brush,
the only noises
are the twigs breaking beneath my feet.
I stop and sit on an old rock wall
and listen.
Nothing.
Nothing but pure and uncontaminated silence.

This is where I want to be.

— *Kyle Celley*



Nature's Gift

The willow creaked,
its branches moaned
and groaned in the breeze.

Leaves were rattling,
the sun was shining,
the clouds were glowing.

I listened and watched,
Nature in her splendor,
her glory and her beauty.

My eyes that had been unveiled
watched the butterfly land
on a delicate wildflower.

The deer that grazed
in fields next to mine,
raised her head, huge eyes shone.

The sun was setting
in hues beyond compare,
as the bright moon emerged.

Night came on.
the cool air crept
over the sleeping, the restless.

The day was short,
the night long,
as the stars were overhead.

As all must end,
so I lay down my pen,
and follow the call from my bed.

— *Megan Walker*

What's Next for Cabot Community Theater?

By *Karen Mueller-Harder*

What sort of play are you hoping Cabot Community Theater will do this year? What would entice you to get involved? We will be reading some plays on Saturday, October 21, and deciding on our next production and would love your input or even just your reading voice! We have now done a children's show, and an adult murder mystery, with great success. We are considering various possibilities, including comedies and more serious fare, with smaller and larger casts. Our goal is high-quality, inclusive, affordable theater, with community participants of all ages.

Auditions will be held in December, with performances in early spring. If you want to be notified of the time and



location of the play readings, or if you want to be part of the conversation, please send your name and email address to karen@praxisworks.org, or phone Karen Mueller-Harder at 563-2669 if you don't have email.


front porch forum™
HELPING NEIGHBORS CONNECT

Front porch forum has been a great resource for neighbors to communicate on the proposed all terrain vehicle ordinance in Cabot. Sign up, see what your neighbors are saying, and voice your thoughts.

Cabot front porch forum

162 members out of 550 households, more than 400 postings to date

Cabot residents can also sign up for **Hardwick-Walden front porch forum**

340 members out of 1610 households, more than 1,100 postings to date

Go to frontporchforum.com to sign up.

LOCAL DIRECTORY

ACCOUNTING & FINANCIAL

Edward Jones
www.edwardjones.com Member SIPC
Joe Malboeuf
Financial Advisor
20 Susie Wilson Rd Unit C
Essex Junction, VT 05452
802-878-8002

 **HAZEL M. GREAVES**
Income Tax & Bookkeeping Services
E-Filing Returns/Prompt Refunds
27 Dow Drive-Walden
E. Hardwick, VT 05836
Telephone (802) 563-2332
Fax (802) 563-2601

Lenny Van Riper
The Financial Marketplace Inc.
29 Main St., Ste.2, Montpelier, VT 05602
802-229-2245 or 800-499-0938
www.financialmarketplaceinc.com
For Security & Independence

M. STUART & ASSOCIATES, INC.
DENISE STUART~MICHAEL STUART, CPA
Certified Public Accountant
and Business Consultants
156 Daniels Road, PO Box 908
Hardwick, VT 05843
802-472-6192
denise@mstuartassociates.com
michael@mstuartassociates.com

CONTRACTORS

 **Country Floors**
"Our Goal Is 100% Customer Satisfaction"
471 Hollister Hill, Plainfield, Vermont
Mon-Fri 9 a.m.-6 p.m. ~ Sat 9 a.m.- noon
 (802) 454-7301

**DUNHAM BROTHERS PAINTING Inc.**
Wall Covering & Painting Contractors
Damien Dunham
Office : (802) 426-4077
Fax: (802) 426-4037

 **Green Mountain Eco Floors**
Quality · Affordable Local
Dustless Sanding Refinishing
Natural Finishes
Prefinished/Unfinished
Oliver Flooring Sales Installations
Cyrus Walters Free Estimates Pond
802-595-5049 KeepVermontGreener.com

FARM & GARDEN

**Amanda's GREENHOUSE**
Open 9 am - 6pm, Closed Mondays
Perennials, Flower and Vegetable Plants
Rt. 215, Cabot --- 426-3783

 **BRUNELLE FARMS**
Dutton Brook Road, Brownington, VT
Non-Certified Organic hay \$3.50/bail
Delivery Available
(802)754-2028 or
abrunellefarm@hotmail.com

 **CABOT GREENHOUSE & NURSERY**
P.O. Box 156, Route 215, Cabot, Vermont
Flowers, Shrubs, Bedding & Vegetable Plants
Gary Katz ~ Vicki Yamasaki
(802) 563-2078

