



The Cabot Chronicle

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Vol. 8, No. 9

P.O. Box 245, Cabot, Vermont 05647

September 2015

Town Garage Update

On Monday, August 17, 2015, the Selectboard approved and executed a contract with Lajeunesse Construction, Inc., from Barre, Vermont, to construct the new town garage and salt shed. Substantial completion for the project is December 15, 2015, and we hope that the actual construction will be completed by December 1. The one item that will dictate substantial completion---and the item really out of our control due to a four to eight week order time---is the steel building structure that will be ordered right away.

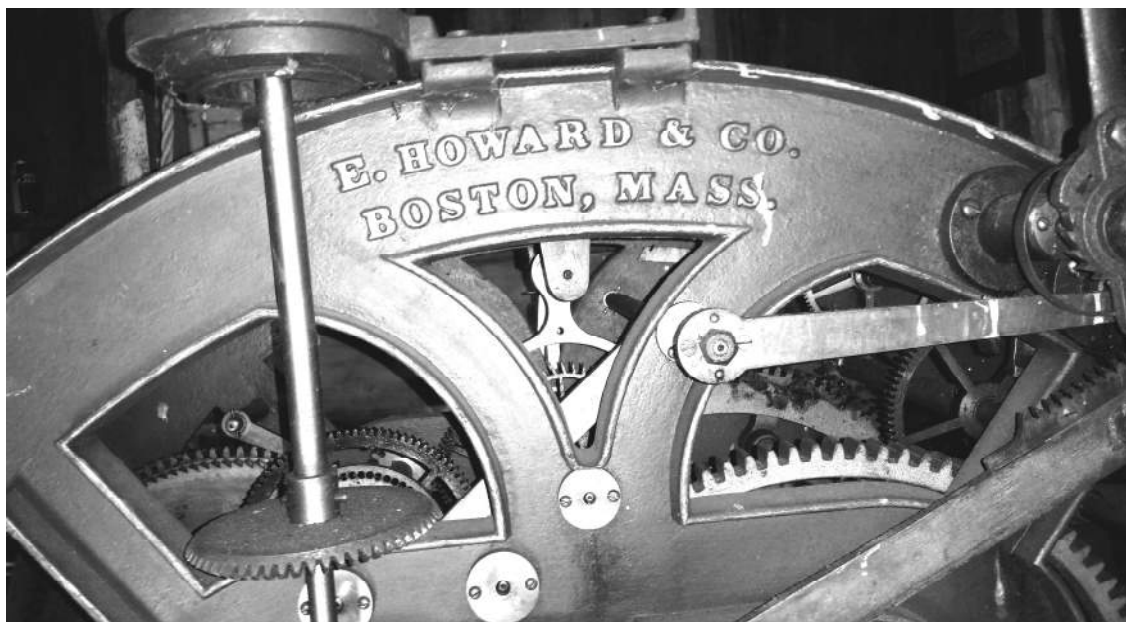
Site work has already begun and the foundation should be completed in September. At the same time that this work is underway, the town road crew will begin relocating the sand pile from the existing garage, as well as bringing in new sand from the pit in Wolcott, and storing it at the new town garage site.

Brad Alexander was hired as the Clerk of the Works for the garage project. Brad will be the Town's representative and will be on-site on a regular basis, looking out for the town's interests. Karen Deasy continues to serve as the Project Architect, and she will work closely with Brad throughout the project.

The contract sum to construct the garage and salt shed, which includes site work, is \$874,918.08. Another \$200,000 has been reserved to tear down the old garage and to re-contour the land where the existing garage is located to mitigate future flooding in this area. Other major costs associated with the project include purchasing the land, legal and other administrative costs. The total project cost is \$1,258,000, with funds coming from the following sources:

- \$700,000 - CDBG-D/R federal grant funds
(see *Town Garage*, page 2)

Cabot Church Restoration Second Fundraiser, More Repairs



Clock mechanism at Cabot Church. The gear mechanism at top drives all four clock faces. Restoration of the clock tower on the church is nearly complete, but funds are still needed -- donations welcome. Photo by Paul Wade.

By Beth Wade

A second concert for the restoration work at the United Church of Cabot will be held on Sunday, September 27, at 3:00 p.m. The benefit concert has been organized by Isaac James and Lynn McKinney, and will feature a tremendous variety of musical talent from all over Vermont, according to James. Last year's concert raised over \$3,000 for the church restoration fund.

Work on the church continues, and funds are badly needed. While the clock and bell towers have had deteriorated wood replaced and have been sealed and painted, and roof repairs have been made and the roof repainted, there appears to be some damage to the building sills.

Repair committee members would like to note that there have been a number of donations of time and materials that show tremendous community support for the project. After the clock face was repaired and repainted, it was apparent that the lighting aimed at the face had not been

functional for some time. Scott Ackermann and Aaron Celley donated electrical work to replace the light fixtures, and Richard Ducharme donated new energy-saving LED lights and mounting materials. Richard Ducharme also corrected drainage issues on the school side of the building and laid a flagstone sidewalk to the kitchen door. Richard Hourihan donated wood for new attic stairs and Ron Bussolotti and Paul Wade donated additional materials and labor. Karen Deasy reviewed bid documents prior to the repairs. There have also been substantial cash donations. The project has benefitted from a \$19,067 grant from the Vermont Division of Historic Preservation, and an original conditions assessment done with assistance from the Preservation Trust of Vermont. Project contractors Headwaters Construction/Dunham Brothers Painting have done additional painting beyond what the current scope of work required, without additional pay.

Committee members would like to greatly thank those mentioned above and also thank James and McKinney for their work in organizing the upcoming concert. Other artists who will be performing are: Diane Huling, piano; Erik Kroncke, bass; Skip Potter, tenor; Mary Jane Austin, piano; Meghan McCormick, soprano, and Heidi Bothfeld-Baxter, flute. There is a suggested donation of \$20 per person, and sponsorships and program listings are being sought. Janet Westervelt, Sandy Atkins and Mary Lou DeLacy are also helping with concert preparations.

Repair committee members say that the sill damage so far found was not mentioned in the conditions assessment, because the assessment was limited to areas of the building that could be seen without dismantling other parts of the structure. Headwaters Construction will remove additional lower woodwork to further inspect the sills. If significant damage is found, further grant funds and funding will need to be sought.

Cabot School Welcomes New Faces

**David Schilling,
Cabot School Principal**

With a fresh, bright coat of paint on our main building, all of us at the Cabot School have been eagerly gearing up for the return of our students. Change is all around us these days. Changing views on education, changing local demographics, state structures that look to change our entire school environment. This change is exciting, nerve-wracking, scary, and potentially overwhelming. Through it all, though, our mission remains the same - to provide the best possible educational experience for our students... all of the time.

I am excited to introduce the Cabot community to some of the great new faces involved in keeping true to that mission.

New to the school but certainly not to the community is Athletic Director Michelle Delaney. Michelle is well-known to Cabot through her work as a fitness coach, recreation department leader and soccer coach. Cabot School is excited to welcome Michelle to the role of Athletic Director, and is looking forward to the multitude of ways in which her passion for sports and fitness, as well as strong attention to organization and detail, will benefit our student athletes.

Leading our 5th and 6th grade classrooms this year are Sarah Adelman and Rebakka Milles. The grades 5 and 6 program has been reformatted to better bridge the gap between Cabot's elementary and middle school programs, and Sarah and Rebakka will be specializing in writing/social studies and math/science respectively. Sarah joins us from Montpelier, where she taught social studies at the Pacem School and before that worked as an educator for the Vermont Historical Society. (see *New Faces*, page 3)

