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October 2013

Bear Taken On The Flats



Male bear (162 pounds), taken down by the brook along VT Route 215 South, by Matt Hudson, with a 300-plus-yard shot on September 2, the second day of bear season. Vermont's bear population is now estimated at slightly more than 6,000 black bears, according to the Vermont Fish and Wildlife Department. The number of bears has increased during the last two decades, and is now higher than the objective of 4,500-6,000 bears listed in Vermont's Big Game Management Plan for 2010-2020.

Cabot Town Garage Working Group Third Report to Citizens

By Jack Daniels,
Cabot Selectboard Chair

The Cabot Town Garage Working Group (TGWG) has continued to meet on a regular basis throughout the summer. Members of the TGWG have visited seven town garages throughout the state (Cambridge, Newport, Walden, Danville (Calkins garage), Ryegate, Stafford, and Barnet) as the team continues to work to design the garage that will best meet Cabot's needs at the best price.

While the Cambridge town garage follows the State Model (linear with separate doors for each vehicle), and Newport's town garage (rectangular in shape but significantly larger than what is required for our town) provided useful information, it was our trips to Walden, Danville, Stafford and Barnet that really paid dividends.

Four garages (Walden - 100' x 50'), (Calkins - 100' x 60'), (Stafford - 100' x 70') and (Barnet - 100' x 80') really helped the team begin to conceptualize what the Cabot town garage should look like. Each of these four garages had features that we really liked, and the team benefited from studying each of them. The team will now begin to focus on the design that works best for Cabot, and at the forefront of the decision making process will be cost, as we will not forget that cost is a critical factor in the process.

Other critical decision points will include (a) building design/size/features; (b)

steel versus stick (wood frame); (c) insulation - foam versus traditional methods; (d) radiant-floor heat versus traditional heating system; (e) self-build versus hiring a general contractor (Walden and Barnet self-built their garages using outside vendors for selected items like foundation, roof, electrical, and plumbing). Each of these factors will dictate over-all cost and will be carefully scrutinized and weighed. At the end of the day, the goal of the team will be to build the most practical, efficient, and appropriately-sized town garage possible at the best price.

Identifying the best site for the new town garage continues to be a challenge. However, we remain confident that we will soon be able to fill in this missing piece of the puzzle.

Bottom line: the TGWG continues to believe that come November/December we will have identified the building site, designed the optimum town garage for Cabot, and initiated the permitting process. Following this time-line, we plan to hold public hearings in January and February, and be prepared to ask the voters at the March town meeting to approve the purchase of land for the new town garage, along with funding to construct it. Interested community members are invited to attend any of our regularly-scheduled Town Garage Working Group meetings, scheduled for the first and third Mondays of each month at 7:00 p.m. in the Willey Building.

Main Street Road Work



TOWN GARAGE SITE SELECTED

The Town of Cabot Select Board is in the process of executing a Purchase and Sales (P&S) Agreement with Grace Cookson to purchase 8 +/- acres of land on the South Walden road for the purpose of building a new town garage on the site.

Ms. Cookson has agreed to sell an 8 +/- parcel to land to the Town of Cabot, subject to the following conditions:

1. The sale must be approved by the Cabot town voters not later than Cabot Town meeting (March 2014);
2. The site must successfully meet all State of Vermont environmental permit requirements;
3. The property must come with a "clean" title;
4. The site must include a 20' easement that will provide direct access to her property to the west of the land being purchased by the Town.

The Select Board will be working with Ms. Cookson to execute the required P&S in the very near future. This is a very positive development as we---the Cabot community---work together to construct a new town garage that is critically needed. Additional details will be provided in the near future as we proceed with the execution of the P&S agreement.

Planned for years and primarily funded by FEMA (80%), long-needed culvert work under Main Street should be complete by early October. Next will be sidewalks, then paving and granite curbing, largely paid for by the State (80%), then paint striping. Even with rain delays and old utilities problems encountered under the roadway, the whole project should be done by winter.

OPEN HOUSE

Hosted by Garey and Jane Larrabee



**HASTINGS FAMILY'S
100TH ANNIVERSARY
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**SUNDAY,
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1:00 - 5:00 p.m.**

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Refreshments ~ Old Photos
Reminiscing with friends*



CABOT APPLE PIE FESTIVAL SATURDAY, OCTOBER 19, 2013 9 A.M. - 3 P.M. AT THE CABOT SCHOOL GYM FREE ADMISSION! A FUN, FAMILY FRIENDLY EVENT!

Lunch and Plenty of Apple Pies for Sale ~ Silent Auction ~ Crafters ~ Apple Pie Baking Contests - cash, ribbons, other prizes
~ Pies Must be Entered by 10:30 a.m. ~

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Cabot Community Theater

Coming in Spring 2014

By Karen Mueller-Harder

The Mouse That Roared!

For our spring production, Cabot Community Theater has chosen "The Mouse That Roared," by Leonard Wibberley. This satirical comedy about the tiny nation of Grand Fenwick declaring war on the United States (and winning!) is full of interesting twists on the subject of war and peace, and has many medium and small roles, so we'd love to have lots of people join us for the show! (For a more detailed description of the plot, see en.wikipedia.org/wiki/The_Mouse_That_Roared.)

At this point, we are looking for a director for the show--please

COUNTRY COMMENTARY

NEW COLUMN COMING
CABOT COUNTRY COMMENTARY

Greetings,

My name is Laura Lee Smith and I am a member of the Cabot community, and have been so for over ten years. This is my introduction to you as a member of the community and my vision of this column.

As a part of our lovely community I thought, HEY, wouldn't it be nice if we could find a way to get to know one another and draw the community closer? It is a sad thing when neighbors do not know their neighbors. In this way, we can learn about each other in a safe forum and also learn about the great things that the people of Cabot are up to.

As for myself, well, I have just begun this column and I am also working with a friend in Missouri, illustrating and writing with the intent on creating a series of children's books. We are up to the query letter stage in finding an agent. But there are so many interesting things that people are doing in the community and for the community and I would like to hear from you!

If you have some long forgotten lore of our area to share or a skill that seems to have fallen from favor but still has

send email to karen@praxisworks.org to express interest, or if you have questions. We'd also be interested in hearing from anyone who'd like to help behind the scenes in any way.

We plan to have auditions in December, and start rehearsals in the new year--check the December issue of this paper, or watch Front Porch Forum for information closer to that time, or send an email to the address above to be added to our electronic mailing list. We are an inclusive community-oriented theater group, welcoming to people of all ages and levels of experience, from Cabot and beyond.

use for those of us off grid, why, that would be great to hear about, too. I can't promise to print all your letters, ideas, or all my anticipated interviews, but I can promise that we will learn more about one another in a positive up-lifting way.

This column can also be a place to ask the community about bartering opportunities or for someone to share their best ever apple pie recipe or any favorite family recipe. I am anticipating this column being diverse, educational, fun and a great way to learn about each other.

We all have something we are doing and we all potentially have something to share. *The Cabot Chronicle* and this columnist want to hear from you! Please feel free to share your stories and ideas. Perhaps you would like to share where you see Cabot five years from now, or maybe you have some good advice to share about how to talk to your dog!

The staff at *The Chronicle* and I really would like this column to be diverse and fun (heavy on the fun, of course) so join us, it would be great to get to know you!

In Happiness,
Laura Lee Smith



LEGISLATIVE REPORT

By Representative
Catherine (Kitty) Toll

Education Legislation
Update

The Legislature worked on many education issues this past session, including work on factors that impact our rising educational costs and the transition from the Department of Education to the Agency of Education. Here is a summary of some key bills:

Flexible Pathways: With the passage of S.130, Vermont expands its "flexible pathways" program, encouraging high school completion while simultaneously allowing students to earn college credit. This dual enrollment offers two state-funded college courses to qualified juniors or seniors available on college or high school campuses. Work based learning, virtual or blended learning, and early college for seniors are some of the new offerings that will be guided by Personal Learning Plans (PLP's). PLP's will be fully implemented in 2017 for 7 - 12 students.

Healthy students: New laws put three initiatives in place to improve children's health and safety in school. First, schools will be required to have a management plan including a clear policy and procedure for those student athletes suspected of suffering a concussion. Second, schools will be required to have epi-pens and staff training to administer an epi-pen. This is intended for those students who suffer an allergic reaction for the first time at school and don't carry a pen with them. Third, to address the growing concern regarding mental health issues in our schools, the Agency of Human Services will complete a study to examine services and programs currently offered in schools. The study will also survey model national programs as well as current and future funding mechanisms.

School Lunch Program: Previously, Vermont children who received reduced lunch paid 40 cents. Many children who were eligible for reduced lunch did not participate in the program because their families were unable to pay the required amount. H.60 expands the eligibility for the free lunch program to these families. The estimated cost to expand this program is \$322,250. This amount has been appropriated in the 2014 budget. Greater gains in student academic performance, attendance, and behavior occur when children are not hungry. Vermont is the first state to pass such a law.

On the docket for next year - Pre-school: The House passed a comprehensive prekindergarten education bill that expands access to high-quality education, clarifies oversight, and strengthens quality standards for pre-school education throughout the state. This

investment in high-quality early educational instruction provides a foundation for learning. Unfortunately, not all children have access to foundational supports in these crucial developmental years. Presently, 38% of eligible 3 or 4 year-olds in Vermont are enrolled in a high-quality program. The House passed a bill that would expand school-funded quality preschool education to Vermont families that seek to enroll their children. The session ended before the Senate could fully vet these issues and we expect to see continued action next year.

Please be in touch with me if you have questions or concerns. To see the actions of the legislature this session visit www.leg.state.vt.us or contact me for information. I can be reached at:

kittytoll@live.com
ktoll@leg.state.vt.us
PO Box 192 Danville, VT 05828
802-684-3671

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Please email
inbox@cabotchronicle.org
or call
563-3338
so that it can be corrected





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Tuesday-Saturday
7 a.m.-3 p.m.
Sunday 8 a.m.-1 p.m. *Closed Monday*



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Questions? Suggestions? Email us at
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E-mail: inbox@cabotchronicle.org
Phone: 802-563-3338

DEADLINE: 15th of the month prior

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Send Ads to: ads@cabotchronicle.org

Find current news, great links to your community, discussion forums and more about our paper on the web at www.cabotchronicle.org

The Cabot Chronicle is distributed the first day of the month and is provided *locally* free of charge.

