



The Cabot Chronicle

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Vol. 8, No. 6

P.O. Box 245, Cabot, Vermont 05647

June 2015

Sign of Spring



Apple blossoms at Burt's Apple Orchard. Cabot, VT

2015 Ice-Out Contest at Joe's Pond

By Ice Out Co-Chair Jane Brown

The winter was cold with no relief and the ice grew to be about 36 inches thick on Joe's Pond. We thought there would be ice well into May – some jokers talked about navigating around ice bergs at the July Fourth Fireworks. Actually it was a fairly normal ice out, opening first at the head of the pond and then open water appearing along the shoreline. The first two ponds opened and by the middle of April the ice in the big pond was uniformly dark. Nights below freezing kept the block stable into the last week of April. But stuff was happening. There was no wind to disturb the ice, but there was uniform melting from above and below. The thick ice turned to mush and the block simply slipped silently out of sight. Co-chair Diane Rossi was grilling supper on her deck, where the clock is, and next door, the Rouleaus were keeping watch from their kitchen as they prepared their meal. At least three sets of eyes were on the block and flag that evening, and yet they missed seeing it go down. Suddenly, they realized the block was gone and the contest was over – no hanging precariously at the edge of an iceberg or blowing in the wind – just a simple plunge to the bottom of the lake and it was done. April 29 at 6:14 p.m.

The winner was Mary Numa from West Haven, CT, who guessed the exact date and time. The next closest were two guesses of 6:13 p.m. and one of 6:15 p.m. The split after expenses gives Joe's Pond Association and Ms. Numa each a



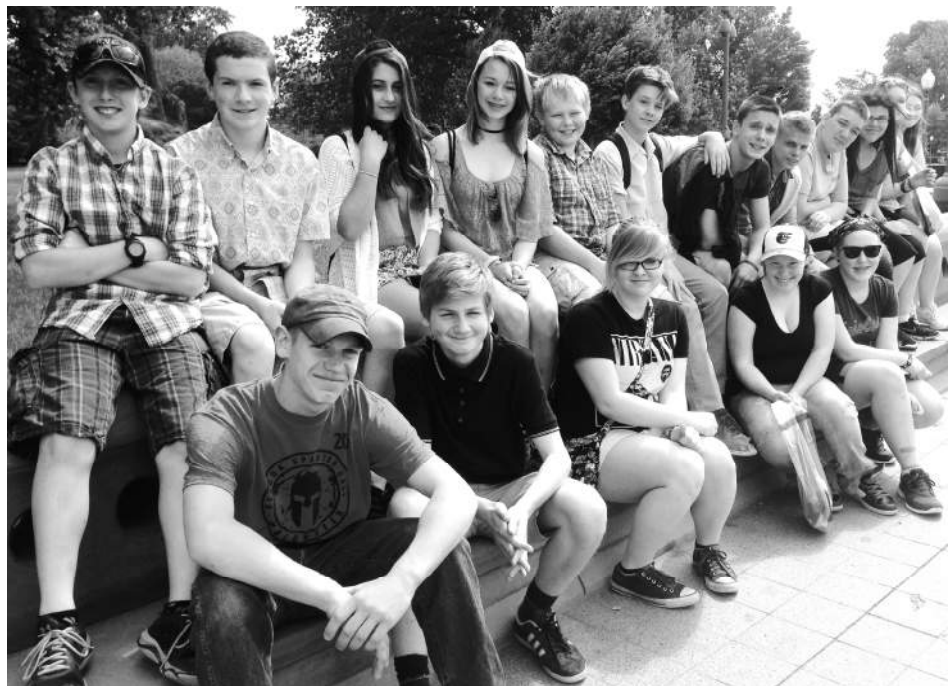
Joe's Pond Ice Out clock.

little over \$6,600. Ms. Numa said she had never even been to Vermont until her daughter enrolled at UVM a couple years ago. She fell in love with our state, and said she was introduced to the Ice-Out Contest this year by a neighbor who comes to Joe's Pond every winter with his snowmobile.

Joe's Pond Association will use their share to host a big Free Fireworks Display scheduled at dusk on July 3 (rain date July 5). Everyone is welcome. Find a spot overlooking the pond as fireworks are set off from the rail/trail at the north end of the pond off of Route 15. Go to www.joespondvermont.com for information about where the best viewing is.

Ice-Out Contest tickets for 2016 will be available at Hastings Store in West Danville throughout the summer, or contact the organizers through the website.

Cabot Students Explore Washington D.C.



By Peter Stratman and 8th Grade Class

"I have the audacity to believe that peoples everywhere can have three meals a day for their bodies, education and culture for their minds, and dignity, equality, and freedom for their spirits."

Martin Luther King, Jr. Inscription.
Memorial in Washington, DC
From Nobel Peace Prize acceptance speech,
Oslo, Norway, 1964

Every spring, thousands of middle school students converge on Washington, DC, sweeping through the city like giant schools of fish. For the last 15 years, Cabot eighth graders have joined this annual migration. Fortunately, with fewer than 25 participants, we have the luxury of a more flexible and personalized adventure, letting us squeeze a lot of action into a compressed timeframe.

(See "Cabot Students Explore", page 3)



Let Cabot School and
Cabot Community Association

TAKE YOU OUT TO THE BALLGAME

Be our guest for Cabot Night at Vermont Mountaineers

Tuesday, June 16

Transportation contributed by Cabot School, admission
and brown bag picnic compliments of CCA

5:15 p.m. Meet at school parking lot on Gym Road
Pick up brown-bag as you board

5:30 p.m. Bus leaves for Montpelier

6:30 p.m. Cabot Night Mountaineers game
vs. Valley Blue Sox of Holyoke, MA

**There's no expense to you for transportation, meal or game,
but you must sign up. Space is limited. Donations welcome.**

Call 563-3338 by noon Saturday, June 13, to add your name to the list.

CABOT TOWNWIDE LAWN SALE AND STRAWBERRY SOCIAL JUNE 27TH, 2015

SPONSORED BY THE CABOT UNITED CHURCH
SEE OUR AD ON PAGE 8

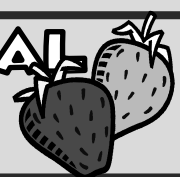


TOWNWIDE LAWN SALE

YOUR PLACE OR ON THE COMMON
REGISTRATION FORM ON PAGE 8

STRAWBERRY SOCIAL

GREAT FOOD. FRESH BERRIES
CABOT CHURCH ON THE COMMON



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REPORT FROM THE LEGISLATURE

By Representative Catherine (Kitty) Toll



COUNTRY COMMENTARY

The 2015 legislative session came to a close on Saturday, May 16, at 11:00 p.m. Major pieces of legislation were decided on and voted out in the final days. Modifications made to the 2016 state budget and decisions regarding new revenue to support the budget are most notable. For several years, Vermont has been faced with projected gaps. These are not deficits; they are the difference between estimated revenues and expenditures prior to adjustment. Each year, the Legislature has grappled to find the right balance among maintaining necessary services, making investments for the future and reducing expenditures to keep the state budget in balance.

In the final hours of the 2015 session, the 2016 budget as originally passed by the House and Senate was reduced an additional \$3 million. To solve a \$113.2 million gap and to bring the 2016 budget into balance, the Legislature identified \$56 million in targeted reductions, an additional \$25.2 million in "bridge funding" to fund expenses that will be reduced or phased out in future budgets and \$31.8 million in new revenue. The revenue package includes applying the sales tax to soft drinks, eliminating the deduction of the prior year's state and local income tax, capping itemized deductions at 2.5 times the standard deduction (excluding medical deductions and charitable deductions) and extending the rooms and meals tax to vending machine sales.

S.9 – an act relating to improving Vermont's system for protecting children from abuse and neglect was passed by both chambers. This bill is in direct response to the tragic deaths of two Vermont children in 2014. The bill includes a list of mandatory reporters and states that any mandatory reporter who "reasonably suspects" abuse or neglect of a child shall report to the Commissioner of the Department of Children and Families within 24 hours. The bill outlines reporting procedures, record keeping, emergency care orders, temporary care orders and cross agency communication. The bill also strengthens language and enhances penalties regarding cruelty to a child and creates a Joint Child Protection Oversight Committee. This committee will evaluate the effectiveness of those responsible for protecting Vermont's children, determine deficiencies in the system and evaluate program effectiveness and costs.

S. 108 – an act relating to end of life choices was again debated due to a provision in the 2013 bill to place a sunset on the section that provided immunity for physicians who prescribe medication to a patient with a terminal condition. Safeguards in the original bill were to sunset on July 1, 2016. The House and Senate voted to repeal the sunset. In addition, the bill requires the Department of Health to collect information regarding compliance and to report on the findings.

S. 29 – an act relating to Election Day registration. The bill lifts the deadline for voter registration. Currently, an individual must submit an application by 5:00 p.m. the Wednesday prior to an election to be added to the checklist. This bill allows a resident to submit an application for addition to the checklist at his/her polling place during the hours of voting at that polling place. This bill was brought forward by the Secretary of State. Fourteen states and the District of Columbia have enacted Election Day Registration. Additionally another fourteen states are considering the proposal. The Legislative Committee of the Vermont Municipal Clerks and Treasurers Association (VMCTA) supported the bill as amended in the Senate. The Secretary of State and the Elections Division staff have committed to work with town clerks to address concerns prior to a 2017 effective date for Election Day Voter Registration.

S.141 - an act relating to possession of firearms passed the Senate on a vote of 20 in favor and eight opposed, passed the House with 80 in favor and 62 opposed, and was signed by the Governor on May 1. Highlights of the bill include:

- Rendering it illegal under state law for people convicted of violent felonies to possess a gun. This is already illegal under federal law, and this would make Vermont the final state to adopt a parallel law to allow State's Attorneys to charge it as a crime.
- Requiring that anyone who has been adjudicated mentally ill be reported to the federal background check database. This does not include individuals who have just sought help for a mental illness. This would only be in cases where someone who has been found Not Guilty by Reason of Insanity, Incompetent to Stand Trial, or has been adjudicated by a judge to be a danger to themselves or others.
- Creating a process by which those who have been adjudicated mentally ill at one point in their life are able to apply to get their gun rights restored.