FALL FOLIAGE 2015 CABOT SCHEDULE

~~~~ more activities added daily ~~~~

9:00 a.m.-1:00 p.m. Event Registration, Lunch Tickets, Coffee and Donuts - Willey Building  
9:00 a.m.-3:00 p.m. Dinner tickets - Willey Building Registration Desk  
10:00 a.m. Performance - R.D. & Company  
11:00 a.m. Performance - Lynn & Company - Cabot Church  
10:00 a.m., 1:00 and 2:00 p.m. - Hayride and Photo Ops  
11:30 a.m., 12:30 and 1:00 p.m. Lunch at Cabot Church - Tickets at Vestry or Registration  
1:00 p.m. Tour Cabot by School Bus  
1:00 p.m. Hike Nichols Ledge  
1:30 p.m. The Many Meanings of Maple in Vermont - Cabot Public Library  
4:00 p.m. Hymn Sing at Cabot Church at Cabot Church  
5:00 p.m. and 6:15 p.m. Turkey supper at Cabot Church (takeout available).  
Tickets available at Church Vestry or Registration

## CABOT UNITED CHURCH ANNUAL HARVEST SUPPER AND AUCTION

**THURSDAY, SEPTEMBER 10  
5:30 p.m.**

Beet Hash, Baked Beans, Ham,  
Coleslaw, Rolls, Pie, Drinks  
Auction of vegetables and baked goods

**Adults \$8.00, children \$4.00**



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## REPORT FROM THE LEGISLATURE

By Representative Catherine (Kitty) Toll

An important bill addressing the safety and well-being of children was a priority for many legislators during the 2015 legislative session. Senate bill #9 (Act 60), an act relating to improving Vermont's system for protecting children from abuse and neglect, was signed into law by the Governor on June 15 and became effective on July 1. In the past year, the number of reports of child abuse and neglect has continued to increase and has led to an increase in the number of child safety investigations, as well as to more children placed in the custody of the Department of Children and Families (DCF). There has been an 82% increase in the number of children under 6 who are in DCF custody.

This bill strengthens Vermont's child protection system by clarifying mandated reporting procedures and clarifying the list of professions who qualify as mandated reporters. S.9 was introduced in direct response to the tragic deaths of two Vermont toddlers in 2014 who had been involved with the Department of Children and Families.

Mandatory reporters include but are not limited to individuals employed by a school district or an approved or recognized independent school, medical professionals, child care workers, mental health professionals, probation officers, social workers, police officers, camp owners and administrators/counselors, and members of the clergy. Previously, those reporting abuse or neglect did so by having "a reasonable cause to believe." Act 60 now mandates that those who "reasonably suspects" abuse or neglect must report within 24 hours

directly to the Department of Children and Families, not to a superior or to a law enforcement agency. The individual who suspects abuse or neglect must make the report directly and not simply "cause a report to be made."

Additionally, to better ensure that our laws protect children, the Legislature also revised the law to designate lewd and lascivious conduct with a child as a violent offense for the purpose of bail determination. This change ensures that denial of bail is an option in cases where the defendant is charged with lewd and lascivious acts with a child, the evidence of guilt is great, and the Court finds by clear and convincing evidence that the person's release poses a substantial threat of physical violence to any person and that no conditions of release will reasonably prevent the physical violence. The bill also restricts the Court's ability to order release to the custody of a responsible adult as a pre-trial condition to cases where the defendant is charged with a violent offense.

The protection of all children is by far one of the most important functions of society. To report suspected abuse/neglect, call the abuse hotline at 800-649-5285 or visit the Department of Children and Families website at <http://dcf.vermont.gov/fsd/reporting/mandated>.

I appreciate hearing from you. I can be reached by email: [kittytoll@live.com](mailto:kittytoll@live.com) or by phone at 684-3671. To get more information on the Vermont Legislature, and bills which have been proposed and passed, visit the legislative website: [www.leg.state.vt.us](http://www.leg.state.vt.us).

## Town Garage



(Continued from page 1)

- \$50,000 - Agency of Transportation - State funds - salt shed
- \$400,000 - UDAG Funds (Approved by voters)
- \$100,000 - Town Funds (approved by voters)
- \$8,000 - Town funds - from general operating budget

In summary, we are off to the races, as the project is now officially underway. The cost to the town for this project is \$108,000, with \$100,000 financed

over multiple years so that tax rates will be minimally affected.

Lastly, everyone will be invited to the Open House that will be scheduled at the time the new facility is completed, either in late November or early December. We'll keep you posted. In the interim, thank you for your continued support of this critically important project.

Your Selectboard: Bernie Shatney, Fred Ducharme, Ted Domey, Jeff Gabrielson and Jack Daniels



## ADVICE FROM THE TREE WARDEN

By Roland (Slim) Payne

Now is the time to treat your Bush Honeysuckle, from August 15 to the end of September. Cut the stem 3" to 6" above ground and daub the stump with concentrated Round Up, and it will kill the root. I like to put

food dye in the Round Up so you can tell the one you have treated so you don't waste time doing them twice, as Round Up is clear. I use a one-pint mustard squeeze bottle to apply the Round Up, so I can control how much I put on and also can close the spout so it doesn't leak. If you do this, make sure you mark the container so anyone can tell what is in it, and don't put it where children can get it. I have a small box with cloves, Round Up, hand clippers and a couple rags in it, and I usually have one gallon of water, just in case I come in contact with it.



I have been to the town forest twice in the last week. It doesn't look like anyone has been there for awhile, the road has washed out a little, but not too bad. The road that Mr. Brooks roughed

in will not be completed—EPA will not let him cross the wetlands and the brook. So, that is dead. I don't know what the Select Board will do. I hope they will make the existing road a Class IV road. It is already treated that way, as Cabot has to maintain the culvert at the brook. Signs have been put up by Mr. Brook, I guess to discourage people from going in. I go there, anyway, the town has a deeded right of way. I was in hopes of marking out a trail on the bottom side of the lot, but it's just too hot right now. I am not complaining, we waited all winter for this heat.



E-mail: [inbox@cabotchronicle.org](mailto:inbox@cabotchronicle.org)  
Phone: 802-563-3338

DEADLINE: 15th of the month prior  
Publisher: Cabot Community Assoc.

Coordinator: Jeannie Johnson

Design/Pagination: Todd Jones

Event Calendar: Mary Beth Churchill

Distribution: Lynn Maxfield  
& Betty Boisvert

Send Ads to:  
[ads@cabotchronicle.org](mailto:ads@cabotchronicle.org)

The Cabot Chronicle is distributed the first day of the month and is provided *locally* free of charge.

~ Mission Statement ~

The mission of The Cabot Chronicle is to regularly publish local news for the residents of the Cabot Area. Our purpose is to share information that will help readers become better involved in their Community.

Phone: 802-563-3338 • Email: [inbox@cabotchronicle.org](mailto:inbox@cabotchronicle.org)  
P.O. Box 245, Cabot, Vermont 05647

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**Subscriptions available \$20 per year**

Contact above for more information

## New Faces

(Continued from page 1)

Rebakka has recently earned a Masters degree in science education from Antioch University of New England, and is excited to bring a strong passion for experiential, hands-on learning to Cabot. We are extremely lucky to have two teachers who are so excited about their subject areas join us this year. A modified classroom schedule will ensure time for service and community based learning intertwined with academic lessons.

Claire Greene joins us from Orleans Elementary as our new Guidance Counselor. Before working at Orleans, Claire received a Masters degree in education from Goddard College, and was a well-respected and loved intern at both U32 and Spaulding High Schools. I am tremendously excited about Claire's combination of elementary and secondary experience, as well as her energy, humor and love for working with youth of all ages. Claire spends her summers working at the *Get Thee to the Funnery* theater education camp, and has already formed strong relationships with several Cabot students through that work.

Our high school faculty welcomes Darrin Dezotelle, joining us this year as our new social studies teacher. Darrin comes to us from the Masters in Educa-

tion program at St. Michael's College, and holds a bachelor's of business administration degree from Marymount University in Arlington, Virginia. Darrin's educational mission is to focus on assisting students to become independent learners, contributing members of the community, and responsible global citizens. He is very excited and knowledgeable about history and social studies, and will also be working with elementary students a couple days each week as a math interventionist.

Last but certainly not least, our buildings are in increasingly better shape this year, thanks in part to the addition of Eric Werner to our custodial staff. Eric is a resident of Stannard, and is skilled and knowledgeable beyond belief, not to mention a ridiculously hard worker. Coming to Cabot School from a position as a mechanic at the Cabot Creamery, Eric has tackled several impossible-seeming projects already, and approaches facilities work with the mindset and attitude of a true craftsman.

As I begin my first year as principal, I am thrilled to be joined by these fine professionals and hope you'll join me in welcoming them to Cabot.

Dave  
www.cabotschool.org  
cabotdesignplan.org  
phone: 802.563.2289 x201  
twitter: @cabotschool @dmschilling

## Proper Disposal of Household Hazardous Wastes

By Ben Davis, Cabot/Marshfield representative to Northeast Kingdom Solid Waste Management District

Household Hazardous Waste collection takes place Monday through Friday at the Northeast Kingdom Waste Management District facility in Lyndonville. Please call for an appointment (to be sure an attendant will be present to assist you.) Please note that hazardous items are not collected at the Cabot Depot at this time.

**Materials that are collected in Lyndonville include the following:**

AEROSOLS  
AIR FRESHENERS  
AMMONIA  
ARTS AND CRAFTS SUPPLIES  
BLEACH  
CLEANERS (INCLUDES: DRAIN, OVEN, FLOOR, WINDOW, TOILET, RUG, ETC.) SPOT & STAIN REMOVERS  
DISINFECTANTS  
METAL & FURNITURE POLISH  
MOTHBALLS  
MERCURY THERMOMETERS  
NAIL POLISH & REMOVER  
NI-CD, LITHIUM, MI-MH, AND ANTIFREEZE  
BRAKE FLUID  
CORROSIVES  
CAR WAXES AND CLEANERS  
ENGINE DEGREASERS  
FLUORESCENT LIGHT BULBS  
GASOLINE/DRY GAS  
KEROSENE  
LEAD-ACID CAR BATTERIES  
LIGHTER FLUID  
OIL-BASED PAINT  
LATEX BASED PAINT  
PAINT THINNER  
PROPANE CYLINDERS  
SEALANTS  
STAINS/STRIPPERS  
SWIMMING POOL CHEMICALS  
TRANSMISSION FLUID  
WOOD PRESERVATIVES  
USED MOTOR OIL AND FILTERS  
BUTTON CELL BATTERIES  
ALKALINE BATTERIES (A, AA, AAA, C, D, 9 VOLT)\*

\* Also accepted at Cabot Depot year round

### GARDEN SUPPLIES

CREOSOTE  
DIOXINS  
FERTILIZERS  
FLEA KILLERS  
FUNGICIDES  
HERBICIDES  
INSECT SPRAYS  
MURIATIC ACID  
NO-PEST STRIPS  
PESTICIDES  
RODENT KILLERS

### PLEASE DO NOT BRING:

ASBESTOS  
EXPLOSIVES, INCLUDING GUN POWDER, AMMUNITION  
FLARES  
INFECTIOUS WASTE  
PRESCRIPTION MEDICATION  
RADIOACTIVE WASTE, INCLUDING SMOKE DETECTORS  