~ Mission Statement ~

The mission of *The Cabot Chronicle* is to regularly publish local news for the residents of the Cabot Area. Our purpose is to share information that will help readers become better involved in their Community.

Phone: 802-563-3338 • Email: inbox@cabotchronicle.org

Web: www.cabotchronicle.org • P.O. Box 245, Cabot, Vermont 05647

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Contact above for more information

OBITUARIES & MEMORIALS

Harry August Thompson



Harry Thompson, 98, longtime resident of Cabot, passed away peacefully on Tuesday, September 3, 2013, in the presence of family at Woodridge Nursing Home in Berlin, VT.

Harry was born in Ekalaka, Montana, on August 24, 1915, the son of Frank Thompson and Margaret Rose McCarty. Harry is predeceased by his siblings, Frank "Crow," Herbert "Bert," Edwin "Dude," and Elizabeth "Lib."

Harry is survived by his children Hunter, Rose, Lucas and Matthew, his grandchildren August, Ryan, Ethan, Abigail, Seth and Brooke, as well as longtime friends and caring companions Stephen Gregg and Cathleen Besch.

Harry was a tried-and-true Vermonter, collecting cows, houses, antiques, "junk" and friends, near and far in Vermont and beyond. He was renowned for his kindness and ability to find anything a person might need among his treasures, from a kitchen sink to a gold locket, and sometimes even a little baby Chihuahua to warm a lonely heart. Harry's door was always open for a cup of instant coffee, homemade jam and, if you were lucky, a piece of fresh pie with lots of sugar and a perfect crust.

A memorial celebration potluck was held on Saturday, September 28, at Cabot Town Hall. In lieu of flowers, the family is requesting donations be made to the Vermont Food Bank in memory of Harry Thompson.

Helen Edith Cerasoli Wald



Helen Wald, 91, of Cabot, raised in Barre, died peacefully at home on August 26, 2013.

She was predeceased by her mother, Eva Kurz of Cabot, and her beloved husband, Dr. Arthur Wald, of

New York, N.Y.

Surviving family are daughter Lolly Arena, of Cabot; grandson Garrett Calissi and wife Lori, of Arizona; two great-granddaughters, Chloe and Amber, of Arizona; and many nieces, nephews and cousins.

Helen lived a passionate life. She enjoyed cooking, art design, gardening and was fortunate to be able to travel with her husband to see the Seven Wonders of the World.

In her early 20s, Helen moved to New York and became gainfully employed as private secretary to the vice president of CBS. For the following 20 years, Helen was admired and recognized for her creativity, dedication and commitment to excellence.

Above all else, Helen loved her family and never lost sight of her promise to provide a better life for them.

A celebration of life was held on Saturday afternoon, September 21, 2013, at her home in Cabot.

If you would like to have an announcement of the passing of a loved one, please send requests to...

The Cabot Chronicle 802-563 3338

WEDDING ANNOUNCEMENT

Persons - Curschmann



Mr. & Mrs. Lucas Persons would like to announce the marriage of their daughter, Jennifer Lynn, to Nathan Albert Curschmann, the son of Mr. & Mrs. Christian Curschmann, III, of

Barnet, VT, and Mr. & Mrs. Warren Coolbeth of Cabot, VT. The wedding took place on top of Greaves Ledge in Cabot, VT, on August, 2013.

The Cabot Chronicle Needs You!

Do you have one hour per month to spare? Or perhaps a few more? Or a small advertising budget?

The Cabot Chronicle needs your help. More hands are needed at the wheel. When the paper was re-established in 2008, there were five to seven people around the table, contributing ideas, energy and time. Now, we're down to two all month long, with (happily) another six helping with the end-of-month tasks, once the paper is put together, but several of those helpers are moving on.

Right now, one person is responsible for ensuring all the material that goes into the monthly twelve pages is collected, assembled, prepped for layout, papers are picked up from the printer, mailing paperwork completed and papers delivered to the post office on time. One other person is responsible for graphic design, layout of the twelve paper, getting it to the printer on time and coordinating billing. One volunteer proofreader helps us avoid the dreaded misspellings and punctuation errors. Three kind souls help get the freshly-printed paper labeled, sorted and counted out for delivery to the Post Office and regional drop locations. And sometimes we get some help from our friends delivering the papers to those drop locations.

We really need more help during the course of the month, working on content, and a little more help at month's end. If you have an interest or skill that you would be willing to lend *The Cabot Chronicle*, please let us know your ideas.

If you're willing to help, but have no idea how, or have very little time, here are some suggestions:

Web Master: Post articles on the web and update online event calendar once per month, plus occasional special event postings.

Calendar Coordinator: Draw material from a variety of websites once per month.

Distribution: Dropping bundles of papers at a few locations in Cabot, Danville or Hardwick area, plus Twin Valley Senior Center (they drop bundles for us in Marshfield, Plainfield and Woodbury locations). If you go through one of

these communities at the end of every month, it would be a great help if you could make a few drop-offs for us.

Storyboard brainstorming: We meet almost every Thursday at 5:00 p.m. in the Willey Building to plan for the upcoming issue. We'd love to hear from community members about what they'd like to read about. Pitch story ideas, send us material via email (inbox@cabotchronicle.org), write up something interesting you're doing or has happened to you. Help us bring more community voices to the paper.

AND HERE'S THE BIGGIE: Newspapers don't get printed or mailed on community interest, alone. There's a financial side to it, and *The Cabot Chronicle* continues to fall short. The two people who work throughout the month on pulling together articles and laying out the paper are not sales people, and are already dedicating as much time as they have available and more to getting the paper out every month. The town contribution of \$6,000 covers approximately one-third of the annual cost. Maple Fest, advertising and subscriptions provide another third of the budget. We need more advertisers or a different funding strategy if *The Cabot Chronicle* is to continue. We need your input and support if our town is to continue having its own paper. Please share your ideas by calling 802-563-3338, emailing inbox@cabotchronicle.org (the best way) or writing to P.O.Box 245, Cabot, VT 05647, with your ideas and suggestions. And, if you have a local business, consider including *The Cabot Chronicle* in your regular advertising strategy. The paper was acknowledged as a top communication tool in town during the Vermont Council for Rural Development community visit process, and a symbol of community vitality. People read the paper, and will see your message. The paper has a policy of striving to showcase and promote Cabot businesses. *The Cabot Chronicle* is very grateful for the businesses that have already shown their support and advertise regularly. But more is needed to keep the black ink flowing.

The Cabot Chronicle NEEDS YOU!



YOUR NEWSPAPER NEEDS YOU!!!!!!

The Cabot Chronicle is seeking volunteers and applicants for a variety of jobs and positions. If you have skill Or interest in...

- Sales
- Data entry
- Writing
- Public service

Please contact us at

802-563-3338

Thank you!

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Ride The Ridges Event Rocks!



Billie O'Connor and Roman Kokodyniak bike up Houston Hill Rd toward Long Field Farm on their 10K ride during the Cabot Ride the Ridges event on Saturday, September 14th. The event benefited the Cabot Connects Mentoring Program. Thanks to the generosity of many local businesses, riders and volunteers enjoyed pizza from Woodbelly wood-fired pizza, cheese from Cellars at Jasper Hill and Vermont Creamery, Burt's apples, cookies from NECI, ice cream from Kingdom Creamery and Switchel.



2014 Cabot Community Calendar

Family Contact Name: _____ Phone Number: _____

Please include/remove/update the following birthdays, anniversaries or in memory dates on the 2014 calendar:

Use the following letter codes to indicate the type of listing:
(B) = Birthday; (A) = Anniversary; (E) Annual Event; (M) = In memory

Date to be listed	Type of listing	Print clearly how listing should read

Please send me extra copies of the 2014 Cabot Community Calendar for \$6.00 each. (Each household in Cabot will receive ONE complimentary copy of the calendar.)
Number of calendars _____ @ \$6.00 each = \$ _____

I am interested in advertising on the 2014 Cabot Community Calendar, please contact me with rates and deadline information.

If you have any questions concerning your order or the calendar, please call the Cabot Connects Mentoring Program at 563-3338.

Return this coupon before October 11, 2013

Mail to: P.O. Box 245, Cabot, VT 05647
Drop off at the Town Clerk's Office, Willey Building, ground floor

Kingdom Animal Shelter Elisabeth is Adopted



Elisabeth the cat, featured in the July edition of *The Cabot Chronicle*, has found a home. Here is what her new family says:
"She is having a fabulous time in her new home. She is still "Elisabeth". I adopted her because Oscar (Bailey, the tuxedo cat) was so lonely. Since Day 1, they have been best friends, eating out

of the same bowl, playing soccer and bathing together. They are inseparable!"
"All of your calendar photos are beautiful-but most beautiful of all is looking at those adorable cats and realizing that they found good homes...and rescued their owners from a dismal life without them!"

A Weekend at the Shelter

By Helen Morrison

I have a special, rather heartwarming story to tell. Sad, but heartwarming. September 14 a young man came into the Kingdom Animal Shelter, very concerned about a stray cat that had shown up at his and his girlfriend's apartment. He wanted help. He had tried the typical local avenues for that help, but to no avail. The cat, a grey male, was obviously very sick. Ultimately, they took the cat in and put him in their bathroom. But he got worse and worse, bloated, urinating blood, back legs not working. The young man, now becoming somewhat frantic and wanting to do the right thing, reconnected with a volunteer at the Shelter. She contacted the Board and we decided, even though this was not one of our Shelter cats, that we would help. That's the way these folk at the Shelter are. They care, they help. One of us took the cat to the Littleton Emergency Vet Clinic to get an assessment. Several of us agreed to help pay out of our own pockets, since the Shelter is always working on a shoestring. On the way to the vet, our Board member gave the cat a name, "Smokey".