I would like to thank the voters in Cabot, Danville and Peacham for giving me the opportunity to represent our towns in Montpelier. Please continue to be in touch with me if you have questions or concerns. To see the actions of the legislature this session, visit www.leg.state.vt.us or contact me for information. I can be reached at: kittytoll@live.com
ktoll@leg.state.vt.us
PO Box 192, Danville, VT 05828
802-684-3671 ~ 802-563-2627

I have recently had a difficult time, health wise, as do many of us out there. The thing about it is I didn't have any regrets. I told everyone I love that I love them and I have been living my life by my own rules, such as they are. The reason why I am speaking on this subject is because, well, none of us are getting any younger, and you never know when your number or someone close to you is up.

Some may see this as a negative look at life, but really it is just the facts of life. End of life plans should be thought about and made. How do you want your remains to be dealt with, if you want a Do Not Resuscitate Order or any of a number of things that might need thinking about? Most importantly, life should be lived to the absolute fullest. How can one do that? You just do. One foot in front of the other, forward movement. You have to actually take the first step, and those that lead you to where you want to be in your life.

No one has a perfect life, but one can totally have all the things that are truly a priority, like a loving partner or a peaceful life. These things and more can be yours and if you have what you want already, then feel blessed, for you are. Not everyone comes to realize that all you have to do is to be willing to think and act like you already have what you want and it will come to you. It works, how do I know? I know because I put my priorities first and the world changed to offer up the opportunities to fulfill my dream life style. Is it perfect? Of course not, but the major elements are all there and that is what counts. I am very happy! Put your request out there and worry not how it will come to you, for it will.

Don't worry if you miss an opportunity, you can always create others, if at first you don't succeed, try, try again. Cliché, I realize, but tantamount to making your life the way you want it and living by your own rules. I raged against the Universe and believed that it or whoever wasn't listening to me, *all this time I was the one not listening*. You have to conceive, believe, and achieve. It really is as simple as all that, but you have to make a commitment. Like Dori says in "*Finding Nemo*" "Just keep swimming, just keep swimming." Yeah, I am a sucker for Disney. You are never too old to laugh and play. I hope all of you out there are doing some of that at least. Life is worth so much more when there is laughter, joy, and play.

In closing, I just wish you lots of happiness, fairy dust and a smidge of love and a pinch of laughter, topped with a dollop of fun. Find what it is that makes YOU happy!

Remember! Laugh More; Grump Less!!!!
Laura Lee Saorsa Smith
fizgigdragon@aol.com

DO YOU KNOW A CABOT RESIDENT NOT RECEIVING

The Cabot Chronicle

Please email inbox@cabotchronicle.org or call 802-563-3338



Green Up Day Roundup

By Gary Gulka



Thanks to all who pitched in to help clean our roadsides on Green Up Day. In all, about 30 miles of our paved and gravel roads were cleaned by numerous volunteers on May 2. We took in about six cubic yards of trash and cleaned up a few areas where some dumping was taking place. We collected about 375 tires from residents, town vehicles, businesses, and several tires that were dumped along the roadsides. As usual, for those of us participating, it is disheartening to see the beer cans, other beverage containers, and food wrappers show up the next day from the few scofflaws out there.

The Cabot Chronicle Submission Guidelines

The Chronicle welcomes letters written with an economy of words. The maximum length is recommended to be no longer than 400 words. Letters may be edited for clarity and length or returned to the author with suggestions for re-submittal. All letters and commentary published in The Cabot Chronicle represent the opinions of the authors and not necessarily the opinions of staff.

The Cabot Chronicle reserves the right to reject letters that may contain unsuitable material for our readers. Letters will not be considered for publication unless signed and accompanied by a phone number. We will gladly consider articles and photographs for publication.

The Cabot Chronicle is not responsible for errors in submitted material. Nor does The Cabot Chronicle assume responsibility for claims arising in connection with products or services advertised on these pages.

If you have editorial questions or would like advertising information, call our office at 563-3338, visit our website, www.CabotVermont.org or email us at inbox@cabotchronicle.org. Letters and other inquiries can also be sent to: The Cabot Chronicle, P.O. Box 245, Cabot, VT 05647.



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~ Mission Statement ~
The mission of The Cabot Chronicle is to regularly publish local news for the residents of the Cabot Area. Our purpose is to share information that will help readers become better involved in their Community.

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Contact above for more information

Cabot Community Association Update



By Debra Zimmerman,
Coordinator

CABOT ARTS

The Cabot Arts Spring concert series ended April 19 with "delightful" performances by German singer/songwriter Wilfried Mengs and Vermont's Own Rik Palieri. According to Mr. R. D. Eno, volunteer organizer of the series, the "Everything Good from the Garden" was "wonderful" and attended by a sizable audience of about 40 people. Mr. Eno said that one of the highlights of the concert was Meng's performance of Pete Seger's "Inch-by-inch", the ever-popular gardening song.

Mr. Eno sends out a heartfelt thank you to Janet Westervelt for organizing the refreshments for not only this event, but also for all of the Cabot Arts events throughout this past fall and winter. Mr. Eno said that Janet's help this season has been "invaluable—it has taken a big load off."

R.D. Eno also conveyed his gratitude to Jim Lowe of the Times Argus and Rutland Herald. R.D. said that, with his review, Mr. Lowe "really put us on the map as a classical music venue." Other thank you's from Cabot Arts go out to the Cabot United Church. "We are very grateful to the church for making it's beautiful sanctuary available to us for concerts."

According to Mr. Eno, planning has already started for next season's events. "We are looking for artists to schedule for next Fall, Winter, and Spring" he said. "One possibility we are talking about is a performance by the Green Mountain Playboys." Mr. Eno, continued, "We also will very probably try to bring back the very popular New Year's Eve Cajun dance event."

More information on Cabot Arts, Cabot Visual Arts, and Cabot Theatre will be covered in future Cabot Chronicles.

CABOT COMMUNITY FUND

The Cabot Community Association (CCA) recently approved three applica-

tions for Cabot Community Fund grants. The Cabot Community Fund is composed of significant funding support from the Cabot Creamery, plus other donations. The Cabot Community Fund allows the Cabot Community Association (CCA) to support community based projects and events that further the organization's mission.

The following Cabot Community Fund grants were awarded: \$500 to Cabot School Destination Imagination to help send the Vermont State Championship Team to the Destination Imagination Global Finals in Tennessee, \$500 to the Cabot School for the 8th Grade D.C. Trip, and \$500 to the Northeast Kingdom Warriors to go toward the purchase of new uniforms (some players would not have uniforms without this grant.)

The Cabot Community Association is seeking community members who are interested in serving on the Community Fund Committee. If you are interested, please call 802-563-3338 or email debraleezimm@gmail.com. Also, anyone interested in applying for a Cabot Community Fund grant please contact debraleezimm@gmail.com, or leave a message at the Cabot Community Association Office, 563-3338.

CABOT AGRICULTURAL NETWORK COMMITTEE

The CCA Agriculture Network Committee has been busy organizing summer youth programs and building connections with Cabot School. One of the programs that will be offered this June is the Dairy Goat Group at Long Field Farm, at the intersection of Houghton Hill and Coits Pond Road. The program is for youth ages 8 to 12, from 10:30 a.m. to 1:30 p.m., on June 27. Participants are asked to bring a bag lunch. Contact Lynn Rockwell At 563-2999 to register. The rice growing project will also be offered this year. For more information please contact the Cabot Community Association at 563-3338 or email debraleezimm@gmail.com.

adventures in Washington, DC, fuel a sense of purpose and exploration that celebrates the mission of Cabot School.

A huge "thanks" to everyone who supported the Class of 2019 fundraising efforts. This trip would not be possible without your generosity.

The Class of 2019 created a blog to share trip highlights. Please check it out!

Class of 2019 Washington, DC Blog:
www.cabotmsvt.wordpress.com.

*Happy
Father's
Day
June 21*



OBITUARIES & MEMORIALS

Charles E. Bickford



Charles Edward Bickford, 80, passed away peacefully, surrounded by family and friends, at his home in Marshfield on Wednesday, May 20, 2015.

Born on August 9, 1934, he was the son of Anson and Geraldine (Noyes) Bickford. Better known as "Charlie," he grew up in Cabot where he worked alongside his father in the trucking industry. He graduated Cabot High School in 1952. Charlie was known for his basketball playing skills.

On August 30, 1953, he married Barbara Lyndes of Marshfield, his high school sweetheart. This union was one that was truly blessed in many ways and lasted until Barbara passed away in 2011 in their 58th year of marriage.

Charlie took over the Lyndes family farm shortly after their marriage, and he ran the farm over the next 38 years. Charlie and Barbara's farm was one of the top award-winning farms in the state of Vermont. Known for their superior herds and milk production, it was Charlie's pride and joy. The farm is the most scenic in the valley, and was the playground of their three children and many grandchildren.

Charlie's next venture was the quarry business that he opened on the family farm. Bickford Quarry serviced many surrounding towns, and furnished materials for many state highways. Many will remember seeing Charlie in his bucket loader.

Edward P. Compo



Edward Payne Compo, 63, died Sunday, April 26, 2015, at The University of Vermont Medical Center in Burlington.

Born on Oct. 19, 1951, in Barre, he was the son of Clarence and Arlene (Payne) Compo. He attended local school and graduated from Spaulding High School in Barre in 1969. He resided in Lower Graniteville for most of his life.

Ed was married to Sherry (Miller) Roberts for five years. They later divorced.

He worked at the Seabrook nuclear plant in Seabrook, NH, Pratt & Whitney in East Hartford, CT, Carpenters Local Union of Burlington, Paine Mountain Farm in Williamstown, and S.D. Ireland in Burlington.

Ed enjoyed playing horseshoes for the Barre Horseshoe League, playing

Edward D. Duprey

Edward D. Duprey, 79, of Pleasant Street in East Hardwick and formerly of Barre, passed away Thursday, April 30, 2015, at his home with his family at his bedside.

Born in Northfield, VT, on March 29, 1936, he was the son of the late Ernest W. and Christie Agnes (Dupree) Duprey.

Edward attended schools in Burlington. He was employed as a stone cutter for many years at the Rock of Ages Corp., up until his retirement.

He was first married to Barbara Wells. They later divorced. On June 27, 1981, he married Kathleen Y. Mathieu in St. Monica Catholic Church in Barre. She passed away on October 26, 1999.