UNKNOWN GAS CYLINDERS  
EMPTY CONTAINERS

Call the NEKWMD if you have items you cannot identify or have items not on the list. 626-3532 or 800-734-4602 or www.nekwmd.org.

The Cabot Recycling Depot, located on Sawmill Road in Lower Cabot, is open to the public on Saturday mornings from 8:30 until noon only. To ensure the Depot will accept your recyclables, be sure to get there on time. All recyclables must be clean and dry. No food residues, please.

Please note that the following plastics only are accepted: those labeled with a recycling triangle and having the numbers 1, 2, 3, and 4 only. Plastic bags labeled 2 and 4 only are also accepted. A complete list of what is recyclable is available at the Depot.

Ben Davis  
P.O. Box 8  
Cabot, VT 05647  
802-563-2341 (h),  
802-454-7747 (w)



## OBITUARIES & MEMORIALS

### Francis "Frank" Pastor

Francis J. Pastor of Cabot passed away peacefully at his home, which he built himself, on August 11, 2015 with family present.

Also known as "Bud," he was born on November 22, 1942, to the late Francis and Florence Pastor of Elizabeth, NJ. He was one of five children.

In 1978, he married his love, the late Carol Pastor. Together they had three children.

Quick-witted and ready with a smile, he was up for a talk. The old cooler in the Cabot Village store spent many hours supporting his weight as he rested on it talking the day away. Talking wasn't his only favorite pastime; Dad had a love of farming, cooking, gardening and building. His knowledge was vast in all areas.

### Genevieve M. Piro



Genevieve M. Piro, 85, of Don Camp Drive, passed away peacefully on Thursday, July 30, 2015, at Woodridge Rehabilitation and Health Center in Berlin, Vermont, with her family at her side.

Born in Walden, Vermont, on July 21, 1930, she was the daughter of Harold and Mabel (Barnett) Lamphear. She had 11 brothers and sisters. Jenny attended school in Lower Cabot and Cabot, graduating from Cabot High School.

On Aug. 15, 1953, she married Richard Piro in Cabot. After their marriage, they made their home in Barre for 51 years, moving to South Barre in 2004. After retiring, they spent winters in Florida.

Jenny worked for a short time in St. Johnsbury and Boston, Massachusetts, but was a longtime employee of the former Rock of Ages Capacitor Plant and Sprague Electric in Barre. After Sprague Electric closed, she worked part-time at Berlin Health and Rehabilitation Center.

Jenny was a member of the Montpelier VFW Ladies Auxiliary. She enjoyed reading, sewing, travelling, shopping and spending time with her family. She was a devoted wife, mother, grandmother and great-grandmother who loved her family with all her heart.

### Leon M. Winchester

Leon M. Winchester, 85, passed away peacefully Saturday afternoon, August 22, 2015, at Mayo Healthcare in Northfield, Vermont.

He was born in Richmond, Minnesota, on October 21, 1929, the eldest son of Harry E. and Margaret (Kapsch) Winchester. Leon grew up in South Ryegate, Vermont, attended grade school there and graduated from Wells River High School. He also attended Lyndon State College.

On June 26, 1955, Leon married Joyce Sargent of East Cabot, and they began their married life together in Danville, VT. They recently celebrated their 60th anniversary.

In 1960 Leon and Joyce built a new home in Barre Town, where they raised their family and resided until 2014.

Leon spent his 45-year working career in granite memorial sales, traveling throughout New England selling Barre granite monuments. Leon was a hard worker, skilled do-it-yourselfer, active church and community member, devoted father and grandfather. He was well respected and loved by family, friends and business associates.

Leon is survived by his wife, Joyce, of Northfield; three sons: Karl Winchester and wife, Suzanne, of Grantham, NH;

He is survived by two sisters and a brother from out of state and one sister Jacqueline Griggs of Danville, VT; son Francis Pastor and his wife Rebecca of Hyde Park, VT; daughter Dorothy Hill and her husband Travis of East Hardwick, VT; daughter Amanda Pastor of Portsmouth, NH; and son Scott Pastor of NJ. He also leaves behind four grandsons, Xavier and Lincoln Hill, Mason and Miles Pastor, countless nieces, nephews and cousins. Not to mention the friends he has made over the years. We know he has made a special place in your hearts.

A private burial will be held at a later date. Arrangements are in the care of des Groseilliers Funeral Home, Hardwick.

Survivors include her husband, Richard; a daughter, Pamela Desautels and her husband, Robert, of The Villages, Florida; a son, Rick Piro and his wife, Cyndi, of Colchester; two granddaughters, Cara Beyor and her husband, Avery, of Georgia, Vermont, and Megan Piro and her fiancé, John Penney, of New York, New York; three grandsons, Robert Desautels, of Macon, Georgia, Sean Desautels and his wife, Nadine, of Pittsfield, Massachusetts, and Stephen Piro and his partner, Ashley Cota, of Berlin. She is also survived by her great-grandchildren, Callie and Eva Beyor, Reed and Max Desautels, Tanner Frantz, Patrick Piro and Ryan Parker.

A graveside service and celebration of her life will be held in Hope Cemetery at the convenience of her family. To honor her wishes, there will be no calling hours.

The family wishes to express its sincere thanks to the entire staff at Woodridge for the untiring care and compassion shown to Jenny while she was a patient there.

Contributions in Jenny's memory may be made to the Woodridge Rehabilitation and Health Centers Activity Fund, 142 Woodridge Road, Berlin, VT 05602.

The Hooker and Whitcomb Funeral Home is assisting the family with the arrangements.

James Winchester and wife, Susanne, of Manhasset, NY; Steven Winchester and wife, Hana, of Cincinnati, OH; one daughter-in-law, Karen Winchester, of East Montpelier; one brother, Harry Winchester; two sisters, Anna Su and Mavis Laurie Hagler; 10 grandchildren; and several nieces and nephews.

### ANNOUNCEMENTS FOR



Please send us  
your announcements

- Births
- Weddings
- Memorials

Send to .....

inbox@cabotchronicle.org

## UDAG Town Meeting Grant REQUESTS DUE OCTOBER 1

Applications for Cabot UDAG Community Grants are due by October 1. Mail applications to Cabot UDAG Committee, P. O. Box 125, Cabot, VT 05647. The application form is available on the Town's website: [www.cabotvt.us](http://www.cabotvt.us); click on *Government*, then *UDAG*, then *Town Meeting Grant App*.

The UDAG Plan provides funding to pay community grants approved by Australian ballot at Town Meeting. This money can be granted to any Cabot community organization or Cabot governmental agency for capital projects that meet the goals of the UDAG Plan. Eligible applicants include community groups, non-profits, civic organizations, fraternal organizations, and similarly organized groups in the Town of Cabot, as well as such other committees, agencies, organizations, or commissions that are created by the Town of Cabot or the Cabot School District. Individuals are not eligible to apply for these grants.

Applications will be reviewed at a UDAG meeting, and eligible requests will be available for public review at a warned information meeting. Grant proposals deemed consistent with the UDAG Plan will be voted on by Australian ballot on Town Meeting Day. The submission of the grant proposal to the voters does not constitute an endorsement of any grant proposal by the Committee. Each voter must decide if a particular grant proposal is a worthwhile use of UDAG funds, and cast their vote accordingly.

Grantees are expected to purchase goods and services for their projects from Cabot vendors as far as possible. Grant payments will be made by authorization of the Committee after receipt of dated invoice(s) from grantee showing vendor, vendor address and phone and goods purchased. Neither in-kind donations nor volunteer hours are eligible for reimbursement.

For more information contact a UDAG committee member.



## Kingdom Animal Shelter

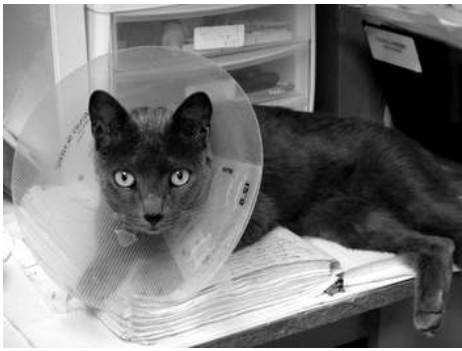
By Helen Morrison

### Creasie

Creasie is a most unusual boy. I don't think I have ever met a more active yet personable cat. He is about three and a half years old. He came to Kingdom Animal Shelter because the young man who owned him could no longer afford to care for him. And Creasie had developed a terrible skin condition. He had been outside with his feral buddies (he is not feral), dumpster diving, roaming around, checking things out. Most of his fur was gone. He had open sores all over, skin that looked like a lizard's with deep bleeding grooves. His belly was bright red and oozing pink lymph. And it turned out he had a staph infection in all that ooze.

And yet, none of this brought him down. We got him to the vet, where he received several courses of antibiotics and several courses of steroids to calm things down. And, as you can see, he has his Elizabethan collar to keep him from "worrying" any of those irritable spots. He is on a special diet, as we think all of this came from food allergies. Creasie's fur has grown back. The sores are gone. His belly has soft grey fur on it. As the vet said, getting him right again was going to take patience.

But Creasie is so totally worth the effort. He loves to be out and about in



the Shelter, going up to various condos and saying Hi to the other cats. He never growls at them or hisses at them, even when they are grumpy back. He is always moving, and so interested in everything. He loves humans, constantly rubbing up against your legs. And when you pet him, he just stretches up on his legs to get even closer to the hand that is petting him. And I can't remember ever seeing a cat that gives such direct yet warm and friendly eye contact.

Creasie is a definite presence, not a being you can ignore. Often, he makes me laugh out loud.

Come and visit Creasie at Kingdom Animal Shelter on Mondays through Thursdays, 4-6:00 p.m., and Saturdays, noon to 3:00 p.m., and every other Sunday, noon-3:00 p.m., beginning August 16. We are at 1664 Memorial Drive in St. Johnsbury.

## Vermont's Northeast Kingdom Annual Fall Foliage Festival September 28 - October 4, 2015

The Northeast Kingdom Fall Foliage Festival brings a piece of "Old Vermont" to life for visitors with local crafts, hymn sings, band concerts, church suppers, historical tours and the most beautiful fall colors you have ever seen. Seven unique festivals are held over seven consecutive days, now over 50 years running. The communities of Walden, Cabot, Plainfield, Peacham, Barnet, Groton and Marshfield invite you to come celebrate rural Vermont in all of its splendor.

### MONDAY, SEPTEMBER 28, WALDEN

Walden's Country Fair begins at 9:00 a.m. with registration, coffee & donuts at the Walden Church in Noyesville. A homemade soup and sandwich lunch will sustain you as you tour through the hills and along roadways not usually seen on travels from here to there. A family style Barbecued Beef Supper will be served with mashed potatoes, veggies, rolls and home-baked pies beginning at 5:30 p.m., \$12. For supper reservations and information, call Judy Clifford (evenings) at 802-563-2777 or 802-793-5011, P.O. Box 54, West Danville, VT 05873. Day of event, call 802-563-2265.

### TUESDAY, SEPTEMBER 29, CABOT

*See inset page 6.*

### WEDNESDAY, SEPTEMBER 30, PLAINFIELD

A full day of activities begins with Coffee Hour at 9:00 a.m. and registration at Grace United Methodist Church. Cafeteria-style luncheon from 11:30 a.m. to 1:00 p.m. for \$5. Barbecued Chicken, Mostaccioli and Baked Bean Supper at 5 and 6:00 p.m. for \$12. For reservations, contact Joanne Martin, 802-454-7301 or Joyce Fowler 802-454-8306.

### THURSDAY, OCTOBER 1, PEACHAM

Welcome to Peacham! Arts and crafts sale, 9:00 a.m. to 3:00 p.m. at the Town Hall. Tickets for lunch, ghost walk and dinner available. Lunch at the Elementary School from 11:00 a.m. until 1:30 p.m. (\$7. Spaghetti supper in the church social hall, seating at 5 and