The vet at Littleton determined that Smokey had a blocked urinary tract, that it was so distended that it was amazing it hadn't ruptured. He had probably been that way for 48 hours or more, and the kidneys were damaged. Even with very expensive treatment and procedures, the blockage would probably come back, and he may not even survive the procedures. We all decided, after much consultation and a

few tears, to put Smokey down. He was held gently and petted lovingly and passed easily and peacefully on, ending his obvious intense suffering. What is so moving for me in this whole story is how caring everyone at the Shelter was, how everyone jumped into action, how relieved the young man was that he got some help with Smokey, and that Smokey got a name before he died. A vet tech at Littleton even offered to take him home and bury him on her farm with her other now-deceased pets. A stray, sick, lonely cat was well-cared for and honored at the end.

Probably, Smokey had been abandoned by his owner when he started to urinate everywhere, and rather than take him to a vet (perhaps they couldn't or perhaps they didn't want to), they turned him loose. And he ended up suffering intensely with no one caring...at least until the end.

Kingdom Animal Shelter is an incredible place. It is all-volunteer, the cats are so well-cared for, clean, played with daily, well-socialized. And everyone does everything they can to see that this all happens, that emergencies are met and dealt with. We live on the edge financially. No one is a professional fund-raiser, for sure.

And we need some big events to help us through. But little events come along. The Cabot Public Library is sponsoring a book and art sale at the Apple Pie Festival on October 19 to benefit the Kingdom Animal Shelter. We at KAS are very grateful. If you have items to donate, contact Kathleen Higbee at the Library, or me at 563-2488. We and the cats would so appreciate your help.



ADVICE FROM THE TREE WARDEN

By Roland (Slim) Payne

It is time to change seasons. Fall is upon us. This is a good time to reflect on trees. They lift us up in the spring, shade us in summer to help keep us cool, give us oxygen to breathe, give birds and animals habitat to live in and for food. We are nearing the end of the cycle. Fall comes with a scene that is almost unbelievable, with its picture perfect colors spread over the hills and vales. Thank you, Mother Nature. And to think that all of this comes without us doing anything. So, take care of your

plants and trees so this can keep on happening.

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Planning Commission Update Zoning Regulation Work

By Gary Gulka

The Planning Commission held a public meeting on September 19 to inform the public of progress on revisions to Cabot's land use and zoning regulations. Our consultant, Brandy Saxton of PlaceSense, presented ideas being considered for modifying the zoning districts in town to encourage the type of growth and development desired in the future. About ten members of the public joined in the discussion with Planning Commission members. Brandy Saxton is under contract with the town to complete a draft of zoning and subdivision regulations by May 2014. The Planning Commission has had ten meetings thus far and many more to follow. The Planning Commission received a Municipal Planning Grant from the state that covers nearly three-fourths of project costs.

Highlights of the presentation were as follows:

Existing zoning districts and their boundaries would be changed with an expanded number of districts. The existing Medium Developed District and Undeveloped Village District (encompassing Cabot Village and Lower Cabot) would be reconfigured into new districts identified as Village Center, Village Neighborhood, Lower Village, and a Commercial/Industrial District in the vicinity of Cabot Creamery operations.

The Village Center, Village Neighborhood and Lower Village Districts would generally allow for smaller lot sizes, reduced road frontage, and reduced setbacks from the road to allow for denser development that better reflects existing development patterns.

The current Shoreland District (an 800 foot radius around ponds) would be divided into a Developed Shoreland District and Shoreland District, allowing denser development where it already exists on areas of Joe's Pond, and encouraging less dense development on other shorelands in town (increasing lot size from one to two acres.)

The existing Low Density Residential and Agricultural District, which encompasses most of the town, would become the Rural District. Although minimum lot size would remain at two acres, the allowable density in any subdivision of a particular land parcel would be one dwelling per every eight acres. The decreased density would still allow for significant growth but would discourage suburban development patterns and promote retention of open space.

A new Conservation District would encompass publicly owned state and town lands such as the lands around the reser-

voir, as well as the town forest and some state-owned land near Coits Pond, where recreation and open space would be encouraged.

Brandy Saxton explained how these new districts would support the concept of denser development patterns in the village and surrounding Village Neighborhood District, while maintaining a working landscape and open space. Also, a Developed Shoreland District with more flexible development standards than currently exist would relieve some of the administrative burden on variance requests and certain compliance issues, while still maintaining a reasonable minimum standard road setbacks, lot coverage, etc.

There were questions raised on how the new density standard of one dwelling unit per eight acres would work in the Rural District, especially for smaller parcels that might be subdivided. Brandy explained that the details of subdivision of land are going to be worked on in the coming months, and there is some flexibility that can be built into regulations that would allow some for smaller parcels to have higher densities.

Questions were raised about how large scale wind and solar projects, as well as cellular towers, would be regulated. These will be addressed in new zoning regulations, however, language in town plan documents is sometimes more critical in determining siting issues. Brandy indicated that future amendments to the Town Plan may need to be more specific in order to have more say in the location of these types of facilities.

Some questions were raised about the new dimensional standards for setbacks from property boundaries, road frontage, and lot coverage and how they were arrived at. Brandy indicated that these proposed standards have a basis in planning and zoning studies and in standards developed by other municipalities attempting to achieve the same kind of growth and development patterns.

The Planning Commission will be working through the fall and winter on various aspects of the regulations. All meeting minutes and draft documents are available by accessing either the town web site www.cabotvt.us or www.placesense.com/cabot. Anyone can also sign up for an email list that will provide periodic updates to the ongoing work. Another public meeting will be scheduled after January to review progress and provide comments on the draft zoning regulations before a draft is finalized for formal public comment. The Planning Commission meets the first and third Thursdays of the month at 6:00 p.m.



CCA plans to bring a proposal to the Select Board and UDAG Committee by November for utilizing funds awarded at Town Meeting 2013. Community members are invited to participate in this planning process.

**Meetings are 7:00 p.m. in the Willey Building on:
September 25 ~ October 23 ~ November 13**

Cabot an Agricultural Hub? Let Us Know: Cabot Agricultural Network Survey Mailed Out

By Sjon Welters

For those in our town involved in the business of agriculture, the Cabot Agricultural Network survey must have reached you by now. It is our first goal: to find out what is happening in Cabot in regard to agricultural activities and what kind of needs exist.

It almost goes without saying, but agriculture is an essential part of life in Cabot, it makes up the working landscape, it's a big part of our culture. Many townspeople made their voices heard and want to make sure it thrives in all its aspects.

So, please help us help you by filling out the survey and sending it in. Additional copies are available at Harry's Hardware and the Cabot General Store. Look also at the Town of Cabot website for a digital version for you to download.

Want to be part of the committee? Come to our meeting: every third Tuesday of the month at 7:00 p.m. downstairs in the Willey building. Email Cabot.Development@yahoo.com to get your name on the email list for meeting notices and communication.

2013-2014 VAST TMA Prices Set (Trail Maintenance Assessment)

Pricing Schedule

Early Bird TMAs (available until December 15th):

Early Bird Resident & Non-Resident Landowner: \$80

Early Bird Non-Resident: \$110

Early Bird Family Resident & Non-Resident Landowner: \$64

Early Bird Family Non-Resident: \$87

Regular TMAs (available after December 16th):

Regular Season Resident: \$105

Regular Season Non-Resident: \$145

Special Category TMAs (available any time):

Volunteer: \$25

3-Day Pass: \$50

Commercial: \$290

Antique: \$115 (one time purchase)

Classic TMAs are no longer available.

TMAs should be available for purchase by mid-October through your local VAST club. The pricing above does not include club and county dues of \$15. In Cabot, TMAs will be available at Harry's Hardware on Main Street and from Wendy Barnett. For information call 802-563-9907.

Go to www.vtvast.org for information on snowmobile registration, riding passes (TMA's), insurance, safety course requirement, safety equipment and Vermont laws.

Snowmobile Safety Courses

Instructor Certification

Course is for any adult who would like to be certified to teach the required six hour Vermont Snowmobile Safety Course. Registration is required. Please call: 878-7111 ext.2211 or email: Jere.Johnson@state.vt.us.

Date: October 8, 2013

Time: 6:00 p.m. - 9:00 p.m.

Location: VAST Office Berlin/Barre

Date: October 10, 2013 2013

Time: 6:00 p.m. - 9:00 p.m.

Location: Williston State Police Barracks

Snowmobile Safety Courses

Date: Saturday, November 16,

Time: 9:00 a.m. - 3:00 p.m.

Location: Chez Pidgeon, Norton
Sponsored by The Northeast Kingdom Snow Blasters

Deadline for Registration is Wednesday, November 6th
Contact: Ed Cunningham 802-266-3073

Date: Saturday, November 23, 2013

Time: 9:00 a.m. - 3:30 p.m. Bring a bag lunch

Location: Al's Snowmobile, 3868 Pine Hill Rd., Newport VT

Call to pre-register with name, address, phone, email, DOB 802-487-1000

To find more classes, go to www.VTVAST.org, click on Events, then Safety Class Schedule



Cabot Girl Scout Registration

Girl Scouts of the Green & White Mountains are currently accepting registrations for the 2013-2014 Girl Scout year, which begins on October 1. If your daughter is interested, please register online at <http://www.girlscoutsgwm.org/GirlsJoin.html> and call Cecilia Gulka at 563-2284 for specific troop meeting information.

Annual membership is \$30.00. \$15.00 goes to the national organization and covers things like insurance. \$15.00 goes to the GS of the Green & White Mountains, to help defray the cost of program events and camps for girls in VT & NH. We hope to be able to subsidize half the cost of the annual registration for Cabot girls, using the proceeds from the cookie sale. Scholarships are available through GSGWM to anyone who cannot afford the remainder of the registration fee.