He was a former member of St. Monica Catholic Church of Barre, Barre American Legion Post 10, and the Loyal Order of Moose Barre Lodge 1391 of Williamstown.

Edward enjoyed hunting and especially fishing.

Survivors include one daughter, Pamela Duprey, of East Corinth, VT;

Known for his carpentry skills, Charlie built two houses from the bottom up on the farm and added a huge addition to the barn. His interest in civic matters had him serving on the Twinfield School Board, Winooski Soil Conservation District, Marshfield Volunteer Fire Fighters, and as a Marshfield Selectman. Charlie also spent a period of time as head of maintenance at Twinfield Union School.

His hobbies included drag racing motorcycle riding, deer hunting and improvements to the vista at the farm. Charlie and Barbara spent many winters in Daytona Beach, Florida, where they owned a second home. Daytona was a spot that brought much joy to both of them.

He is survived by his children, Sheryl Moshinskie and her husband, Bob, of Kodak, TN, Larry Bickford and his wife, Amethyst, of Brooklyn, NY, and Dale Bickford and his wife, Julie, of Marshfield; his grandchildren, Eric Moshinskie, Shawn Moshinskie, Stephanie Metcalf, Michelle Moshinskie, Camron Bickford, Christopher Bickford, Jennifer Bickford and Brittany Bickford; 14 great-grandchildren; and his sister, Ester Brown, of Ledyard, CT.

A service of remembrance will be held on Saturday, May 30, 2015, at 1:00 p.m. in the Hooker and Whitcomb Funeral Home, 7 Academy St., Barre. Interment will take place in the Eaton Cemetery in Marshfield. There are no calling hours.

cards, hunting and fishing. Racing snow machines was his real love, and he won his share of trophies to prove it.

He leaves two sons, James Edward Ducey, of Graniteville, and Christopher Compo, of Barre; one grandson, Rielly Compo; two brothers, Douglas Compo, of Williamstown, and Mark Compo, of Orange; six sisters, Sylvia Wescott, of Windsor, CT, Norma Anderson, of Colorado, Susan Dion, of Manchester, NH, Martha Longway, of Essex Junction, Diana Henderson, of Williamstown, and Gail Andrews, of Cabot; as well as many nieces and nephews.

His parents; two brothers-in-law, William Wescott and Ronald Henderson; a sister-in-law, Sandra Compo; and a niece, Dawn Wescott, predeceased him.

His memorial service was held on Thursday, April 30, 2015, in the Hooker and Whitcomb Funeral Home, 7 Academy St., Barre, with interment in the Wilson Cemetery in Websterville.

two sons, Douglas Duprey, of Cabot, and Randy Duprey, of South Barre; as well as 11 grandchildren and two great-grandchildren. He is also survived by one sister, Arlene Lizha, of Southwick, MA, and his caregivers, Linda and Larry Richard, of East Hardwick.

A graveside service was held on Wednesday, May 6, 2015, at the River-view Cemetery in South Royalton, Vermont. Linda Richard, a niece, would like to take this time to thank Caledonia Home Health Care & Hospice and a special thanks to Kristina and Jessica for their excellent care and compassion. Arrangements by Pruneau-Polli Funeral Home, 58 Summer Street, Barre.



ADVICE FROM THE TREE WARDEN

By Roland (Slim) Payne

We planted trees Wednesday, May 20, in the meadow at the picnic shelter on South Walden Road by the Recreation Field. Thank you to the freshman class at Cabot School and Deb Bothfeld for helping with the work.

If anyone is going to pull Bush Honeysuckle, now is the time, while the ground is soft. Just get all the roots you can, because, if you leave some, it will grow again. After you pull it, hang the bush in trees and bushes, with the roots up, so it dries out and dies.

The only good news about the Emerald Ash Borer is that no one has found one in Vermont yet; but they are all around us.

The same thing for Spruce Bud Worms, no outbreaks yet.

Get outside and have some fun, but beware of ticks and mosquitoes and diseases they carry.

Vermont Coverts -
Woodlands For Wildlife NonTimber Forest Products Workshop
June 13, 9:30 a.m. - 1:00 p.m.
909 Bayley Hazen Road, Cabot Plains
Come join Susan Moegenburg, author and UVM Adjunct Professor, on a walk through the woods as you search for and learn about non-timber forest products. Non-timber forest products will include both cultivated and wild edible and medicinal plants. Interested? Email Roland Payne, Jr., at rpay812@gmail.com or call 802-318-5700 for more information on attending.
Fee for workshop is \$15 and registration is required.

Ticks

By Lisa Whitney DVM
Danville Animal Hospital

Did you know that thirteen different species of tick have been reported in Vermont? In good news, there are only two you are likely to encounter here in the NEK. In less good news, they both kindly carry diseases that can be transmitted to us and our dogs. The American Dog Tick carries Rocky Mountain Spotted Fever and some forms of Tularemia. Deer ticks, as most people know, carry Lyme Disease as well as Babesia, Ehrlichia and Anaplasma. While it is difficult to spend time enjoying our beautiful outdoor surroundings in the summer without being exposed to ticks, there are things we can do to help prevent picking them up and exposing ourselves and our dogs to the diseases they carry.

It is recommended that we try to cover as much skin as possible with light colored clothing to make ticks easier to spot. Permethrins are considered the best tick preventative for humans. Of course most of our dogs don't want to get quite so dressed up to go for a walk or a hike. There are, fortunately, lots of options for preventing ticks. There are the topical spot on products like Advantix and Frontline. These are applied on the skin on the back of the dog and work for one month at a time. There are two relatively new oral products: Bravecto and Nexguard. These both prevent fleas and ticks, and work for 3 and 1 month respectively. Finally, there is another relatively new twist on an old concept: the Seresto collar. This isn't your mother's flea and tick collar. Gone are

the days of stink and powdery residue. This collar has the medication imbedded into the collar. It is slowly released on an as needed basis to control fleas and ticks. And to make it really cool, it works for 8 months at a time which is going to cover the average flea and tick season in Vermont (there's a smaller size available for cats as well).

Using topical or oral products for tick prevention is important, but I wouldn't count on any product being perfect. It is important to check yourself and your dog for ticks after any time outside. If you find one, don't panic! You need to use a pair of tweezers to gently grab the tick as close to the surface of the skin and steadily pull. There is NO risk of leaving the head to burrow into the dog. I promise, that is just an old wives tale. People exposed to Lyme will sometimes develop the classic bull's eye lesion at the site of the tick bite. Dogs don't get that (in fact, if you see a lesion like that, it is most likely a black fly bite). They will get some swelling and a scab at the site of the bite.

Lyme disease in dogs can be screened for, treated and even vaccinated against. If you find ticks on your dog regularly, or if you travel south of Northeastern Vermont, you may want to discuss vaccination with your veterinarian. Typical signs of Lyme disease infection in dogs are: high fever, shifting or multiple limb lameness, anorexia and depression. These signs strike suddenly and are often severe. Luckily, canine patients usually respond very well to treatment for Lyme disease. But, with any luck, if you prevent, monitor, remove and vaccinate, your pet will remain tick and Lyme disease free.

COMMUNITY COMMENTARY

To the Editor:

The May 2015 edition of *The Cabot Chronicle* includes a front-page article that states Cabot High School does not contribute to Cabot's sense of community. This article urges Cabot voters to question whether Cabot needs its own high school.

The writer has every right to her opinion. However, *The Cabot Chronicle* has a responsibility to differentiate political opinion from unbiased news and announcements. There was no label on this article to show it was an editorial, a letter to the editor or an op-ed. It is on the front page; that is where newspapers usually print news, not opinion.

This is an excerpt from American Society of Newspaper Editors' (ASNE) Statement of Principles:

ARTICLE V - Impartiality.
To be impartial does not require

the press to be unquestioning or to refrain from editorial expression. Sound practice, however, demands a clear distinction for the reader between news reports and opinion. Articles that contain opinion or personal interpretation should be clearly identified.

Not long ago, after much discussion, Cabot voters decided to keep operating Cabot High School. *The Cabot Chronicle* has the right to oppose that decision, but it must alert readers what it is doing when it urges political change. Advocacy is not front-page news.

Voters of Cabot pay part of the budget of *The Cabot Chronicle* with taxpayer money. Voters have a right to know when a front-page article is a plea to reverse their votes and not news.

Peter Dannenberg
Cabot

The Cabot Chronicle
Oops!
May Article Note:
MISPLACED PLACEMENT - The opinion article, "Sense of Community", was mistakenly run on the front page in the May edition of the Cabot Chronicle. It was incorrectly placed there as an oversight by one of our staff. We do apologize for running an opinion piece in the incorrect area of the paper. It was never our intention to oppose the voters of Cabot in any way. The Cabot Chronicle and its staff take great lengths to keep the paper impartial, unbiased and fair to all our readers. It is always our goal to encourage townspeople to express their opinions on local issues. We are a platform for respectful dialogue, not a soapbox for our own opinions.

Planning Commission Update

By Gary Gulka

The Planning Commission has been meeting regularly, twice a month, with individuals and town organizations to review and improve the content of the working draft of the town's zoning regulations. We have now had four meetings with members of the Zoning Board of Adjustment (ZBA) recently to review the draft and the role proposed for the Development Review Board that would replace the ZBA. It is our hope that we will have another complete draft sometime this summer and begin more formal discussions and hearings at the Planning Commission and Select Board. The Planning Commission meets the first and third Thursdays of the month at 6:30 and welcomes public participation in our continuing discussions of the draft.

The Planning Commission has been working closely with the Select Board in providing comments on the VTel broadband tower application on Thistle Hill Road that has raised many concerns in town, especially for those living close by. Although state law currently preempts local zoning from the decision-making process and places decision-making authority in the hands of the state Public Service Board, our voices can be heard because we have a Town Plan and existing zoning bylaws that address the town's preferences for locating these facilities. These preferences include collocating antennas and other components on existing structures where possible, and setting towers back from property boundaries and away from existing residences. None of these are adequately addressed in the current application, nor were there any communications with the Town prior to filings with the Public Service Board. The Select Board and Planning Commission have offered an invitation to VTel to work with the Town on finding locations that are more in line with these preferences, but so far there has been no response from VTel.