6:30 p.m. Meat or vegetarian sauce, salad, garlic bread, homemade apple crisp with ice cream, adults \$10, children \$5, under 6 free. Tickets available at the door. Coordinators are Marilyn Magnus 802-592-3320, Sally Goss 802-563-3113, Sharon Fuehrer 802-592-3326.

### FRIDAY, OCTOBER 2, BARNET

Come to the Barnet Center vestry for a pancake breakfast, including Vermont maple syrup and sausage (8-11:00 a.m.). A soup and sandwich lunch is served starting at 11:30 a.m. at the McIndoes Church. A European Coffee Hour will be open from 1 to 4:00 p.m. at the West Barnet church. Enjoy a ham dinner (\$10) at the Barnet Center vestry, starting at 4:00 p.m. and continuing until all are served. For reservations/info, contact Bob at 802-633-2242. On the day of the event, call 802-633-4397.

### SATURDAY OCTOBER 3, GROTON

Join us in Groton for our Festival Day. Start with a Lumberjack Breakfast in the Methodist Church from 8-10:00 a.m. Our annual parade starts at 1:30 p.m. This will be our 60<sup>th</sup> year of serving our World Famous Chicken Pie Supper! Serving times are 4:30, 5:30, 6:30 and 7:30 p.m. Tickets are available at \$10 for adults and \$5 for children under 12. It is seriously recommended that you make reservations ahead of time. Take out dinners also are available. Contact Peter Lyon, 848 West Shore Drive, Groton, VT 05046 (phone 802-584-3020).

### SUNDAY OCTOBER 4, MARSHFIELD

Marshfield Harvest Festival from 1:00 a.m. to 3:00 p.m. Free Family Friendly Activities. "Chili-Cook-Off" 11:00 a.m. - 2:00 p.m. in our "Chili Tent", and then vote for your best tasting chili, and the cook will win a prize. Salads and corn bread will complement the chili. \$8 adults, \$4 children. Barbecue if you don't like chili! Hamburgers from a local farm, hot dogs and veggie burgers will also be for sale. At the Old Schoolhouse Common, 122 School Street, Marshfield. For information call 802-426-3581.

## Agriculture Network Committee Needs You

By Sjon Welters

The Cabot Agriculture Network committee was formed after the Town-wide Meeting held in December of 2012. There, a large group of Cabot residents thought it would be beneficial to start to put more attention to bringing those involved in agriculture together. The goal was to help each other do a better job in all aspects of running a business.

What is it that the committee has done so far? Last year we organized the "Conversations from the Working Landscape" speaker series. This pulled in a variety of people and lead to interesting discussions, and many came away with new ideas, insights, and connections. We were catalysts in getting a youth education program going to get kids

interested in agriculture. The 4-H program got a fresh boost and it looks like we might get our own Cabot group again. We did a survey of Cabot ag businesses and their needs, but want to build further this year on addressing them. We want to strengthen our role within the Cabot Community Association, the Cabot community, and Cabot School. We can reach out more to the Cabot business community to be an effective and useful committee, but we do need more of you to be part of this effort, by bringing your thoughts to our meetings, either in person or by email ([swelters@gmail.com](mailto:swelters@gmail.com)). Or join our committee, we meet third Tuesdays of each month, at 7:00 p.m. in the Willey Building.

## Girl Scout Kick-Off and Registration

By Cecilia Gulka

Come join us at Cabot School on Wednesday, September 16, from 6:30 - 7:30 p.m., as we kick off the 2015-16 Girl Scout Year. We will have fun activities for the girls, registration assistance and information for parents and food for all.

Cabot Girl Scout troops welcome all girls, including homeschoolers and girls from other towns. This year, we hope to have troops for Daisies (grades K -1), Brownies (grades 2 - 3) and Juniors (grades 4-5). Older girls are welcome to join girl scouting as an independent and participate in statewide activities and online.

You can register at any time online at [www.girlscoutsgwm.org](http://www.girlscoutsgwm.org). If you are re-registering, you will need your login and password from last year. If you are new to Girl Scouts, you will be asked to set up an account before you can register. On the 16<sup>th</sup>, we will have laptops available to assist you with this process. The annual registration fee is \$30. Financial assistance is available through the Girl Scouts of the Green & White Mountains.

We need parents to help out with Girl Scouts in Cabot. If you would like to volunteer or have any questions, please contact Cecilia Gulka at 563-2284 or [cgulka@fairpoint.net](mailto:cgulka@fairpoint.net) or Darci Herdling at 917-3882 or [darciherdling@yahoo.com](mailto:darciherdling@yahoo.com).

Come join us September 16 and find out what Girl Scouting is all about!





## Manage Your Fish Pond

### From Vermont Fish & Wildlife Department

Having your own pond full of fish can bring lots of enjoyment. Here are the answers to some of the most commonly asked questions about managing fish ponds.

#### Will fish stocked into my pond survive?

It is important to know the lowest oxygen levels that occur in your pond during the year. This worst case scenario usually occurs in August. In small, shallow ponds of less than an acre, the ponds' water supply is the most reliable source of oxygen. If you have a pond that does not discharge water in August and starts getting shallower, it is also probably low in oxygen and risky to stock with fish.

#### What kind of fish should I put into my pond?

- If a pond rarely exceeds 59 F, brook trout are a good choice.
- If the pond rarely exceeds 69 F, rainbow trout will generally do well.
- If a pond stays in the 70s, only warm-water fish will survive, but these species are **illegal** to stock in Vermont.

When measuring the pond's water warmest temperature, choose a hot August day. Tie a thermometer onto the end of a fishing line, place a bobber six feet above it, and cast it out to the center of the pond. The goal is to test the deeper parts of the water. After a couple of minutes, quickly reel the thermometer in and read the temperature.

#### Where can I get fish to put into my pond?

Only trout are legal to stock in Vermont. If fish are to be purchased out of state, then an importation permit is required, which can be obtained from the department. A list of approved trout sources is available at: [http://www.vtfishandwildlife.com/UserFiles/Servers/Server\\_73079/File/Get%20Involved/Partner%20in%20Conservation/Trout\\_Source\\_List.pdf](http://www.vtfishandwildlife.com/UserFiles/Servers/Server_73079/File/Get%20Involved/Partner%20in%20Conservation/Trout_Source_List.pdf)

#### How many fish should I put into the pond?

The following are some conservative stocking rates:

- If a pond rarely exceeds 59 F, brook trout are a good choice.
- If adult fish are already in the pond, it is recommended to stock the pond with adult fish. Stocking 60 to 200 trout of 7- 10 inches per acre should be adequate.
- If the pond contains no other fish, stocking spring fingerling trout of 2-3 inches is less expensive, and may be stocked at 200 to 400 trout per acre.
- As a compromise stock fall fingerlings at 150 to 300 per acre, which are better at avoiding predation than spring fingerlings, but are more likely to die over the winter than adults.

If you are not sure if conditions are favorable for stocking trout, stock a few and see if it works.

#### Will stocked fish reproduce in my pond?

Trout rarely reproduce in a pond, allowing the pond owner to control of the number and size of fish in the pond. Warm water fish generally reproduce, usually leading to large numbers of small, stunted fish that are not generally suited for fishing or eating, and sometimes even impact swimming.

**Why did my fish die?** Here are some of the most common reasons that stocked fish die:

#### Problems in transport

Fish dying immediately after stocking may have been severely stressed during transport and introduction. The pond's water temperature should not be greater than 10 degrees more than the water in the distribution unit at stocking. For rainbow trout, the pH of the pond water should not be significantly less than the water the fish have been reared in.

#### Oxygen deprivation

The most frequent and devastating fish die-offs occur after several cloudy days with little wind, which results in too little oxygen in the water. If you see fish that appear to be gulping air at the surface, try to get more water to the pond or adding some sort of aeration. Pumping water from the bottom of the pond or spraying water across the surface will help aerate the water. Low oxygen levels can also occur in the winter under the ice, particularly if too much snow covers the ice.

#### Disease

If fish start dying within a few days of being stocked and the number of dead fish keeps increasing daily, it is possible the fish were diseased and the disease is killing them. Contact the hatchery that reared the fish for more information.

#### Predators

If there are constantly a few dead fish over a period of time, it is possible that predators such as herons, ducks, or mink are killing fish. Look for tracks and other signs of these species along the shore. There also are some natural parasites that can exist in fish ponds that can mimic the continuous, gradual die-off caused by predators.

#### How can I stop predators from eating my fish?

Herons, ducks, kingfishers, mink, and otters will eat fish. A nonlethal and inexpensive method to avoid depredation is to string two strands of monofilament fishing line around the perimeter of the pond, at roughly 12 inches and 18 inches above the ground. This will stop many wading birds and ducks from entering the pond. This can also be accomplished with a single strand of electric fence such as the type used to fence cattle. By adjusting the height of electric fence, it can be effective for wading birds and ducks, as well as mink and otter.

#### How can I get fish out of my pond?

Fish can sometimes overpopulate the pond, become stunted in size and a nuisance. Draining the pond, leaving the fish high and dry is one method. However, care must be taken to avoid illegally allowing the fish to escape during the drawdown. Another method is to seine, or net the fish from the pond and dispose of them. Many minnow dealers have seines that can cover ponds a half acre or less, but this generally has to be repeated every few years as not all fish are scooped up.

#### Where can I get more information about pond management?

Google Vermont Fish and Wildlife Department for answers to your questions and to find useful fact sheets and guides.

## 2015 Vermont Coverts Cooperator Training

*COVERT, an English word dating to the 14<sup>th</sup> century, refers to a dense thicket that provides shelter for wildlife.*

The Coverts three-day Woodland Owner Training allows participants to connect with resource professionals and other landowners while learning how to improve their woodland. The fall training is September 11-13 at the Farm and Wilderness Camp, Plymouth, VT. The training is free (a \$100 deposit is required to secure your spot; it is refundable upon completion or can be donated to fund the program). To learn more, see a sample agenda or download an application, visit the website at <http://www.vtcoverts.org/> or call or mail Lisa Sausville at 802-877-2777 or [lisa@vtcoverts.org](mailto:lisa@vtcoverts.org).

Vermont Coverts is dedicated to educating landowners in sound forest management practices and the principles of stewardship for the enhancement of wildlife. The goal is to help woodland owners become aware that sound forest management includes much more than timber, pulp and firewood production. Over the years, Coverts management practices