Cabot currently has three active troops meeting after school twice a month:

- Daisies for girls entering Kindergarten & Grade 1
- Brownies for girls entering Grade 2 & Grade 3
- Juniors for girls entering Grade 4 & Grade 5

Girl Scouting for individual older girls (grades 6-12) is available through online activities, independent projects and council-wide events. In addition, a troop for older girls, based out of St. Johnsbury, is looking to recruit girls from surrounding towns. Contact Barbara Connelly at 802-748-9478 or twright@juno.com, for more information.

If you have any questions please contact Cecilia Gulka, G.S. Troop Organizer for Cabot, at 563-2284 or cgulka@fairpoint.net.

SMALL WORKS

CCV Montpelier 660 Elm St

RECEPTION

OCT 4th 4-7pm

Students/Faculty/Staff/Alumni

Information and participating artists:
ccv.edu/locations/montpelier

Show runs from
Oct 6th to Dec 16th

COMMUNITY
CCV
COLLEGE
OF VERMONT



COMMUNITY CALENDAR

~ OCTOBER ~

Tuesday, 10/1

Beyond ancestry.com: Using Archival Collections for Genealogical Research, 2:00 p.m. online. An array of "hidden" resources at the Leahy Library can be used by genealogists to advance their research. For information call Amanda Gustin at 828-2180 or Amanda.gustin@state.vt.us.

Polar Express Ticket Lottery Opens

It is time to plan a trip on the Polar Express! The Vermont Children's Trust Fund uses a lottery so everyone has a fair chance to ride. The lottery is open October 1-4, 2013, until 5:00 p.m. Rides take place December 14 & 15, 2013. For more information, go to <http://www.vtchildrenstrust.org/events/polar-express/lottery.php>. Cost \$25/ticket plus \$10 P&H fee (limit 5 tickets). Winners will be notified and given payment instructions via email by late October 2013.

Freedom & Unity: The Vermont Movie. Part Six. 6-9:00 p.m., Savoy Theater, Montpelier. Freedom & Unity: The Vermont Movie is a six-part collaborative documentary that uses cinema verite, personal stories, rare footage, interviews and original reenactments. The film explores the history and contemporary culture of the Green Mountain State. Vermonters including Abenakis, early settlers, runaway slaves, farmers, historians, politicians, activists, newcomers and moving back-to-the-landers tell how one small state has made a very big difference. www.thevermontmovie.com.

Wednesday, 10/2

Classic Film Series led by Tom Blachly and Rick Winston, 7:00 p.m., Jaquith Public Library. (1987), directed by Woody Allen, and starring Dianne Wiest and Julie Kavner. A nostalgic look at radio's golden age focusing on one ordinary family and the various performers in the medium. For the title or more info: Jaquithpubliclibrary@gmail.com (802) 426-3581 or check out our web site: www.marshfield.lib.vt.us.

Thursday, 10/3

Art Walk at the Vermont History Museum, 4:00 - 7:00 pm at the Vermont History Museum, 109 State Street, Montpelier. The Vermont History Museum will be free for all visitors as we take part in Montpelier's Art Walk. Come see our award-winning core exhibit, "Freedom and Unity: One Ideal, Many Stories." For more information, please contact Amanda Gustin, Public Programs Coordinator, at amanda.gustin@state.vt.us or (802) 828-2180.

"Robert Frost: This Verse Business" - A One-Man Play by A.M. Dolan Featuring Emmy Award-Winning Actor Gordon Clapp, 7:00 p.m., Fuller Hall, St. Johnsbury Academy, St. Johnsbury. Tickets: 802-748-2600

Friday, 10/4 - 10/6

Annual Stowe Oktoberfest is a Bavarian festival that has fun for all ages. From oompah bands to authentic German foods, pumpkin and face painting and even a kinderplatz for kids with a Jumping house and face painting. Information: 222.stoweoktoberfest.com.

Saturday, 10/5

Hardwick 30th Annual Fall Foliage Craft Fair, 9:00 a.m. - 4:00 p.m., Hardwick Elementary School. The fair features jewelry, pottery, candles, quilts, greeting cards, bird feeders and other fine arts and crafts. Snacks and lunches on sale all day. 11:30 annual fall chicken barbecue on S. Main St. across from elementary school. Open House at Hardwick Historical Society 10-3:30 p.m. on Church Street. Information 802-472-5906

Jay Peak's Annual Bean and Brew, 12:00 - 6:00 p.m. Cost: \$20 gets an adult 12 draught beer tickets and a commemorative Bean and Brew glass. Jay Peak's annual Bean & Brew will feature some of the finest locally-roasted coffees as well as local beers. It will be complete with coffee and beer sampling, live music, food, give-a-ways and activities for kids and adults. Information: www.jaypeakresort.com.

Saturday, 10/5 & 10/6

Fall Open Studio Weekend 2013, 10:00 a.m. - 5:00 p.m. Most Vermont craftspeople work in studios located in or close to their residences. These are places of production and inspiration located in downtowns as well as at the ends of dirt roads. Wherever their locations, they are exciting places to visit. Statewide in over 130 locations. Free. 802-223-3380 or <http://www.vermontcrafts.com>.

Sunday, 10/6

Harvest Festival at Jaquith Public Library, 11:00 a.m. to 2:00 p.m. Free music with Lewis Franco and Colin McCaffrey from 1 to 2, and other local bands from 11 to 1, face painting, hands-on activities such as cider pressing, popcorn popping, crafts and games with Earthwalk, art table with Susan Green, field games, petting zoo, barbeque, book sale, bake sale and more!!!

Autumn on the Green, Danville, 10:00 a.m. - 4:00 p.m. Award-winning showcase for artisans, crafters, cottage industries and businesses amidst the spectacular views and color of autumn in Danville. Over 100 vendors offer items from whimsical to practical and feature Vermont specialty products and foods. The Pope Library hosts a chicken and biscuit lunch at the Creamery Restaurant, just off the Green. Held at the Danville School. For info: (802) 626-8511 or www.autumnonthegreen.org.

The Unknown Rockwell, 3:30 p.m., Free, Craftsbury Public Library. Author James "Buddy" Edgerton grew up in Arlington, Vermont, living next door to Norman Rockwell and his family. Buddy Edgerton will be sharing stories and slides of his time as a neighbor to the famed artist at the Craftsbury Public Library. Refreshments will be provided. For more information contact the library at 586-9683.

Thursday, 10/10 - 10/27

The Crucible, 8:00 p.m., Lost Nation Theater, Montpelier. Taut and thrilling, this Tony-Award Winner for Best Play is a masterful must-see. Scapegoating, hysteria, revenge, and the trampling of rights in times of crisis took center-stage in Miller's iconic yet human drama about the Salem witch trials. Info: 802-229-0492.

Friday, 10/11

New Economy Lunch at the Library, 12:00 noon at Kellogg-Hubbard Library, Montpelier. Michael Shuman, author of several books including "Local Dollars, Local Sense: How to Shift Your Money from Wall Street to Main Street and Achieve Real Prosperity," will discuss how buying local can positively impact the economy. Information: 802-223-3338, vista@kelloggghubbard.org.

Saturday, 10/12

Vermonters at Cedar Creek, 2:00 p.m. at Vermont History Center in Barre. At Cedar Creek, the Confederates brought one of the greatest surprise attacks of the Civil War. It fell to a Vermont regiment and brigade to make sacrificial stands. Learn more about this vitally important yet often overlooked battle with preeminent Vermont Civil War historian Howard Coffin. Free with admission to the Vermont History Center. Information: 802-828-2180.

Annual Harvest Supper, 5:30 p.m. until all are served, East Hardwick Church - Church Street - East Hardwick Village. Take out orders at 5:00 pm. Table service starts at 5:30. Menu: chicken and biscuit, baked beans, red flannel hash, cole slaw, corn casserole, squash, pies.

Thursday, 10/17

Jaquith Library Film Series: Writing and Reading!!, 7:00 p.m. (1950) Jean Cocteau's film features Orpheus as a modern Parisian poet who is in love with his death, and she with him. Full of striking and wonderful images and ideas. For more info: (802)426-3581 or check out our website at <http://www.marshfield.lib.vt.us/calendar1.html>.

Sunday, 10/27

Murray & Falkenau from Galway, Ireland at The Music Box, 147 Creek Road, Craftsbury, 3:00 p.m. \$10 general, \$8 students and seniors, kids free. The contemporary Celtic and folk duo come all the way from Galway, Ireland to give an afternoon of beautiful music at The Music Box. For more information call 586-7533 or www.themusicboxvt.org.

Wednesday, 10/30

Halloween Special, 7:00 p.m., Jaquith Public Library. The original 1962 Twilight Zone presentation and "The Simpson's" spoof of it. Many will remember this Twilight Zone show about the importance of careful reading and timely, accurate translation. For the title or more info: Jaquithpubliclibrary@gmail.com (802) 426-3581 or check out our web site: www.marshfield.lib.vt.us.

Thursday, 10/31

VPT Cinema: War of the Worlds (American Experience), 7:00 p.m., Kellogg-Hubbard Library. Coinciding with the 75th anniversary of the Orson Welles radio drama, War of the Worlds explores the unprecedented and little understood event. A panel discussion will follow. Sponsored by Vermont Public Television. Information: 802-223-3338, or email vista@kelloggghubbard.org.

~ NOVEMBER ~

Friday, 11/1

An Edgar Allan Poe Halloween Spooktacular, 7:00 p.m., City Hall Arts Center, Montpelier. The Party of the Year! City Hall Arts Center is transformed into an eerily elegant chamber

for Ghoulishly gleeful candlelit performance of the Master of Macabre and other spooky-kooky fun, including costume contest with great prizes, & decadent desserts. Lost Nation Theater (39 Main Street), www.lostnationtheater.org.

~ ONGOING ~

Bingo! Every Friday, Old Schoolhouse Common, Marshfield, 1:00 p.m. Join us for friendly fierce competition and laughter. Sponsored by Twin Valley Seniors.

Book Group for Adults, fourth Mondays at 7:00 p.m., Jaquith Public Library, Marshfield. Information call: 426-3581.