**CONGRATULATIONS
TO ALL THE AREA GRADUATES**

FROM YOUR
STATE REPRESENTATIVE
Kitty Toll

CABOT★DANVILLE★PEACHAM
Committed To Our Communities

Email: kittytoll@live.com ~ 802-684-3671

COMMUNITY CALENDAR

~ JUNE ~

Monday 6/1

Women's Chorus to Hold Guest Night. 6:45 p.m. Central Vermont's women's a cappella chorus, the Barre-Tones, is holding its next guest night. Women of all ages and musical ability are welcome to join. Alumni Hall adjacent to the Barre Auditorium in Barre. Music reading ability is not necessary though good singing voice is required. Contact Susan at 802-498-8545 for additional information. Find your voice with the Barre-Tones!

Wednesday 6/3

Moving into Motherhood 9:30 a.m.-10:00 p.m. Jennifer Auletta, The Family Center Clinical Services Director will hold an Expressive Arts Motherhood Therapy group on June 3, 10, 17, and 24 at Studio Place Arts, 201 North Main Street, Barre. The group meetings will offer postpartum/transition to motherhood. It will combine discussion, art and movement. Call 262-3292 Ext. 135 for more information or to sign up. Sponsored by the Family Center of Washington County, Vermont

Friday 6/5

Village Harmony 7:30 p.m. presents Alumni Ensemble Concert at the Fritz's barn in Marshfield, 693 McCrillis Rd. led by Larry Gordon and Bongani Magatyana. 16 young adult veterans perform traditional music from South Africa, Bulgaria and Corsica, American shape-note songs and Renaissance pieces. Suggested admission \$10.00, \$5.00 students and seniors, younger children FREE.

Saturday 6/6

4th Annual Bowlers Unite for Green Mountain United Way. 1:00 p.m.-3:00 p.m. If you and your friends like to bowl, this is the event for you. Twin City Lanes on the Barre-Montpelier Road in Barre. Come and have a good time and try to win lots of prizes. So get a team of four to five bowlers, must raise minimum of \$50.00 to play. Visit www.gmunitedway.org/bowling-was.shtml for entry form or contact Michael 802-622-8056 for more information.

Friday 6/12

Art and Author Night 6:00 p.m. Art opening: Photography by Terry J. Allen. She began with photojournalism in Asia, covered the wars in Central America during the 1980's, the eve of the 2003 US Invasion of Iraq. Displayed will be photo-quilts in intricate designs. 7:00 p.m. Reading by Viuu Niiler. *Estonia to America: My Town, My Work, My Journey Through Chaotic Time*, by Herbert A. Niiler with his children. His book is about children's remembrances as displaced persons in Europe and as immigrants in America. Viuu is a painter and glass craftsperson working with Chet Cole at Country Glass in Marshfield. Jaquith Public Library, Marshfield.

Saturday 6/13

Coverts Woodlands For Wildlife Non-timber Forest Products Workshop 9:30 a.m.-1:00 p.m. 909 Bayley Hazen Road, Cabot Plains. Come join Susan Moegenburg, author and UVM Adjunct Professor, on a walk through Roland "Slim" Payne's woods, as you search and learn about non-timber forest products, such as both cultivated and wild edible and medicinal plants. Interested? Workshop limited to 15 participants. Preregistration is required. Contact Roland Payne at rpay812@gmail.com or 802-318-5700.

Friday 6/19

Widespread Panic comes to Jay Peak at the Stateside Amphitheatre with special guest Umphrey's McGee. Celebrating their first show in Vermont in close to a decade. Some general admission (lawn seating) tickets available for \$45.00. Also some lodging packages. Doors open 5:00 p.m. Contact www.jaypeakresort.com.

Saturday 6/20

Calling all vendors, musicians, artists and food distributors. The Second Congregational Church in Johnson will be holding three flea markets on June 20-August 1-September 5 from 8:00 a.m.-4:00 p.m. Located at the Lamoille County Field Days Fairgrounds. Need a booth? Register at www.vtfleamarket.com and you can sign up for one or all three dates! Rain or shine! Don't miss out on a great way to reach out to the community, meet new people, promote your products and have fun!!

Sunday 6/21

Hillcrest Nursery in Greensboro. Sunday Picnics starting Father's Day. Take a leisurely walk and select a spot or have us choose one for you. Menu will post each Monday for the following week. Prices will vary. Visit website www.hillcrestnursery.net for menus and prices.

Wednesday 6/24

Folk Dancing with Sue Morris 7:00 p.m. Learn folk dances from around the world. All ages and beginners welcome. Jaquith Public Library, Marshfield

Friday 6/26-Sunday 6/28

Rockfire 2015. RockFire is a unique combination of art, music and fire on a monumental scale, celebrating Central Vermont's colorful granite heritage. Events happen at Millstone Hill's abandoned quarries and granite industry ruins. The centerpiece of the event is Firewalk, a three-mile procession lit by thousands of candles and luminaries with dozens of bonfires, all leading to a variety of fire-lit art installations and six live performance stages. (No children under 10 allowed on the Fire-Walk.). All day and evening. Admission: Concert: adults, \$10; youth age 10-17, \$5; Firewalk: adults, \$20; youth, \$10; combo, adults, \$25; youth, \$12. 59 Little John Road, Websterville. Call for more information 802-479-1000.

Saturday 6/27

Cabot Annual 2015 Town Wide Lawn Sale 9:00 a.m.-3:00 p.m. and Strawberry Social 10:30 a.m.-2:00 p.m. at the Cabot United Church on the Common. Strawberry Shortcake, Ice Cream Sundaes, Grilled hamburgers and hot dogs, cold drinks and more. Download map at <http://www.CabotVermont.org/> or pick up at Cabot Village Store, Harry's Hardware, or Cabot Public Library and look for the signs.

Dairy Goat Program at Long Field Farm, Cabot. 12:30 - 1:30 p.m. Instructors Lynn and Martha Rockwell with first three sessions focusing on kid goats. For up to eight youths, ages 8-12. For registration call Lynn at 563-2999. Bring a bag lunch. Flyers can be picked up at Cabot Public Library. Part of Agricultural Network Youth and 4H programs.

Sunday 6/28

Visual Arts Show and Tell 3:00 p.m. Welcome visual artists and people interested in visual art!! A showing of artists sharing work in progress and talking about art in the Willey Building in Cabot. Fiber and clay, painters, photographers, sculptors, jewelry artists and others from Cabot and surrounding towns. Come join us.

Tuesday 6/30

Project Micro with Janet Schwartz from UVM 7:00 p.m.(this event was rescheduled from May 19) Janet will bring many microscopes. Participants will collect water and leaves, etc., to view. For curious folks of all ages at the Jaquith Public Library in Marshfield.

~ ONGOING ~

Pathfinder Fridays 3:00 p.m.- 5:30 p.m. Cabot Public Library. Role playing

game puts you in the role of a brave adventurer fighting to survive in a world by magic and evil.

Fiddle Lessons-Katie Trautz. Monday afternoons. All levels and abilities, ages 4-100. Old time Irish, New England, Cajun and Swedish styles. For more information katietrautz@yahoo.com or 802 279-2236.

Lego Club at Cabot Public Library, Tuesdays 3:00 p.m.-4:00 p.m. LEGOs provided to build creations of your imagination.

Cabot Community Service Award

In an effort to celebrate the valuable contributions made by many people to our community, the Cabot Select Board and the Cabot School Board are soliciting nominations for the 2015 Cabot Community Service Award. This award will recognize a Cabot resident whose contributions of time, talent, and energy over a number of years have had a significant positive impact on Cabot School and/or the larger Cabot community. Previous recipients of this award have contributed to the strength and vitality of our community in a variety of ways: through planting trees, coaching, mentoring, organizing and helping with community-wide activities, and serving on various boards and committees. Last year's recipient of the Cabot Community Service Award was Andy Luce.

If you know of an individual well-deserving of this award, please send a letter of nomination prior to June 5 that describes his/her contributions, to either the Cabot School Board or the Cabot Select Board at the addresses listed:

Cabot Select Board
Jack Daniels, chair
c/o Town Clerk's Office
Willey Building
Cabot, VT 05647

Cabot School Board
Chris Tormey, chair
c/o Cabot School
25 Common Rd.
Cabot, VT 05647

Creating A Garden: A School and Community Connection

Recently, members of the Cabot Agricultural Network met with Cabot School Food Service Director, Scott St. John. The committee is looking for ways to connect the school with local farmers and gardeners who at times might have extra produce to donate or sell to the school.

During the school year, Scott could use vegetables and fruits for the extensive salad bar and homemade soups, sandwiches, and other entrees served daily. School is dismissed for the Summer break June 15. On June 22, Scott starts working again at school. Through a sponsorship by Hunger Free Vermont, any student under the age of 18 can eat free. Scott prepares and ships breakfasts and lunches to many places.

Over the years, several generous Cabot community members have donated their extra produce for use at the school, and Scott does buy some cafeteria foods locally. So we are looking to further spread the word that your overload of green beans, lettuce, etc. that you can't possibly eat all of, could be put to good

use down at the school. Scott is also interested in buying more local produce if the price fits his budget.

One other idea in place at some schools is the "Grow a Row" project. Any one interested could grow an extra row of vegetables in their garden to donate to the school cafeteria. Sometimes students enjoy doing this in their family gardens.

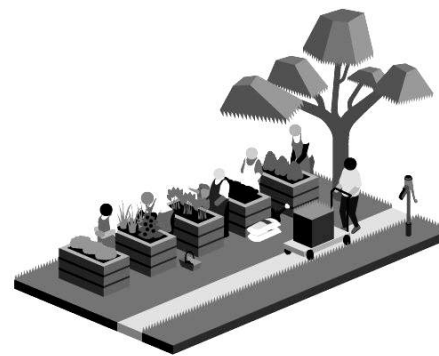
In years past, Richard and Connie Hourihan have worked with Cabot students to harvest

their extra produce for the school and the Food Shelf. Opportunities for students to help harvest produce also would be most welcome.

If you are interested in selling or donating produce to the school,

please contact Scott St. John. During the school year, and from June 22 to July 31, he can be reached at 563-2289, ext. 232 from 6:30 a.m. to 1:00 p.m. He can also be reached at home at 563-2117.