es have benefited over 200,000 acres of Vermont forests demonstrating that well-planned forest management and the enhancement of wildlife habitat can go hand in hand.

Coverts Cooperators have influenced the management practices on over 200,000 acres of forestland. Here are some of the typical comments from Vermont forestland owners who have worked with or become Vermont Coverts Cooperators:

- "In less than two years after making the small patch cuts, I have noticed an increase in both deer and ruffed grouse on my property."
- "By laying out the logging trails in advance we were able to create a wonderful network for exploring the woods - grandchildren love it."

- "We wanted to work with a forester after talking with Jack (a VT Coverts Cooperator). He really opened our eyes to the many goals that can be reached by a management plan."



## Current Use Notes

### Town of Cabot Board of Listers

Are you a current use land owner in the Town of Cabot? Are you thinking about utilizing the "Easy Out" option for the Current Use Program?

#### The deadline for the application Form CU-312 is October 1, 2015.

If you are, here is the checklist provided by the Vermont Department of Taxes of the commonly missed items needed to submit your application:

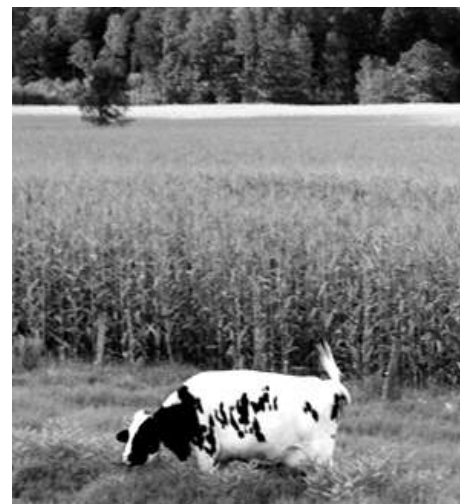
- Did you enclose the \$10.00 recording fee? Checks are made payable to the State of Vermont. Please put "LU Easy Out" in the memo field and the SPAN number of the parcel you are withdrawing.
- Have you included the correct SPAN number on the application? (Question 3 of application)
- Is the lien recording information complete and correct? You need Book, Page and Date of the lien, not the deed. (Question 4 of application)
- Did you sign the application? All landowners must sign.
- Do the maps you provide for the partial discontinuance meet the Current Use Program mapping standards?
- Did you provide three (3) copies of the map?

All information and your application should be mailed to:

Current Use Program  
ATTN: Easy Out  
PO Box 1499  
Montpelier, VT 05601-1499

If you submitted your application and received a letter back requesting more information, you need to provide a copy of the letter with the information you are submitting. The deadline is still 10/1/2015.

If you need assistance with your: **SPAN number(s) or Lien information** – please call the Town Clerk at (802)563-2279. **Maps** – please call Dan Singleton, Washington County Forester at (802)476-0172.



## SELECT BOARD MEETS ON TUESDAYS

Cabot select board meetings, previously first and third Wednesdays each month, are permanently rescheduled to first and third Tuesdays each month, at 7:00 p.m. in the Willey Building, unless an occasional change is posted.

Select board meeting agendas are announced on Front Porch Forum and can be found on the town website, [www.cabotvt.us](http://www.cabotvt.us), (right on the front page), as well as select board meeting minutes (under Government/Publications).



# COMMUNITY CALENDAR

~ SEPTEMBER ~

## Tuesday, 9/1

**Meditation Group** 6:00 p.m.-7:30 p.m. Daria Babbitt has been teaching meditation for over 25 years she will introduce techniques to reduce stress in your lives. There will be time for discussion on healing and inner spiritual growth. Open to all, donations gratefully accepted. Takes place at the Cabot Public library and always the first Tuesday of each month.

## Thursday 9/3

**Tai Chi for Wellness** 5:00 p.m.-6:00 p.m. Thursdays 10 sessions September 3-November 5 Beginner Classes offered by Marsha Kameron. Contact her at marshakameron@gmail.com for information and registration. Class size limited to 15. Cabot Public library.

## Friday, 9/4

**Art and Author Night:** Interior Spaces. 6:00 p.m. Art Opening: Paintings of Diane Fitch. 7:00 p.m. Reading with author, Sheri Olsen. Refreshments will be served. Jaquith Public Library, Marshfield.

## Saturday 9/5

**Mad River Valley Craft Fair** 10:00 a.m.-5:00 p.m. Waitsfield, Kenyon's Field. 45<sup>th</sup> annual fair will host 100 region's top artisans and craftspeople.

**Lamoille Valley Flea Market** 8:00 a.m.- 4:00 p.m. Lamoille County Field Days, 203 Wilson Road, Johnson. Fun for the whole family. Rain or Shine. Vendors of all kinds. Live Auction at noon with viewing to begin at 10:00 a.m. Cash or check payment ONLY.

## Saturday 9/5 - Monday 9/7

**Northfield Labor Day Weekend** this year's theme is MARDI GRAS, Come join the fun. For everyone's safety Please, NO PETS!! [http:// northfieldlaborday.org](http://northfieldlaborday.org).

## Wednesday 9/9

**Classic Film Night** 7:00 p.m. Film scholar Rick Winston introduces the film and follow-up discussion after viewing. A classic 1942 film is set in unoccupied Africa during the early days of World War II. Stars: Humphrey Bogart, Ingrid Bergman, Claude Rains, Paul Henreid, Peter Lorre, Sydney Greenstreet. FREE. Jaquith Public Library, Old Schoolhouse Common, Marshfield.

## Thursday 9/10

**Take a night off from cooking!!** Come to the Annual Harvest Supper and Auction at the United Church of Cabot.5:30 p.m.; Beet Hash, Baked Beans, Ham, Coleslaw, Rolls, Pie, Drinks. Auction of vegetables and baked goods. Adults \$8.00, children \$4.00.

## Friday, 9/11

**A Fleeting Animal: An Opera from JUDEVINE** 7:30 p.m. The brilliant and heart wrenching creation of Brookfield composer Erik Nielsen and Wolcott poet David Budbill. A tragic love story of Tommy recently returned veteran and Grace a struggling and misunderstood single mother. Barre Opera House, Call 802-476-8188 for tickets.

## Saturday 9/12

**Red and White** by Stagelight Wine Tasting 4:00 p.m. Sample and learn about excellent wines poured by our experts. Microbrews, ciders and Vermont cheeses, too. Fine wine silent auction and raffle. This event limited to 125 participants. \$35.00 advance, at door \$40.00. Make your reservations now by calling 802-476-8188 or visiting Barre Opera House Box Office.

**The Cabot Old Time Family Contra and Square Dance** 7:30 p.m. The first dance of the 2015 series will take place at the Willey Memorial Building (Town Hall) in Cabot. The caller is Amy Cann. Music provided by David Carpenter and the Hull's Union Victory String band. Dances are taught and easily learned. Sponsored by Cabot Library. Small donation requested to defray costs.

**VAST** "A Family Affair". Vermont Association of Snow Travelers 48<sup>th</sup> Annual Meeting. Hosted by the Windsor County Snowmobile Clubs, Jackson Gore at Okemo Mountain Resort in Ludlow, VT. [www.vtvast.org](http://www.vtvast.org).

**Young Professionals Summit of Vermont** 10:00 a.m.- 4:30 p.m. at the Paramount Theatre in Rutland. An opportunity to discuss the issues we face and explore ways we can contribute to the future of Vermont. Special guest speakers to speak and listen. Summit registration \$20.00. <http://www.rutlandyoungprofessionals.org/summit>.

**Prevent Child Abuse** 2015 Walk for Children. Check In 8:00 a.m. Walk at 10:00 a.m. We WALK because it should not hurt to be a child. Register online at [www.pcavt.org](http://www.pcavt.org) or 1-800-CHILDREN Saturday, September 12 at the State House in Montpelier WALK or 5K RUN. Saturday, 9/19 at the Howe Center in Rutland and at First Unitarian Universalist Church in Burlington.

## Sunday, 9/13

**Cabot Ride the Ridges** and Run/Walk 10K. A fun and challenging mostly dirt road bike ride through the scenic landscapes and rugged terrain of Cabot. [ridetheridges.cabotconnects.org](http://ridetheridges.cabotconnects.org) RSVP for special lunch and registration by September 6 or call 563-3338.

## Monday 9/14

**NAMI** 6:30 p.m.-9:00 p.m. Vermont Hosts Family to Family Education Program in Berlin. The National Alliance of Mental Illness of Vermont will sponsor this Education program specifically for family members, partners and significant others. The 12 week series of classes will start on Sept 14 once a week for 12 weeks.

## Wednesday, 9/16

**Girl Scouts Kick-off** 6:30 p.m.-7:30 p.m. Come join us at Cabot School to kickoff 2015-16 year. Fun activities, \$30.00 registration, info for parents, food for all. Welcome all girls including home-schoolers and other towns. Troops : Daisies (grades K-1), Brownies (grades 2-3) Juniors (grades 4-5) Call Cecelia Gulka 563-2284 or Darci Herdling 917-3882.

**GMUW Annual Breakfast** 7:30 a.m.. Green Mountain United Way will kick off its annual campaign at their annual breakfast at the Steak House on the Barre-Montpelier Road. WDEV will be on hand broadcasting LIVE from the event introducing new campaign chairperson, Scott Milne. Strongly encourage that reservations be made ahead of time call 802-622-8056 or email to [info@gmunitedway.org](mailto:info@gmunitedway.org)

**Bird's Eye View.** A film about bird migration. A big screen movie! Stunning photography: a visual treat. For people of all ages. FREE. Jaquith Public Library, Old Schoolhouse Common, Marshfield.

## Friday, 9/18

**FREE Christian Concert** 7:00-9:00 p.m. by the Michael James Mette family, who travels together to share the faith through music "passionate like a Friday night and reverent like a Sunday morning" Mette quotes. St. Norbert Church, Hardwick. More information contact Jeannine 802-586-2899.

## Saturday. 9/19

**Barre Tones** 7:00 -9:30 p.m. The 44<sup>th</sup> Annual Barre Tones Variety Show and Concert at the Barre Opera House. Tickets: Adults \$15; Seniors \$10; 18-under \$7.00.

## Wednesday 9/23

**Author Grannie Snow** and Folks from Kingdom Animal Shelter at the Cabot Public Library 6:00 p.m. Check out the Cabot Public Library News for more information.

## Thursday-Sunday, 9/24-27

**Oktoberfest VT.** Bavarian themed with Green Mountain spin on things. Local food, authentic oompah music, tons of games and contests, local business sponsors, over 40 brewers. Go to [Oktoberfestvermont.com](http://Oktoberfestvermont.com) for each day activities and times. Burlington, Lake Champlain Waterfront Park.

## Friday 9/25

**Who remembers Asleep at the Wheel band??** 8:00 p.m. They will be performing at the Barre Opera House. Based in Austin, TX, in the 1970s. Won Country Music Award in 1976, AMA 2009 and countless others. Call for tickets 802-476-8188 or visit Barre Opera House Box office.

## Sunday, 9/27

**Concert in Cabot** 3:00 p.m. Isaac James, Lynn McKinney and Friends in concert at United Church of Cabot. Musicians Diane Huling, Mary Jane Austin, Heidi Bothfeld-Baxter. Vocalists Skip Potter, Erik Kroncke, Lynn McKinney, Meghan McCormick. Suggested donation: \$20.00 to benefit the Building Restoration Fund of the Church.

**CVHS Yard Sale** 8 a.m.-1:00 p.m. or enter early at 7:45 for \$5.00. Central Vermont Humane Society will have a yard sale inside Montpelier Elks Club, 203 Country Club Rd., Montpelier. To benefit the animals at CVHS.

**4<sup>th</sup> Annual Texas Hold Em' Tournament** 1:00 p.m. Reserve your spot call 802-626-8106 or email Gail at [gailsuerou@gmail.com](mailto:gailsuerou@gmail.com) NOTE: tournament attendance at 1:00 p.m. But, if not enough attendance there will be cash games all day starting at 11:00 a.m. Takes place at Tom Breslin Community Center in Lyndonville, for benefit of Green Mountain United Way.

~ ONGOING ~

**Fiddle Lessons with Katie Trautz** Monday afternoons call 279-2236. Cabot Library 563-2721.

**Early Bird Bone Builders Class.** Osteoporosis exercise and prevention class every M-W-F 7:30 a. m.-8:30 a. m. Free to all ages. Death Cafe first Friday of each month 11:45 a. m.-1:00 p. m. drink tea and discuss death. Bring your own lunch or eat at Center \$4.00. Confidential discussions, not a counseling session. FREE Tai Chi Classes every Monday and Friday 1:00 p. m., NEW Tai Chi Class 5:30 p.m.-6:30 p.m. Contact Rita 223-3322 for more information. Twin Valley Senior Center, East Montpelier.

## ~ FALL FOLIAGE WEEK ~

### Tuesday, 9/29

#### CABOT

Coffee and Donuts served 9:00 a.m.-11:00 a.m., Registration for tours and reservations for luncheon and dinner servings 9:00 a.m.- 3:00 p.m., Craft Fair 9:00 a.m.-3:00 p.m. all at Willey Building on Main Street. Tours of schoolhouses, Historical Society building, Craft shops on the hills of Cabot, Hay rides to sugarhouses, hike to Nichols ledge and scenic shutterbug tours. Lunch: Corn Chowder and Chili, 3 seatings starting at 11:30 a.m. Turkey Dinner: with the fixings 2 seatings 5:00 p.m. & 6:30 p.m. both at Cabot Church. Sing-a-long in the Cabot Church at 4:00 p.m. For more information contact Tara 802-917-2992 or Rose Bothfeld 802-563-2715.