Cabot Recreation Dept monthly meeting, second Tuesday of each month, Willey Building, Cabot, 6:00 p.m.

Cabot United Church services are every Sunday at 10:00 a.m. To reserve the church for a function or any other reason call 563-2278.

Danville Farmer's Market, Wednesdays 9:00 a.m. - 1:00 p.m.

Dungeons & Dragons, Cabot Public Library, Fridays 3:00-5:30 p.m. Join the group, conquer the obstacles, and get out of the dungeon alive! All are welcome.

Healthy Living Gentle Exercise Program, every Monday, Wednesday, Friday, Old Schoolhouse Common, Marshfield, 10:45 - 11:45 a.m., free. All levels welcome. Sponsored by Twin Valley Seniors.

Knit & Crochet group: meets the third Sunday afternoon of every month, 2:00 p.m. All skill levels welcome. Bring yarn, hook, or needles. Information: 563-3396 or e-mail bonniesd@Together.Net.

Movie Matinee, every Monday, 1:00, Twin Valley Senior Center, Old Schoolhouse Common, Marshfield.

Story time and Playgroup, Wednesdays from 10:00 to 11:30 a.m., Jaquith Public Library.

Tai Chi, sponsored by Twin Valley Seniors, free, Mondays 1:00-2:00 p.m. Must register: 426-3447. A medical release will be required.

Twin Town Homemakers, second Tuesday of each month, Cabot United Church, 7:00 p.m. Social activities, community service. Call for info: Cindy at 456-1361.

Heart of Vermont® Chamber of Commerce

30TH ANNUAL FALL FOLIAGE CRAFT FAIR

Featuring Jewelry, Candles, Pottery, Clothing, Photography, Fiber Arts and other fine crafts.

OCTOBER 5th

9 - 4

\$25 Shopping Spree Drawing

11am ~ 1pm ~ 3pm
You must be present to win.

Hardwick Elementary School

S. Main St. ~ Hardwick, VT

Kiwanis Chicken Barbecue beginning at 11:30 ~ S. Main St.
Hardwick Historical Society holds an Open House at The Depot ~ 10 - 3:30

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FOOD SHARE AND FOOD DROP DATES

CABOT FOOD SHARE
Wednesday,
OCTOBER 9
Noon-3:00 p.m.

Wednesday,
OCTOBER 23
Noon-3:00 p.m.

Cabot Masonic Hall

Available for Cabot Residents
MARSHFIELD FOOD DROP
Second Saturday of every month.
SATURDAY,
OCTOBER 12
Food pick up at 8:00 a.m.
Open until food is gone - usually 9:30 am

Schoolhouse Common
School Street, Marshfield

FAITH IN ACTION NORTHERN COMMUNITIES PARTNERSHIP INC.

Home Office
3339 Main St., P.O. Box 157
Cabot, VT 05647
(802) 563-3322 ~ admin@fiancp.org



NEK Office
71 Depot St., P.O. Box 515
Lyndonville, VT 05851
(802) 626-1212
nekfaithinaction@gmail.com

A Nonsectarian 501(c)3 ~ Who Is My Neighbor?

VERMONT'S NORTHEAST KINGDOM ANNUAL FALL FOLIAGE FESTIVAL

Monday, September 30, 2013

To Saturday, October 5, 2013

Time: 9:00 am - 6:00 pm

nekinfo@nekchamber.com

http://www.nekchamber.com

The Northeast Kingdom of Vermont

Northeast Kingdom Chamber of Commerce

1-800-639-6379 or 802-748-3678



Six unique festivals are held over six consecutive days, now over 50 years running. The communities of Walden, Cabot, Plainfield, Peacham, Barnet and Groton invite you to come celebrate rural Vermont in all of its splendor.

The Northeast Kingdom Fall Foliage Festival brings a piece of "Old Vermont" to life for visitors with local crafts, hymn sings, band concerts, church suppers, historical tours and the most beautiful fall colors you have ever seen!

MONDAY, SEPTEMBER 30 - WALDEN

Join us for Walden's Country Fair! Our day begins with registration at 9 a.m. at the Walden Methodist Church with coffee & donuts. Enjoy the sights and sounds of country life, the small town friendly atmosphere, and the display of traditional action exhibits, crafts and interacting with a myriad of farm animals, large and small. The folks of Walden will share country music and small home businesses nestled in the wooded hills. A homemade soup and sandwich lunch will sustain you for an afternoon of tours to a dairy farm, horse farm and our rural school, with a little dancing and a snack thrown in. A family-style Barbecue Beef Supper will be served with mashed potatoes, veggies and home baked pies, beginning at 5:30 pm, \$12. For supper reservations, call (802) 533-7122. For information, contact Judy Clifford, (802) 563-2777(evenings) or PO Box 54, W. Danville, VT 05873. We're anxious to meet you!

TUESDAY, OCTOBER 1 - CABOT

Welcome! Coffee Hour begins at 9:00 a.m. in the Cabot School Gym. Make a day touring old school houses, craft shops, the Public Library and Cabot Creamery. Crafts available in the gym from 9:00 am to 3:00 pm. In the afternoon, enjoy a hayride to a sugarhouse, afternoon musical and play performances, and hike to Nicols Ledge. Corn chowder and chili luncheon (adults \$6, children \$2.50) at Cabot Church at 11:30 am, 12:30 and 1:15 pm. Turkey dinner at 5:00 and 6:15 pm (adults \$10, children \$5) at the Cabot School. Ticket reservations for luncheon and dinner can be made at the same time by calling Rose Bothfield at (802) 563-2715. For details contact Blanche Lamore at (802) 563-2457 or Tara Rogerson at (802) 917-2992.

WEDNESDAY, OCTOBER 2 - PLAINFIELD

A full day of activities begins with Coffee Hour at 9 a.m. and registration at Grace United Methodist Church. Foliage tours available at 10 a.m. and 1 p.m. Tours telling the history of the Barre granite quarries, see glass blowers at work, taste wine at Grandview Winery, scenic spots and a hike to Owls Head with a bag lunch. Other points of interest will be offered throughout the day. Crafts, baked goods, and jewelry will be for sale, along with other items of interest for everyone. Cafeteria-style luncheon from 11:30 a.m. to 1 p.m. for \$5.00. Entertainment in the afternoon. Barbecued Chicken, Mostaccioli and Baked Bean Supper at 5 and 6 p.m. for \$12.00. For reservations, contact Joanne Martin, 802-454-7301 or Joyce Fowler, 802-454-8306.

THURSDAY, OCTOBER 3 - PEACHAM

Registration and arts and crafts sale, 9 a.m. to 3 p.m. at the Peacham Town Hall. Tickets for lunch, ghost walk and dinner can be picked up. Exhibits at the Blacksmith Shop and Historical House. (Homemade treats served). Peacham Library book sale from 9 a.m. to 4 p.m. Scenic bus tour at 10:15 a.m. \$3. Lunch at Peacham Elementary School 11 a.m. to 1:30 p.m. \$6. Northern Skies Observatory open 11 a.m. to 2 p.m. Ghost walk at 2 p.m. \$4. Harp music in Church sanctuary 4 p.m. to 6 p.m. Dinner at church, seatings at 5 and 6:30 p.m. (Spaghetti supper...vegetarian and meat sauces, salad, garlic bread, homemade apple crisp with ice cream) Adults \$10, children \$5, under 6 free. Tickets available at door. Coordinators are Marilyn Magnus, 802-592-3320, Sally Goss, 802-563-3113, Sharon Fuehrer, 802-592-3326.

FRIDAY, OCTOBER 4 - BARNET

Come to the Barnet Center vestry at 8 a.m. to 12 noon for pancake breakfast including Vermont maple syrup and sausage. Arts & crafts will be in the vestry and surrounding grounds all day. Wagon rides, starting at the vestry will be given weather permitting. A bus tour between Ben Thresher's Mill, the Sunset Alpaca Farm, the Walter Harvey Meeting House and traveling scenic back roads. Arts & crafts are also at the McIndoes Church, with a soup and sandwich lunch served starting at 11:30 a.m. A European Coffee Hour will be from 1 to 4 p.m. at the West Barnet Church. Enjoy a Ham Dinner at the Barnet Center vestry, starting at 4 p.m. and continuing until all are served (\$10). For reservations, contact Bob Gibson, PO Box 131, Barnet, VT 05821, 802-633-2242. For information the day of the event, call 802-633-4397.

SATURDAY, OCTOBER 5 - GROTON

Join us in Groton for our Festival Day. Start with a Lumberjack Breakfast at the Methodist Church from 8 to 10 a.m. Visit our Library, where there will be a book sale throughout the day. McLure's Band will perform at the bandstand at 11 a.m. Boy Scout Troop #702 will serve a light lunch at the Food Court. Our Annual Parade starts at 1:30 p.m. Browse in the Peter Paul Historical House anytime during the day. Participate in the Old Fashioned Hymn Sing at the Methodist Church at 8 p.m. to close the day. Serving times for our World Famous Chicken Pie Supper at 4:30, 5:30, 6:30 and 7:30 p.m. Tickets available after July 1 at \$10 for adults, \$5 for children under 12. You must make reservations. Contact Peter Lyon, 848 West Shore Drive, Groton, VT 05046, 802-584-3020. (Take-out reservations are also available.)

The Valley Players proudly presents

The Mel Brooks Musical

YOUNG FRANKENSTEIN

October 4-6, 11-13, 18-19

Fri. & Sat. shows at 7:30 ~ Sundays at 5:00

Tickets \$18 ~ Advance Reservations:

Online with credit card at VP website

At the Mad River Valley Chamber with cash or check or

Call 583-1674 or Email valleyplayers@madriver.com and

pay at the door with cash or check

Open Seating and Doors open 1/2 hour before the show

The Valley Players Theater ~ Rte 100 (4254 Main St.) Waitsfield

www.valleyplayers.com

**Including Local Talent, Todd Jones,
as Dr. Fredrick Frankenstein!**

KINGDOM COUNTY PRODUCTIONS PRESENTS

The Hungry Heart

A new documentary film
on prescription drug addiction
and recovery

DIRECTED BY BESS O'BRIEN

RELEASE DATE FALL 2013

The Hungry Heart is a documentary film based on the often hidden world of addiction and recovery. Primarily shot in Franklin County, Vermont, the film takes an intimate and powerful look at those who have been swept into the downward spiral of prescription drug addiction. The film highlights the struggles and hopes of recovering addicts and their quest for a better future.