For more information about this project and the Cabot Agriculture Network Committee, contact Debra Zimmerman at debraleezimm@gmail.com or Mary Ann Tormey at makt930@hotmail.com.



FOOD SHARE AND FOOD DROP DATES

CABOT FOOD SHARE
Wednesday,
JUNE 10
Noon-2:00 p.m.

Wednesday,
JUNE 24
Noon-2:00 p.m.

Cabot Masonic Hall
3339 Main Street

FAITH IN ACTION NORTHERN
COMMUNITIES PARTNERSHIP INC.

A Nonsectarian 501c3 ~
Who Is My Neighbor?



Available for Cabot Residents

MARSHFIELD FOOD DROP
Second Saturday of every month.

SATURDAY,
JUNE 13

Food pick up at 8:00 a.m.

Open until food is gone - usually 9:30 am



Onion River Food Shelf
Old Schoolhouse Common
School Street, Marshfield

Contact: Christopher Whalen 426-3122

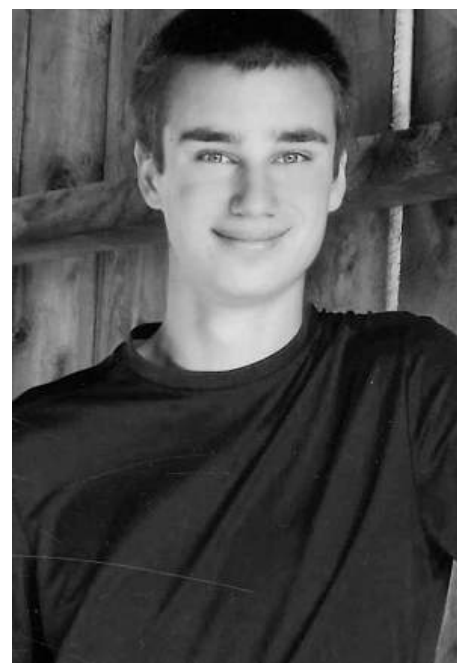
CONGRATULATIONS TO THE GRADUATING CLASS OF 2015



Hannah Barnhart



Rebecca Blaisdell



Kyle Celley



Kayla Churchill

PLANS FOR THE FUTURE

➤ ***Hannah Barnhart***

will be going to Southern Virginia University, where she plans to major in psychology.

➤ ***Rebecca Blaisdell***

will be attending Champlain College, where she will study computer and digital forensics.

➤ ***Kyle Celly***

will attend Vermont Technical College, where he will study electromechanical engineering.

➤ ***Kayla Churchill***

will attend Lyndon State College and major in psychology.

➤ ***Heidi Cookson***

will be attending Gordon College, where she plans to major in business administration and international business.

➤ ***Ginnie Foster***

will be pursuing her Child Development associate degree and seeking work with infants and toddlers.

➤ ***Brittany Houghton***

plans to attend Community College of Vermont in Montpelier next fall. She will be focusing on early childhood education, but taking general requirement classes, as well.

➤ ***Kyler Loveless***

is looking forward to entering the world of work.



Heidi Cookson



Ginnie Foster



Brittany Houghton



Kyler Loveless

Congratulations to the Class of 2015 from



Best wishes to the Graduates of
Cabot High School and Middle School.



CONGRATULATIONS TO THE GRADUATING CLASS OF 2015



Madeline Morse



Ian Nally



Forrest Paquin



Mark Schumacher

PLANS FOR THE FUTURE

➤ *Madeline Morse*

will be spending her next year pursuing art and traveling. She'll also be finding work somewhere, be it at a café or with the CIA.

➤ *Ian Nally*

will enroll in the University of Maine, Machias, where he will pursue a degree in outdoor education.

➤ *Forrest Paquin*

plans to milk cows on his family's farm every day, 365 days a year. He dreams of someday owning and running the family farm with his brother, Gaston.

➤ *Mark Schumacher*

will attend Cornell College, where he will major in biology.

➤ *Gage Sironi*

will attend the University of Vermont, where he will study education and theatre.

➤ *Emma Stecker*

will be attending the University of Vermont this fall to major in nursing.

➤ *Lyrica Stelle*

will be attending St. Lawrence University this fall to study environmental studies.



Gage Sironi



Emma Stecker



Lyrica Stelle

*Congratulations
from the*

**COMMUNITY
INVESTMENT**

**FUND
OF CABOT**

*(formerly the Cabot
UDAG Committee)*

GRADUATION ANNOUNCEMENTS

**EIGHTH GRADE
GRADUATION
THURSDAY**

**JUNE 11, 2015
5:30 P.M. AT CSPAC**

**BACCALAUREATE
CEREMONY**

*SPONSORED BY THE
UNITED CHURCH OF CABOT*

**SUNDAY
JUNE 7, 2015**

**CABOT HIGH SCHOOL
GRADUATION**

**FRIDAY, JUNE 12, 2015
6:00 P.M.
AT SCHOOL GYMNASIUM**

*CIFC scholarship
announcements will
be made at
Cabot
High School
graduation.*



CABOT ANNUAL 2015

YARD SALE
TOWN WIDE LAWN SALE
& STRAWBERRY SOCIALSATURDAY, JUNE 27
9:00 A.M. TO 3:00 P.M. **LAWN SALES ALL OVER CABOT!**Download map at <http://www.CabotVermont.org/>,
pick up at Cabot Village Store, Harry's Hardware,
or Cabot Public Library, and look for the signs

STRAWBERRY SOCIAL

at Cabot United Church On the Common

10:30 A.M.
TO 2:00 P.M.Strawberry Shortcake, Ice Cream Sundaes,
Grilled hamburgers and hot dogs, Cold drinks and more!*Get off your feet and refuel for lawn sale-ing*CABOT TOWN WIDE
LAWN SALE

Sponsored by Cabot United Church

9:00 a.m. to 3:00 p.m.

SATURDAY, JUNE 27, 2015

Your place or on the CommonAdvertising & your location marked on map:
\$5 for the Common
\$10 for your location\$5 or \$10 contribution is used for cooperative event advertising:
Ad in Hardwick Gazette
Cabot Chronicle cover banner
Posters on community bulletin boards
Plus notices sent to media outlets around the areaAdditional paid advertising dependent on number of registrants:
Times Argus and Caledonian Record, if enough contributorsIf you provide your email address,
we will email you electronic versions of poster, map and event signs
to share with friends, family, and your own posting locationsMaps available sale day at locations all over town
& www.CabotVermont.orgFill out reservation form and send \$5 or \$10 by June 15
to advertise your location on the lawn sale map.
Info and reservation form at www.CabotVermont.org.
Email lindseyperry40@gmail.com or call 535-6044.
Or fill out reservation form below:

TOWN WIDE LAWN SALE SATURDAY, JUNE 27, 2015

Information to provide on map (print clearly):

Name _____

Your Sale Location _____

Or ☐ On the Common _____

Phone (will not be posted) _____

Types of items for sale: _____

Print Email address: _____

☐ \$5 enclosed for the Common ☐ \$10 enclosed for my addressDrop form and check at Cabot United Church,
Town Clerk's Office or Cabot Library, or mail to:
Town Wide Lawn Sale, P.O. Box 127, Cabot, VT 05647
by above deadlinesEARLY
CHILDHOOD
NATURE
CAMP*Nurturing a Sense of Wonder*
Day Camp for children ages 4-7Outdoor Nature Based Curriculum
Hands On Education
Science Inquiry & Math

Cost: \$200

Snack and Lunch Provided

June 22-26, 2015

9:00 - 3:00

Cabot, VT

To register contact:

Lynn Talamini (ltalamini@cabotschool.org)
or Cecilia Gulka (cgulka@fairpoint.net) by June 5thSYLVAN
TREE
CARETRIMMING
for health, beauty, and safetyREMOVALS
of dangerous or unwanted treesAFFORDABLE PRICES
with payment plans available

Fully Insured Certified Arborist

Trees need tending. SylvanTreeCare.com
802-279-7818 Serving Central Vermont.Summer Camps with the
Cabot Recreational Committee

By Michelle Delaney



This summer, the Cabot Recreational Committee will have soccer, lacrosse, mountain biking, basketball, and hip hop half day camps. The cost is \$60 per week, \$40 for the second child, and \$30 for the third child in the same family, with a \$130 cap per family. Scholarships are available and everyone is encouraged to participate. The morning camps will start with breakfast at 8:00 a.m. in the Cabot School Cafeteria and end with a lunch from 11:30 to 12:00 noon. Second half of the day camps will begin with lunch at noon in the cafeteria and end at 4:00 p.m., either in the school gym or the Cabot Town Recreational Field. Registrations for camps can be found at <http://goo.gl/forms/8OxWxPa7aU>. Return payments made to the town of Cabot to the Town Clerk's Office at P.O. Box 36, 3084 Main Street, Cabot, VT 05647. Please register for the camps four weeks prior to the camp so we can prepare properly. For questions, contact Michelle Delaney at mpsoccer2@aol.com.

June 22-26: Soccer Camp led by Michelle Delaney. The camp is from 8:00 a.m.-12:00 noon for ages 6 to 12, beginning and ending in the school cafeteria, and at the Cabot Recreational Field in between meals. Michelle has 25 years of soccer coaching experience and has played soccer for 33 years. She was All Conference at Johnson State College, and a Soccer Scholar All American. She founded and coaches for the Northeast Kingdom Warrior Soccer Club and coaches the Cabot varsity girls soccer team. She plays for the NEK Warriors women's team.

June 22-26th: Mountain Bike Camp led by Mark Bromley, Kathleen Hoyne, and Jon Vara. The bike camp begins at noon and ends at 4:00 p.m., is for ages 10 to 16, and begins in the cafeteria and ends in the gym parking lot. Mark is the leader of the Cabot Roamers. Kathleen has been the Coordinator of the Cabot Connects Mentoring program for nine years. She has worked for Bike Vermont as a trip leader for three summers. Jon is a recreational cyclist and a UBI-trained bike mechanic. He has led many bike tours for the Woodstock-based company Discovery Bicycle Tours, formerly Bike Vermont. The Cabot Roamers have some mountain bikes available for use.