*Isaac James,  
Lynn McKinney  
and Friends  
in concert*

**Sunday, September 27, 3 p.m.**  
**United Church of Cabot**  
2 Common Road, corner of Vt. Rte. 215

Diane Huling, *piano* • Erik Kroncke, *bass*  
Skip Potter, *tenor* • Lynn McKinney, *alto*  
Isaac James, *piano and tenor*  
Mary Jane Austin, *piano*  
Meghan McCormack, *soprano*  
Heidi Bothfeld-Baxter, *flautist*

Suggested donation: \$20  
To benefit the  
Building Restoration Fund  
of the  
United Church of Cabot

# CABOT RIDE THE RIDGES

## SUNDAY, SEPTEMBER 13, 2015

THE CYCLING EVENT OF THE SEASON, FEATURING THE SCENIC LANDSCAPES AND RUGGED TERRAIN OF CABOT, VERMONT  
All proceeds benefit the Cabot Connects Mentoring Program  
All rides are fully supported and mostly on dirt roads

|                                           |                               |
|-------------------------------------------|-------------------------------|
| FAMILY WALK/RIDE/RUN 10 KM ..... 11:00 AM | 12 and Under..... Free        |
| STURDY 30 KM ..... 10:00 AM               | 13-17 ..... \$15.00           |
| RUGGED 60 KM ..... 9:00 AM                | 18 and over ..... \$25.00     |
| WARPED 100 KM ..... 8:00 AM               | Family Max ..... \$40.00      |
|                                           | After September 6th, add \$15 |

Pre-register at [BikeReg.com](http://BikeReg.com)  
before September 6th for best rates.

**BikeReg.com**  
ONLINE EVENT REGISTRATION

ENJOY THE BEST LOCAL FOOD IN VT  
Woodbelly Wood Fired Pizza | Cellars at Jasper Hill Gourmet Cheeses | Kingdom Creamery Ice Cream | Switchel | Kicking Horse Coffee | Burt's Apples | Sweet B's Bakery Items | NECI Cookies

[www.ridetheridges.net](http://www.ridetheridges.net) [info@ridetheridges.net](mailto:info@ridetheridges.net)




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802-426-3738 or 802-563-2377

# CABOT VERMONT ANNUAL EVENTS 2015

Printed by Cabot Community Association, member of the Heart of Vermont Chamber of Commerce

## Sunday, September 13, 2015 RIDE THE RIDGES

Cycling Scenic Landscapes and Rugged Terrain  
8:00 a.m. – 3:00 p.m.  
Lunch on the Common  
<http://www.ridetheridges.net/>  
Sponsored by Cabot Connects Mentoring Program



## Saturday, October 17, 2015 APPLE PIE FESTIVAL

9:00 a.m. – 3:00 p.m.  
Apple Pie Baking Contests  
Crafts, Silent Auction, Apple pies and Chili Luncheon  
Cabot School Gym ~ Bonnie at 802-563-3396  
Sponsored by Cabot Historical Society



# Family Contra & Square Dances



The Cabot Old Time Family Contra and Square Dance series will host the first dance of the 2015 series on Saturday, September 12, 2015, at the Willey Building in Cabot starting at 7:30 pm. The caller for the evening is Amy Cann. Music will be provided by David Carpenter and the Hull's Union Victory String Band.

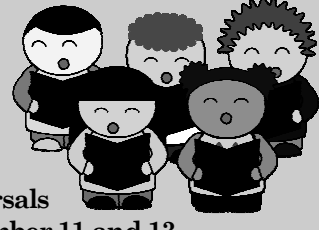
The dances are taught and are easily learned by young and old. The contra and square dances are traditional Vermont and New England social dances that have been danced for many generations in the town halls, barns and kitchens around Vermont.

The music is provided by piano and an assortment of fiddles, mandolins, guitars and the occasional surprise instrument. Musicians are always invited to sit in and join with the fun of playing traditional dance tunes.

The Cabot Old Time Family Contra and Square Dance is held on the second Saturday of the month September to May, except the next dance is October 17, 2015 because of a scheduling conflict. The dance series is sponsored by the Cabot Library.

Anyone and everyone are invited to attend. There is a small donation requested to defray costs. For more information contact David Carpenter 802-426-3225 or email [samlyman@fairpoint.net](mailto:samlyman@fairpoint.net).

## NEK CHORUS Rehearsals Begin



Northeast Kingdom Chorus will begin rehearsals on September 10 and have concerts on December 11 and 13. New singers are always welcomed. For more information, email [elizabethreynolds04@gmail.com](mailto:elizabethreynolds04@gmail.com).

## FOOD SHARE AND FOOD DROP DATES

### CABOT FOOD SHARE

Wednesday, SEPTEMBER 9  
Noon-2:00 p.m.

Wednesday, SEPTEMBER 23  
Noon-2:00 p.m.

Cabot Masonic Hall  
3339 Main Street

FAITH IN ACTION NORTHERN COMMUNITIES PARTNERSHIP INC.  
A Nonsectarian 501C3 ~ Who Is My Neighbor?

### Available for Cabot Residents

### MARSHFIELD FOOD DROP

Second Saturday of every month.

**SATURDAY, SEPTEMBER 12**

Food pick up at 8:00 a.m.  
Open until food is gone - usually 9:30 am

Onion River Food Shelf  
Old Schoolhouse Common  
School Street, Marshfield

Contact: Christopher Whalen 426-3122



# Young Professionals of Vermont

By Matt Bloomer,  
Summit Chair and Board Member  
of Rutland Young Professionals

Please join young professionals from around the state at the first Young Professionals Summit of Vermont, to be held on Saturday, September 12 from 10:00 a.m. to 4:30 p.m. at the Paramount Theatre in Rutland.

The summit will provide young professionals with an opportunity to discuss the issues we face and explore ways we can contribute to the future of Vermont. As of August 10, we already have almost 50 folks from around the State planning to attend. With enough participation, the event has the potential to focus the attention of a statewide audience on the great things young professionals are doing and the ideas we have for making Vermont an attractive place to live and work.

We are currently constructing a group of policymakers, business leaders and media members to participate in the event. To date, U.S. Representative Peter Welch, Lieutenant Governor Phil

Scott, Speaker of the House Shap Smith, VT Commissioner of Economic Development Joan Goldstein and Anne Galloway, founder of VTDigger are all expected to attend as participants.

The summit registration fee is \$20 and includes morning coffee, lunch from Roots the Restaurant and appetizers afterwards at the Hop'n Moose Brewery. Scholarships of \$20 are available to those who need them.

Again, please join us for a fun and productive day in Rutland! More details and registration information can be found at: <http://www.rutlandyoungprofessionals.org/summit>

*Co-hosts:*  
Rutland Young Professionals, Castleton Downtown and VCET  
*Main sponsor:*  
Heritage Family Credit Union  
*Scholarship sponsor:*  
Vermont Technology Council  
*Other sponsors:*  
Rutland Area Food and Farm Link (RAFFL) and The Loft and City Center, Rutland's co-working spaces



# Cabot Community Theater

By Karen Mueller-Harder

As alert *Chronicle* readers know, Cabot Community Theater is branching out next year--we will undertake not just one, but two performance projects, directed by young people who did such a great job in our New Directions Showcase this spring: a performance of Oscar Wilde's *The Importance of Being Earnest*, directed by Cabot's own Megan Walker, and a theater improvisation workshop series open to actors of all ages, directed by Maggie Palmiero.

In anticipation of auditions for *Earnest* in October, we will host an open reading of the play on Sunday, September 20, at 1:00 p.m. at the Cabot School Performing Arts Center (CSPAC). Everyone

is welcome to join us, whether you're thinking of auditioning, or just want to spend a fun couple of hours enjoying a delightful comedy, and you can take part in the reading, or just listen to get a feel for the play.

If you want to read the play on your own beforehand, or can't make it to the playreading, the script is in the public domain and available online at Project Gutenberg at: [www.gutenberg.org/ebooks/844](http://www.gutenberg.org/ebooks/844).

Auditions for *The Importance of Being Earnest* will take place in October; watch Front Porch Forum or the next *Cabot Chronicle* for dates and times, as well as information on the improv workshop.



# COUNTRY COMMENTARY

## BEANS- BEANS - BEANS!

Green beans have been harvested and there are more to come. The canning process has begun. We have put quite a few berries in the freezer for the long winter months to come. Nothing like hot blueberry pancakes on a frosty winter morn. Raspberry or strawberry pancakes work, too, although you can add sugar to the raspberries or strawberries, let them sit for awhile to make a syrup, and then pour over vanilla Greek yogurt, mmmmmm, YUMMY!

We have limited our variety of potatoes to ones that are the most resistant to scab and hollow heart. We still have quite a few different kinds. We will harvest the potatoes a bit later this fall when they die back. We did dig up some new potatoes and they are to die for. They are just wonderful for anything. I used to hate potatoes, but they were always the store bought kind or from a box. So, now, having been exposed to the myriad of varieties, I have become somewhat of a connoisseur. My very favorite potato is the Kiffel (I think I spelled that correctly) - at any rate, it is a bit on the waxy side, but the flavor is wonderful. They are a finger potato. I could go on about the many different kinds and qualities of potatoes, blue ones are generally higher in antioxidants, just as an FYI.

Well, on to other things. I thought about making fruit preserves this year but we really don't eat that much of them, so I thought I would go the way of the freezer. I think we will eat more of

the fruit that way. We will be making some apple/pear cider, which we have made before, but I have to tell you that it is absolutely fabulous, so get your cider press out!

It is an endless process to put up the harvest, but in the end, it is worth the sweat and time it takes. It actually isn't too bad when there are two of you working together on the canning and what not. My partner is a great one for that; he is the hardest worker I've ever known.

Well, I hope you are all surviving the black flies, as they never seemed to die off this summer, darn things. They do make harvesting a most unpleasant experience, though they don't bite as much in the heat of the sun. Keep hydrated, maybe put a little lemon juice in it for an extra pick me up. Enjoy the autumn beauty and always have fun.

There are so many fall activities to enjoy around Vermont check out on line what things are going on in your area. I am looking forward to February already, waiting on the Wine and Chocolate events that go on, more for the chocolate and the desserts they sometimes have. Well, in closing, I just want to wish everyone well as the kids go back to school and germs run rampant. Keep your immune system strong, eat well and get plenty of rest. As I mentioned before, make time for FUN!

In peace and love,  
Laura Lee Saorsa Smith  
[Fizgigdragon@aol.com](mailto:Fizgigdragon@aol.com)

## Planning in Progress

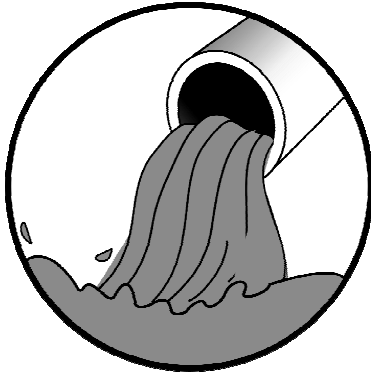
By Karen Deasy,  
Zoning Administrator – Planner

Water and wastewater systems silently run in our community thanks to the great management work of Utility Partners. With their assistance, we are working to manage our system's capacity and allocate resources in a way that rates are managed, system improvements are made and services are continuous.

For example, we completed an analysis of water produced by our wells compared to water actually billed to customers. We found we were producing about 25% more water than we were billing for. As all of our water is metered, this indicated that we are losing water through leaks in the system. With this information, we were able to acquire a grant from the State of Vermont to com-