Often those dealing with addiction in their lives are seen as "the other", and are often judged or stigmatized. However, in *The Hungry Heart* recovering addicts are front and center and are given voice to express and to share their stories of challenge and resiliency. We feel this is a critical first step in breaking down barriers and telling the human truth around addiction.

Much of the film revolves around the work of Pediatrician Fred Holmes and his compassionate work with patients in recovery from prescription drug addiction. The film reveals a remarkable bond and relationship that is built between Dr. Holmes and his young patients. Through the lens of the camera, we see the trust that is slowly fostered between doctor and patient around an often exasperating and manipulative disease. We are privy to an illuminating conversation that emerges between Dr. Holmes and the young people he is committed to helping.

In addition, *The Hungry Heart* reveals the often rocky road to recovery - including, relapse, past trauma, healing, search for self, the craving for acceptance and the ability to triumph in the face of amazing odds. The film also searches for answers, actions and new steps to be taken in Vermont communities that will help reverse the scourge of prescription drug abuse in young people.

The film is slated to tour Vermont during the fall of 2013 to 30 towns. Folks in the film will tour with the movie and speak afterwards with audience members. In addition, a study guide will be produced to accompany the film into schools, hospitals, health and social service agencies across Vermont and nationwide.

For more information call

KINGDOM COUNTY PRODUCTIONS
802-387-4616 / www.kingdomcounty.org

SPECIAL THANKS TO PROJECT NEW BEGINNINGS OF ST. ALBANS, VT
FOR THEIR SUPPORT AND COLLABORATION WITH THIS MOVIE.

Local showings near Cabot:			
October	10	Montpelier	-Bethany Church
	11	Montpelier	-CCV
	31	Barton	-Memorial Building
November	1	St. Johnsbury	-St. Johnsbury School
	2	Lyndonville	-Tom Bresslen Community Ctr.
	3	Hardwick	-Hardwick High School
All shows at 7:00 p.m. - No tickets in advance, all at the door.			

Cabot Historical Society's FOURTEENTH ANNUAL Apple Pie Festival

**Saturday,
October 19, 2013
9 a.m. – 3 p.m.**

Cabot School Gym – Main St.,
Rte. 215, Cabot, Vt.

FREE Parking on the Common

**free admission – Fun, family friendly event,
lunch and plenty of apple pies for sale.**

**Apple pie baking contests! ~ Cash, ribbons - other prizes!
Pies MUST be entered by 10:30 A.M.
judging begins at 11 a.m.**

**Entry fee - \$5, Adults - \$2.50, Youth
OR donate a second pie for the Historical Society to sell.
(All pies are sold or auctioned after judging.)**

**SILENT AUCTION: To donate small antiques,
handmade items, or gift baskets call:
(802) 563-2381 or e-mail: janebrown@fairpoint.net**

**Craft Fair: Event is widely publicized and draws a large crowd.
Fee – table space is \$25 (\$30 with electricity)**

Call (802) 563-2129 to reserve space or

e-mail: bethannhoffman@hotmail.com or bonniesd@Together.Net

**Other info, e-mail: bonniesd@Together.Net or (802) 563-3396
Web Site: www.cabothistory.com**



Cabot Apple Pie Festival OCTOBER 19, 2013 CALL FOR APPLE PIES!

Cabot Apple Pie Festival, the premiere fundraiser for the Cabot Historical Society, is around the corner. Mark your calendar for October 19.

Please also mark your calendar to bake a couple of pies that week to donate. The heart of Apple Pie Festival is the delicious, homemade pies crafted by some of the best cooks in the state. It's just as good for breakfast as it is dessert! The Historical Society can't do it without you, and would be very grateful for pies dropped off Friday evening, October 18, between 5:00 and 7:00 p.m. or Saturday morning, October 19, before 10:00 a.m.

Also, consider entering the Apple Pie Contest. Pies must be entered by 10:30 a.m., so come early to be sure yours gets in the contest. There is a fee to enter: \$5 for adults, \$2.50 for youths, OR you can donate a second pie to sell. (All pies in the contest are sold or auctioned after judging.) There are cash prizes, ribbons and more.

The Cabot Public Library Presents

Cabot Old Time Contra and Square Dances

**2nd Saturday at 7:30 pm
From September to May**

The dances are taught and are easily learned by young and old. The contra and square dances are traditional Vermont and New England social dances that have been danced for many generations in the town halls, barns, and kitchens around Vermont.

The music is provided by piano and an assortment of fiddles, mandolins, guitars and the occasional surprise instrument. Musicians are always invited to sit in and join with the fun of playing traditional dance tunes.

Anyone and everyone is invited to attend. There is a small donation requested to help cover the cost of the caller.

For more information contact David Carpenter call 802-563-3225, or email, samlyman@sover.net.

The actual second Saturday dates are:

October 12, November 9, and December 14 in 2013

January 11, February 8, March 8, April 12, and May 10 in 2014

The dances will be held on the top floor of the Willey Building.

2013 Apple Tasting Extravaganza October 5 & 6

Apples can taste like honey, bananas, even cherries, while some varieties have hints of anise or berries. There are apples that smell like roses and pineapples. The diversity among apple varieties is astounding. There are apples that are long and narrow. Apples with red flesh or purple skin. Apples from the 1600s and a few have been around even longer.

In the year 1900, markets across the country boasted over 14,000 different kinds of apples for sale. While there are still 2,500 varieties of apples grown in the U.S., apple selection for most shoppers is limited to a small selection of varieties that resist bruising in transit, keep well and look pretty. (A total of 15 popular apple varieties account for about 90 percent of the total U.S. commercial apple production.)

But "foodies" and apple fans of all ages will be pleased with the nearly 100 apple varieties that will be available to taste at the annual Apple Tasting Extravaganza. The 2013 Apple Tasting Extravaganza will be hosted by Walden Heights Nursery & Orchard on Saturday, October 5 & Sunday, October 6 from 10:00 a.m. – 5:00 p.m.

Discover new favorite apples, sample some fresh pressed cider, visit educational displays and tour the farm - which includes a 1,000+ tree orchard, berry plantation, greenhouses for experimental growing and an arboretum of more than 400 apple tree cultivars to preserve the genetic diversity of apples. And after you've chosen your new favorite apple, you can visit the nursery to

take home a tree for fall planting or order trees for spring planting.

"This annual event is a truly unique opportunity to explore the essence of the apple," said Todd Parlo, owner and orchardist at Walden Heights. "Supermarkets today provide only a limited sample of the thousands of apple varieties once available to 19th-century fruit lovers. Introducing people to the pleasures of these beautiful old heirloom apples is a real delight."

Part of the Walden Heights mission is to preserve apple tree varieties for generations of future apple tree growers. Apple trees can grow for more than 100 years, but the old varieties planted in the early 1900s are coming to the end of their time. If these trees are identified and branches from the old trees grafted onto new tree stock, these varieties can continue. People who have (or know of) an old apple tree are invited to bring a few apples to the tasting to share with other guests, and may be selected as a variety for grafting in 2014.

Walden Heights Nursery & Orchard is a certified organic, biodynamic farm that grows a wide variety of apples, both popular and relatively unknown heirloom varieties. The farm's specialty is growing apple trees, apples and other fruits. More information about the farm and directions can be found at waldenheightsnursery.com.

Walden Heights Nursery & Orchard
120 VT Route 215, Walden, VT 05873
802-563-3012



APPLE PIE FESTIVAL Cabot Historical Society Saturday, October 19, 2013

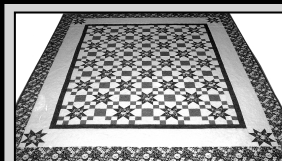
Silent Auction Donations Needed!

Small Antiques - Handmade or Knitted Items - Gift Baskets

Vermont Products - Gift Certificates - Antique Tools

Children's Gently Used Toys, Books, Games

Please, No Used Clothing or Yard Sale Stuff. Call 802-563-2381 or email janebrown@fairpoint.net before October 15, 2013, to arrange pickup, or bring to the Cabot School Gym on Friday, October 18, between 3 and 7 pm. Be sure to visit our Silent Auction tables on October 19, from 9 am—2 pm. At the Cabot School Gym



Last Chance To Buy A Raffle Ticket!

**Winner drawn 3:00 p.m. at
Apple Pie Festival ~ October 19
\$5 each or 3 for \$12**

**All Proceeds Benefit Cabot United Church
Beautiful "Morning Star" quilt handmade in Cabot**

The United Church of Cabot is raffling a quilt - lovingly pieced by Christa Scholz and quilted by Laurie Coolbeth.

First tickets sold at Maple Fest and sales will continue until the quilt is raffled off during Apple Pie Festival, October 19.

The quilt is 'Morning Star' pattern in a white background with bright blue and modern green. The printed border contains all the colors. It is backed with a mottled beige plus the names of the quilters and date. It is a queen size (96"x109") and needs to be seen to be appreciated. It has been on display at various times over the past few months. For more information, or tickets, you can call Christa Scholz.(563-2409). Need not be present to win.

PIANIST DIANE HULING WILL INAUGURATE CABOT PERFORMING ARTS SERIES NOVEMBER 17



CONTACT: R.D. ENO, 563-2486 –
rdeno@fairpoint.net

Internationally acclaimed pianist and teacher DIANE HULING will give a hometown recital in Cabot, Vermont on Sunday, November 17 at 3:00 PM in the Cabot United Church. Ms. Huling's program, *A Polka, A Forgotten Waltz: A Recital of Ecstasy and Delirium* will range from familiar works of Chopin, Mozart, Beethoven and Liszt to lesser known pieces by Rachmaninoff, Debussy, Busoni and American composer Amy Beach.