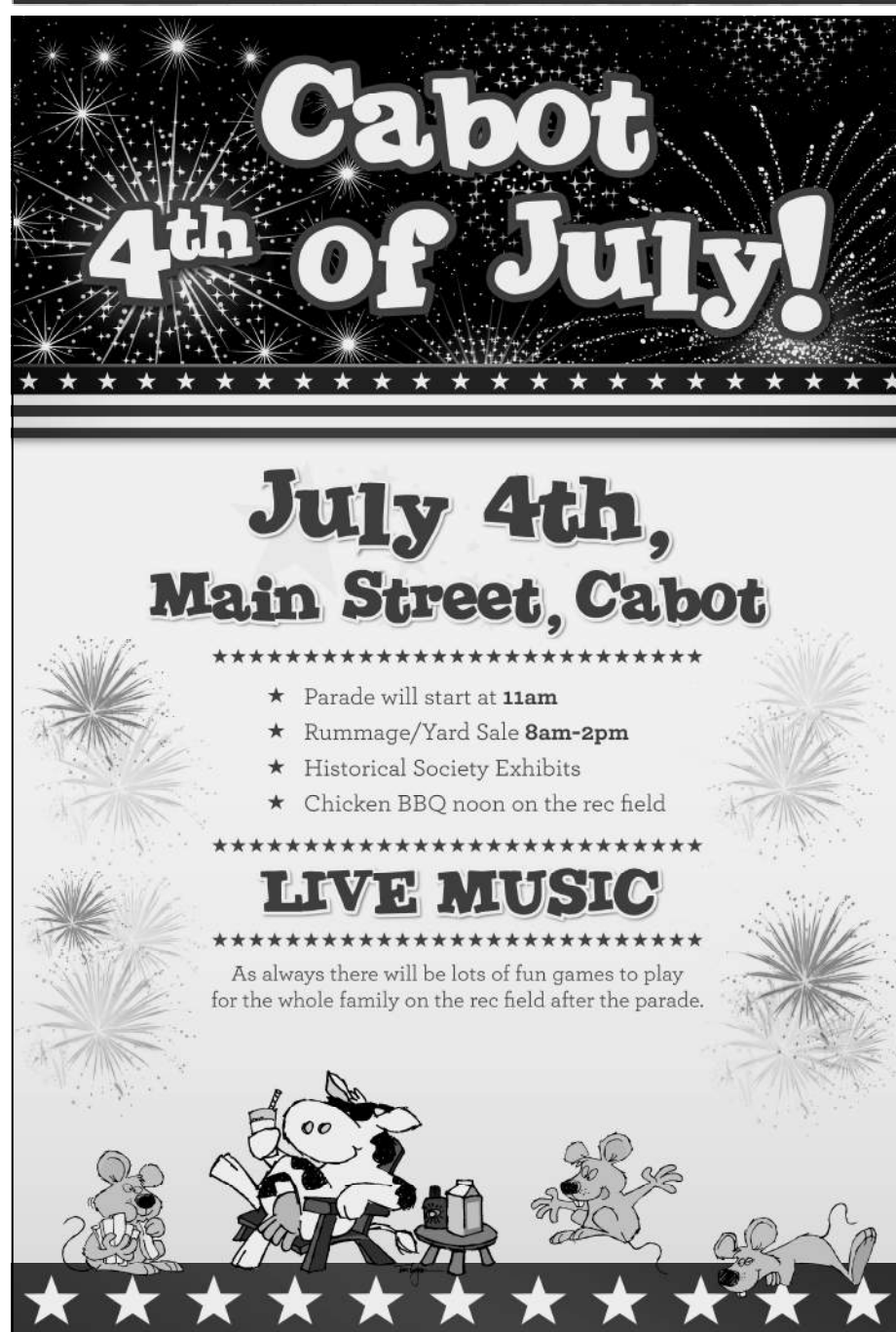
June 29-July 3: Lacrosse with Aaron Fuller from 8:00 a.m. to 12:00 noon for ages 10 to 16, beginning and ending in the Cabot School Cafeteria, and at the Cabot Recreational Field in between meals. Aaron has coached at MHS for two years and at the youth level for three years. He is a former Vermont All Star, who played at Johnson State. He currently plays with the club team Machine.

June 29 -July 3: Hip Hop Dance with Gala Morse from noon to 4:00 p.m. for ages 8 to 12, beginning in the Cabot School cafeteria and ending in the gym. Gala is a junior at Cabot High School with 13 years of dance experience.

July 13-17: Basketball with Mike Jarvis and Dave Creighton. 8:00 a.m. to 12:00 noon for ages 6-10, and noon to 4:00 p.m. is for ages 11-14. This camp will be in the Cabot School Gym with breakfast and lunch available in the cafeteria. Mike has 10 years of coaching experience in Barre Youth Basketball and AAU and Dave has 20 years of basketball coaching experience with everything from elementary to high school, AAU and All Star teams.



12th Annual Manifestivus
2015
234 Pransky Road, Cabot
VERMONT
★ The Manifestivus welcomes back ★
The Original Toubab Krewe (O.G.T.K.)
★ July 17-19, 2015 ★ and much more...
text 'Manifestivus' to 55678 to join our Fan Base!
www.manifestivus.com



Cabot 4th of July!

**July 4th,
Main Street, Cabot**

- ★ Parade will start at 11am
- ★ Rummage/Yard Sale 8am-2pm
- ★ Historical Society Exhibits
- ★ Chicken BBQ noon on the rec field

LIVE MUSIC

As always there will be lots of fun games to play for the whole family on the rec field after the parade.




CAMP LAUGHING TURTLE
234 Pransky Road,
Cabot, Vermont 05647
(802)563-2730
www.camploughingturtle.com

AT CAMP LAUGHING TURTLE

We have a strong tradition of learning to live in health, harmony and respect in every part of our lives.

Our first priority is having fun together while learning to take personal responsibility for our choices.

Our goal is to develop caring, connected and capable young people who share a strong and abiding commitment to themselves, their community, and the natural environment.

Our staff is variously gifted in music, drama, creative arts, outdoor living, hiking, sports, backpacking, outdoor carpentry, gardening and leadership skills. They reflect the values we most appreciate and share a commitment to providing positive and healthy learning experiences which foster creativity and promote feelings of independence and self-esteem.

At camp we help kids understand that they are special and that summer is about the fun they create as they find new friends and face new challenges.



CAMP WEEKS:
June 15th through August 21st
8:30 a.m. to 4:00 p.m.
Care is available from 7:30 a.m. to 5:00 p.m.
DAILY TRANSPORTATION
AVAILABLE FROM ST. JOHNSBURY
(bus pick-ups possible in Danville and Walden)

RATES:
\$185 per week
which includes a fee of \$2 per day for the bus.

Grant slots available to all families who qualify for Vermont Childcare Subsidy with no copay.
Applications can be made to
Washington County Parent Child Center
Childcare Eligibility Specialist
(Don't hesitate to ask about a payment arrangement that would be suitable for you and your family.)

For more information, Call Judy at
(802)563-2730
or visit the website.
To register online,
www.camploughingturtle.com

TWIN VALLEY SENIOR CENTER



Twin Valley Seniors, Inc.

4583 U.S. Route 2
P.O. Box 152
East Montpelier, VT 05651

By Rita Copeland

Tai Chi Classes - Starting with June 8, TVSC will be hosting evening Tai Chi classes open to all. These classes will be twice weekly (Monday & Wednesday) from 5:30 to 6:30 p.m. We will have a donation container for anyone who would like to donate toward the cost of the overhead. Please call 223-3322 to sign up for these classes. Comfortable clothing and shoes are advised.

TVSC is still waiting to hear from people interested in the Personal Protection & Self Defense Workshop. The course is \$40.00. This four-week course

will give the “real-world options” for personal safety. The focus is on staying safe no matter the situation or location. The course includes how to avoid potentially violent confrontations, how to identify safe havens, methods for de-escalating verbal aggressors, family safety at home, travel safety, and proven physical techniques to stop attacks. The instructor, Dr. Mark Kaufman, has 54 years martial arts experience and has taught this constantly updated course for over 20 years to community groups across the country. All you need to bring is comfortable clothing and a smile on your face. Please contact 223-3322 if you are interested in this class.

On Saturday, June 20 TVSC is holding a Flea Market from 9:00 a.m.-3:00 p.m. We will be renting space with a six-foot folding table for \$25.00. The location is excellent and we encourage all to take advantage of this opportunity to sell your treasures. If you would like to rent a table for this event, please contact 223-3322 to reserve your spot and table. TVSC will also be accepting donations of items to sell at this event for fundraising.



PLANTING A GARDEN?

Consider planting a row for the Cabot Christmas Dinner

Last year, many people donated items from their own vegetable gardens for the Community Christmas Dinner organized by the Ducharmes and friends at the school dining facility. Please consider thinking ahead and planting something extra in your garden to contribute to the local mix, such as -

Potatoes, Carrots, Onions, Squash, Sweet Potatoes, Beets, Cabbage



Kingdom Animal Shelter

By Helen Morrisson



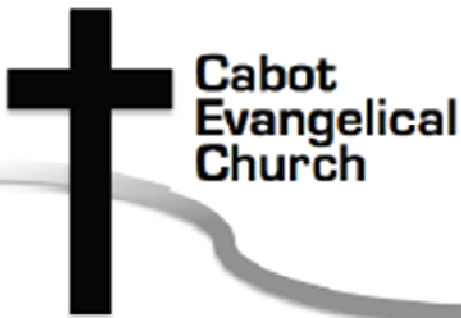
Persephone is a very sweet girl. She loves people. Persephone would prefer a home where she is only the pet, so she can be spoiled all by herself. Persephone is very playful and loves to play with feather toys. If you would like to meet Persephone, stop by at Kingdom Animal Shelter, 1664 Memorial Drive in St. Johnsbury, Mondays through Thursdays, 4-6:00 p.m., Fridays and Saturdays noon to 3:00 p.m.



For Weekly Articles on Cabot, Marshfield, Calais, Walden and Twinfield, Cabot and Walden Schools

Follow
Will Walters
in
THE **Hardwick Gazette** Since 1889

You are invited to visit...



Cabot Evangelical Church

Meeting on Sunday Mornings at 10:00
Willey Building—Second Floor Meeting Room
Main Street—Cabot

For more information contact
Ed Lewis—802-272-8721

FROM THE CABOT PUBLIC LIBRARY

2015 Cabot Public Library's Summer Reading Program

This summer's theme is ***Every Hero Has a Story***.