HEALTH & WELLNESS

Hardwick Chiropractic
Gentle, Effective Health Care
Dr. Grace Johnstone ~ Dr. Rick Eschholz
hardwickchiropractic.com
54 School Circle, East Hardwick, VT
472-3033

 **PYRAMID**
BLACK BELT ACADEMY
Discipline ~ Focus ~ Family
Master's Alba & Stanley Parsons
Certified 7th Dan Instructors
Hardwick, VT ~ 472-3045

LOCAL RETAIL

RHAPSODY Local Organic
(802)563-2172
www.rhapsodynaturalfoods.com
Tempeh BBQ & Teryaki & Eggrolls
Now Available at the Cabot Store!
www.rhapsodynaturalfoods.com

GOODRICH'S Maple Farm
2427 US Route 2, Cabot, VT 05647
802-426-3388
Maple products-holiday gift baskets,
sugaring supplies, tanks
Everything for all your sugaring needs

RESTAURANTS

 **BUTTERS RESTAURANT**
BREAKFAST, LUNCH, DINNER
Stan Linkovich-Owner
Main Street, Cabot ~ 802.563.2422
Questions? Suggestions? e-mail us
at buttersrestaurant@yahoo.com
"It's Better at Butters"

SERVICES

CABOT HEIGHTS
PROPERTY MAINTENANCE
Mowing, Landscaping
Driveway Repair, Renovations
Painting, AND MORE.....
Call: 802-563-2397 or 802-274-6646
Email: CodlingMB@Fairpoint.net
www.CabotHeights.com

 **Cedar Brook Farm**
Brush Hogging & Cedar Fence Post
Wildlife Food Plots
Large Acreage Rototilling
Anthony Palmiero ~ 802-456-1436
East Calais, VT
ajpalmiero@vtlink.net

Hardwick Veterinary Clinic
Andrea Gilbert, D.V.M
64 N. Main St., P.O.Box 760
Hardwick, Vermont 05843
(802) 472-8400
info@hardwickvet.com
www.hardwickvet.com
Open Tuesday - Saturday

Heating And More LLC
Your Efficiency Experts
Oil, Propane, Biomass
And Now...Geothermal
Free Estimates, Emergency Service
Family Owned And Operated
Customer Satisfaction Our #1 Priority
Call: 426-HEAT(4328)

Masse Poultry Processing
Custom Slaughtering . All Types of Poultry
387 Eden Mountain Road,
Craftsbury, VT 05826 ~ 802 586 2857.

Seth's Computer Services
* PC and Mac Repair and Upgrades
* Laptop Repair and Upgrades
* Wireless Network Installations
* PC Spyware and Virus Removal
WWW.SETHSCOMPUTER.COM
seth@sethscomputer.com
802-370-3067

Sunwise Surveying
Specializing In Boundary Surveying
Lisa M. Ginett, RLS & Uriah Paire
193 McKinstry Rd. Cabot, VT
426-3025

SWAMPFARM TRANSPORTATION
We can move the earth
Gravel, Sand, Stone, Top Soil, Mulch
Owner Luke Persons
802-839-9316



CLASSIFIEDS

RENTALS

CABOT VACATION RENTALS –
SW Florida pool home on Gulf access
canal. Weeks available for sunny win-
ter vacations
Walden waterfront all-season cabin
available by the week or weekends for
the foliage and holiday season and be-
yond.
cabotvacationrentals.shutterfly.com or
call (802)563-2904

FOR SALE

FOR SALE–
EGGS FOR SALE--From organically
fed, pasture raised, happy pullets. \$20
for 5 dozen. Call Israel or Cathie at 563-
6061.

ATTENTION ADVERTISERS!



The
Cabot Chronicle
now has
online affordable
advertising.
For more
information
contact the

Cabot Chronicle
at 563-3338.
Don't miss out on this
opportunity. Space is limited.



Put your
business here.
Directory ads are a
great value at \$80
for the year!
Call 563-3338



RE ★ ELECT
Kitty Toll
STATE REPRESENTATIVE
CABOT★DANVILLE★PEACHAM
Committed To Our Communities
**VOTE**
★ **VERMONT GENERAL ELECTION**
Tues. November 6, 2012
Email: kittytoll@live.com
www.kittyforhouse.com 802-684-3671


WANTED IMMEDIATELY TO TRAIN PART-TIME
SALES ASSOCIATES
THE CABOT CHRONICLE IS LOOKING TO
HIRE ADVERTISING SALES ASSOCIATES.
NO EXPERIENCE NECESSARY.
MAKE YOUR OWN SCHEDULE.
MORE INFO CALL 563-3338 OR E-MAIL
ADS@CABOTCHRONICLE.ORG