Diane Huling, a graduate of the Eastman School of Music, has performed throughout the United States, Canada, Europe and South America. A composer and conductor, she taught piano and music theory at Johnson State College for four decades until her recent retirement. The *New York Times* has hailed her "crystalline piano playing."

Admission to Ms. Huling's recital will be at the door by donation.

The event is presented by Cabot Arts, in association with the Cabot Community Association, and will be the first of a performance series to run monthly through the winter. The next event will be an Old-Timey concert and Cajun dance on Sunday, December 29, with Cabot fiddler Katie Trautz, multi-instrumentalist Tom MacKenzie and friends.

Diva Dash A Blast!

Brigitte Codling ran the 5K Diva Dash and obstacle course on September 7, 2013, with her cousins, to enjoy a healthy, fun activity together to motivate all to get in better shape! They trained independently and together; running, strength training, and hiking!

Their next challenge, as the Chronicle goes to print, is the 5K Zombie Run and obstacle course on September 28, at the Champlain Valley Expo. Brigitte's two older daughters will be joining in this race, and they'll be running against the clock, as well as from flesh-eating, virus-spreading zombies. Should be an exhilarating start to autumn!

Both the Diva Dash and the Zombie Run benefit charities and non-profits that support local organizations and international programs such as Smile Train; so, by entering a race, they are helping others. They hope to do many more runs in the future!



Book on Irene has Cabot Connections



Vermont Peggy McKay Shinn, a freelance writer living in Rutland, responded to Tropical Storm Irene by riding her mountain bike the next day on a trail through the woods to bypass the huge washout of Route 4. Then she made her way to Pittsfield to talk with residents and photograph the destruction. Already, she had a book in mind, which was released in August and is now available in bookstores and

online. Its title is *Deluge: Tropical Storm Irene, Vermont's Flash Floods, and How One Small State Saved Itself*.

For this book, Peggy interviewed Vermonters in Pittsfield, Jamaica, South Royalton, Wilmington, and Rutland. These people show the human face of disaster, the losses that can never be fully recovered. She also tells the story of the amazingly quick rebuilding of Route 4 in two places by local contractors, who didn't wait for state government assistance, or even permission, to do the job. The independent spirit of Vermonters, who volunteered their time and machines to help, shows in all the stories in the book.

Peggy Shinn is the daughter of Ferguson & Jane McKay, Cabot residents. Jane's family has lived in Cabot since the 1860s, in the same house on Main Street. The McKays have donated a copy of *Deluge* to the Cabot Library.



FROM THE CABOT PUBLIC LIBRARY

Thanks again to all who participated in our summer reading program – "Dig into Reading." Sixty youth (and their families) participated and read a total of 1,793 books! Twenty three youth joined the Thousand Page Club – and collectively read a total of 46,343 pages this summer – wow! Our top reader was **Rebecca Blaisdell**, who read 9,742 pages!!

Programs

Lincoln and Vermont – Howard Coffin – Tuesday, October 1 – 2:00 p.m.

Beginning with Lincoln's preliminary Emancipation Proclamation, and continuing through to the consecration of the National Soldiers Cemetery at Gettysburg, historian Howard Coffin traces how Lincoln's leadership of the Federal war effort and his political canniness shaped the relationship between the president and Vermont, a state Lincoln admired though never visited.

Cabot Old Time Contra and Square Dance – Saturday, October 12 – 7:30 p.m.

Dances will be held on the second Saturday of the month from September through May, sponsored by the Cabot Library. The dances are taught and are easily learned by young and old. There is a small suggested donation to help cover the cost of the caller. For more info, please call David Carpenter at 802-563-3225 or email samlyman@sover.net.

Benefit for the Kingdom Animal Shelter at the Apple Pie Festival – Saturday, October 19 – 9:00 a.m. to 3:00 p.m.

The Cabot Public Library is helping to sponsor a Book and Art Sale to benefit the Kingdom Animal Shelter, which facilitates the placement of stray and unwanted animals and pets in desirable homes and never euthanizes the animals in their care. Please look for their table at the Apple Pie Festival.

Forum on New Health Care System – Tuesday, October 29 – 6:30 p.m.

Vermont Health Connect will offer a new way to choose a health insurance plan for individuals and small businesses in Vermont. Ellen Gurshun, our local area health navigator, will present this forum and will be available afterwards for questions.

Community Book Group – Wednesday, October 23 – 10:30 a.m.

We will read *Let's Explore Diabetes with Owls* by David Sedaris in October. All are welcome to join in! Copies of this book will be available in the Cabot Public Library.

Yoga & Wellness Classes – Mondays 6:00 – 7:30 p.m. at the Willey Building

Stretch, Breathe, Relax & experience your true nature! All levels welcome – contact Alicia for more info 802-563-3220 or aliciafeltus@gmail.com

Fiction Writing Contest for youth grade 4-8 and homeschooled students – Deadline: November 14, 2013

This contest is sponsored by Brigantine Media and is based on the book *The Spare Room*, a diary of twelve-year-old Susannah Allen, who lives on her family's farm in 1843 Vermont. She chronicles her days at the Middleton one-room schoolhouse, her daily farm and household chores, and her circle of friends. Written by Jenny Land from Peacham, Vermont. Look up thesparerom-book.com for official contest rules. We have a copy of this book at the Cabot Public Library.

Thank You!

Many thanks to **Sandra Mennella** for sharing her adventurous trip to New Zealand with us. Thanks also to **David Carpenter** for organizing the Contra dances in Cabot every month.



Cabot Library Reminders:

- Tuesday 9:00 a.m.-6:00 p.m.
No Story Hour In August
- Wednesday 2:00 a.m.-6:00p.m.
- Thursday 9:00 a.m.-6:00p.m.
- Saturday 9:00 a.m.-12:00p.m.
- Closed Sunday, Monday & Friday
- **Echo Pass** – Allows up to 2 adults and 3 youths, \$4 each admission price, entrance into the ECHO Lake Aquarium and Science Center in Burlington.
- **State Park Pass** – Allows up to 8 people in a car free day access to the Vermont State Parks.

See you at the Library!

Kathleen Hoyne and Anne Walker

Forum on New Health Care System at the Cabot Public Library

The Cabot Library is presenting a forum on the new Vermont Health insurance program called Vermont Health Connect on Tuesday, October 29, at 6:30 pm. Our local area health navigator, Ellen Gershun, will be presenting the forum and will be available after for questions.

Vermont Health Connect will offer a new way to choose a health insurance plan for individuals and small businesses in Vermont. Vermont Health Connect is a marketplace where individuals, families and small businesses in Vermont can compare public and private health plans and select one that fits their needs and budget. Every plan offered through Vermont Health Connect will offer basic services including checkups, emergency care, mental health services and prescriptions. Details can be found at vermonthealthconnect.gov.

Vermont Health Connect will simplify the health insurance world for many Vermonters by serving as the one place to access public programs and financial assistance, such as federal tax credits and cost-sharing subsidies.

Individuals, families and small businesses in Vermont will get their health

coverage through Vermont Health Connect. This includes: Vermonters who do not have health insurance, Vermonters who currently purchase insurance for themselves, Vermonters who have Medicaid or Dr. Dynasaur or Cata-mount or Vermont Health Access Program (VHAP), Vermonters who are offered "unaffordable" coverage by their employers, and small businesses in Vermont that provide coverage for their employees.

This is a chance for anyone with questions about health coverage to have them answered. The forum is free. Come with your questions. Information about the program is found at <http://healthconnect.vermont.gov/>. For more information, call the Cabot Library at 563-2721.



TWIN VALLEY SENIOR CENTER

September News

Twin Valley Senior Citizen News

Twin Valley is in need of a Dining Room hostess. This is a very rewarding position, sociable, fun and pays well by giving you free lunch! If you have any time to spare, even if once a week, please contact Rita at 426-3447. We are also looking for back up Meals on Wheels Volunteers. This position is putting together packaged meals for delivery. This also pays well with free lunch.

Our trained volunteer Tai Chi instructors, Sandra Mennella and Michaela Rowan, invite you to join them every Monday from 1:00-2:00 p.m. for some gentle, relaxing exercise. These classes are free and open to the public. Sandy and Michaela have been certified to teach Tai Chi and do a wonderful job.

Bone Builder classes are on-going from 10:45-11:45 a.m. every Monday, Wednesday & Friday in the gym at Old School House Commons. Classes are

lead by Kass Phillips, with backup leaders, Joanne Martin, Hildegard Weger and Judy Dix. Classes are also free and open to the public.

TVSC would like to offer a complimentary Meals on Wheels lunch to any senior or disabled person who might be interested in receiving Meals on Wheels. If you have a friend, neighbor or family member that could benefit from receiving nutritional meals to help keep them healthy, please contact Rita at 426-3447. We will then arrange delivery of one of our meals to them.

October is a busy month:

October 4 - Fall Foliage Ride: Twin Valley Seniors will be taking a trip to Mount Mansfield. There will be a brown bag lunch and a gondola ride to the top of the mountain. Anyone interested in attending please call the Center at 426-3447.

October 9 - Foot clinic at the Center. Call 223-1878 for an appointment.

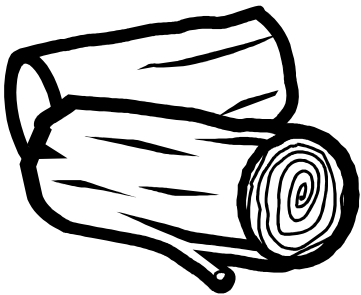
October 9 - Open to the public will be an informative presentation on Medicare Basics at 2:00 p.m. in the gym at the Old School House Common. Rae Bunce with MVP Healthcare will be available to answer any questions you may have about Medicare.

October 14 - will be the CVHHH Flu Clinic hosted by TVSC from 9:30 -11:00 a.m. Please bring your Medicare card. Open to other seniors, as well, for a fee.