All programs are free and open to children and adults of all abilities. Sign up for the summer reading program as soon as school is out and win prizes and t-shirts! The Thousand Page Club continues. Middle school students may pick up their summer books at the library.

Evening Programs: (Days and times vary.)



Tuesday, June 23rd – 6:00 pm – Every Hero Has a Story Kickoff!

Pizza and root-beer floats for everyone! Sign up for the Summer Reading Program and there will be a variety of outdoor games, weather permitting, and indoor games, if the weather is rainy. Outside we'll have hopscotch, bubbles, tie-dye, Frisbee, kick the can and more. Inside there will be a wide array of board games.



Tuesday, June 30th – 6:30 pm - Ericc Cram - Tell Your Own Story with Comics!

Ericc provides a simple and accessible formula for young people to make their own comic books. First a series of drawing lessons, using lines and shapes to create basic figures. Then a brief discussion on how comics are made and what makes them a special art form. We'll produce comic books of our own – the possibilities are endless. We'll supply all materials necessary, but if you have your own favorite markers, bring them.



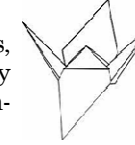
Tuesday, July 7th – 6:30pm - The Traveling Storyteller & Co.

Nanuk's Arctic Adventure – Nanuk the little polar bear and his Arctic friends enjoy a peaceful life together full of games and jokes, until one day an Inuit boy named Nukak comes near their home to hunt. The animals must join together to save the life of one of their animal friends. But in the end they save Nukak.



Tuesday, July 14th -6:00pm - Be a Hero of Happiness

In this origami workshop with Gail Martin, we will make flowers, cranes and other items that make great gifts for friends and family members who could use a smile. Do you know a community member who needs cheering up? We can make a whole bunch of flowers!



Tuesday, July 21st – 7:00pm - Bramblewood
Carol Hausner, Danny Coane & Colin McCaffrey



Hailing from Central Vermont, BRAMBLEWOOD is a dynamic trio playing acoustic bluegrass, folk and country music, both old and new, along with award-winning originals. Comprised of three of Vermont's seasoned and critically acclaimed Americana roots musicians, they blend strong heartfelt singing, close-knit harmonies and outstanding musicianship on a variety of instruments.

Local heroes from the Kingdom Animal Shelter, will explain their work and mission to the audience before the show.

2015 Cabot Public Library's Story Hour Programs

All programs are on Tuesdays and start at 10:30 am.



June 23rd – Rescue Heroes!

We will visit Cabot's Fire Truck and Ambulance and read about how emergency workers use their specialized training, equipment and the latest technology to rescue victims of accidents or disasters.

June 30th – Superhero Dress Up Day!

Make your own capes and masks and read about some of your favorite superheroes.





July 7th – America's Wilderness Heroes!

John Muir and Teddy Roosevelt - read about the camping trip that changed America and make your own bird feeder to take home.

June 14th – Animal Heroes!

Read inspiring true rescue stories of courage and heart from the animal kingdom.





July 21st – Teachers are Heroes!

We'll read about how teachers are heroes and celebrate the Summer Reading Program with treats and prizes!

Cabot Student Activities

By Interim Principal Gail Curtis

Congratulation to Cabot High School students!! It is again, with grade pride, that I have the opportunity of announcing more excellent work by Cabot High School students. The school has heard that all students who were recommended to the Vermont Governor's Institute were accepted. Lauren Bellavance, Ian Lewis, Clementine O'Connor and Abigail Walker were all accepted for the arts, Toby Cooke was accepted for informational technology, Gala Morse was accepted for Entrepreneurship and Isabella McCallum was accepted for Asian Cultures. These high performing students deserve our congratulations! The Governor's Institutes of Vermont offers high school students the distinction of becoming a part of accelerated learning while residing on college campuses. These opportunities are for highly-motivated Vermont teens who are willing to spend a part of their summer gaining knowledge in Arts, Engineering, Information Technology and Digital Media, Environmental Science and Technology, Mathematics, Asian Cultures, Current Issues and Youth Activism as well as Entrepreneurship.

Middle school eighth graders have been planning a trip to Washington, DC, all year. They have raised funds and studied our national government.

Peter Stratman and parent chaperones left Tuesday, May 12, and returned on Friday, May 15. We are looking forward to hearing about their experiences and what they have learned.

This is also the window for Science NECAPs for grades 4, 8 and 11. Students will be asked to answer specific questions around science problems. They will also need to do an experiment (inquiry), collect data and answer questions with the information they have gleaned.

The 5/6 grade students will be taking their trip to Boston on Friday, May 29. They will leave at 6:00 a.m. and return around 11:00 p.m. The trip will entail a trip to Quincy Market, as well as other highlights of the city.

We cannot forget our Destination Imagination students who will be traveling to Knoxville, TN, at the university campus. Noah Villeneuve will travel by car with his father and Alec and Brody Moran and Hunter Lubas will be traveling by van with the team manager, Laura Martin and parent/chaperone Jim Lubas. The van's use was donated by Toyota. The van will leave on Monday morning and both groups will return on Memorial Day. The group will stay at LaQuinta Inn in Alcoa, just outside of Knoxville. Cynthia Lubas and Lora Johnson are proud parents who will be rooting for the team from home.

Cabot Girl Scouts

By Cecilia Gulka

Cabot Girl Scouts would like to thank everyone who supported the extremely successful 2015 cookie sale. The sale raised \$1,386.35 to support the Cabot G.S troops and several thousand dollars to support state-wide Girl Scout programs, as well. The girls delivered five cases of cookies to the Cabot food shelf, along with additional food and clothing that they had collected. The girls are using some of their money for a trip to the Jay Peak Water Park, and will be making a donation to the animal shelter, as well. They will also be having a presentation by a female state trooper with the K-9 unit.

Girl Scouting is open to all girls ages from Kindergarten to high school. Cabot currently has active troops for girls in grades K-4. Information about programs for older girls, summer camps and state wide activities can be found online at: www.girlscoutsgwm.org.

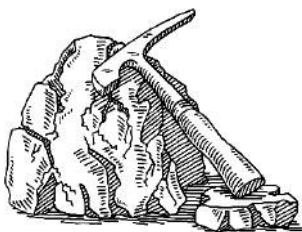


Geology and Groundwater Mapping Project

By Marjorie Gale, State Geologist.

This summer, you may see a small group of people digging auger holes or cutting into sand banks. Some of you may be contacted by this group, who will ask to look at the surficial materials on your property. The surficial materials are deposits left behind by glaciers and glacial meltwater thousands of years ago during glacial advance and retreat.

The Vermont Geological Survey and their university partners are mapping the glacial deposits which are preserved as the unconsolidated materials that overlie bedrock. With this information and water well log data, they can learn about the glacial history and landscape of Vermont, plus create maps that identify groundwater recharge areas, depth to bedrock, potential low yield areas and favorable areas for higher yield wells. The maps help towns and landowners plan for future



water supplies. The study is being funded primarily from a federal grant and encompasses parts of the Towns of Cabot, Woodbury, Hardwick and Walden on the Cabot quadrangle.

Town groundwater resource and geologic mapping projects from previous years may be viewed at the Vermont Geological Survey web site at: <http://www.anr.state.vt.us/dec/geo/GwaterTownIndex.htm>.

The scientists are required to have landowner permission to access the property, but otherwise they are unobtrusive and may only need to spend an hour or so walking the land. They appreciate volunteer help and any guidance landowners can offer about prime sand pit or sand bank locations. The study will start in July and run through May 2016. For more information, please contact Marjorie Gale, Vermont State Geologist, at 802-522-5210 or Marjorie.gale@state.vt.us.

Agricultural Network Youth and 4H Programs

By Niels Larsen

The 2015 season opened with a "Start your Garden" four-session program offered by Irene Harvey at hers and Frank Kampf's sustainably-integrated farm. A total of five children took part. In addition to learning how to prepare soil for seeding and planting, they got their hands dirty putting the seeds in the ground and into starter containers for indoor/greenhouse growth. They were given seeds and plants to bring home for their own garden plots. As a bonus, they experienced the arrival of 60 chicks and had a chance to scratch a couple of calves behind the ears. Thanks to Irene and Frank for providing this wonderful experience.

Sjon Welters will again offer an introduction to growing rice in Cabot. The dates need to adapt to stages of growth and development, as planting and harvesting depend largely on the weather. Anyone interested in getting first hand exposure to growing rice should keep an eye on Front Porch Forum or call Sjon (563-2172) any time for questions, seeds or to have a look at the paddies.

Lynn and Martha Rockwell will again offer a Dairy Goat program at Long Field Farm, with the first of three sessions focusing on kid goats starting on June 27, 12:30-1:30 p.m. for up to eight youth ages 8-12. Bring a bag lunch. Flyers can be picked up at the library, the school office, the Village Store and Harry's Hardware. For registration and information call Lynn at 563-2999.

Karen Mueller-Harder will offer a two-hour introduction to horses and horse care in September, with the possibility of additional sessions, should there be interest.

Rhonda Goodrich has offered to have children come to her farm to learn about

how to care for calves. For information, contact her at 563-2413 or by email at mollybrookfarm@gmail.com.

Brad Alexander will again offer a one session woodworking class after the New Year.

Amber Bothfeld will lead a 4H Cloverbud group for 5-7 year old children this fall and intends to guide 4H efforts in Cabot when her children reach the 8-18 year old age groups.

Niels Larsen will be relinquishing his role as coordinator of this initiative in mid-June. The Agricultural Network Committee is, therefore, looking for someone with an interest in fostering interaction between school age youth, Cabot's farmers and others working the land to join the Committee to carry this program forward. Ideally, the individual should be well connected with both the Cabot School and the home schooling communities. The role involves being the contact with the UVM Extension Service staff in Berlin when assistance is needed, writing the occasional article for *The Cabot Chronicle*, finding individuals willing to offer a program, publicize them in the Chronicle, FPF and distribute flyers. Some help is available from Debra Zimmerman at the Cabot Community Association. From time to time, other members of the Cabot Agricultural Network and the CCA may also be available to assist. For now, Sjon Welters makes up the flyers for our shorter duration, more informal programs, and the Extension Service will help when asked with the more traditional 4H programs. Please let Niels Larsen (563-2062/nolarsen@aol.com) or Sjon Welters (563-2462/swelters@gmail.com) know if you are interested in contributing to this worthwhile community enrichment program.