plete a leak detection survey on our system at no cost to the Town. Efficiency Vermont also completed a facility management study at our wastewater plant last year and made several recommendations as to ways to manage expenses. We are currently swapping out the aeration units with the assistance of Efficiency Vermont with an anticipated payback of four years, saving us an anticipated \$2,500 per year in utility costs. As the system comes on line, we will be able to better gauge the actual savings.

Last fall, we also installed a curtain drain on Danville Hill Road. This year, even with the wet spring we had, we did not have to haul wastewater off site due to high spring flows, a significant cost savings for our system and a first in several years.



## Cabot Apple Pie Festival

### Silent Auction Donations Sought

The Cabot Historical Society is looking for Silent Auction donations for the Cabot Apple Pie Festival on October 17. We appreciate small antique pieces, hand-made items, gift baskets, oddities and collectibles. All proceeds go to benefit Cabot Historical Society maintenance, acquisition and preservation activity. For more information or to have someone pick up your donation, email Julie Ackermann at [hardware@fairpoint.net](mailto:hardware@fairpoint.net)





## PLANTING A GARDEN?

### Consider earmarking something for the Cabot Christmas Dinner

Last year, many people donated items from their own vegetable gardens for the Community Christmas Dinner organized by the Ducharmes and friends at the school dining facility. Please consider thinking ahead and planting, storing or preserving something extra in your garden to contribute to the local mix, such as - **Potatoes, Carrots, Onions, Squash, Sweet Potatoes, Beets, Cabbage**



## FIRE DEPT SEEKS OLD CARS

The Cabot Fire Department volunteers seek old cars to use for extrication training.

Please call Andy Luce at 793-9161 or 563-2723.



## Call for Crafters

### Apple Pie Festival,

### October 17

Crafters are invited to register for the premiere event of *The Cabot Historical Society* Saturday, October 18, 9:00 a.m.—3:00 p.m. Cabot School Gym

The craft fair is widely publicized and draws a large crowd. Email Beth Hoffman at [bethannhoffman@hotmail.com](mailto:bethannhoffman@hotmail.com) to reserve space or for information.

Free Admission, Free Parking  
Fun, family friendly event  
Lunch and plenty of apple pies for sale  
Apple Pie Baking Contests, Silent Auction

## Dana and Susan Robinson To Open Cabot Arts Third Performance Season



The internationally acclaimed folk duo **Dana and Susan Robinson**, who now make their home in Cabot, will kick off the third season of the Cabot Arts Performance Series with a concert at the Willey Memorial Building (Town Hall) on Sunday, October 18, at 3:00 p.m.

A native Oregonian, Dana spent some time in Vermont during the 90s before meeting Susan, an environmental grant writer and classical pianist, who became his life and musical partner. Together they have criss-crossed the U.S. and toured widely in the U.K. for over a

decade, delighting audiences with their mixture of traditional American roots music and original compositions. Earlier this year, they bought the old Lower Cabot schoolhouse from Mark and Jaclyn Bromley. This will be the first performance by Dana and Susan in their new hometown!

Dana made his solo recording debut in 1994 with *Elemental Lullabye*, co-produced with Pete Sutherland and featuring Pete, Patti Casey and a crew of seasoned Vermont musicians. *Native Soil* in 2004, the first full-length recording of the Robinson duo, was followed by three more CDs, the latest of which, *American Hornpipe* was released in 2012. The new recording shows off the couple's mastery of banjo, guitar, fiddle, mandolin and harmonica and mingles traditional Appalachian tunes and songs with new works by Dana, Chris Coe, Hank Mattson and Lui Collins. Their close harmonies and accomplished musicianship mark Dana and Susan Robinson as among Vermont's most outstanding folk artists.

## front porch forum™ HELPING NEIGHBORS CONNECT

Front porch forum has been a great resource for neighbors to communicate on the proposed all terrain vehicle ordinance in Cabot. Sign up, see what your neighbors are saying, and voice your thoughts.

**Cabot front porch forum**  
550 members out of 550 households,  
more than 4,500 postings to date

Cabot residents  
can also sign up for  
**Hardwick, Walden  
front porch forum**

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out of 1700 households,  
more than 7,500 postings

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- Monthly Newsletter
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- Bingo & Games
- Exercise-Bone Strengthen & Tai Chi
- Entertainment, Parties and Celebrations
- Volunteer Opportunities
- Donations & Contributions always appreciated
- Gift Certificates
- Dietician-approved Meals on Wheels for homebound & disabled residents. No physician orders needed. Call 223-3322 and ask for Rita.

## For Weekly Articles on Cabot, Marshfield, Calais, Walden and Twinfield, Cabot and Walden Schools



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**Will Walters**  
in

THE Since 1889 Hardwick Gazette

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**9 ~ 4**

Elementary School ~ S. Main St. ~ Hardwick, VT

\$25 Shopping Spree Drawing

11 am ~ 1 pm ~ 3 pm

(You must be present to win)

The Heart of Vermont





## FROM THE CABOT PUBLIC LIBRARY

### Programs

Congratulations and thanks to all who participated in our summer reading program – “**Every Hero Has a Story.**” There were a record number of youth readers, with 72 participants as well as 27 signing up for the Thousand Page Club, reading an estimated 2,497 books! Please come in and pick up your coupon for a free pint of ice cream (or an equivalent treat). We still have a few t-shirts and prizes for those who have completed their goals.

Special thanks to the **Friends of the Library – Sandy Atkins, Mary Lou DeLacy, Beth Wade, Janet Westervelt and Janet Whitlock** for all their hard work with the July 4 Book Sale, which brought in almost \$700, some of which has helped toward our programming this summer.

### Meditation Group – Tuesday, September 1 – 6:00 – 7:30 p.m.

Meeting on the first Tuesday of the month. **Daria Babbitt** has been teaching meditation for over 25 years and will introduce different meditation techniques designed to reduce stress. There will also be time for discussion about various healing techniques and inner spiritual growth. This workshop is open to all and donations are gratefully accepted.

### Tai Chi for Wellness - Thursdays - 10 sessions - September 3 - November 5 – 5:00 – 6:00 p.m.

**Beginner tai chi:** Participants will be taught the Yang style-16 posture simplified form. Class will include stretching and loosening and exercises to improve balance and posture and a brief standing meditation. This is an ongoing class and it is best if students can attend most of the 10 sessions. Supplementary materials will be provided including internet links and teaching videos. You are welcome to come to watch, but drop-ins are discouraged. Free to the public. Optional donations (\$0 to \$10/per class) are welcome. It is requested that no outdoor shoes be worn on the wooden floors. Bare feet or clean indoor shoes are suitable. Wear loose fitting clothing. Classes are offered by Marsha Kameron. Please contact her at [marshakameron@gmail.com](mailto:marshakameron@gmail.com) for further information and to register. Class size is limited to 15.

### Cabot Old Time Contra and Square Dance – Saturday, September 12 – 7:30 p.m.

This dance series starts a new season of monthly dances on the second Saturday of the month, September through May, with one exception – October’s dance will be on the 17<sup>th</sup>. All are invited. The caller for the evening is **Amy Cann**. Music will be provided by **David Carpenter and the Hull’s Union Victory String Band**. The dances are taught and are easily learned by young and old. The contra and square dances are traditional Vermont and New England social dances that have been danced for many generations in the town halls, barns, and kitchens around Vermont. The music is provided by piano and an assortment of fiddles, mandolins, guitars, and the occasional surprise instrument. Musicians are always invited to sit in and join with the fun of playing traditional dance tunes. There is a small suggested donation to help cover the cost of the caller. For more info, please call **David Carpenter** at 802-426-3225 or email [samlyman@sover.net](mailto:samlyman@sover.net).

### Community Book Group – Wednesday, September 16 – 10:30 a.m.

Book group meets the third Wednesday of the month and the first book will be

*All the Light We Cannot See* by Anthony Doerr. All are welcome to join in! Copies of this book will be available in the Cabot Public Library.

### Author Grannie Snow and Folks from the Kingdom Animal Shelter – Wednesday, September 23 – 6:00 p.m.

What could be more fun than an author’s visit and helping out our feline friends? Join author **Grannie Snow** along with **Helen Morrison and volunteers from the Kingdom Animal Shelter** for an evening of reading and stories about the cats of the KAS. Author Grannie Snow will be reading *Big Ole Striped Silas, Silas Gets a Sister* and *Silas and Opal Meet*. These wholesome stories (no cat fights...well, maybe a little hissing) are enjoyed by young and old alike. Personalized copies of all Silas Series books will be available for purchase with \$1 per book sold going to Kingdom Animal Shelter. **We will begin the evening with a picnic style dinner – feel free to contribute, but not necessary.**

### Cabot’s Fall Foliage Festival - The Many Meanings of Maple in Vermont – Tuesday, September 29 – 1:30 p.m.

This program is sponsored by the Vermont Humanities Council and examines the many meanings of maple sugaring. Maple is enormously important to Vermont’s economy, ecology, and heritage. Michael Lange will discuss sugaring ethnographically, based on more than five years of research among sugar makers all over the state, to learn from them what sugaring really means to Vermont. Rather than discussing the practical aspects of sugaring, such as how to tap a tree or how an evaporator works, his talk focuses on how and why maple has become so important to Vermont’s identity, and how and why it helps us shape who we are as Vermonters. Dr. Michael Lange is a professor of anthropology and folklore at Champlain College in Burlington. He has authored several academic works on cultural identity. His recent work draws on research with sugar makers across Vermont and includes “Foodie Influence on the Culinary Meanings of Maple Syrup” and “Sweet Bedfellows: Continuity, Change, and Terroir in Maple Syrup”. His most recent book, *Meanings of Maple*, is due out next year.

### Fiddle Lessons - Katie Trautz – Monday afternoons

All levels and abilities, Ages 4-100! Old time Irish, New England, Cajun and Swedish styles. For more info: [katrietrautz@yahoo.com](mailto:katrietrautz@yahoo.com) or 802-279-2236.

### Lego Club – Tuesdays in September – 3:00-4:00pm

All are welcome! We’ll have Legos for you to build creations with.

### Pathfinders – Fridays, 3:00 - 5:30 p.m.

The Pathfinder roleplaying game puts you in the role of a brave adventurer fighting to survive in a world beset by magic and evil! Join the group - all are welcome.

### Pokemon Club – Saturdays, 10:00 a.m. – noon

All are welcome – bring your own cards if you have them, but not necessary. Call Ethan Socks for more info at 563-2073.

### Thank You!

Many thanks to all our subs and volunteers who helped out this summer, keeping the programs happening and