October 21 - SASH (Support and Services at Home) will be present from 10:00 a.m. - 1:00 p.m. Blood Pressure will be taken free of charge.

TVSC Firewood Raffle Winner

Fred Ducharme of Cabot was the winner of the September firewood raffle to benefit Twin Valley Senior Center programs.



Twin Valley Seniors Take Out Dinner

Sunday, October 27

Cabot Masonic Hall

Time: 4:00 p.m.-6:00 p.m.

Lasagna ~ Garlic Bread

Salad ~ Dessert

Price : \$10.00

Call Joyce 454-8306 or Susan 223-6954 for reservation

\$5 in 5 minutes?

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(O) 563-3338, (C) 323-4407 OR ads@cabotchronicle.org

Cabot Boys Soccer Team



Back row: Tiger Bastress, Seth Herrick-Trombly, Josh Therrien, Jonah Jarvis, Adlai Feldman, Darren Celley, Hugh Burke, Lars Hammer, Mark Schumacher
Front row: Caleb Maxfield, Wyatt Ameden, Jordan Hale, Jeremy Maxfield, Ian Nally, Henry Burke, Joe Ambroz, Will Nally, Frank Schumacher

Cabot Girls Soccer Team



In the back Row (standing) from left to right: Isabella McCallum (9th), Taylor Abbott (8th), Gala Morse (10th), Laura Stuemke (11th- German Foreign Exchange Student), Jasmine Tetreault (10th), Alisha Celley (9th), Alex Yu (11th)
In the 2nd row (kneeling) from left to right: Gen Hauge (8th), Michaela Gokey (8th), Emma Stecker (11th), Olivia Bellavance (12th), Lauren Bellavance (8th), Samantha Villeneuve (8th), Monique Bigelow (9th)
In the Front row: Michelle Delaney (coach), Shannon Harvey (10th)

Cabot Varsity Soccer Schedule

October 1	Whitcomb @ Cabot	3:00 boys – 4:30 girls
October 4	Cabot @ Craftsbury	4:00 boys
October 8	Chelsea @ Cabot	3:00 boys-4:30 girls
October 12	Cabot @ Concord	3:00 girls-4:30 boys
October 15	Twinfield @ Cabot	4:00 boys
October 18	Cabot @ UCA	3:00 girls-4:30 boys

Cabot Middle School Co-Ed Soccer Schedule

October 3	Cabot @ Craftsbury	4:00
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All Schedules are Subject to Change. Check CabotSchool.org to confirm the schedule.

Building an ‘Elf’ House
It’s been a crazy month.....

By Wendy Heilig,
former Danville Hill Road resident.
Excerpted from her blogs,
<http://www.gofundme.com/Elf-House> and VtElf-House.wordpress.com.

It's been a crazy month, trying to get all the details worked out, but things have been moving along.

Lots more free stuff and a few really good finds are helping tremendously. My best finds so far? I have gotten four beautiful new or nearly new windows for only \$275! That's an amazing savings, if you've ever looked at the cost of them! I also found a beautiful front door for a one-third of the cost. All this means that everyone's gifts are stretching further than I ever could have imagined.

Huge thanks go out to a few dear friends and kind souls in my larger circle who have donated privately to help my dream take greater form and become a true reality. I am nearly there! People

have asked me how - and I say I simply have faith that all will work out as it should!

I will still have a ways to go to meet my goal for it to go to completion for winter, but the goal for the initial build isn't too far off. Crossing my fingers that funds will stretch to complete it in time!

Please get the word out if you're moved to share - the goal is so very close. I truly believe that one step for each of us - to pay it forward - is the way in which all our lives will change for the better.

We must build strong community in our lives for the days ahead by helping each other to live a life full of meaning. It is the only way I see we will survive the madness of these last two decades!

Hugs & Blessings!
Wendy

Wendy still helps get The Cabot Chronicle into the mail and supports the Cabot Public Library, even while building her dream “Elf” house in Glover.

Wings that Sing

By Rob Rich
Illustration by Adelaide Tyrol

As the summer bird chorus wanes, we might remember that song can arrive in unexpected ways. Drumming heads, clacking bills, and dancing feet create nonvocal sound. Even flight, that foremost avian feat, creates music of its own.

Wings can sing – sound is created by the asymmetry, anatomy, and arrangement of individual flight feathers as they vibrate through the air. A number of birds use wing song to communicate, both with their own species and as a way to thwart predators.

Dramatic lift offs can match the best vocal alarms. The explosive flight of a ruffed grouse may distract (or frighten) its enemies just long enough to effect an escape. The volatile burst of wings produces a miniature sonic boom as air rushes to fill the vacuum between the powerful wing beats. Similarly, mourning doves warn others as they rise on whistling wings. That sound, which is common among many pigeons and doves, accelerates in tempo among a group of distressed birds to incite a faster dispersal.

The wing songs of the breeding season are perhaps the most remarkable. Instead of its single alarm-boom, the courting male ruffed grouse produces a quickening series of whirring thumps to bring mates in and keep other males away. These highly territorial males usually perform on drumming logs ten to twelve inches above ground to best transmit their thunderous sounds. While breeding season peaks in April, you can often catch a repeat drumming performance in October.

Most birds that utilize wing songs in breeding performances do so in flight. After a series of preparatory nasal peents from the ground, the courting male American woodcock spirals to the sky in resplendent twittering. His ascending sounds are not vocal. Instead, they depend on flight feathers with short, widely spread margins that vibrate in the air like a string. The woodcock rises 200-300 feet, then tumbles

down in liquid warbling to the very same spot, only to begin the vertical wing song again. Although particular behaviors and tones are distinct, similar performances are heard among others in the sandpiper family. The Wilson's snipe is a renowned example from our region. It exhibits a rising breeding dance much like the woodcock, but its tight, pointed wings create a hoot-like, winnowing howl.



It is clear that the shape of the wing affects the pitch of these kamikaze courtiers. Longer, sharper wing and feather shapes typically create sounds with deeper dramatic force. The booming dives of common night-hawks, whose wings are long and scimitar shaped, are an extreme example on the low end of the audio spectrum. Hummingbirds perform opposing variations on this theme, with tiny, jackknife wings that pierce notes with the highest violins. Chris Clark, an ornithologist at Yale University who specializes in the biomechanics of hummingbird tails, suggests the intricate music of bird wings began as incidental sounds in flight, like the tread of walking feet. But over time, males with the most dramatic, free-falling songs were most successful passing on their genes.

Charles Darwin also discussed the evolutionary purpose of wing song in *The Descent of Man*: "In the case of modified feathers by drumming, whistling, or roaring noises produced, we know that some birds during their courtship flutter, shake, or rattle their unmodified feathers together..." Today we can use super slow motion videos and Doppler vibrometers to see the mechanics of wing song. But there is still much to learn about their origins and their functions, which can be as miraculous as flight itself.

Rob Rich is a writer and naturalist living in Burlington, Vermont. The illustration for this column was drawn by Adelaide Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of New Hampshire Charitable Foundation: wellborn@nhcf.org.

SUDOKU GOLF MASTERS LOOP-COURSE CHALLENGE

By J. Scott Davidson

Sudoku Golf, Masters Loop-Course Challenge is a math challenge done on correctly completed Sudoku puzzles. The object of the game is to create an 18 "hole" path with the lowest overall score. You start and end the loop course in the 2nd row as indicated. Add the squares as you go and find the path with the lowest total, as in golf. You may move to any adjacent square not already in the path, including diagonals. (Only one hole in one is allowed). Solution for last months puzzles are shown below (upside down)

PUZZLE EXTRA:

Date (2013) Russian Meteorite 2/19/13 (2 in row 4)
(1-9 = A-J, Words: 17-year C I C A P A (3 in row 5)
Cole slaw vegetable C A B B A G E (3 in row 5)

1	PARKING		*	CLBHS		*	PARKING		7
		START		FINISH					
2	3	4 	7	8 	1	6	9	5	
6	7	9	3	4	5	1	2	8	
4	6	8	1	5	7	2	3	9	
5	9	3	4	2	8	7	1	6	
7	2	1	6	9	3	8	5	4	
3	5	6	2	7	9	4	8	1	
9	4	2	8	1	6	5	7	3	
8	1	7	5	3	4	9	6	2	

Score to beat—'62'

Bobcat Spotted on Cabot Plains!



Peter Dubray captured this bobcat on Cabot Plains with his game camera in mid-September.

2	6	9	4	3	5	7	1	8
3	7	5	6	1	8	2	4	9
1	8	4	9	7	2	6	5	3
4	5	8	3	6	9	1	2	7
6	1	7	8	2	4	3	9	5
9	3	2	7	5	1	8	6	4
8	2	1	5	4	3	9	7	6
5	9	6	1	8	7	4	3	2
7	PARKING	CLBHS	PARKING	1	8	7	4	3

2	6	9	4	3	5	7	1	8
3	7	5	6	1	8	2	4	9
1	8	4	9	7	2	6	5	3
4	5	8	3	6	9	1	2	7
6	1	7	8	2	4	3	9	5
9	3	2	7	5	1	8	6	4
8	2	1	5	4	3	9	7	6
5	9	6	1	8	7	4	3	2
7	PARKING	CLBHS	PARKING	1	8	7	4	3

OCTOBER SOLUTIONS FOR GOLF SUDOKU

CABOT VERMONT ANNUAL EVENTS 2013

Tuesday, October 1, 2013

FALL FOLIAGE FESTIVAL

Crafts, tours, rides, hikes, presentations

9:00 a.m. Coffee Hour

11:30 a.m. - 1:00 p.m. Luncheon

5:00 and 6:15 p.m. Turkey Dinner

Throughout town

802-563-2715



Saturday, October 19, 2013

APPLE PIE FESTIVAL

9:00 a.m. - 3:00 p.m.

Apple Pie Baking Contest

Crafts, apple pies and chili luncheon

Cabot School Gym

www.CabotHistory.com, 802-563-3396



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