CABOT SCHOOL SUMMER LUNCH PROGRAM

With school almost out, its time to think of all the kids that go without eating.

Starting June 22 and continuing through July 31, Cabot School will run a breakfast and lunch program for kids under the age of 18.

Breakfast will be 8:00 to 9.30 a.m., and lunch will be 11:00 a.m. to 12:30 p.m.,

Monday through Friday, so stop in and get a great nutritional meal.

Many activities throughout the week and month ~ come and get involved.

See schedule of summer activities

Sponsored by Cabot Recreation Committee on page 8

Scott St. John, Cabot School Food Director, 802-563-2289



CABOT PTSO RUMMAGE SALE OPENS 7:30 A.M. JULY 4

~~~ DONATIONS NEEDED ~~~

Cabot PTSO is looking for donations of clothing, housewares and typical yard sale items for the Fourth of July rummage sale. Volunteers will be at Cabot School Gym to receive donations from:

**July 1 - July 3, 9:00 a.m. to 3:00 p.m.**

For questions, please call Mary Carpenter at 563-9965.

**Cannot accept electronics or exercise equipment.**

**Please call if you can help sort on July 1, 2 or 3 Or help pack up on July 5**

Rummage sale proceeds benefit Cabot PTSO programs.

**Your support is appreciated.**

# LOCAL DIRECTORY

ACCOUNTING & FINANCIAL

 **HAZEL M. GREAVES**  
Income Tax & Bookkeeping Services  
E-Filing Returns/Prompt Refunds  
27 Dow Drive-Walden  
E. Hardwick, VT 05836  
Telephone (802) 563-2332  
Fax (802) 563-2601

2/15

**M. STUART & ASSOCIATES, INC.**  
DENISE STUART~MICHAEL STUART, CPA

Certified Public Accountant  
and Business Consultants  
156 Daniels Road, PO Box 908  
Hardwick, VT 05843  
802-472-6192  
denise@mstuartassociates.com  
michael@mstuartassociates.com

8/14

CONTRACTORS

 **Country Floors**  
"Our Goal Is 100% Customer Satisfaction"  
471 Hollister Hill, Plainfield, Vermont  
Mon-Fri 8 a.m.-5 p.m. ~ Sat 9 a.m.- noon  
Or by appointment (802) 454-7301

2/15

 **DUNHAM BROTHERS PAINTING Inc.**  
Wall Covering & Painting Contractors  
Damien Dunham  
Office : (802) 426-4077  
Fax: (802) 426-4037

P

 **Green Mountain Eco Floors**  
Quality · Affordable Local  
Dustless Sanding Refinishing  
Natural Finishes  
Prefinished/Unfinished  
Oliver Flooring Sales Installations  
Cyrus Walters Free Estimates Pond  
802-595-5049 KeepVermontGreener.com

9/13

FARM & GARDEN

 **Amanda's GREENHOUSE**  
Gift Certificates Available  
Perennials, Flower and Vegetable Plants  
Rt. 215, Cabot --- 426-3783

C

FARM & GARDEN

 **BRUNELLE FARMS**  
Dutton Brook Road, Brownington, VT  
Non-Certified Organic hay \$3.50/bail  
Delivery Available  
(802)426-3783 or  
abrunellefarm@hotmail.com

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HEALTH & WELLNESS

**Hardwick Chiropractic**  
Gentle, Effective Health Care  
Dr. Grace Johnstone ~ Dr. Rick Eschholz  
Dr. Allison Bogan  
54 School Circle, East Hardwick, VT  
hardwickchiropractic.com  
472-3033

P

LOCAL RETAIL

**RHAPSODY Local Organic**  
(802)563-2172  
www.rhapsodynaturalfoods.com  
Tempeh BBQ & Teryaki & Eggrolls  
Now Available at the Cabot Store!  
www.rhapsodynaturalfoods.com

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**GOODRICH'S Maple Farm**  
2427 US Route 2, Cabot, VT 05647  
802-426-3388  
Maple products-holiday gift baskets,  
sugaring supplies, tanks  
Everything for all your sugaring needs

P

**O'Rourke's Firewood**  
Cut, split and delivered  
to your liking  
Call Mike at 802-498-3368

6/16

SERVICES

**CABOT HEIGHTS PROPERTY MAINTENANCE**  
Plowing and Snow Removal  
Call: 802-563-2397 or 802-274-6646  
Email: [CodlingMB@Fairpoint.net](mailto:CodlingMB@Fairpoint.net)  
www.CabotHeights.com

8/15

 **Cedar Brook Farm**  
Brush Hogging & Cedar Fence Posts  
Wildlife Food Plots  
Large Acreage Rototilling  
Anthony Palmiero ~ 802-274-2955  
East Calais, VT  
ajpalmiero@gmail.com

10/14

SERVICES

 **Hardwick Veterinary Clinic**  
Andrea Gilbert, D.V.M  
64 N. Main St., P.O.Box 760  
Hardwick, Vermont 05843  
(802) 472-8400  
info@hardwickvet.com  
www.hardwickvet.com  
Open Tuesday - Saturday

2/15

**Heating And More LLC**  
Your Efficiency Experts  
Wood, Oil, Propane, Pellets  
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Call:426-HEAT(4328)

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**Masse Poultry Processing**  
Custom Slaughtering . All Types of Poultry  
Cutting Available  
387 Eden Mountain Road,  
Craftsbury, VT 05826 ~ 802 586 2857.

8/14

**Seth's Computer Services**  
\* PC and Mac Repair and Upgrades  
\* Laptop Repair and Upgrades  
\* Wireless Network Installations  
\* PC Spyware and Virus Removal  
WWW.SETHSCOMPUTER.COM  
seth@sethscomputer.com  
802-745-8305

C

**Sunwise Surveying**  
Specializing In Boundary Surveying  
Lisa M. Ginett, RLS & Uriah Paire  
193 McKinstry Rd. Cabot, VT

 **A Stitch in Time**  
PROFESSIONAL SEWING  
35 ELM ST. MONTPELIER, VT  
802-917-3698  
426-3025  
Under New Management!  
Mon12-6, Tues-Fri 10-5:30, Sat by Appt.  
We specialize in lovingly restoring  
& renewing your favorite things  
& creating new things especially for you!  
Mending, altering, custom, & up-cycling  
Prom & Bridal wear ~ Tailoring & home decor  
New, well-loved & vintage clothing

P

SERVICES

 **Eaton Hill UPHOLSTERY**  
Ellen Blachly, Traditional Upholsterer  
Old Schoolhouse Common, Room 8  
122 School Street, Marshfield, VT 05658  
Call or email to discuss your project  
ellie@together.net  
Home: 563-2248 ~ Shop: 595-7146  
All sorts of upholstery problems solved.

4/15

 **Melody Hill Farm**  
Piano Tuning, Repair, Sales & Service  
New ~ Kawai ~ Used  
Graduate North Bennet Street School  
15 Brainerd Street, Danville, VT 05828  
1-802-684-2141  
melodyfarm1@myfairpoint.net  
Owners: Eric Brinkerhoff  
& Pamela Hurst-Brinkerhoff

9/14

 **LLOYD PLUMBING**  
HEATING & GAS SERVICE, LLC  
**PETER LLOYD**  
Plumbing ♦ Gas ♦ Air Conditioning  
Installations & Services  
Master Plumber ~ Gas & Oil Certified  
Fully Insured ~ Free Estimates  
Emergency Calls  
P.O. Box 92, Cabot, VT 05647  
802-426-2092  
lloydplumbheat@gmail.com

5/16

**YOUNG'S**  
Property Maintenance  
Spring Clean-Up  
Painting - Interior & Exterior  
Lawn-mowing - Security Checks  
House Cleaning  
References Available  
802-563-2282 or 802-249-3002  
youngslivestock@yahoo.com

6/16



 **The Cabot Chronicle**  
Business Directory

Put your business here.  
Directory ads are a great value  
\$80 for the year!

 **Twin Valley Seniors, Inc.**  
4583 U.S. Route 2  
East Montpelier  
[TwinValleySeniors@Myfairpoint.net](http://TwinValleySeniors@Myfairpoint.net)  
802-223-3322  
Serving: Cabot, Calais,  
East Montpelier,  
Marshfield, Plainfield  
& Woodbury

**TWIN VALLEY SENIOR CENTER**

- Free Door to Door Transportation
- Free Tax Preparation
- Health Clinics
- Medical Equipment to Borrow
- Monthly Newsletter
- Meals – Every Mon., Wed. & Fri. 9 am-2 pm
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- Exercise-Bone Strengthen & Tai Chi
- Entertainment, Parties and Celebrations
- Volunteer Opportunities
- Donations & Contributions always appreciated
- Gift Certificates
- Dietician-approved Meals on Wheels for homebound & disabled residents. No physician orders needed. Call 223-3322 and ask for Rita.

 **CCA**  
CABOT COMMUNITY ASSOCIATION

P. O. Box 245  
Cabot, VT 05647  
Office located in the Willey Building  
**802-563-3338**  
[Cabot.Development@yahoo.com](mailto:Cabot.Development@yahoo.com)

Office hours: Mondays and Wednesdays, from 9:30 a.m. to 1:30 p.m.  
Drop-in visits to the C.C.A. office at other times  
are welcome whenever someone is there.  
During non-office hours, call ahead to schedule your visit.  
It is the mission of the Cabot Community Association to enhance the quality  
of community life for those visiting, residing, or doing business in Cabot.

CCA Provides administrative and other support services for:  
The Cabot Chronicle  
Cabot Arts  
Cabot Ride the Ridges  
Cabot Community Theater  
Cabot Church Renovation Project  
Northeast Kingdom Warriors Soccer  
Cabot Agricultural Network  
Cabot Community Christmas Dinner  
Cabot Communications Committee

**Board Meeting Dates:**  
June 24, July 22, August 26, September 23,  
October 28, November 18, December 16, 2015;  
January 27, February 24, 2016

Cabot Community Association is a 501 (c) (3) organization, and can assist volunteer  
organizations with their financial management obligations and providing the bene-  
fits of IRS nonprofit certification, which enhances some fundraising initiatives.