## TWIN VALLEY SENIOR CENTER



By Rita Copeland, Executive Director

TVSC would like to thank Jay Coping and Veronica Lowe of the East Montpelier Fire Department & Rescue for taking time out of their busy schedules to present an in-service on emergency procedures for the staff and volunteers at the Center. Jay and Veronica demonstrated and explained proper use of fire extinguishers in an emergency situation, as well as life saving measures for a choking person. Kate Fitzpatrick of RSVP was present to speak to the issue of volunteering and Kathy Piquet of Central Vermont Council on Aging to speak about nutrition. Our thanks to all of these people for taking the time to help us learn and understand very helpful information at TVSC.

Twin Valley Senior Center is desperately in need of volunteers for their Board of Directors. If you can donate some time (1½ hrs.) monthly for Board meetings, plus your support of the Center, then please give Rita a call. You would be doing a great service for seniors and your community. The six towns are Cabot, Woodbury, Calais, East Montpelier, Marshfield and Plainfield. If you have experience in fields such as non-profit fundraising, legal issues, knowledge of Vermont social service programs as they relate to Sen-

iors, or accounting, please consider becoming part of the board at TVSC. All residents are invited to become part of our Board and a part of the Center. Remember, these are the residents that helped build the communities where you live today. We can use volunteers in many different areas at the Center and outside the Center by helping Seniors get to appointments, help with grocery shopping and the like. We need young people with software & spreadsheet knowledge, computer skills in general such as back-up, etc. It is a way to help seniors and also for the students to earn high school credits volunteering for yard work, dishes, cleaning, office work, shopping etc.

Falls Prevention Awareness Day will be September 23 at Twin Valley Senior Center from 10:00 a.m. until 12:00 p.m. There will be a short presentation by Susan Stephen from CVMC Rehab, with current balance assessments to follow. This is open to the public, so feel free to join us. Falls are a leading cause of injuries, injury deaths and traumatic hospital admissions among older adults; when you become less active you lose muscle tone, cannot breathe as well, and are more tired in general. Research in aging over the last 20 years has shown conclusively that regular physical activity is THE most important contributor to healthy aging. Visit the American Physical Therapy Association website for more information. There is no charge for the program.

TVSC sends their condolences to the family of Frank Pastor of Cabot. Frank was a longtime friend of TVSC and its Meals on Wheels program, and will be missed by the Center volunteers and staff. Rita had the opportunity to communicate with Frank, went to meet him as well and must say the family should be very proud of him for being such a trooper who had to endure many difficult times.

## E911 HOUSE SIGNS ONLY \$10



Emergency 9-1-1 house number signs assist emergency services (police, firefighters, paramedics) in quickly locating the correct address in an emergency, when time is precious. These house signs are designed to provide maximum visibility/readability and meet E-9-1-1 emergency house sign specifications. They also help others (postman, UPS, Fedex, taxi, florist, and your nearsighted cousin Tilly) that want to quickly identify a particular street address, especially at night. They are simple, attractive, durable and easy to read. The Cabot Fire Department purchased material to make these signs and will make up yours for only \$10 while materials last. Contact Skip Bothfeld at 563-2715 to place your order.

## Cabot Library Reminders:

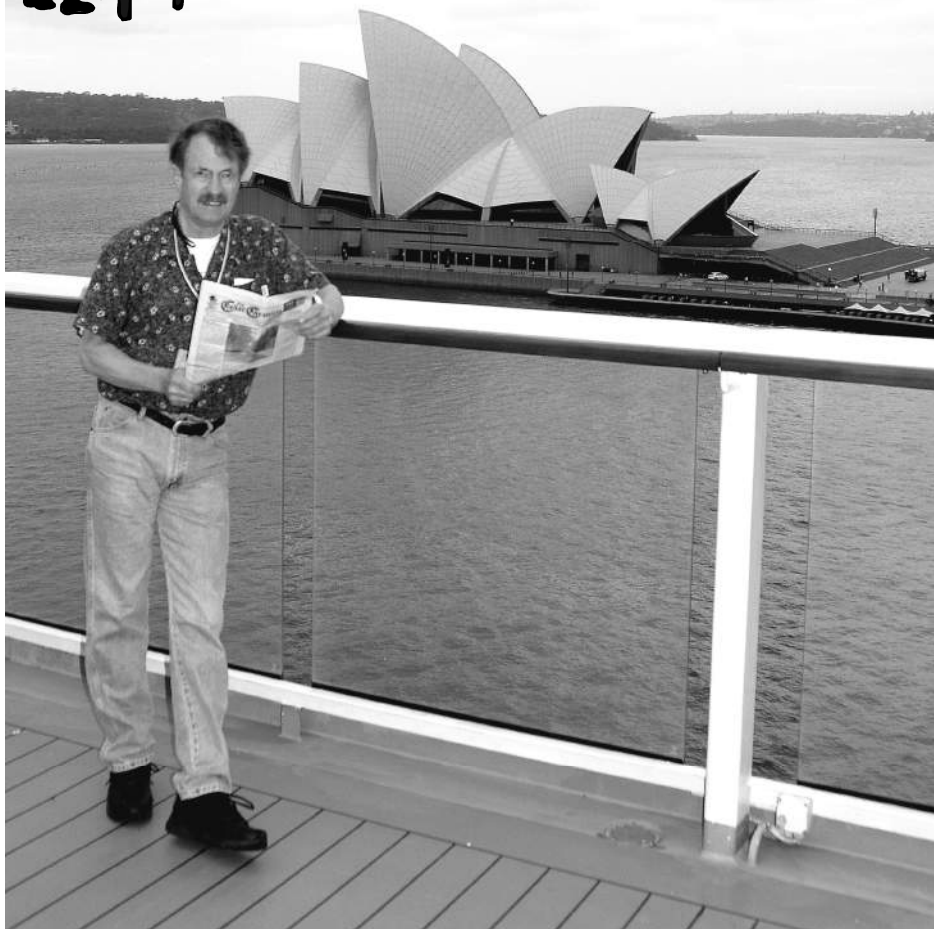
- Tuesday 9:00 a.m.-6:00 p.m.  
\*\*Story Hour at 10:30 am\*\*  
\*\*starting September 1\*\*
- Wednesday 2:00 a.m.-6:00 p.m.
- Thursday 9:00 a.m.-6:00 p.m.
- Saturday 9:00 a.m.-12:00 p.m.
- Closed Sunday, Monday & Friday
- **ECHO Pass** – Allows up to 2 adults and 3 youths, \$4 each admission price, into the ECHO Lake Aquarium and Science Center in Burlington.

See you at the Library!  
Kathleen Hoyne

the library open. Much appreciation to **Tomalyn Johnson, Jacqueline Lumbra, Lisa Olson, and Beth Wade**. Thanks to **Mary Lou DeLacy and Isabella McCallum** for help with shelving the always full cart of books. Thanks so much to **Stephen Gregg** for helping process new books for the summer, **Kristi Jemtegaard** for help with processing items and for the generous donation of the new DVD rack, **Wayne and Ramona Lumsden** for all the donations of audiobooks, **Jeannie Johnson and Todd Jones** for their endless patience and good work, and last but not least a huge thanks to all the Library Trustees for their many hours in meetings and volunteering help with library operations – **Amber Bothfeld, Stef Burt, Linda Gabrielson, Jeannie and Isabella McCallum, and Beth Wade**.



## Where in the World is the Cabot Chronicle??



Chip Taylor at the famous Sydney Opera House in Sydney, Australia. Rumor has it that Chip sang some opera there himself.

## New Cutting Edge Appliance Now Available

*Efficiency Vermont and the Burlington Electric Department launch \$400 rebate for award winning heat pump clothes dryers*

Efficiency Vermont and Burlington Electric Department (BED) celebrated the arrival of an innovative new technology to Vermont today at the family-owned Bouchard-Pierce store in Essex Junction. A winner of the 2014 ENERGY STAR® Emerging Technology Award, heat pump clothes dryers combine the cutting edge efficiency of heat pump technology with one of the highest energy-using appliances in the home.

According to the U.S. Environmental Protection Agency (EPA), clothes dryers use more energy than any other large appliance in the home. From 2006 to 2010 an average of 9,538 dryers were sold annually in Vermont, of which, 87% were estimated to be electric. This year the first-ever ENERGY STAR labeled clothes dryers are hitting retail floors, including several heat pump dryers, which use approximately 40 percent less energy than a regular electric dryer.

"The arrival of this innovative new technology to Vermont really demonstrates why our state is a national front runner when it comes to energy efficiency," said Liz Gamache, Director of Efficiency Vermont. "When dryer manufacturers were considering bringing heat pump dryers to the US, Efficiency Vermont was at the table, encouraging them to bring it to market in our state. We are thrilled Vermonters are now getting an early opportunity to experi-

ence cutting-edge technology – and that we can help them do so at a significantly reduced cost."

Bouchard-Pierce in Essex Junction, VT was the first store in Vermont to display a heat pump dryer. "We were eager to get this state of the art appliance in the store for customers," said Lee Owen, Bouchard-Pierce General Manager. "This is a top of the line product that is going to save them money on their electric bills and provide better care for their clothes." Unlike traditional dryers that pull room-temperature air in, heat it up, and vent it outside, heat pump dryers save energy by using a closed system to dry and recycle hot air before returning it to the drum. Heat pump dryers also use lower temperatures and advanced moisture sensors to prevent over drying and damage to clothes.

Samuel Atwood of West Dover, VT purchased a heat pump dryer. "I chose the heat pump dryer because it is super-efficient and will significantly reduce my energy consumption. The cost of a similar electric dryer, after the rebate, was nearly identical, so I'm already pocketing the energy savings," said Atwood. "It was also easy to install and is a great quality product."

To learn more about Efficiency Vermont's rebates on energy efficient clothes dryers and to find a participating retailer, visit [www.efficiencyvermont.com/dryers](http://www.efficiencyvermont.com/dryers). BED customers can visit [www.burlingtonelectric.com](http://www.burlingtonelectric.com) to learn more about BED's energy efficiency services.



Timothy, Erik, Clara, and Karen Mueller-Harder visiting their "other" daughter Laura Stümke in her hometown of Halle, Germany this summer

## Cabot Senior Housing Planning Ahead



Cabot Senior Housing on Glinka Road has now been open and occupied for nearly ten years. Some people may not realize what the housing has to offer.

- Eight apartments, seven affordable, one market rate - (six one bedroom, two two-bedroom).
- Each apartment is accessible, has a full kitchen with a full sized fridge, stove, and lots of cupboard space.
- Full bathroom.
- Dining area, bedroom (or 2), living room, deck (6), porch (2). Each apartment has access to the outdoors from the front and from the back.
- There is a large common area including laundry, bathroom, full kitchen, function area with comfy chairs, tables for puzzles and eating, plants, exercise program. The common area can be reserved for family or special events. The common area also has a large deck.
- There is a solarium on the east side with lots of windows and sunshine, plants and comfortable chairs.
- Mail is delivered on site.
- Each unit is assigned a section in a storage building.
- Trash and recycling is picked up.
- There is a raised bed garden plot for each apartment.
- The front, east side, provides parking and a covered walkway along to front to provide weather protection for access to the common areas and other apartments.
- There are many support services in Central Vermont to help residents maintain an independent living status.
- Cabot Commons is locally owned by Cabot Commons, Inc. It is managed by the Central Vermont Community Land Trust in Barre. Applications are available from [www.cvclt.org](http://www.cvclt.org) or 802-476-4493.

Cabot Senior Housing is fully occupied but maintains a wait list. If you or a family member are thinking that supported living might be in your future, you can apply now and get the paper work out of the way. Approved applicants are not committed to moving in when an apartment is available. Applicants maintain their wait list position through three offers of open apartments.

Cabot Senior Housing provides a spacious, local, pleasant source of supported senior housing. Feel free to contact local board members, Judy Pransky—563-2730 or Susan Carpenter—426-3331 for more information.

LOCAL DIRECTORY

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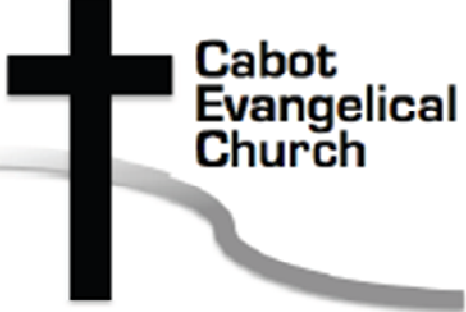
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 **Cabot Evangelical Church**

**Meeting on Sunday Mornings at 10:00**  
**Willey Building—Second Floor Meeting Room**  
**Main Street—Cabot**  
*For more information contact*  
**Ed Lewis—802-272-8721**

 **CABOT COMMUNITY ASSOCIATION**

**P. O. Box 245**  
**Cabot, VT 05647**  
*Office located in the Willey Building*  
**802-563-3338**  
**Cabot.Development@yahoo.com**

To reserve signs, tables or inflatables,  
call 802-595-7710 and leave a message.  
It is the mission of the Cabot Community Association  
to enhance the quality of community life for those  
visiting, residing, or doing business in Cabot.

CCA Provides administrative and other support services for:  
The Cabot Chronicle  
Cabot Arts  
Cabot Ride the Ridges  
Cabot Community Theater  
Cabot Church Renovation Project  
Northeast Kingdom Warriors Soccer  
Cabot Agricultural Network  
Cabot Community Christmas Dinner  
Cabot Communications Committee

**Board Meeting Dates:**  
September 23,  
October 28, November 18, December 16, 2015;  
January 27, February 24, 2016

*Cabot Community Association is a 501 (c) (3) organization, and can assist volunteer organizations with their financial management obligations and providing the bene-*